

Tanah Merah

COUNTRY CLUB

NOVEMBER / DECEMBER 2021

Winner
Alwyn Chong



1st Runner Up
Michael Chuang



2nd Runner Up
Wendy Soh



FEATURE STORY

BETTER CHIPPING

EAT & DRINK

KOREAN SPICY
PORK BELLY

AROUND THE CLUB

LEAVE ELDERLY PARKING
LOTS FOR SENIORS WHO ARE
ELIGIBLE TO USE THEM



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a Warm Welcome **TO OUR NEW MEMBERS!**

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Mr Derrick Yu Jia Ru
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KEEP UP TO DATE WITH THE MANY RULES OF GOLF

By Godfrey Robert



Editor Godfrey Robert

Read them, digest them and enjoy the inclusiveness and loyalty seen at TMCC

Golf is said to be a gentleman's game. Which means all gentlemanly attributes are attached to it, and errant behaviour cannot be shown and condoned.

The Rules of Golf are many. From the original 13 rules, the current USGA and R&A rules have mushroomed to 34 in depth consisting of over 200 pages.

There are so many that it is hard to remember all the rules, and it is through regular play and practice that you absorb the rules.

In fact, over time the rules keep changing, and this means absorption is a rather difficult proposition. However, a golfer must learn the rules and laws for you will always run into tricky situations and must be able to interpret the rules and apply them.

With the rules having been changed further this year, it is good practice that a golfer must familiarise himself or herself further so that they can apply them correctly and enjoy the game without any nagging questions.

Inclusiveness is a practice that that TMCC prides in as it ensures that all members have a stake in the prestigious club.

So everyone's welfare and ambitions are taken care of. It is with this in mind that the club has allocated Elderly Parking Lots so that elderly and disabled would not be inconvenienced whenever they come to the club's two leading courses to play golf.

The club notes that members welcome the move to enhance safety and accessibility for seniors with mobility limitations.

Demarcated in blue, these Elderly Parking Lots enable our elderly members to safely, and easily get in and out of their vehicles with their mobility aids.

This pilot project sees five Elderly Parking Lots at the Garden location and four at the Tampines site. Eligibility for the use of these Elderly Parking Lots is only for members with mobility limitations, aged 75 years old and above. In this respect, the club would like to remind those not eligible to park in these lots to follow the rules as there is only limited parking slots for the seniors.

Another wont of the club is the premium it allocates to loyalty. Over the near-40 years or so since the club has been in existence, it has been noted that there have been many longtime members, many seen pulling trolleys at the Garden course.

An interesting trend recently is that many youngsters are also taking up memberships, and this is a healthy sign.

That is because the club is a great meeting place for both golf and dine-ins, and the members have been enjoying the facilities and warmth of the staff over the years.

One such staffer is golf marshal Richard Pek, who has been with the club for more than 27 years and still enjoying his stint on and off the golf courses.

The 53-year-old places a real premium on loyalty which, he believes, encompasses respect, honesty and trust.

Pek proudly acclaims that he has been with TMCC for 27 years and three months, still remembering the day in 1994 when he accepted the job as a starter.

Having done part-time caddying at the club, the then manager Chris Pillay was impressed by his work and offered him a permanent job.

Richard says that along the way the club encouraged him to upgrade his skills to a supervisory level with night classes for two years and he duly obliged although it was taxing and tiring.

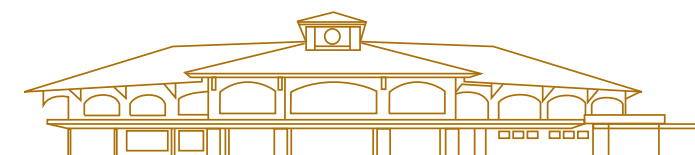
His humility and friendly demeanour has helped him perform his jobs to a highly-satisfactory level and he enjoys the camaraderie with his fellow workers. Thus his longevity with the caring club.

The Club is also heartened to feature one of its long-time Member, Mr Eric Teoh, who comes with an illustrious golf events management background and is highly enthusiastic when it comes to volunteerism.

The Covid-19 pandemic had globally seen many events postponed or cancelled over the past year. So it was heartening to note that gradually, with vaccination rates up and social distancing measures in place, some events are back on the calendar.

Revenue-generating corporate events like the BMW Challenge and the DBS Bank event have been staged. So also some Club events, such as the Club Championships which saw Sarah Tan and Maximus Toh taking the main honours in the three-day events at both courses..

So gradually, the oomph is returning and TMCC ranks among the most active golf clubs in Singapore.



**CLUB COMPETITION
RESULTS
54 HOLES STROKEPLAY
(MEN) 2021**

**THE CLUB
STROKEPLAY
CHAMPIONSHIP**
(H.I 9.4 and Below)

1st Round

*Sunday, 5th September 2021
at Tampines Course*

2nd Round

*Saturday, 11th September 2021
at Garden Course*

Final Round

*Sunday, 12th September 2021
at Tampines Course*

Congratulations!

CHAMPION

Maximus Toh (3.0) 218 Gross

RUNNER-UP

Samir Bedi (0.3) 221 Gross

OVERALL BEST NETT

Teo Han Kiat (8.0) 197 Nett



DAILY BEST GROSS

1st Round	Maximus Toh	TC (3.0/5)	73 Gross
2nd Round	Samir Bedi	GC (0.3/0)	67 Gross
Final Round	Lim Chiang Wei	TC (5.2/8)	75 Gross

DAILY BEST NETT

1st Round	Teo Han Kiat	TC (8.0/11)	63 Nett
2nd Round	Lim Chiang Wei	GC (5.2/5)	63 Nett
Final Round	Tan Lee Hong	TC (7.4/10)	67 Nett OCB

**CLUB COMPETITION
RESULTS
36 HOLES
STROKEPLAY 2021**

**MEN'S
INTERMEDIATE
CHAMPIONSHIP**
(H.I 9.5 to 18.4)

1st Round

*Sunday, 5th September 2021
at Tampines Course*

Final Round

*Saturday, 11th September 2021
at Garden Course*

Congratulations!

CHAMPION

Jonathan Lew (10.3) 156 Gross

RUNNER-UP

Jonathan Hew (11.6) 165 Gross

OVERALL BEST NETT

Stanley Ang (14.9) 133 Nett



DAILY BEST GROSS

1st Round	Jonathan Lew	TC (10.3/14)	83 Gross
Final Round	Jonathan Lew	GC (10.3/11)	73 Gross

DAILY BEST NETT

1st Round	Tan Swee Seng	TC (14.5/19)	69 Nett OCB
Final Round	Stanley Ang	GC (14.9/16)	64 Nett OCB

CLUB COMPETITION RESULTS 54 HOLES STROKEPLAY (LADIES) 2021

LADIES' CLUB CHAMPIONSHIP

(H.I 13.5 and Below)

1st Round

Sunday, 5th September 2021
at Tampines Course

2nd Round

Saturday, 11th September 2021
at Garden Course

Final Round

Sunday, 12th September 2021
at Tampines Course

Congratulations!

CHAMPION

Sarah Tan (2.5) 241 Gross

RUNNER-UP

Gillian Sim (7.1) 253 Gross

OVERALL BEST NETT

Michelle Ang (12.2) 206 Nett



DAILY BEST GROSS

1st Round	Michelle Ang	TC (12.2/17)	79 Gross
2nd Round	Sarah Tan	GC (2.5/7)	79 Gross
Final Round	Sarah Tan	TC (2.5/5)	82 Gross

DAILY BEST NETT

1st Round	Jasmine Chew	TC (10.4/15)	69 Nett
2nd Round	Jun Hee Sook	GC (13.1/20)	66 Nett
Final Round	Gillian Sim	TC (7.1/11)	72 Nett OCB

**CLUB COMPETITION
RESULTS
54 HOLES STROKEPLAY
(LADIES) 2021**

**LADIES
INTERMEDIATE
CHAMPIONSHIP**
(H.I 13.6 to 24.0)

1st Round

Sunday, 5th September 2021
at Tampines Course

2nd Round

Saturday, 11th September 2021
at Garden Course

Final Round

Sunday, 12th September 2021
at Tampines Course

Congratulations!

CHAMPION

Jessica Tan (17.5) 262 Gross

RUNNER-UP

Yuki Kawai (14.7) 264 Gross

OVERALL BEST NETT

Sunanda Koh (23.7) 237 Nett



DAILY BEST GROSS

1st Round	Jessica Tan	TC (17.5/23)	87 Gross
2nd Round	Yuki Kawai	GC (14.7/17)	83 Gross
Final Round	Jessica Tan	TC (17.5/23)	89 Gross

DAILY BEST NETT

1st Round	Yuki Kawai	TC (14.7/20)	71 Nett
2nd Round	Jessica Tan	GC (17.5/21)	65 Nett
Final Round	Yuki Kawai	TC (14.7/20)	70 Nett



BETTER CHIPPING

By Goh Kun Yang, TMCC Teaching Professional with Tan Ju Kuang

Chipping well from around the greens can make all the difference in getting your handicap down. Here are a few tips to help you get it close.

Unless you're a seasoned pro or a low, single-handicapper, chances are good that your greens in regulation statistics aren't worth writing home about. More often than not, you'll find yourself off the green, needing a good chip to save par.

The truth is, we don't spend enough time practising this shot, and if we do, most of us have little clue on the technique required to get our ball close to the hole and facing a good chance to get our par.

The Setup

Having a good setup is half the chipping battle won. Position your ball just right of centre (slightly closer to the right foot for right-handers). Place more weight towards your left or forward foot (Pic 1). Kicking your trailing knee towards the forward knee on the setup helps with making sure your weight is forward.



The Setup





The Swing

The Swing

On your backswing make sure that you pivot around the centre of your belt buckle and maintain your spine angle. You'll also need to keep your weight mostly on the front foot through the swing. (Pic 2)

On the downswing, make sure you strike the ball before the ground. You'll need to hit about 80 or 90 per cent of the ball (Pic 3). Turn through after impact, keeping your hands slightly ahead of the ball. Your belt buckle should be facing the target line at the end of your follow through.



Chip and Run

You don't always have to reach for your sand or lob wedge whenever you're faced with a pitch. Some situations are better suited to shots that spend less time in the air and more roll-time on the green. This chip-and-run option offers less risk of hitting it fat or thin, and is ideal for holes cut close to front fringe of the green, or those cut at the back of a large green where you have lots of green to work with.

For these shots, the setup and technique is similar to that of a regular chip, but you just need to vary the clubs you use. You can use a 7, 8 or 9 iron for these sorts of chip shots, with the lower numbered clubs offering more roll. Practice these on the range and see how far the ball rolls with each club.

Get creative with your chipping. Make sure you set up correctly, commit to the shot, and you'll find yourself getting up-and-down much more frequently.





HOLE IN ONE ACHIEVERS

Jagdesh Atmaran Tewani

Hole #4 (145M)
02.09.2021
OCC Vanda Course



Brendan Leong Hoe Yin

Hole #7 (141M)
03.09.2021
TMCC Garden Course



Fumiko Minowa

Hole #6 (104M)
09.09.2021
TMCC Tampines Course



Cao Yuan Feng

Hole #16 (126M)
10.09.2021
TMCC Garden Course



Vincent Teo Chew Seng

Hole #6 (122M)
11.09.2021
TMCC Tampines Course

Ron Teh Geok Koon

Hole #7 (141M)
17.09.2021
TMCC Garden Course



SEPTEMBER



HOLE IN ONE ACHIEVERS

John Baey Yam Chye

Hole #11 (126M)
01.10.2021
TMCC Garden Course

Kim You Jin

Hole #11 (100M)
04.10.2021
TMCC Garden Course

Natasha Lye

Hole #14 (135M)
03.10.2021
TMCC Garden Course

Sng Seow Wah

Hole #17 (154M)
16.10.2021
SGC Serapong



Lim Teng Neng

Hole #6 (122M)
03.10.2021
TMCC Tampines Course



Toshiya Hirai

Hole #17 (138M)
20.10.2021
TMCC Garden Course



Chan Thiam Seng

Hole #4 (176M)
03.10.2021
TMCC Tampines Course

Wilfred Tam Chee Mun

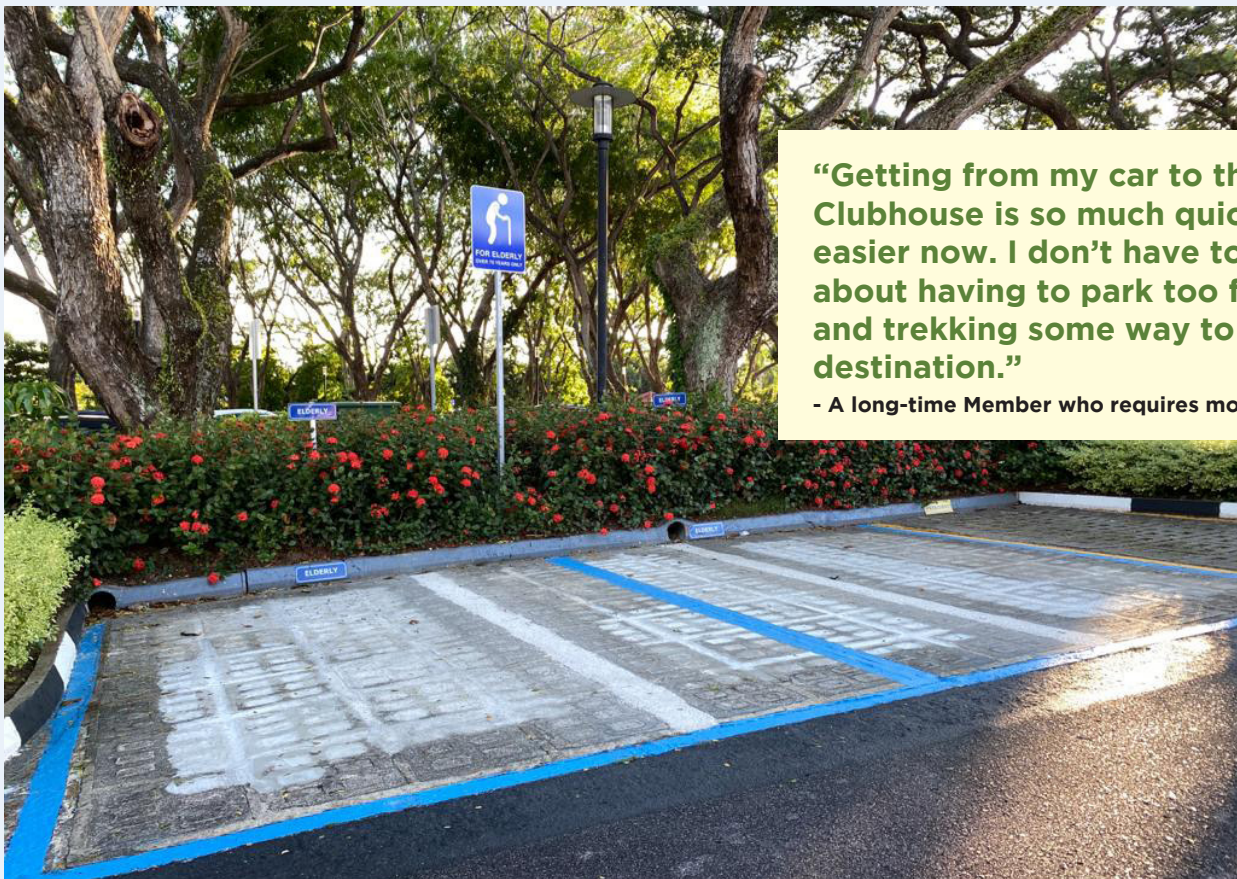
Hole #11 (110M)
22.10.2021
TMCC Garden Course

Henardi Ong

Hole #7 (151M)
06.10.2021
TMCC Garden Course

LEAVE ELDERLY PARKING LOTS FOR SENIORS WHO NEED THEM

Concern for the elderly and disabled has recently become an important issue in Singapore and has been highlighted especially in two areas.



“Getting from my car to the Clubhouse is so much quicker and easier now. I don’t have to worry about having to park too far off and trekking some way to my destination.”

- A long-time Member who requires mobility aid

An important area of concern was for seniors during the COVID-19 pandemic with advice and restrictions so that they would not fall to the virus which has mutated into a deadly one.

The other highly discussed and adjudged issue is the one for the disabled with suggestions that Olympic athletes for the Paralympics should be better rewarded for their achievements, if not on parity with the abled, then at least with an improved monetary rewards programme.

Tanah Merah Country Club has also shown its attention to the elderly with mobility issues by introducing Elderly Parking Lots to enhance safety and accessibility for their senior members who drive to the Club.

Demarcated in blue, these Elderly Parking Lots are created wider to enable our elderly drivers to safely and easily get in and out of their vehicles with their mobility aids.

This pilot project sees five Elderly Parking Lots at the Garden location and four at the Tampines site. Eligibility for the use of these **Elderly Parking Lots is for members (drivers only) with mobility limitations, aged 75 years old and above**. For this, the Club appeals for an honour system, and the intended purpose of these lots.

Ageing brings many challenges in a sustainable society, and TMCC urges members to uphold graciousness in our Club community and be considerate about the usage of the Elderly Parking Lots.

Members who are able should continue to park in the other lots and leave these lots for those with physical limitations.

However, since March 2021 when the facility was made available, the Club has noticed some misuse. A common one observed is sports cars found parked in these lots.

As the drivers of such low-slung cars are highly unlikely to have mobility issues, the Club strongly encourages them to park at the regular lots as these designated elderly lots are very limited and utilising these lots may deprive others who really need them.

If the situation does not improve, enforcement steps may be introduced.

With that being said, the Club would be flexible and make an exception for elderly members (drivers only) who have serious mobility issues but do not strictly meet the eligible age criteria.



KOREAN SPICY PORK BELLY

By Tan Ju Kuang

Sous Chef Alvin Teo gives us an inside look at what goes into one of the club's most popular dish, Korean Spicy Pork Belly.

Korea's soft power has infiltrated even the dining tables in Singapore. And the club is no stranger to this phenomenon.

The Korean Spicy Pork Belly dish has kicked up a storm since it was introduced, and currently, more than a hundred orders a week passes through the kitchens at both Garden and Tampines locations.

What's there not to love? The spicy, tangy flavour of the streaky pork belly mixed with crunchy onions and hot chillies is right up our local culinary taste. Served with a steaming plate of white rice, the combination is as satisfying as a birdie-birdie finish on your golf round.

Despite its beautiful presentation, the dish is not all that difficult to make. If you'd like to try this at home, here's a primer from TMCC's Sous Chef Alvin Teo. (Recipe is for an individual portion. You can increase the measurements for larger servings.)



Marinade for the pork belly:

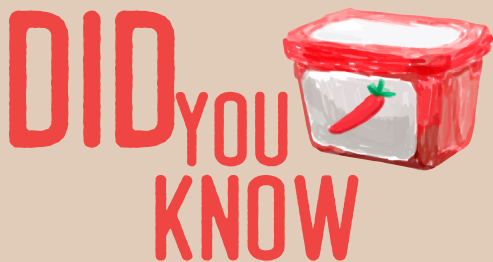
3 tbsp Gojuchang
(Korean chilli paste)
1 tbsp Chilli powder
2 tbsp Minced ginger
2 tbsp Sesame oil
1 tbsp Sugar

For dish:

150g pork belly, sliced thinly
¼ onion, sliced
1 stalk spring onion, sliced
½ green chilli, sliced
2 tsp minced garlic

For garnish:

Minced spring onion
Sesame seeds



...That records of people using gojuchang dates back to the middle of the ninth century?

This indispensable chilli paste is typically made of glutinous rice flour, fermented soy bean powder, barley malt powder, salt and, of course, chilli powder. Like the equally omnipresent kim chee, different gojuchang recipes abound, each with their own flavours



Method:

1. Prepare the marinade by combining ingredients (Pic 1); save a little of the marinade for the dish
2. Marinate the pork belly with the marinade for about an hour before cooking
3. Prepare dish ingredients (Pic 2)
4. Heat wok, add 2 to 3 tbsp of oil and heat until slightly smoking; fry the marinated pork belly until cooked (Pic 3); remove from the wok
5. Fry the minced garlic, green chilli, onion and spring onion (add a little more oil if necessary) until slightly softened (Pic 4); add in the cooked pork belly (Pic 5) and the saved marinade (Pic 6)
6. Fry the mixture for about 30 seconds; add the sesame oil for flavour, and some water to moisten the dish; continue frying for another 30 seconds or so until cooked (Pic 7)
7. Pour the mixture onto a dish, top with minced spring onion and sesame seeds, then serve with white rice



and nuances. Traditional methods of preparing gojuchang involves fermenting the paste in earthen pots over several years.

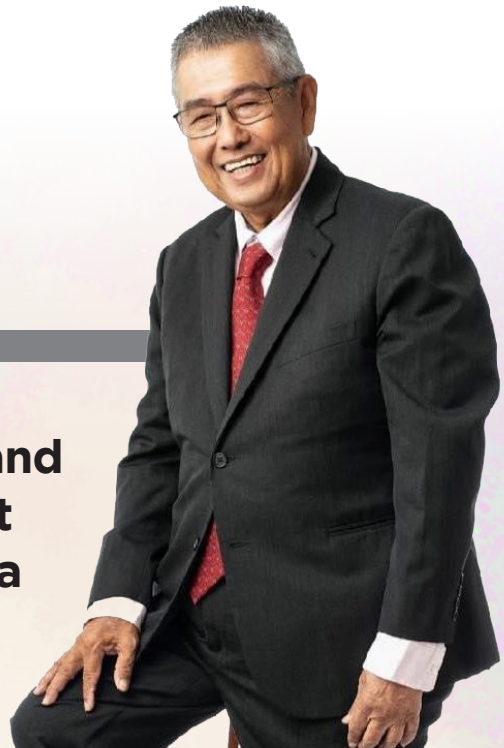
In addition to marinated meat dishes like the Spicy Pork Belly at TMCC, gojuchang can also be used in salads, stews and soups, and is an integral ingredient in the iconic bibimbap of Korean cuisine.



THE PROVIDENCE OF CHANCE

Edited By Tan Ju Kuang

Eric Teoh's lifelong volunteerism - and a career of golf events management - interestingly came about through a serendipitous occasion.



Eric with President Halimah Yacob

1. How did you start playing golf?

ET: Wow! It's been decades since I first caught the golfers' bug! It was most probably in the late 70s', early 80s', when a friend of mine bought me a full set of golf clubs before my membership for Warren Golf Club at Folkestone Road was approved.

2. How did you hear about Tanah Merah Country Club and what made you join?

ET: The late Mr Tan Kwang Hung, who was then the Director of the Department of the Civil Aviation (DCA), told me that a new golf and country club would be constructed near the airport. It piqued my interest, so I just went ahead and signed up via the photostat copy of the application form.



Ren Ci Charity Golf Tournament 2021 at TMCC Garden

3. What is your career background, and how did you end up starting your golf events business?

ET: In my younger days, I dabbled in an array of businesses - from marketing, and selling things that ranged from toys, to different types cigarette lighters.

As an avid golfer, getting into the golf business did cross my mind, but I didn't act on it till I was approached to organise my first golf tournament; Since then, I made running golf events my career choice.

Through the years, it has been my privilege to be entrusted by a diverse industry of corporate clients including The Business Times and Lianhe Zaobao, HSBC, Citibank, AIA, Nokia, Samsung, M1, StarHub, and Mercedes-Benz.

One of the largest golf tournaments I organised was the annual BMW Challenge. Each year, we will see 1,200 golfers tee off in the five-day event. It was indeed very fulfilling and absolutely delightful to have worked with the team at BMW Performance Motors for seven consecutive years.

Another memorable golf event that left a lasting mark was a golf clinic with golf legend, Colin Montgomerie, which I helped organise for HSBC.

I do regularly try and do my part for the community, by supporting the arts and charity organisations in staging their fundraising golf tournaments on pro bono basis. Some of them include the Mendaki, Metta Welfare Association, Caritas Singapore, Kwong Wai Shiu Hospital, Lee Hsien Loong Cup, Lyric Opera, NAFA, Ren Ci Hospital, Saint Luke's Hospital. Though I am semi-retired now, I still try and support and collaborate with a few of the charities and my corporate clients.

THE PROVIDENCE OF CHANCE



Eric lending a hand at a home for the elderly

4. How has the golf event business fared through the years, and especially during this pandemic? Do you see it coming back?

ET: Unfortunately, COVID-19 has severely affected everyone. Due to the uncertainties and constant changes in Singapore's safe management measures (SMM), most corporates are still putting their golf tournaments on hold, mainly due to the 'non-mingling' regulation. However, we have managed to host a few charities and corporate golf events in the past months, with strict abidance to the SMM. On hindsight, and with strong support from generous donors, we do see more fundraising golf events being presented by the charities.

5. What do you try to do differently when organising or managing an event?

What do you find important in making sure that you either get the business, or keep your clients?

ET: In all the golf events I organise, regardless of they being for charity or for any of my corporate clients, I offer my best expertise, know-how and genuine opinions – ensuring that at the completion of the 18th hole, our golf participants walk away feeling happy and contented, even if they had played a bad game.

I keenly advise that golf tournaments be played within the timeframe of 4-hrs to 4.5-hours, not more. Very often, I discourage organisers from including 'too many' adjunct novelty activities on the course, as these would evidently add one to two hours more, and delay golf-play. A few years' back, I was invited to help organise a charity golf tournament, which the organiser had mandated on supplementing a novelty hole on all PAR 3 and selected PAR 5. The tournament not only took more than five hours to complete, but also caused much annoyance amongst the players due to the disruptions and delays. I was invited to chair the tournament the next year, which I kindly declined.

6. You're very active in voluntarism. Please let us know what areas of charity have you been involved in, and are involved in today?

ET: One that holds a special place in my heart is The Society for the Aged Sick (SAS) a not-for-profit nursing home with 404 beds that provides quality care to the aged sick and destitute.

My first encounter with the SAS was through my involvement with the Singapore Jaycees, an association for young persons committed to impact the community. On a visit with the Jaycees to the Home in the 1980's, I blankly made a small financial contribution, filled up an application and became a 'life member' of the Society.

Unknowingly, or some may attribute it to God's will, it was on one Sunday in 1989 and I was doing a leisure drive with my family in the Hougang neighbourhood. Not quite sure why we decided to nose around and did a pit stop to the Home. We were greeted by the Matron upon arrival, and this spontaneous visit, turned into a lifelong commitment spanning more than three decades.

Not long after the 'incidental' visit, I attended the Society's Annual General Meeting and got co-opted to SAS' Executive Committee. It has unquestionably been a fulfilling 30 years – being able to serve the lesser-privileged in our community. My service to the SAS and the experiences acquired, have been utmost enriching, challenging, rewarding and absolutely heart-warming.

THE PROVIDENCE OF CHANCE

I am deeply humbled by the Home's acknowledgment of my services rendered, with the conferment of the Public Service Medal (PBM) Pingat Bakti Masyarakat, by His Excellency Dr Tony Tan, the President of the Republic of Singapore, in 2014.

7. What inspires you to want to volunteer your time and effort in charities? What do you get out of helping charities?

ET: Honestly, I just have a soft spot for wanting to help the underprivileged. There's just this heightened sense of purpose, and it fills my heart.

8. How long have you been in the golf business, and how long do you feel you'll keep going on? What drives you to keep at it?

ET: I turned 73 this year and am now semi-retired. I guess my passion and love for the golf (apologies to the wife!), just inspires and keeps me going. I'm fortunate that I thoroughly enjoy what I do. For me, work is gratifying, never a chore.

9. How often do you play golf these days, and with whom? What do you enjoy most about the game?

ET: Ha! Not as often as I would like to. I tee-off three mornings during the weekdays with fellow TMCC members. If I get lucky with the ballots, or get 'invited', I play on the weekends too.

10. What do you enjoy most about being a TMCC member?

ET: I thoroughly enjoy playing both the Garden and Tampines courses. Each has its own merits with unique fun characteristics and levels of difficulties. I also particularly appreciate the great fellowship and camaraderie amongst TMCC members.



Golfing with ex-President, Mr Wee Kim Wee



LOYALTY

IS PARAMOUNT TO GOLF MARSHAL RICHARD

By Godfrey Robert

After 27 years with TMCC, the affable 53-year-old continues to enjoy the various tasks given to him.

There is a famous simple saying that screams thus:
"Respect is earned, honesty is appreciated, trust is gained, and loyalty is returned".

Tanah Merah Country Club's long-serving golf marshal Richard Pek embodies all four virtuous traits.

And the 53-year-old places a genuine premium on loyalty which, he believes, encompasses respect, honesty, and trust.

Richard proudly acclaims that he has been with TMCC for 27 years and three months, still remembering the day in 1994 when he accepted the job as a starter.

Having done part-time caddying at the Club, the then manager Chris Pillay was impressed by his work and offered him a permanent job.

"I gladly accepted the job for in my part-time work with the Club, I found it to be an ideal employer with caring management and friendly members.

"I enjoy customer service, so I fitted in to the job of starter, time-keeper, welcoming golfers as a marshal and putting them at ease before and after their golf games."

Richard says that along the way, the Club encouraged him to upgrade his skills to a supervisory level with night classes for two years,

and he duly obliged, although it was taxing and tiring.

His humility and friendly demeanour have helped him perform his jobs to a highly satisfactory level, and he enjoys the camaraderie with his fellow workers. Thus, his longevity with the caring Club.

With his wife being a caregiver, there are other simple traits of hers from which he can learn to be understanding to people and react to mood swings in people. His only son, 21, is serving National Service.

Coming from a simple family and after attending a neighbourhood school in Bedok South Secondary and completing National Service with the Military Police Force, Richard dabbled in jobs to help the family before landing the permanent position at TMCC, which he considers God-given.



There are days when Richard acts as Chief Marshal, and he is happy for the co-operation he receives from his colleagues who look up to him as a “brudder”.

Richard is also thoroughly pleased that the Club helps in his daily commute from his Sengkang home by providing transport from the Tampines MRT to the Coastal Road Club.

In his long tenure with the Club, Richard has seen through many major events, such as the Tanah Merah Tiger Skins, HSBC Women’s Championship, Lexus Cup, Johnnie Walker Classic, and Kosaido Ladies Open and the Singapore Open.

And he treasured some of the moments during these events, like accompanying then-world No. 1 Vijay Singh from the Club to the driving range and taking a photograph and gaining an autograph from then women’s top-ranked golfer Lorena Ochoa.

Undoubtedly, as a loyal employee, Richard is also grateful that the Club encourages its workers to take up golf. Richard gets the chance to play occasionally during Maintenance Days, and the 21-handicapper who loves both the Garden and Tampines courses – having seen all their redevelopments – beamed when he said his best score was an 89 at the challenging Tampines course.

He had honed his game through sessions with longtime professional Poh Ah Hai and graduated from the days at the Seletar nine-hole course and The Executive Course to enjoying full 18-hole rounds whenever the opportunity arises.

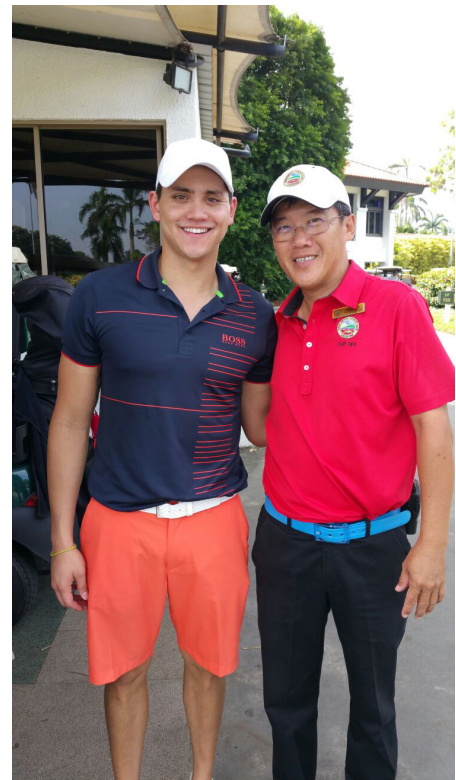
However, more than deriving pleasure from his own game, Richard is more focused on ensuring that the Club members and playing guests enjoy their outings at both the TMCC courses. He welcomes them with polite greetings and enjoys the conversations and banters with the familiar golfers.

But one area he feels is most important is dealing with errant golfers who flout the rules or indulge in dangerous play. He says: “Disciplinary cases are challenging to handle, but if you approach the situation with care and concern, and mediate nicely, half the problem is solved. I always find the solution to tamper with their emotions with a mediatory approach. It is not easy, but try and work towards a “win-win” close.”

With the COVID-19 pandemic, the marshals have an added duty of ensuring that Safe Management Measures are in place and executed. “Talk to those who do not adhere to these restrictions politely and gently, and you will be surprised that many golfers understand you.”

Richard loves the job because its diversity keeps him on his toes and provides him with the fitness and health regime towards his other hobbies, namely swimming, playing badminton, bowling and jogging.

But, more importantly, it is the welfare of others that is paramount to the affable Richard, who believes in teamwork and camaraderie as he fulfils his duties at the Club.



Justin Tang

CERTIFIED JUNIOR GOLF COACH



8188 1701

justin@elitegolfswing.com



Whatsapp



Email



Instagram

- MG Purestrike Golf Academy, in Destin, Florida USA
- Kinesiology and Biomechanics of Golf
(KMG - Level 4 certified in Spine Mechanics and Qualitative Biomechanics in Golf)

Justin Tang has been a specialist in junior golf development since 2005.

With a wealth of experience in teaching juniors, his passion lies in introducing the game to TMCC juniors, nurturing their technique and a life-long love for the game. Over the years, some of his juniors have gone on to compete at the collegiate and national level.

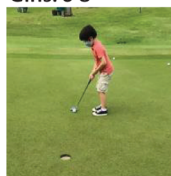
Using the American Development Model, his holistic approach balances the mental, physical and technical aspects of the game to meet every TMCC junior's unique needs.

He continues to seek out the brightest coaching minds in the USA and Australia to further refine his system which is based on anatomy and psychology for rapid improvement.

He has been a member of the MG Purestrike Golf Academy in Destin, Florida since 2005. He is also KMG Level 4 certified in Spine Mechanics and Qualitative Biomechanics in Golf.

FUNDamentals

Boys: 6-9
Girls: 6-8



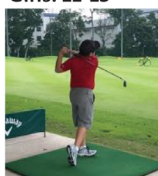
Learn to Play

Boys: 9-12
Girls: 8-11



Play to Improve

Boys: 12-16
Girls: 11-15



Play to Compete

Boys: 16-23
Girls: 15-21



Play for LIFE



TMCC JUNIOR GOLF

PROGRAMME

Open to Juniors from 7 years of age



ENROLMENT OPEN for 2nd Semester 2021 Training (Golfing training starts from July till November)

DEVELOPMENT LEVEL	INTERMEDIATE LEVEL	ADVANCED LEVEL
Coach Justin Tang		Coach Daren Lim
For Beginners / Juniors whom are preparing to attend the Courtesy Round to obtain Proficient Certificate	For Juniors who have attended Courtesy Round (PC Holders and H.I 24.5 & above)	For Juniors with a Handicap Index of 24.4 & below
Saturday or Sunday	Saturday or Sunday	Saturday
Fee: \$428 incl GST	Fee: \$642 incl GST	Fee: \$856 incl GST
15 sessions (1 hour)	15 sessions (1.5 hours)	15 sessions (2 hours)
The Games / Play in the Development Level is designed to teach different aspects of the game of golf.	Drills are designed to help Juniors in the Intermediate Level learn grit and perseverance.	

The 15 Sessions in the Development and Intermediate Levels are divided into 4 Modules:

Module 1	: 3 sessions of Putting
Module 2	: 3 sessions of Chipping
Module 3	: 6 sessions of Pitching
Module 4	: 3 sessions of Swing (3/4)

In this level, a full assessment will be done of a Junior's current skills to determine their strengths and weaknesses. Thereafter, a specially designed programme will be created for them, tailored to suit their physical and non-physical skillset needs.

Training modules prepared by Daren Lim, TMCC JGP Head Coach

Enquiries / Application Form Garden Golf Office (Tel: 6545 1731 / 6592 0343)



TMCC JUNIOR GOLF PROGRAMME

THE GAME FOR LIFE

MISSION STATEMENT

The Mission of the TMCC JGP is to provide juniors entrusted to us an opportunity to acquire life skills and values through golf in a safe and challenging environment.

Golf is a game of life in more ways than one. You play it for life and the game of golf will guide you for life.



Respect
Ethics
Sportsmanship
Perseverance
Enthusiasm
Confidence
Tenacity

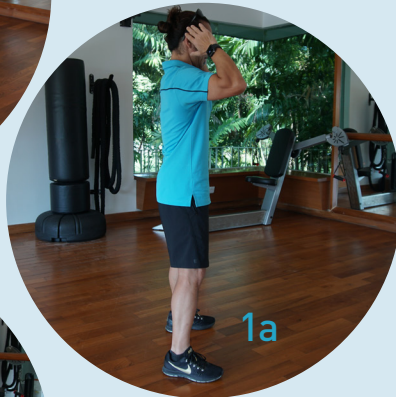
Learn more at

<https://www.tmcc.org.sg/golf/junior-golf-programme/>

LEGS – THE FOUNDATION OF FITNESS

More than just essential for a sound golf swing, strong legs are so important in general fitness and mobility.

By Bharatt, Tmcc Gym Instructor With Tan Ju Kuang



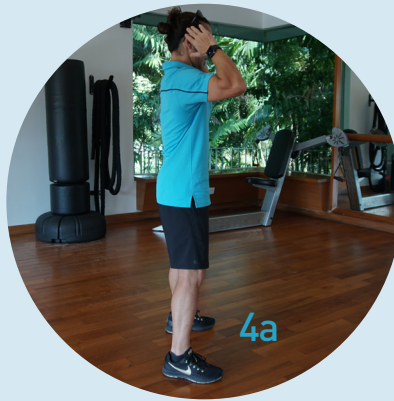
EASY SQUATS The humble squat is one of the most basic leg exercises you can do and it reaps great benefits for the quadriceps, glutes, as well as your core.

Start with feet shoulder width apart (Pic 1 and 1a). You can either keep your hands on your hips, stretched out in front of you to help with balance, or raised touching your ears.

Lower your body while keeping your back straight (Pic 2 and 2a). Feel as if you're sitting down, with your buttocks pointing directly downwards. Focus on using your legs to power the move. Once your thighs are slightly past parallel to the ground, hold it there a split second, and then using your leg muscles, slowly stand up again while maintaining a straight back.

Do 8 – 10 reps for up to three sets.

For a slight variation, or for more intensity, you can hold two dumbbells for this squat (Pic 3 and 3a). With the dumbbells in your hands, perform the squat as described above. In this case, keep your hands with the weights by your side, slowly lower your body towards the ground while keeping your back straight and head facing forward (Pic 4 and 4a). Once your thighs go slightly past parallel to the ground, slowly stand back up.



Start with light weights first, then slowly progress to heavier ones as you get stronger.

STATIC LUNGE Another simple leg exercise that offers great benefits is the static lunge.

Begin with your feet shoulder width apart (Pic 5 and 5a).



Step forward with your right leg, and lower your body straight downwards by bending at the knees of both legs while keeping your back straight and vertical. Feel the muscles at the front of your thighs - the quadriceps - contract and work as you lower yourself into the lunge position. Make sure that your front knee does not extend forwards past your toes.

Once the thigh of your front foot is parallel to the ground, push yourself back up using your front leg. Repeat with the other leg.

Do 8 to 10 reps for each side, and up to 3 sets.



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today will be the strength
you feel tomorrow”

BHARATT

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Sports and Medicine)
Certified Personal Trainer Course (Sport Singapore)
Fitness Instructor Course (Sport Singapore)
Basic Exercise Course (Sport Singapore)
Basic First Aid, CPR and AED

“If it doesn't change you,
it doesn't challenge you!”

ABDILLAH

11+ Years of Experience
Personal Trainer at United
States Sport Acedemy
Fitness Instructor at United States
Sport Acedemy
Basic First Aid, CPR and AED



Find out how you can
achieve your fitness goals
with us today!

The Glass Gym
@ 6592 0309



Getting ready to beat the competition

There are so many ways to spend your holidays.

For the moment with the COVID-19 pandemic, travel is relatively out.

Staycations are minimal, visits to parks and places are cut down, and going to the movies or concerts is rare.

But don't be a couch potato. And get out of the house.

In conjunction with the school holidays, Tanah Merah Country Club organised a tennis camp, from Sept 6 to 8 (9am to 11am).

The camp mainly targeted children, aged between five and 15 years, and who are new to the sport or have little playing experience.

At the camp, the children not only enjoyed the fun-playing element, but also picked up basic sports techniques, honed their leadership skills, teamwork spirit and strengthened mental toughness.

At end of the camp, our coaches advised parents/guardians on follow-up programmes to continue benefiting our children from a more structured sports development pathway.



Happy campers fun shot



Our young campers posing with their tennis rackets

GET TICKLED PINK WITH PICKLEBALL

By Godfrey Robert



Learning basic skills to play good Pickleball

Talk about rackets, and your mind immediately reflects on badminton and tennis.

What about bats? Here, table tennis comes to mind.

Combine the basics of these games. What do you get?

Pickleball is the answer.

For it is a paddleball sport where two or four players use paddles made of wood or composite materials to hit a perforated polymer ball, much like a wiffle ball with 26-40 round holes, over a net.

The Club's Sports Department organised an introduction session, together with coaches from the Pickleball Association, on 10 September from 7pm to 8.30pm.

Eight members attended the session and enjoyed the fun element of playing the new sport.

From the session, the feature of pickleball (such as easy to pick up, able to play at simple environment etc) allowed members from different age groups to join.

This sport also can also be played in singles, doubles, or mixed doubles formats.



Engaging in a friendly competition

Participants trying out their newly learnt skills

Did You Know?

Pickleball was invented in 1965 on Bainbridge Island, a short ferry ride from Seattle, Washington. Three dads – Joel Pritchard, Bill Bell, and Barney McCallum – whose kids were bored with their usual summertime activities – are credited for creating game.

Pickleball has evolved from original handmade equipment and simple rules into a popular sport throughout the United States and Canada.

The game is growing internationally as well, with many European and Asian countries adding courts.

The national body in Singapore is the Singapore Pickleball Association which is affiliated to the international body.

MALAYSIA

Saujana Golf & Country Club

Saujana Resort, Section U2
40150 Shah Alam
Selangor Darul Ehsan
Tel : 603 7846 1466
Fax : 603 7847 5830
golf@saujana.com.my

Reciprocal Member is required to produce:

• Letter of Introduction • Membership Card • Passport to verify their identity and to show that they are not residents of the same Country as the Host Club (Japan) • Handicap Certificate

AUSTRALIA

The Lakes Golf Club

Cnr King Street & Vernon Ave,
Eastlakes, New South Wales
Tel: +61 (02) 9669 1311
Fax: +61 (02) 9669 6206
www.thelakesgolfclub.com.au
info@thelakesgolfclub.com.au

JAPAN

Shinwa Golf Group (Japan)

Members are required to make bookings through TMCC. Please contact Samantha Leong/Garden Golf Office at 6592 0343 for further assistance.

AFFILIATE CLUBS

AUSTRALIA

Moonah Links
55 Peter Thomson Drive
Fingal VIC 3939, Australia
Tel : 61 3 5988 2000
Fax: 61 3 5988 2094
www.moonahlinks.com.au

Terrey Hills Golf & Country Club
116 Booralie Road, Terrey Hills
New South Wales, Australia 2084
Tel : 61 2 9450 0155
Fax: 61 2 9450 0034
www.terreyhillsgolf.com.au

Woodlands Golf Club
109 White Street
Mordialloc, Victoria 3195
Australia
Tel : 61 3 9580 3455
www.woodlandsgolf.com.au
Golf_Manager@woodlands.com.au

Yarra Yarra Golf Club
567 Warrigal Road,
Bentleigh East,
Victoria 3165, Australia
Tel: (61) 9575 0575
Fax: (61) 9575 0585
www.yarrayarra.com.au

CAMBODIA

Angkor Golf Resort
Kasekam Villiage, Sra Nga
National Route 6 (Airport Road)
Siem Reap, Cambodia
Tel: +855 (0) 63 767 688
Fax: +855 (0) 63 761 140
www.angkor-golf.com

CHINA

Imperial Springs International
Summit Club
1 Imperial Springs Avenue, Conghua
Guangdong 510970, China
Tel : 86 20 3108 8888
Fax: 86 20 3108 8098
www.imperialsprings.com

Red Flag Valley, Dalian
Cha'an Village Hongqi Town
Ganjingzi District, Dalian 116033, China
Tel : 86 411 8646 6666
Fax: 86 411 8428 0471
www.rfvgolf.com

Sheshan Golf Club
Lane 288 New Lin Yin Avenue
Sheshan National Tourism Resort
Songjiang District,
Shanghai 201602
Tel : 86 21 5779 8008
Fax: 86 21 5779 8006
www.sheshangolf.com

Spring City Golf & Lake Resort
Tangchi Yiliang, Yunnan Province
Peoples Republic of China, 652103
Tel : 86 871 6767 1188 or
86 871 6767 1185
www.springcityresort.com

Suzhou Jinji Lake International
Golf Club
No. 2 Guobin Road,
Suzhou Industrial Park,
Jiangsu, 215021, China
Tel : 86 512 6288 6868 or
86 512 6288 3426
www.jinjilakegolf.com

HONG KONG

Clearwater Bay Golf & Country Club
139 Tai Au Mun Road,
Clearwater Bay, New Territories,
Hong Kong
Tel : 852 2335 3882
Fax: 852 2719 4207
www.cwbgbgolf.org
golf@cwbgbgolf.org

INDONESIA

Damai Indah Golf
Bumi Serpong
Damai (BSD) Course
Jln. Bukit Golf I, Sektor VI, Serpong
Tangerang 15310, Indonesia
Tel : 62 21 537 0290
Fax : 62 21 537 0288
www.damaiindahgolf.com

Pantai Indah Kapuk (PIK) Course
Marina Indah, Penjaringan, Kapuk
Jakarta 14470, Indonesia
Tel : 62 21 588 2388
Fax: 62 21 588 2391

Royale Jakarta Golf Club
Jalan Raya Halim Tiga,
Halim Perdanakusuma Jakarta Timur 13610,
Indonesia
Tel : 62 21 80 888 999
Fax: 62 21 80 878 877
www.royalejakarta.com

JAPAN

Ashinoko Country Club
4708 Minamiharasuga, Mishima-shi,
Shizuoka 411-0000, Japan
Tel : 81 55 985 2122
Fax: 81 55 985 2480
www.ashinokocc.com
reserve@ashinokocc.com

KOREA

Sky 72 Golf Club
2029-1, Woonseo- Dong,
Joong- Gu, Incheon, Korea
Tel : 82 327 418 562
Fax: 82 327 439 108
www.sky72.com

Teddy Valley Golf & Country Club
365 Hanchangro, Andeokmyeon,
Seoguipo City, Jeju,
South Korea 699-921
Tel : 82 647 931 201
Fax: 82 647 931 108
www.teddyvalley.com

MALAYSIA

The Mines Resort & Golf Club
Jalan Kelikir, Mines Resort City,
43300 Seri Kembangan
Selangor Darul Ehsan, Malaysia
Tel : 60 3 8943 2288
Fax: 60 3 8943 9212
www.minesgolf.com.my

THAILAND

Alpine Golf Club
99 Moo 9 Bangkhan-Sathaneevithayu Road
Klong 5, Klong Luang
Pathumthani 12120, Thailand
Tel : 66 0 577 3333
Fax: 66 2 577 7100
www.alpinegolfclub.com

Loch Palm Golf Club
38 Moo 5 Vichitsongdram Rd
Kathu District, Phuket 83000,
Thailand
Tel : 66 076 321 929 34
Fax: 66 076 321 927 8
www.lochpalm.com

Red Mountain Golf Club
119 Moo 4 Vichitsongdram Rd,
Kathu District, Phuket 83120,
Thailand
Tel : 66 076 322 000 1
Fax: 66 076 322 009
www.mbkkgolf.com/redmountain

Riverdale Golf Club
123/5 Moo1 Tiwanon Road,
Bang Kadi Sub-District,
Muang Pathum Thani District,
Pathum Thani 12000, Thailand
Tel : 66 02501 2789
Fax: 66 02501 1833
www.mbkkgolf.com/riverdale

VIETNAM

The Montgomerie Links
Dien Ngoc Commune,
Dien Ban District,
Quang Nam Province,
Vietnam
Tel : 84 510 3 942 942
www.montgomerielinks.com
reservations@montgomerielinks.com



FAST FACTS

TAMPINES COURSE:

18-hole Buggy Course

- Redesigned by: Phil Jacobs (2017)
- Total Yardage: 6,887metres (Par 72)
- Course Rating: 76.1
- Fairways & Roughs: Zoysia matrella
- Greens: Paspalum platinum TE

GARDEN COURSE:

18-Hole Buggy / Walking Course

- Redesigned by : Robert Trent Jones II (2020)
- Total distance : 5706 metres (Par 71)
- Course rating : 70.3
- Fairways & Rough : Zoysia matrella
- Green : Paspalum platinum TE

Caddie Services (with buggy)	18-Hole	9-Hole
Twin-share (1 caddie to 2 golfers)	\$70.00	\$35.00
Single golfer	\$50.00	\$25.00

***Cash payment required for caddie services**
All rates are in Singapore dollars and GST is not applicable.

GOLF OFFICES OPERATING HOURS

TAMPINES COURSE

Mondays	Closed
Other Days	7.00am till 7.30pm

GARDEN COURSE

Tuesdays and Thursdays	9.30am to 7.30pm
Other Days	7.00am to 7.30pm

PROSHOP OPERATING HOURS

TAMPINES COURSE

Monday	Closed
Other days	7.00am to 7.00pm

GARDEN COURSE

Tuesday & Thursday	11.30am to 7.00pm
Other days	7.00am to 7.00pm

For enquiries, kindly call:

- Tampines Golf Office 6513 7818 & 6513 7819
- Tampines Proshop 6592 4808
- Garden Golf Office 6545 1731 & 6592 0343
- Garden Proshop 6592 0371



GARDEN VIEW RESTAURANT (GVR)

Situated in the main clubhouse of Garden Course, it can accommodate 130 persons in a comfortable air-con, elegant setting. With a panoramic view of the golf course, the Garden View Restaurant offers attentive service, and warm ambience.

Operating Hours:

Daily

Lunch : 12.00pm to 3.00pm (Last Order – 2.30pm) • Dinner : 6.30pm to 10.00pm (Last Order – 9.30pm)

Closed on Mondays except on Public Holidays

Tel: 6545 2891 / 6592 0388.

GARDEN BANQUET ROOM (GBR)

Whatever the need, weddings, birthdays, product launches, golf prize-presentation etc, GBR can cater up to 250 diners with its balcony overlooking the serene surroundings of the Garden Course.

Tel: 6592 0386 / 6592 0385

GARDEN LOUNGE (GL)

The lounge is situated adjacent to Garden View Restaurant and members can enjoy the magnificent view of the Garden Course.

**Due to COVID-19 Restrictions, we regret to inform you the Garden Lounge is currently not available for usage.*

Operating Hours:

Sundays to Thursdays 3.00pm to 10.00pm (Last Order – 9.30pm)

Fridays & Saturdays 3.00pm to 12.00am (Last Order – 11.30pm)

Closed on Mondays except on Public Holidays

Tel: 6592 0319

GARDEN EVENTS ROOM (GER)

The Garden Events Room caters for up to 100 persons for sit-down dinners and has parquet flooring for dancing. The room is also a popular venue for the club's social activities.

Tel: 6592 0386 / 6592 0385.

POOLSIDE CAFETERIA

With a prime vantage point overlooking the swimming pool at the Sports Complex, this poolside retreat is the perfect place for refreshing the spirit after a day of fun in the sun. Famous for its local fare served up with a warm smile.

Operating Hours:

Tuesdays to Fridays	12.00pm to 8.00pm (Last Order – 7.30pm)
Saturdays, Sundays & Public Holidays	8.00am to 8.00pm (Last Order – 7.30pm)
Closed on Mondays	

POOLSIDE COVERED TERRACE (PCT)

Overlooking the best view of both worlds, a panoramic view of Garden Course and the calm water of mesmerising pool amidst beautiful landscape, the Poolside Covered Terrace is a good venue for barbecue or social gatherings and can hold 30 tables with buffet tables placed on the pool deck.

For bookings of rooms for private functions, please call F&B office at Tel: 6592 0386 / 6592 0385.

TAMPINES GOLFERS' LOUNGE & TERRACE

Tampines Golfers' Lounge (air-conditioned) adjacent to the non-airconditioned Golfers' Terrace for dining.

Operating Hours:

Monday (Except on Public Holidays)	Closed
Tuesdays, Wednesdays & Thursdays	7.00am to 8.00pm
Friday to Sunday & Eve of PH	7.00am to 9.00pm

Garden Golfers' Terrace

Opening Hours:

Mondays & Wednesdays	7.00am to 8.00pm
Tuesdays & Thursdays	11.00am to 8.00pm
Fridays to Sundays & PH	7.00am to 10.00pm
Eve of PH	7.00am to 10.00pm

GARDEN VIEW WING

1st
STOREY

Heliconia Room

Need to hold board meetings, workshops, seminars etc? Book the Heliconia Room with seating capacity from 30 to 60 persons, offering various set-ups.

Ixora Room

Cooking and baking are such an enjoyment with a stylish kitchen studio. The room can also be used to conduct talks ranging from beauty to personal enrichment up to 40 persons. So look out for the various activities that we have in store for you printed in the bi-monthly newsmagazine.

2nd
STOREY

Lotus Room

Dining in privacy is guaranteed here, with a seating capacity for 20 persons.

Hibiscus Room

More spacious than the Lotus Room, you may organise your gathering and dine in private here. Seating capacity is 30 to 60 persons. Lunch - \$500 minimum spending (on food and non-alcoholic beverages); Dinner - \$700 minimum spending (at least minimum \$600 on food)

Karaoke Lounge

Belt out your best hit songs at the self-operated Karaoke Lounge, with a seating capacity for 20 persons.

**Due to COVID-19 Restrictions, we regret to inform you the Karaoke Lounge is currently not available for usage.*

Operating Hours:

Sundays, Tuesday, Wednesdays and Thursdays

TMC Photography Contest Entries

