Tanah I Alerah Country Club July / August 2022





FEATURE STORY

TEAMWORK WAS
KEY IN TANAH
MERAH'S
INTER-CLUB
LEAGUE TRIUMPH

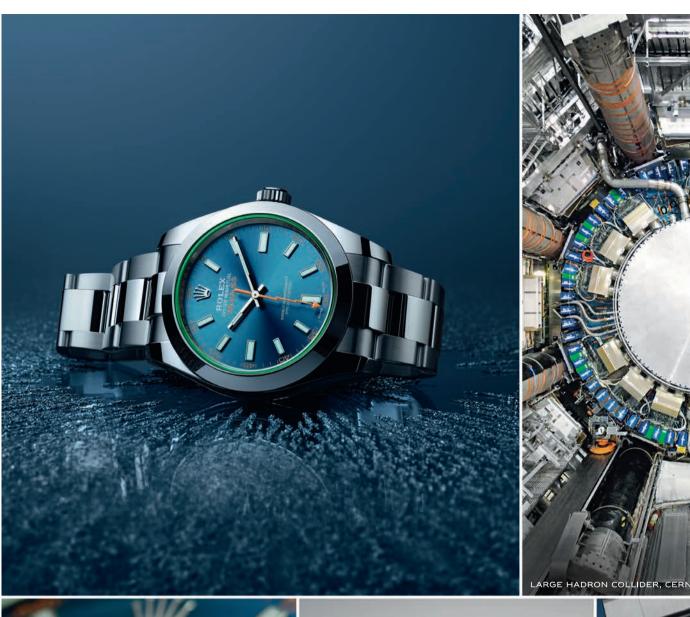


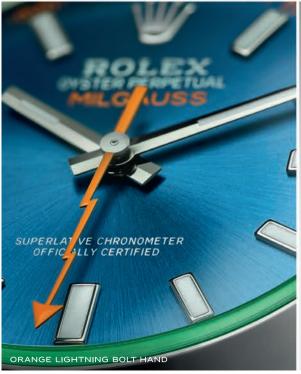
GOLFERS' ZONE

Joey & Weng Yew finish tops on an exciting day

GOLFERS' ZONE

Robots at Your Service at Golfers' Terraces











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CONTENTS

JULY/AUGUST 2022 · ISSUE 4

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COMMITTEE 09

EDITOR'S NOTE

10

07

GOLFERS' ZONE

Teamwork was Key in Tanah Merah's Inter-Club League Triumph

NOTE FROM THE GENERAL

14

Joey & Weng Yew Finish Tops on an Exciting Day

22

Why it is Important to Repair Divots

23

Keep to Your Times and Pace of Play

24

Do the Bump

26

Hole-in-One Achievers (April/May 2022)

27

Hole-in-One Achievers (June 2022)





28

Untucked Shirts? No. Tube Tops? No. Proper Golf Attire? Yes

29

EAT & DRINK

Silver Fish Fried Rice

30

Getting All too Familiar with Bordeaux Wines

32

Robots at Your Service at Golfers' Terraces

34

FACES OF TMCC

Golf is in Isahak's Blood

36

SPORTS & FITNESS

Father's Day Bonding Through Colours

38

It's in the Legs

42
CLUB INFORMATION



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NOTE FROM THE GENERAL COMMITTEE

FROM THE PRESIDENT

Dear Members,

I am honoured to be addressing you as the President of TMCC and to be serving you.

The past couple of years have no doubt been challenging ones, with the pandemic putting the brakes on various businesses in the country, TMCC included. Whilst TMCC has weathered the storm, with the recent relaxation of many safe management measures, the Club is ready to move ahead into the future with many more exciting initiatives for the enjoyment of members and guests.

As we resume activities, it is pertinent that TMCC continues to maintain and improve on the various functionalities of the Club. Not only will this be for the comfort and pleasure of our members and guests, but it will also serve to enhance the premier status of the Club.

Having been recognised as one of Singapore's premier golf and country clubs, the General Committee and I will do our utmost to ensure that TMCC continues to do well in order to maintain this status.

ve on the various only will this be our members and nance the premier e of Singapore's os, the General most to ensure that

Some focus areas have been identified and can be broadly categorised as follows:

BUSINESS AS USUAL (BAU)

Ensure both golf courses are maintained in tip top condition

The Garden and Tampines courses are, without a doubt, our pride and joy. To uphold the Club's high standing, we are committed to making sure that they are consistently in good playing condition for members and guests to enjoy.

Keep overall operating costs within budgets

The General Committee will continue to look at cost-saving initiatives.

Enhance F&B service quality

We will continue to explore ways to improve service and quality.

NOTE FROM THE GENERAL COMMITTEE

FUTURE PLANS

TMCC to adopt and be recognised for Environmental, Social and Governance (ESG)

This is an important area that TMCC and its members should adopt and pay attention to. The General Committee will introduce various initiatives over the coming years as we begin this journey.

Strategic initiatives to enhance members' and guests' experience Some ideas have been identified and will be implemented at TMCC. These initiatives should attract more people to the Club as well as enhance their experience.

Place more emphasis on technology, cybersecurity, and digital experience

We are constantly looking at ways to hop onto the digital bandwagon. Since the pandemic began, we noticed more members relying on our online booking system, eDMs, website and social media platforms as their source of the Club's goings-on.

This is a very encouraging sign for us to do more in the digital arena. To continue our journey in this direction and to ensure our efforts we have established a Digitalisation Committee.

The various initiatives will be rolled out in stages following careful planning and detailed discussions with my General Committee members to ensure they are executed well from the get-go. Rest assured we will continue to keep all members informed of the improvements and changes happening in and around the Club.

In conclusion, the General Committee and I are committed to ensuring that TMCC continues to enhance its status as a Premier golf and country club. We would like to seek the cooperation and understanding of all members to this end. Together, we can achieve.

My best regards.

President Ronald Ong

EDITOR'S NOTE

THIS PREMIER CLUB DOES NOT STAY PUT, BUT MOVES WITH THE TIMES

Teamwork the key in so many aspects of Tanah Merah's on-course and off-course successes



Editor Godfrey Robert

anah Merah C o u n t r y Club thrives

Whether it is oncourse or offcourse, attempts are always made to rely on good chemistry b e t w e e n management and members and employers and employees.

Underpinning all these is a policy of transparency and honesty so that there is unison in all moves to take the Club forward. Generally, the atmosphere at the

Club is cordial and conducive to everyone who hoist the positive spirit of togetherness in all that they intend to do.

It is this chemistry that played an important role in the premier Club's claiming of the overall title in the popular 2021-2022 Singapore Golf Association's Inter-Club League. At the prize presentation dinner at the Club's Tampines location, then-SGA president Ross Tan lauded the TMCC representatives for their teamwork and professionalism in winning the overall team title.

There were seven categories – Men's Premier, A, B and Senior Divisions and Women's A, B and Seniors Divisions. And a premium is placed on each of the categories in collating the overall team results. On that score alone, TMCC excelled with pure camaraderie and mutual understanding, and this contributed to the premier Club's comfortable victory in the highly-challenging competition.

TMCC amassed 132 points to beat Singapore Island Country Club (123 points) and Warren Golf and Country Club (120 points) for the honours in the nine-team competition. Both TMCC's overall Team Captain Melvin Choo and Women's Captain Jasmine Chew hit the nail on the head when they described "team effort" as their main contributing factor for the crown.

In the final leg, TMCC scored a massive 64 points over SICC's 48, Warren's 43, National Service RCC's 43 and Seletar's 49 to shoot to the front and win by nine points. The unwavering support and encouragement from previous Club Captain Lee Lian Hong, former Lady Captain Corrina Chin, respective division captains Ken Sugino, Jasmine Chew, Jeffrey Ho, and Wendy Lim, the sponsorship from businessman and member Tan Teck Kee and his company, 8028 Holdings and backing from Oliver Dennis and Adidas came in for high praise.

An important area on which the Club places emphasis is Golf Etiquette, encompassing Dress Code, Pace of Play, and Ball Marks. The Club has drawn up a list of dos and don'ts in this area, made clearer with the aid of images and illustrations. The point of emphasis is that the courses and other Club facilities belong to members and golfers, and the appeal is for all to follow the right procedures and good practices. And the underlying guiding principal is decent dressing and better playing pleasure.

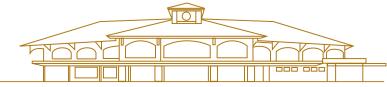
The spirit of Saint-Émilion through Bordeaux in France came to TMCC through the concerted efforts of Melvin Choo, chancellor of the Jurade, and Dr Richard Choo, an inductee of the Jurade, The wine tasting of the best from Bordeaux through a reception and induction ceremony saw the wine connoisseurs satiate their appetites along with some great food.

Fifty-five participants had a whale of a time tasting five different fine wines from Bordeaux along with tasty cheese and cold cut boards from Da Paolo.

Also, the famed roast pork from the Garden View Restaurant was laid out for the excited participants who thoroughly enjoyed the memorable event. The omnipresence of robot servers at the Golfers' Terraces at the Garden and Tampines underlined the Club's reputation to move forward in the digital technology.

Manoeuvring around people and objects, the robots – machines programmed by computers – can serve food at the push of buttons. A smart way for more efficient delivery, the robots, affectionately named Kitty, can serve up to four trays at any one time.

The service provider for the robot servers is Audax and it will provide the maintenance for the next three years. TMCC does not believe in staying rooted for it moves ahead with the times.





Champions of SGA Inter-Club League 2022

TEAMWORK WAS KEY IN TANAH MERAH'S INTER-CLUB LEAGUE TRIUMPH

By Godfrey Robert

The format for the Singapore Golf Association's Inter-Club league places full emphasis on teamwork.



TMCC Men's Team

here are seven divisions – Men's Premier, A, B and Senior Divisions and the Women's A, B and Senior Divisions – and a premium is placed on each of the categories in collating the Overall Team Results.

On that score alone, Tanah Merah Country Club excelled with pure camaraderie and mutual understanding, contributing to the premier club's comfortable victory in the highly challenging competition.

TMCC amassed 132 points to beat Singapore Island Country Club (123 points) and Warren Golf and Country Club (120 points) for the honours in the nine-team competition.

Both TMCC's overall team captain Melvin Choo and women's captain Jasmine Chew hit the nail on the head when they described "team effort" as their main contributing factor for the crown.

Said Jasmine: "It was all down to the team, and every member played his or her heart out to ensure we finish tops. It was a collective effort from both the men's and women's teams. There was strong synergy between the two teams."

Melvin was more direct, saying: "Although the men gave their best, I would say that this year's stars were the ladies, who in all three divisions played outstandingly. They kept us within striking distance of the leaders going into the final round and played extremely well to dominate the fifth leg. I cannot be prouder of all seven divisions.

"Going into the final round, we were in fourth place. The results between us and the top teams were tight. But instead of getting distracted, our team relished the challenge and knew what was required to get the job done.



Ladies' team having a good feast

"Every player needed to play to his or her best and do their part as every point counted. With tremendous focus and unity, the team pulled off an astounding win that took many by surprise."

In the final leg, TMCC scored a massive 64 points over SICC's 48, Warren's 43, National Service RCC's 43 and Seletar's 49, shooting to the front and winning by nine points.

The two TMCC teams brushed aside the problems and challenges posed by the Covid-19 pandemic. Despite interrupted training sessions, the teams still managed to race to the title.

Melvin added: "We have been together for quite a few years and are very experienced; it also helps that the league team includes members who are competitive and self-motivated.

"We were also very fortunate to have the club's unwavering support to the League team. In particular, our previous club captain Lee Lian Hong had always been the rock behind the team. This win is as much his as it is anyone else's."

Melvin stressed that it was a joy to work with the team- especially considering the support that he had from his captains, Ken Sugino, Jasmine Chew, Jeffrey Ho, and Wendy Lim, for their great leadership.

"As members of TMCC, we all believe in the ethos of servant leadership and putting others before self and this was something that all my captains exemplified," he added.

He also thanked businessman and member Tan Teck Kee and his company, 8028 Holdings, for their kind sponsorship for the past two seasons. He also underlined the unwavering support from Oliver Dennis and Adidas.

When asked to name the stars for the team, Jasmine stated that all 15 players in the squads were "stars". "We have always been united as a team, thus the excellent results were above what we have expected," she added.

She said: "For this year's league season, I am grateful to my vice-captain Wendy Lim for her efforts in arranging weekly practices to build chemistry and ensure everyone was in good spirits."

TEAMWORK WAS KEY IN TANAH MERAH'S INTER-CLUB LEAGUE TRIUMPH



Ladies' Divison Captain Jasmine Han



David Soh



Dr Alan Chiang

"Also, coach Daren Lim volunteered himself to provide the team with tips for two months at the practices. I thank him for his time and effort. My role as captain was to ensure that we kept the TMCC culture of unity and harmony."

Jasmine, who received her handicap in 2003 holds a 10.4 handicap index, also enjoyed the team spirit among the players, who strengthened their chemistry via group messages and good company during practices.

"I wish to also thank Mdm Corrina Chin, our previous league captain, for her encouragement, assistance, guidance and willingness to share her experience in managing the team."

When asked for how the teams would celebrate, Jasmine said: "I would leave that to Melvin to decide."

GOLFER'S ZONE



Eagerly awaiting the prize presentation

JOEY & WENG YEW FINISH TOPS ON By Godfrey Robert AN EXCITING DAY

It is a popular competition for the Tanah Merah Country Club golfers.

Covid-19 struck, management measures restricted it to being just another golf event.

However, with the relaxation of some rules, the TMCC Chairman's Prize event is back, and it returned with a bang on July 3.

The turnout was big, interest was high and the excitement was palpable. And club chairman Ng Kee Choe not only graced the event, he also played with his kakis and stayed for the BBQ dinner and prize presentation.

As one golfer exclaimed: "It was great to see such a big attendance for the event both during the game and at dinner time where there was a free flow of beer." To add to the fever of the event, the Tampines course was in great condition and it was a beautiful sunny day.

Winners Joey Chang and Wong Weng Yew were primary school classmates at Anglo-Chinese School. And the bond between Chang and Wong carried on from there, even onto the golf courses.

Their combination and teamwork worked yet again when they paired to claim the TMCC Chairman's Prize in a thrilling finish.

In the 4-ball stableford shot-gun event where two players play as partners, the higher stableford score of the duo playing off 80 per cent of the course handicap count for each hole.

It was also prizes galore as items for winners aside, there were 10 lucky draw prizes and the top prize of a JL golf bag was won by Ms June Yeo.

The prizes were presented by club chairman Ng and club captain Dr Goh Hoon Pur.

GOLFER'S ZONE

Chairman's Prize 2022

BBQ-ing dinner

At the Tampines Course, Chang and Wong bagged 45 points to finish tops in a field of 134 participants making up 34 flights.

On a fabulous day with the pace of play well on schedule, the duo edged out Dave Goh and Bryan Koh on countback after an exciting finish.

Said Chang: "We combined very well, complementing each other. On the holes one fumbled the other came in. I had three birdies and Weng Yew bagged one."

Christopher Chiu and Melvin Choo finished third on 44 points for a place on the podium.

Other results: 4th: Wang Zong Chao and Dai Jing 43 points ocb. 5th Simon Chew and Jasmine Chew 43 points ocb. 6th: Steven Lee and Esther Chew 43 points. 7th: Jeremy Lim and Wayne Goh 42 points ocb.

NOVELTY EVENTS:

Nearest To Pin: Dr Chong Tat Chong (hole 4), Goh Cha Hau (hole 6), Kosho Hagino (hole 14) and Chew See You (hole 16).



Chairman (1st from right), Professor Jayakumar (2nd from right) with their flightmate





 2^{nd} place winners Mr Dave Goh & Mr Bryan Koh (both on right) having a blast with their flight mates

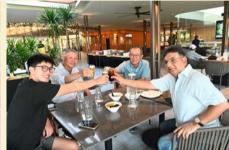


3rd place winners Mr Melvin Choo (left) & Mr Chris Chiu (right)



Happy golfers with their beers and food



















GOLFER'S ZONE









Consolation Prize Winners



































Chairman's Prize 2022















GOLFER'S ZONE

























Chairman's Prize 2022

GOLFER'S ZONE









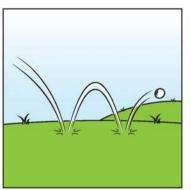








WHY IT IS IMPORTANT TO REPAIR DIVOTS AND BALL MARKS?







By Godfrey Robert

Please repair your ball marks

... and others if possible.

It's not a major competition. It's not a monthly medal. But just a social game. So, the seriousness of the game is expected to be of a low degree.

ndeed, it is. Until you hit your drive and the ball lands in a deep divot.

You ask your opponent -- with whom you have a two-way wager: an individual bet and a sixes competition – for a free drop.

However, it is within the rules of the game for your opponent not to allow you a free drop – play the ball as it lies.

Sportsmanship and gamesmanship can sometimes be thrown out of the window. The conscience pricks. For it was two holes earlier that your opponent reminded you yet again for your own infractions on the course.

It became a habit of yours for not repairing divots. Continuing that practice, you become a liability on the course. The sand bottles had remained intact in your buggy.

But golf is a gentleman's game. As such, behaviour and decorum are to be observed.

So, the act of repairing ball marks is a sure way to help enhancing our golfing experience.

Remember: A properly fixed pitch mark will usually be healed within 24 hours compared to an unrepaired pitch mark which will normally take between 14 and 21 days to fully recover.

So, there is repair cost factor thrown in as well. And a golf course dotted with divots and ball marks will tarnish the presentation of the golf course.

Therefore, it is each member/golfer's responsibility to fix other divots and ball marks other than his/hers.

KEEP TO YOUR TIMES AND PACE OF PLAY By Godfrey Robert

Pace of play at golf is an important issue for every club.

ee-off times are spaced out at sevenor eight-minute intervals and it is important that golfers adhere to the right playing time and pace. Every golfer hates slow play! A general rule of thumb is that if you are able to catch up with the group at all times, you are doing a great job and making everyone else an enjoyable day at the golf course.

It is important not to concern yourself with the group behind, the fact that you are not holding the group behind is irrelevant to your group's responsibility to keep up with the group in front.

To help your game an enjoyable one, we are re-introducing the Ready Golf concept which is widely promoted by USGA and R&A.

For Ready Golf, you are encouraged to practise the below as examples.

- At the tee-box, person with the honour may NOT be one who needs to tee-off first.
 Especially when the group is behind time, whoever is ready to tee off may proceed to play when the front flight is clear and out of range.
- At any time, proceed to hit your shot when it is SAFE to do so. You may go ahead and play your shot when others are, for instances, searching for balls, spending time taking relief from penalty area and travelling a distance to get to their golf balls, etc.
- Help your flightmates to search for their balls AFTER you have hit your shot.
- Shorter hitters may play first only when they are absolutely certain that the front group is clear and out of their range.
- Instead of marking the ball, continue to finish the short putts as soon as possible or practise "gimme putt" in your social golf group.



- For social play, record your score later instead of checking the scores with others on the green.
- For social play, give yourself a maximum score per hole such as double par.

In summary, unless you are playing matchplay, our mindset of "furthest from the hole must play first" will need to change especially for social play. The golf Rule 6.4 specifically states: In stroke play, there is no penalty for playing out of turn, and players are both allowed and encouraged to play "ready golf" – that is, to play out of turn in a safe and responsible way.

OTHER TIPS: BUGGY MANOEUVRE TO SPEED UP PLAY

To speed up play, you may adopt the below common practices when using buggy at the golf course.

- If your ball is already on the green and your buggy mate has
 a short distance shot to the green, you may just drop him/her
 off with few clubs (wedges and putter, etc.) before driving off.
 You do not need to wait for him/her to play the shot and go
 to the putting green together in a buggy.
- If your buggy mate and your golf balls are far apart on fairway, you may just drop him/her off at his/her ball and drive to your ball or vice versa. After playing, you may pick him/her up further down the fairway.
- Park your buggy "ahead" but not "behind". Especially around the green, in general, always park the buggy nearer to the next tee box.

What happens when players fail to keep up with the Pace of Play after multiple advices from club officials, such as Marshals?

- They may have to skip a hole. They may have to consider playing from an easier Tee box.
- Repeat offenders may get official reminder and warning letters which may lead to disciplinary action.

GOLFER'S ZONE

DO THE BUMP

By TMCC Teaching Pro Justin Tang

You don't need to reach for your sand or lob wedge each time you find yourself short of the green.

f you're just a recreational golfer, chances are, you're not going to find the green in regulation very often. Frequently, you'll leave yourself short of the putting surface, and facing a chip up to it.

I often see amateurs reaching for their most lofted club in order to hit that soft chip or short pitch up to the green, hoping to stop the ball on a dime next to the hole. This is a low percentage shot that requires near-perfect contact. Chances are, you're either going to chunk it, or skull the ball way past the back of the green.





An easier method if you don't have a hazard between the ball and the green to contend with (Pic 1), is to use the bump-and-run method.

To do this, choose a club that will give you enough loft to get the ball up, and allow it to release and run onto the green. The choice of the club will depend on how steep the elevation of the slope is towards the green, and the position of the hole on it (Pic 2).

CLUB SELECTION

For example, using a pitching wedge will get the ball to fly higher and stop earlier if the hole is cut close to the front of the green. An eight-iron may be your choice if there is a lot of real estate between you and the hole. You can even use low-lofted clubs like a six-iron or even a hybrid. Experiment and practice are the keys to find the best club for you in different situations.

SETUP

Position the ball just left of your sternum, and with a slight lean of the club shaft towards the target (Pic 3). Close your rear foot a little to help promote a slight inside-to-out swing action (Pic 4). Your weight should be mostly on your front foot.













THE SWING

Setup to the club (Pic 6a) then take it a little to the inside on the backswing (Pic 6a). On your downswing, make sure to transfer your weight to the front foot when swinging through. I like to feel like I'm hitting a slight draw with this bump-chip shot. Make sure you accelerate through the shot because you don't want to leave your ball short of the green (Pic 6c). Notice that my right knee kicks slightly towards the target, signifying that I've transferred my weight to the front foot after the swing.

Practise this and you'll start seeing your scores go down before long.

GOLFER'S ZONE



HOLE-IN-ONE ACHIEVERS

APRIL/MAY



Lee Eun Shil Hole #17 (118M) 22-Apr-22

Sentosa Serapong

Lee Sook Mee

Hole #17 (135M) 24-Apr-22 Korea New Seoul CC

Michael Ng Seng Tat

Hole #2 (185M) 13-May-22 TMCC Garden Course



Lin Min Chu

Hole #15 (173M) 19-May-22 SICC Bukit Course



Bobby Ng Peng Yee

Hole #14 (174M) 21-May-22 TMCC Garden Course



Park Kwang Ho

Hole #2 (200M) 21-May-22 TMCC Garden Course

Park Kwang Ho

Hole #2 (200M) 21-May-22 TMCC Garden Course



Yoo Sang Mi

Hole #14 (112M) 21-May-22 TMCC Tampines Course

Ebun Lee

Hole #17 (103M) 22-May-22 TMCC Garden Course

Andrew CarMichael

Hole #6 (137M) 22-May-22 TMCC Tampines Course



Daren Lim LiJie

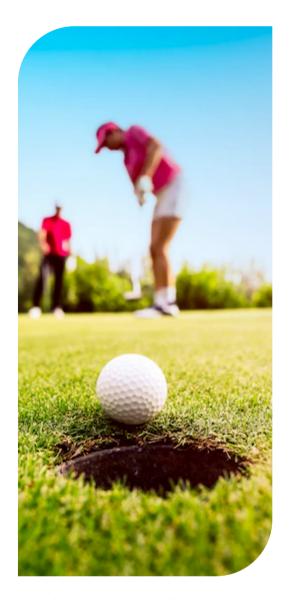
Hole #14 (157M) 26-May-22 TMCC Tampines Course



Rex Tan Soon Cheong

Hole #16 (126M) 29-May-22 TMCC Tampines Course

GOLFER'S ZONE



HOLE-IN-ONE ACHIEVERS







Justin Ho Hsien Check Hole #16 (126M) 4-Jun-22 TMCC Tampines Course



Ng Fook Sun Hole #7 (151M) 10-Jun-22 TMCC Garden Course



Niam Chiang Meng Hole #16 (126M) 22-Jun-22 TMCC Tampines Course

Dion Lim Jia Yi
Hole #11 (110M)
26-Jun-22
TMCC Garden Course



Poi Nern Thye Melvin Christopher Hole #17 (124M) 23-Jun-22 SICC Bukit Course



Ang Keng Seah Hole #7 (151M) 27-Jun-22 TMCC Garden Course

UNTUCKED SHIRTS? NO. TUBE TOPS? NO. PROPER GOLF ATTIRE? YES

Would you go to a ballroom party in a swimsuit? Would you attend a beach party in a three-piece suit?

kay, there is a bit of exaggeration in those questions. But amidst that hyperbole comes a strong statement of intent that says "you must dress appropriately for the occasion."

Which means you cannot go for a golf game in skimpy dress or awkward shorts. The shirts must be tucked in and tube tops are not allowed.

In general, stick to proper golf attire, so that the focus will be on the game and not the personalities. Tanah Merah Country Club prides itself in being a prestigious club and its management wants to reemphasise its intention to uphold its recognised image.

In line with that, the club's general manager Elliott Gray sent out a circular recently to members to remind them about the club's dress code.



PROPER ATTIRE

- Collared polo shirts with sleeves or mockneck golf shirts with sleeves. Shirts must be tucked in during play
- Golf shirts that do not need to be tucked in due to the length, finish & design of the garment are permitted
- Tailored trousers or Bermudas
- Soft spiked shoes only with long or short socks



PROPER ATTIRE

- Golf shirts with collar (with or without sleeves)
- Golf pant, skirts, shorts of appropriate length and sufficiently covers a player's bottom
- Golf shirts that do not need to be tucked in due to the length, finish & design of the garment are permitted
- Soft spiked shoes only with long or short socks



IMPROPER ATTIRE

- Non-collared t-shirts
- · Untucked shirts
- Cropped bottoms with no socks
- Non-golf shoes/ trainers or metal spiked shoes



IMPROPER ATTIRE

- Non-golf sportswear such as t-shirts, low-cut tops, tube tops
- Non-golf sportswear such as jogging shorts, tracksuits, leotards, ieans
- Non-golf shoes/ trainers or metal spiked shoes

EAT & DRINK

SILVER FISH FRIED RICE

By Alvin Teo, Edited By Tan Ju Kuang

A comfort dish that is also highly popular at the club, and remarkably easy to do at home.



aving trouble deciding what to have for lunch? Fried rice is always a failproof choice that seldom disappoints. Adding a touch of crispy silver fish is just the thing to lift this stalwart dish onto a different culinary plane.

Ingredients

- 1 bowl of rice
- 2 eggs, beaten
- 2 tbsp sambal (homemade or store-bought)
- 2 tbsp washed, dried and deep-fried silver fish
- 1 tsp chopped chilli padi
- 2 tbsp chopped chives
- 100g small prawns, shelled
- Chopped chives for garnish

Method

- 1. Heat oil in a wok, add the beaten eggs and fry till they're cooked
- 2. Add the rice and fry till completely integrated
- 3. Add the sambal, and fry till all the rice is coated with the sambal, about 2-3 minutes
- 4. Add the chilli padi and chives and fry for another minute
- 5. Add the prawns and fry till they're cooked
- 6. Remove from heat, pout onto a serving dish and top with the fried silver fish, and garnish with additional chives



GETTING ALL TOO FAMILIAR WITH BORDEAUX WINES

By Godfrey Robert

It seems a mouthful. But the title is no tongue-twister once the wine eases down the mouths.





Participants enjoying their wine, food, and each other's company

urade de Saint-Émilion becomes as familiar as mentioning the names of wines of Bordeaux once you savour the tastes of different brands and colours.

So would the labels Joie de Vivre (enjoyment of life), Fête de Printemps (Spring Festival) and Ban des Vendange (Harvest Festival).

So, it's all about wines and French, and what better way to soak in the flavour than attending the Jurade. The Jurade plays an important role in preserving the memory of Saint-Émilion wines, serving as the link between the wine region's rich past and future.

This prestigious brotherhood organises wine receptions and induction ceremonies around the world, where the members of the Jurade (the Jurats) perpetuate the values of tradition and the spirit of Saint-Émilion.

Saint-Émilion has a storied history and Tanah Merah Country Club is honoured to have member Melvin Choo, chancellor of the Jurade, to coordinate this event regularly.

The Club celebrated one such event on May 31, 2022, and Dr Richard Chen, an inductee of the Jurade, joined Melvin in raising the ante for the event after a long hiatus because of the Covid pandemic.

EAT & DRINK



A passionate presentation by Melvin Choo, TMCC GC member & Chancellor of the Jurade de St Emilion



Dr Richard Chen, inductee of the Jurade de St Emilion, engaging the participants with his presentation

Also present were Club President Ronald Ong, Captain Dr Goh Hoon Pur and H&R Convenor/Vice Captain Christopher Chiu and F&B Convenor Benny Tay.

This was the first social event involving F&B that the Club held since the pandemic. And the response was overwhelming with 70 registrants, 30 more than expected.

Eventually, 55 participants came along, and they had a whale of a time. Wine tasting aside, they had an insight into the fine wines after engaging the expert Melvin for almost two hours.

Participants had a flight of five different Bordeaux wines to taste and going with that were the tasty cheese and cold cuts boards from Da Paolo.

Also, the famed roast pork from the Garden View Restaurant were laid out for the excited participants who thoroughly enjoyed the event.



From left F&B Convenor Mr Benny Tay, Mrs Ong & Club President Mr Ronald Ong



Speakers Melvin Choo & Dr Richard Chen with the wines to taste





ROBOTS AT YOUR SERVICE AT GOLFERS' TERRACES

Going digital. Going hightech. Going online.

By Godfrey Robert

hey are very common catchphrases these days in the name of innovation, computerisation and modern adaptations.

Folks may take some time to adapt to these "going-forward" techniques. But there is no doubt that unless you change and learn, you could be left behind.

Robots, machines, programmed by a computer, that are capable of carrying out a complex series of actions automatically, have become a common sight at Tanah Merah Country Club's Golfers' Terraces.

So don't be intimidated when you see them manoeuvring around people and objects when you are set for meals.



And they will transport your food that you ordered at your table in a quick and neat way. All you have to do is to tap a few buttons, and "voila" the food is at your service.

The robot servers utilises the 'easy-to-use' & accurate Laser SLAM and Visual SLAM positioning and navigation solutions to increase its adaptability to more scenarios.

It boasts 3D Omnidirectional Obstacle Avoidance Sensors with minimum height detection of objects from 2cm.

The robot server uses a Multimodal Interaction for users to interact with it ranging from the ability to choose from light options for clearer status indications, comprehensive touch options and even a draw option.

They have "Smart Expressions" providing members with a more real "Cat' feel. And have Infrared Induction Trays, following a modular structure for quick disassembly and has an intelligent infrared induction system.

Also, a smarter tray for a more efficient delivery. The robot server can serve up to 10kg/tray.

The robot server is installed with the 3-star RGBD depth camera to accurately detect and stop when encountering obstacles with a response time as short as 0.5 seconds.

The robot server has an Auto-Level Independent Linkage Suspension for Stability. It uses a method of damping altered in accordance to the different floor conditions and driving requirements. This helps to ensure that the resonance

frequency of the machine is maintained at an optimal level.

The robot server runs on a PUDU Scheduler allowing each robot to directly communicate with any robot in the same network. This reduces the need for a central computing node that requires high computing power while enhancing its interaction mechanism among people.



The service provider for the robot servers is Audax and it will provide the maintenance for the next three years.

GOLF IS IN ISAHAK'S BLOOD

ERAH CLUB By Godfrey Robert

Life has been tough on Isahak Mohd Osman. Even at a young age he had to fend for himself as his family were not well-off.

o, at the age of only 15, he worked as a caddie at Tanah Merah Country Club. He enjoyed his work because apart from earning some money for himself and his large family, he found golf to be a great game.

Whenever possible, through the generosity of Club members and the social golfers, he also found the chance to play, sometimes on the days when the Club closes the courses (Garden and Tampines) for maintenance.

During that period, he brought his handicap down to single, and decided to join the pro ranks. He turned pro in 2006 and soon became a teaching pro at Stargolf, and later at Muru's Golf Academy.

In between, he worked at the pro shop at TMCC and picked up tips and ideas from customers, some of them pros, and honed his game further, also equipping himself with the latest knowledge on modern equipment, like clubs and golf balls.

I played a round with Isahak in a corporate event at the now-closed Raffles Country Club, and was thoroughly impressed with his game, although there were the occasional rough edges.

And I was not surprised when he told me that as a caddie, he fired an eight-under round of 64 at the former Garden course. And as a pro, he shot an even-par round at the Orchid Country Club.

Practicing his shot at Tampines Course

FACES OF TMCC



Posing for the camera during The Singapore International in January 2022

With Paula Creamer in 2009

So, with a life revolved around golf, as a retrenched victim because of COVID-19 two years ago, Isahak, now 53, returned to "his roots" with a job as a Marshal at TMCC's Tampines Course in March, 2020, and is clearly enjoying his job.

"I love to meet people, so when I meet golfers at the buggy bay, I make it a point to chat with them, and ask not only about their game but also welfare. My job is to ensure safety of golfers, ensure no slow play and in inclement weather advise the golfers about taking shelter," said Isahak.

He has also encouraged his daughter, Nur Ayuni-Natasha, 15, to take up golf. The Meridian Secondary School student holds a 13-handicap index and is destined for a good future in the game. His younger brother, Jumari Osman, is also a pro registered with the Singapore Professional Golfers' Association but works as a car dealer. Occasionally, the duo plays together when invited by friends.

On a two-shift work routine, Isahak, who resides at Tampines, finds his job interesting. "Every day I learn something, sometimes not related to golf. I also help out my regular "kakis" such as businessmen Tan Teck Kee and Ju Kai Meng and offer them whatever help they need. I also find my colleagues helpful and friendly."

Having been at TMCC for so long, he has seen many juniors graduate and become national players. Among them are George Foo and Gregory Foo, whose highly supportive dad Larry has also been "a client" of Isahak.

The affable Isahak sometimes does freelance teaching, provided the sessions do not interfere with his job. But his biggest takeaway is: Talking to the pros and exchanging notes whenever TMCC stages a major event.

Golf is, and will be, Isahak's passion for life.



Isahak with his family



Beautiful artwork by our participant

FATHER'S DAY BONDING THROUGH COLOURS

Father's Day is celebrated to honour fatherhood and paternal bonds, as well as the influence of fathers in society

By Godfrey Robert



Happy faces with a pretty painting



Beautiful paintings with strengthened bonds

bserved by about 120 countries, it is normally celebrated with a family meal at home or at a restaurant.

The whole idea of Father's Day is family bonding and fostering relationships.

Tanah Merah Country Club came up with a novel idea of a Father's Day Batik Painting Workshop.

It was held at the TMCC Sports Complex on June 19 June with the aim of promoting bonding between children and parents.

A total of four children and four parents participated in the event from 2pm to 3pm.

Each child was encouraged to paint a minimum of two pictures with the provided painting equipment.

With granted consent from parents, Sports Complex will keep one of their drawings for display purpose.

The event was well received and had positive feedback from members.



Focused on creating their masterpieces

IT'S IN THE LEGS

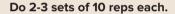
Strong legs make all the difference in sports, and accident prevention. TMCC Fitness Instructor Bharatt Lamsal shows us a few exercises that will help.

By Bharatt TMCC Gym Instructor, Edited by Tan Ju Kuang



KETTLE BELL LIFT

Hold a kettle bell with both hands (Pic 1). Stand with your feet slightly wider than shoulder width. Lower yourself keeping your back straight and looking forward till your thighs are parallel to the ground (Pic 1a and 1b). Focus on using your glute muscles (buttocks), raise yourself back up to the starting position. This is a great exercise that works every muscle of the leg and also the lower back.







GOOD MORNINGS (HAMSTRING BENDS)

Stand with your feet shoulder width apart (Pic 2). Keeping your back straight, bend forward, focusing on pushing your buttocks backwards (Pic 2a and 2b). It's ok to let your knees bend a little here. Return to the start position.

Do 3 sets of 12 - 15 reps.













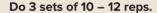
LEG EXTENSION MACHINE

Adjust the machine so that the leg pads are positioned just above your ankles (Pic 3 and 3a). Select a weight where you can do 10 - 12 reps comfortably. Using your quadriceps (muscle at the top of your thigh), raise the weights until your leg straightens (Pic 3b). Hold it there a split second before lowering it slowly.

Do 3 sets of 10 – 12 reps.

MACHINE HAMSTRING CURLS

Adjust the hamstring curl machine so that the foot pads are just above the back of your ankles (Pic 4). Select a weight so that you can do 10-12 reps comfortably. Using your hamstrings, raise your feet up till your soles face the ceiling (Pic 4a). Hold it there a split second before lowering it. Make sure you don't use your hands and arms to lift the weights. You want to feel your hamstring doing all the work.











SQUAT MACHINE

Adjust the squat machine till your knees are up against your chest (Pic 5). Using your glute muscles (buttocks), and maintaining a light grip on the handles, push the weight back till your knee almost straightens. Do not lock your knees straight, and maintain some flex in them when fully extended (Pic 5a). Slowly return the machine to the start position.

Do 3 sets of 10 - 12 reps.

CERTIFIED JUNIOR GOLF COACH

JUSTIN TANG





8188 1701
justin@elitegolfswing.com







Email



Instagram

- · MG Purestrike Golf Academy, in Destin, Florida USA
- Kinesiology and Biomechanics of Golf (KMG Level I-t certified in Spine Mechanics and Qualitative Biomechanics in Golf)

Justin Tang has been trained extensively in The Golfing Machine and Mac O'Grady's MORAD system since 2005.

He is a Brookbush Institute Human Movement Specialist and a Kelvin Miyahira Level I.t certified instructor in Spine Mechanics and Qualitative Biomechanics in Golf.

A specialist in junior golf development since 2005, he has a wealth of experience in teaching juniors. He is passionate about introducing the game to TMCC juniors, nurturing their technique and a life-long love for the game. Over the years, some of his juniors have gone on to compete at the collegiate and national level.

Using the American Development Model, his holistic approach balances the mental, physical and technical aspects of the game to meet every TMCC junior's unique needs.

He continues to seek out the brightest coaching minds in the USA and Australia to further refine his system which is based on anatomy and psychology for rapid improvement.



FUNdamentals Boys 6-9 I Girls 6-8



Learn to Play Boys 9-11 | Girls 8-11



Play to Improve Boys 12-16 | Girls 11-15



Play to Complete Boys 16-23 | Girls 15-21



Play for LIFE













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Basic Exercise Course (Sport Singapore)
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GOLF RECIPROCAL CLUBS

MALAYSIA

Saujana Golf & Country Club Saujana Resort, Section U2 40150 Shah Alam Selangor Darul Ehsan Tel: 603 7846 1466 Fax: 603 7847 5830 golf@saujana.com.my

The Lakes Golf Club Cnr King Street & Vernon Ave, Eastlakes, New South Wales Tel: +61 (02) 9669 1311 Fax: +61 (02) 9669 6206 www.thelakesgolfclub.com.au info@thelakesgolfclub.com.au

JAPAN

Shinwa Golf Group (Japan) Members are required to make bookings through TMCC. Please contact Samantha Leong/Garden Golf Office at 6592 0343 for further assistance.

Reciprocal Member is required to produce:

- · Letter of Introduction
- Membership Card
- · Passport to verify their identity and to show that they are not residents of the same Country as the Host Club (Japan)
- Handicap Certificate

AFFILIATE CLUBS

ΔUSTRALIA

Moonah Links

55 Peter Thomson Drive Fingal VIC 3939, Australia Tel : 61 3 5988 2000 Fax: 613 5988 2094 www.moonahlinks.com.au

Terrey Hills Golf & Country Club

116 Booralie Road, Terrey Hills New South Wales, Australia 2084

Tel: 61 2 9450 0155 Fax: 61 2 9450 0034 www.terreyhillsgolf.com.au

Woodlands Golf Club

109 White Street Mordialloc, Victoria 3195 Australia

Tel: 613 9580 3455 www.woodlandsgolf.com.au Golf_Manager@woodlands.com.au

Yarra Yarra Golf Club

567 Warrigal Road, Bentleigh East, Victoria 3165. Australia Tel: (61) 9575 0575 Fax: (61) 9575 0585 www.yarrayarra.com.au

CAMBODIA

Angkor Golf Resort

Kasekam Villiage, Sra Nga National Route 6 (Airport Road) Siem Reap, Cambodia Tel: +855 (0) 63 767 688 Fax: +855 (0) 63 761 140 www.angkor-golf.com

CHINA

Imperial Springs International Summit Club

Guangdong 510970, China Tel: 86 20 3108 8888

Fax: 86 20 3108 8098 www.imperialsprings.com

Red Flag Valley, Dalian

Cha'an Village Hongqi Town Ganjingzi District, Dalian 116033, China

Tel: 86 411 8646 6666 Fax: 86 411 8428 0471 www.rfvgolf.com

www.sheshangolf.com

Sheshan Golf Club

Lane 288 New Lin Yin Avenue Sheshan National Tourism Resort Songjiang District, Shanghai 201602 Tel: 86 21 5779 8008 Fax: 86 21 5779 8006

Spring City Golf & Lake Resort

Tangchi Yiliang, Yunnan Province Peoples Republic of China, 652103

Tel: 86 871 6767 1188 or 86 871 6767 1185 www.springcityresort.com

Suzhou Jinji Lake International Golf Club

No. 2 Guobin Road. Suzhou Industrial Park. Jiangsu, 215021, China Tel: 86 512 6288 6868 or 86 512 6288 3426 www.iiniilakegolf.com

DUBAI

Dubai Golf Tel: 04 586 7761 www.dubaigolf.com

HONG KONG

Clearwater Bay Golf & Country Club 139 Tai Au Mun Road, Clearwater Bay, New Territories, Hong Kong Tel: 852 2335 3882 Fax: 852 2719 4207

www.cwbgolf.org golf@cwbgolf.org

INDONESIA

Damai Indah Golf Bumi Serpong Damai (BSD) Course

Jln. Bukit Golf I, Sektor VI, Serpong Tangerang 15310, Indonesia Tel: 62 21 537 0290 Fax: 62 21 537 0288

www.damaiindahqolf.com

Pantai Indah Kapuk (PIK) Course Marina Indah, Penjaringan, Kapuk Jakarta 14470, Indonesia

Tel: 62 21 588 2388 Fax: 62 21 588 2391

Royale Jakarta Golf Club

Jalan Raya Halim Tiga, Halim Perdanakusuma Jakarta Timur 13610. Indonesia

Tel: 62 21 80 888 999 Fax: 62 21 80 878 877 www.royalejakarta.com

JAPAN

Ashinoko Country Club

4708 Minamiharasuga, Mishima-shi, Shizuoka 411-0000, Japan Tel: 81 55 985 2122 Fax: 8155 985 2480 www.ashinokocc.com reserve@ashinokocc.com

KOREA

Sky 72 Golf Club

2029-1, Woonseo-Dong, Joong- Gu, Incheon, Korea Tel: 82 327 418 562 Fax: 82 327 439 108 www.sky72.com

Teddy Valley Golf & Country Club 365 Hanchangro, Andeokmyeon,

Seoguipo City, Jeju, South Korea 699-921 Tel: 82 647 931 201 Fax: 82 647 931 108 www.teddyvalley.com

Members will be charged the prevailing guest green fees (to be paid by cash or credit card) at the respective clubs.

CLUB INFORMATION



THAILAND

MALAYSIA

Alpine Golf Club

99 Moo 9 Bangkhan-Sathaneevithayu Road Klong 5, Klong Luang
Pathumthani 12120, Thailand Tel: 66 0 577 3333 Fax: 66 2 577 7100 www.alpinegolfclub.com

The Mines Resort & Golf Club Jalan Kelikir, Mines Resort City, 43300 Seri Kembangan Selangor Darul Ehsan, Malaysia Tel: 60 3 8943 2288 Fax: 60 3 8943 9212 www.minesgolf.com.my

Loch Palm Golf Club

38 Moo 5 Vichitsongdram Rd Kathu District, Phuket 83000, Thailand Tel: 66 076 321 929 34

Fax: 66 076 321 927 8 www.lochpalm.com

Red Mountain Golf Club 119 Moo 4 Vichitsongkram Rd, Kathu District, Phuket 83120, Thailand

Tel: 66 076 322 000 1 Fax: 66 076 322 009 www.mbkgolf.com/redmountain

Riverdale Golf Club

123/5 Moo1 Tiwanon Road, Bang Kadi Sub-District, Muang Pathum Thani District, Pathum Thani 12000, Thailand Tel: 66 02501 2789 Fax: 66 02501 1833 www.mbkgolf.com/riverdale

UK

Centurion Club

Hemel Hempstead Hertfordshire HP3 8LA Tel: 01442 510520 www.centurionclub.co.uk

VIETNAM

The Montgomerie Links Dien Ngoc Commune, Dien Ban District, Quang Nam Province, Vietnam

Tel: 84 510 3 942 942 www.montgomerielinks.com reservations@montgomerielinks.com

GOLF

TAMPINES COURSE:

18-hole Buggy Course

- Redesigned by: Phil Jacobs (2017)
- · Total Yardage: 6,887metres (Par 72)
- · Course Rating: 76.1
- · Fairways & Roughs: Zoysia matrella
- Greens: Paspalum platinum TE

GARDEN COURSE:

18-Hole Buggy / Walking Course

- Redesigned by: Robert Trent Jones II (2020)
- Total distance: 5706 metres (Par 71)
- · Course rating: 70.3
- Fairways & Rough: Zoysia matrella
- Green: Paspalum platinum TE

Caddie Services (with buggy)	18-Hole	9-Hole
Twin-share (1 caddie to 2 golfers)	\$70.00	\$35.00
Single golfer	\$50.00	\$25.00

*Cash payment required for caddie services All rates are in Singapore dollars and GST is not applicable

GOLF OFFICES OPERATING HOURS

TAMPINES COURSE Mondays Closed

Other Days 7.00am till 7.30pm

GARDEN COURSE Tuesdays Closed

Other Days 7.00am to 7.30pm

PROSHOP OPERATING HOURS

TAMPINES COURSE Mondays Closed

Other days 7.00am to 7.00pm

GARDEN COURSE Tuesdays & Thursdays 11.30am to 7.00pm

Other days 7.00am to 7.00pm

For enquiries, kindly call:

- Tampines Golf Office 6513 7818 & 6513 7819
- Tampines Proshop 6592 4808
- Garden Golf Office 6545 1731 & 6592 0343
- · Garden Proshop 6592 0371

FOOD & BEVERAGE

GARDEN VIEW RESTAURANT (GVR)

Situated in the main clubhouse of Garden Course, it can accommodate 130 persons in a comfortable air-con, elegant setting. With a panoramic view of the golf course, the Garden View Restaurant offers attentive service, and warm ambience.

Operating Hours:

Daily

Lunch: 12.00pm to 3.00pm (Last Order – 2.30pm) Dinner: 6.30pm to 10.00pm (Last Order – 9.30pm)

Closed on Mondays except on Public Holidays

Tel: 6545 2891 / 6592 0388.

GARDEN BANQUET ROOM (GBR)

Whatever the need, weddings, birthdays, product launches, golf prize-presentation etc, GBR can cater up to 250 diners with its balcony overlooking the serene surroundings of the Garden Course.

Tel: 6592 0386 / 6592 0385

GARDEN LOUNGE (GL)

The lounge is situated adjacent to Garden View Restaurant and members can enjoy the magnificent view of the Garden Course.

Operating Hours: Sundays to Thursdays 3.00pm to 10.00pm (Last Order – 9.30pm) Fridays & Saturdays

3.00pm to 12.00am (Last Order – 11.30pm)

Closed on Mondays except on Public Holidays

Tel: 6592 0319

GARDEN EVENTS ROOM (GER)

The Garden Events Room caters for up to 100 persons for sit-down dinners and has parquet flooring for dancing. The room is also a popular venue for the club's social activities.

Tel: 6592 0386 / 6592 0385.



POOLSIDE CAFETERIA

With a prime vantage point overlooking the swimming pool at the Sports Complex, this poolside retreat is the perfect place for refreshing the spirit after a day of fun in the sun. Famous for its local fare served up with a warm smile.

Operating Hours: Tuesdays to Fridays 12.00pm to 8.00pm (Last Order – 7.30pm) Saturdays, Sundays & Public Holidays 8.00am to 8.00pm (Last Order – 7.30pm) Closed on Mondays

POOLSIDE COVERED TERRACE (PCT)

Overlooking the best view of both worlds, a panoramic view of Garden Course and the calm water of mesmerising pool amidst beautiful landscape, the Poolside Covered Terrace is a good venue for barbecue or social gatherings and can hold 30 tables with buffet tables placed on the pool deck.

For bookings of rooms for private functions, please call F&B office at Tel: 6592 0386 / 6592 0385.

TAMPINES GOLFERS' LOUNGE & TERRACE

Tampines Golfers' Lounge (air-conditioned) adjacent to the non-airconditioned Golfers' Terrace for dining.

Operating Hours: Monday (Except on Public Holidays) Closed

Tuesdays, Wednesdays & Thursdays 7.00am to 8.00pm Friday to Sunday & Eve of PH

7.00am to 9.00pm

GARDEN VIEW WING

ST STOREY

Heliconia Room

Need to hold board meetings, workshops, seminars etc? Book the Heliconia Room with seating capacity from 30 to 60 persons, offering various set-ups.

Ixora Room

Cooking and baking are such an enjoyment with a stylish kitchen studio. The room can also be used to conduct talks ranging from beauty to personal enrichment up to 40 persons. So look out for the various activities that we have in store for you printed in the bi-monthly newsmagazine.



Lotus Room

Dining in privacy is guaranteed here, with a seating capacity for 20 persons.

Hibiscus Room

More spacious than the Lotus Room, you may organise your gathering and dine in private here. Seating capacity is 30 to 60 persons. Lunch - \$500 minimum spending (on food and non-alcoholic beverages); Dinner - \$700 minimum spending (at least minimum \$600 on food)

Operating Hours: Sundays, Tuesday, Wednesdays and Thursdays

Karaoke Lounge

Belt out your best hit songs at the self-operated Karaoke Lounge, with a seating capacity for 20 persons.

