



Tanah Merah

COUNTRY CLUB

MARCH / APRIL 2021



Garden Course Hole #17

FEATURE STORY

GLENN BRINGS
HIS F&B EXPERIENCE
TO TMCC

AT THE CLUB

CLUB IMPROVEMENT
WORKS

SPORTING FUN

80'S RETRO THEMED
TENNIS NIGHT



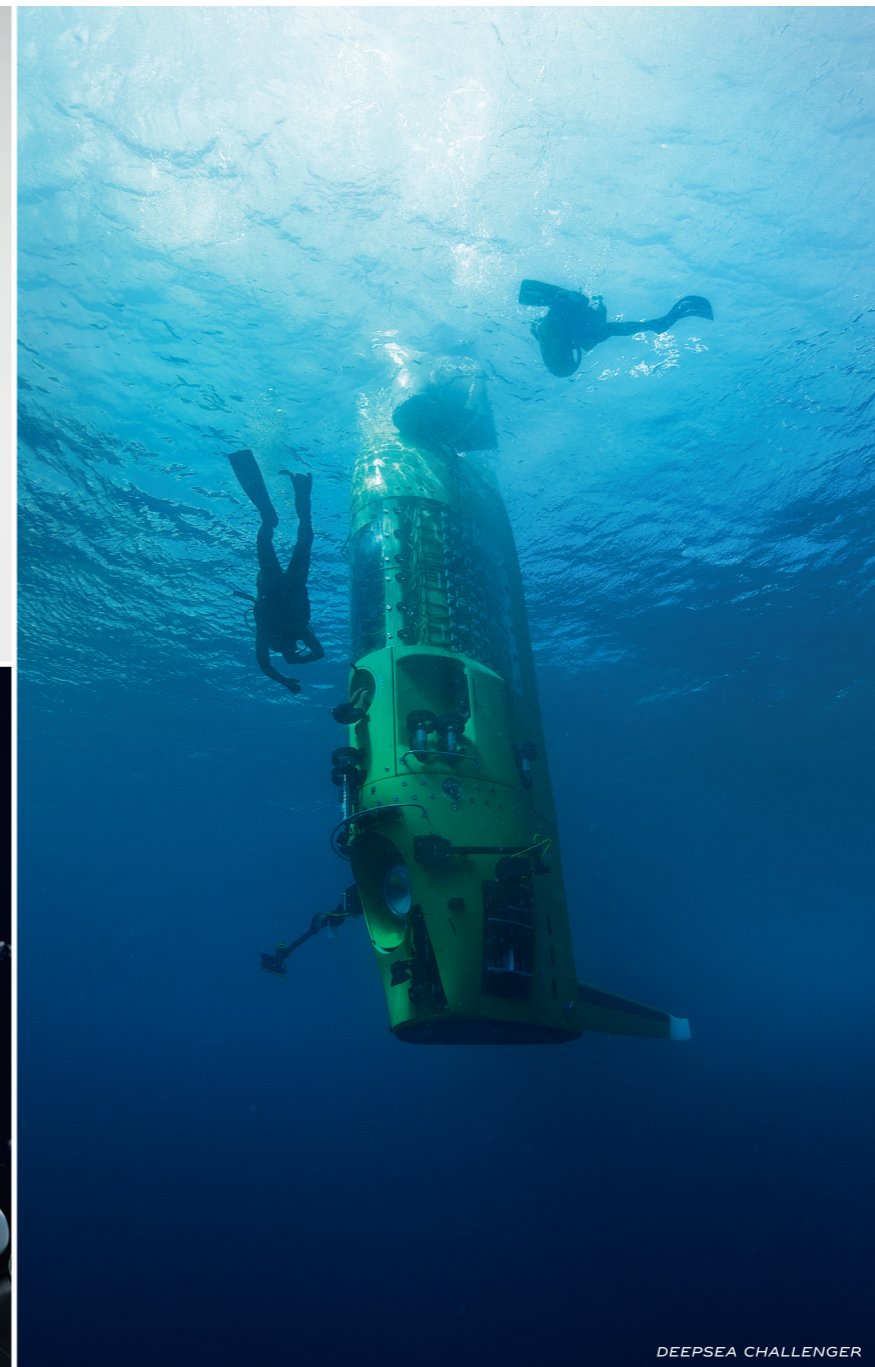
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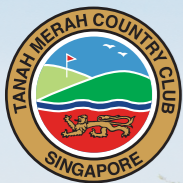
BITES & CHEER

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WHEN SEEING RED HAS NOTHING TO DO WITH GETTING ANGRY

By Godfrey Robert



In fact, it's the colour for celebrations, caring and sharing highlighted by a \$40,000 hongbao donation to the club

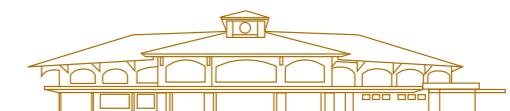
It is all things red during the Lunar New Year. The celebrants dress in red attire, the homes are decorated in red with a welcome sign in red adorning the entrance doors and, significantly, the red envelopes are omnipresent. The red envelope is a traditional gift for children during Chinese New Year. In China, the red envelope is called yasui qian, which means "suppressing ghosts' money". Those who receive a red envelope are wished another safe and peaceful year. Traditionally speaking, if you have started earning money, it is time to start your experience of handing out Chinese New Year red envelopes. Generally, the amount of money enclosed in red packets depends on your income. However, there is a custom that if you are not married, you need not send red envelopes to others.

The Lunar New Year period is one of sharing and giving. Most clubs request members to donate a certain amount to be handed to the employees. Tanah Merah Country Club is among the better-known clubs for its members' generosity. It is so evident because members, who come to play golf or to have meals with their families always come armed with a generous heap of red packets. Normally, the money inside can vary from \$2, \$5, \$10, \$20 to even \$100. But to donate \$40,000 is a rare and special occasion. No doubt, the member wishes to remain anonymous, and the club offers a sincere thanks and deep appreciation to the member for the money will go a long way in the club's welfare.

The Lunar New Year festive season is also a period of celebrations which lasts for 16 days from New Year's Eve to the Lantern Festival. Obviously, the Covid-19 pandemic has muted celebrations worldwide, but TMCC soaked in the spirit and acknowledged its meaning when the F&B Team hosted a very successful Pre-CNY Champagne and Wine Pairing Event on Feb 4 (the event is reported on in this issue).

Golfing achievements and accomplishments are not new to this established club, what with its league successes and highly acclaimed awards handed down for staging some of the major tournaments in the region. In that light, the club would like to congratulate men's league player Samir Bedi for recording a Hole-in-One in the same hole (September 2020 and January 2021). This is an amazing feat and those like me who are still trying to earn a first ace after two decades of golfing view Samir's achievement as something extraordinary. It is interesting to note that during a period hit by the pandemic, which has resulted in a reduction of activities like traveling for golf, staging tournaments and even a reduced playing experience, the club has been active in carrying out many initiatives. Members would love the experience of buying the TMCC Green Kits which are now being sold at the Pro-Shop at Garden Course. They are fabulous buys and members can either savour them as a "keepsake" or turning up for golf games.

Another initiative is the ramping up of the volume and content on the club's social media platforms, and the General Committee would want to highlight this to the members and encourage them to keep tabs on the goings-on. No doubt, golf is the main diet for this club, so it continues to enrich the members' playing experience with instructional articles that could bring their handicap indexes down. The club's seasoned golf pro Justin Tang has written another article talking about the "Hinge and Hold" technique which is a continuation of his previous Traffic Light Drill write-up. Finally, the club wishes its members and staff a Happy Chinese New Year and looks forward to the easing of some Covid-19 restrictions with the roll-out of vaccines, which will also allow further business resumption.



SPECIAL EVENT AND ONE TO SAVOUR

The special menu was one to savour. There was variety, there was class, and there was taste. Thirty lucky people who signed up for the event had a great day, one to remember. The Pre-Lunar New Year Wine & Food Tasting for Members on February 4, organised by the efficient Food and Beverage team, turned out to be a special event. To relish and luxuriate in the event, read the advertisement and the menu, and you will enjoy it. And the Tasting Notes will endorse those feelings.



PRE-CNY YU SHENG PAIRING DINNER



TASTING NOTES

Alexandre Penet Champagne Grand Cru Brut Nature

A full bodied champagne (80% Pinot Noir, 20% Chardonnay) which is very expressive of its grand cru terroir in Verzy and Verzenay on the Montagne de Reims. It combines the purity and steeliness of zero dosage (no sugar added before bottling) with the textural richness resulting from its maturation process involving a "perpetual reserve" system with reserve wines aged a minimum of 10 years. Pale yellow with amber hues, very fine bubbles. Fresh nose, intense aromas of red fruits and grilled toast with a slight touch of ginger and other spices. Rich, silky, with a long mineral finish.

Ratings: Robert Parker's Wine Advocate 90/100; Jancis Robinson 16.5/20

La Colombe Curzilles Féchy AOC La Côte 2018

There is tension (plus elegance) in this balanced white wine from the top wine village of Féchy in Vaud, western Switzerland. Its main grape variety, Chasselas, a Swiss icon, is relatively neutral, but becomes wonderfully expressive of its terroir when planted in the right location, as is the case on the steep slopes overlooking Lake Geneva of the La Côte vineyards (a UNESCO Heritage site). Here it is co-planted (i.e. grown and vinified together) with the other white varieties like Doral, Pinot Gris and Riesling. Fresh and open, it displays beautiful aromas of pear, hay and citrus fruits, with additional texture provided by maturation on the lees in concrete eggs. A rare, intriguing treasure from the Swiss mountains.

Malmont Séguret Côtes du Rhône Villages AOC Rouge 2016

Power and elegance are allied in this blend of Syrah and Grenache (60/40%) from the Southern Rhône in France. Dark cherry fruit mingles with haunting violet and seductive pepper notes. A concentrated, yet precise and transparent wine with silky tannins and a long, lingering finale, made from grapes grown on steep terraces at around 360m of altitude, ensuring freshness and purity of fruit. The boutique winery of Domaine Malmont is attracting increasing critical attention with its signature attention to detail and methodical approach to vineyard management and wine-making, with privileged freshness and expression over raw strength.

Ratings: Robert Parker's Wine Advocate 90/100



IMPROVEMENT WORKS AND PROJECTS AT TANAH MERAH COUNTRY CLUB

Garden Golfers' Terrace

To optimise the seating capacity while complying with safe distancing requirements.



The Management installed acrylic shields at the booth and banquet seating areas.

To enhance safety for all, the Management has constructed a road hump to slow down machinery and vehicles approaching from the workshop near Tee Box 2.



Before / In-progress



After / Completed

Garden Course

The work commenced on 29 September 2020 and was completed on 30 September 2020.

The existing manual swing stone cladded door leading to the kitchen was converted to an auto sliding glass door to facilitate the F&B staff pushing their trolleys in and out of the kitchen without going through the dining area. This will help to prevent the carpet in the TGL from being soiled and worn out.



Before / In-progress



After / Completed

Tampines Golfer's Lounge Kitchen

The work was completed on 21 December 2020.

The grass behind the carpark lots at the Driving Range could not grow well, as golfers were stepping on it for retrieval of golf bags, resulting in bare patches. The Management has installed aerated slabs with cow grass to enhance the area.



Before / In-progress



After / Completed

Tampines Course Driving Range

The work commenced on 18 January 2021 and was completed on 21 January 2021.

Staircase Leading to the Tampines Course Carpark

To enhance safety at the Tampines Course carpark, the existing steps have been widened.

The improvement work commenced on 21 December 2020 and was completed on 30 December 2020.



Before / In-progress



After / Completed



The existing concrete buggy path at the exit point of the Tampines Buggy Staging Area was found to be very bumpy due to the uneven surface. To enhance safety, we have topped up the depression with reinforced concrete to achieve a gradual ramp.

The improvement work commenced on 14 December 2020 and was completed on 15 December 2020.

Tampines Course Buggy Staging Area





GLENN BRINGS HIS RICH EXPERIENCE TO TANAH MERAH COUNTRY CLUB



You might not know his name or have seen him before but most of you would have tasted one of the creations prepared by his F&B team at the Golfers' Terraces or Garden View Restaurant. Learn more about the man that heads our F&B team – Glenn Lee.

The brains behind our F&B operations is a stalwart of the industry. Since he was a young boy, Glenn has been passionate about any and everything related to F&B. In time to come, he turned this passion into a livelihood when he worked his way up from a server to becoming a Group General Manager at Harry's Group and the Prive Group, both well-established players in the local F&B scene.

After working for decades in the commercial sector, Glenn wanted a change of scenery. That was when he stumbled on the opportunity at Tanah Merah Country Club (TMCC). He

joined TMCC as our F&B Manager in August 2019. His immediate task was to prepare for the reopening of the Garden Golfers' Terrace and Garden View Restaurant at the Garden Course Clubhouse in February 2020. Very quickly, Glenn established a good rapport with not just the TMCC team, but also the Club's members.

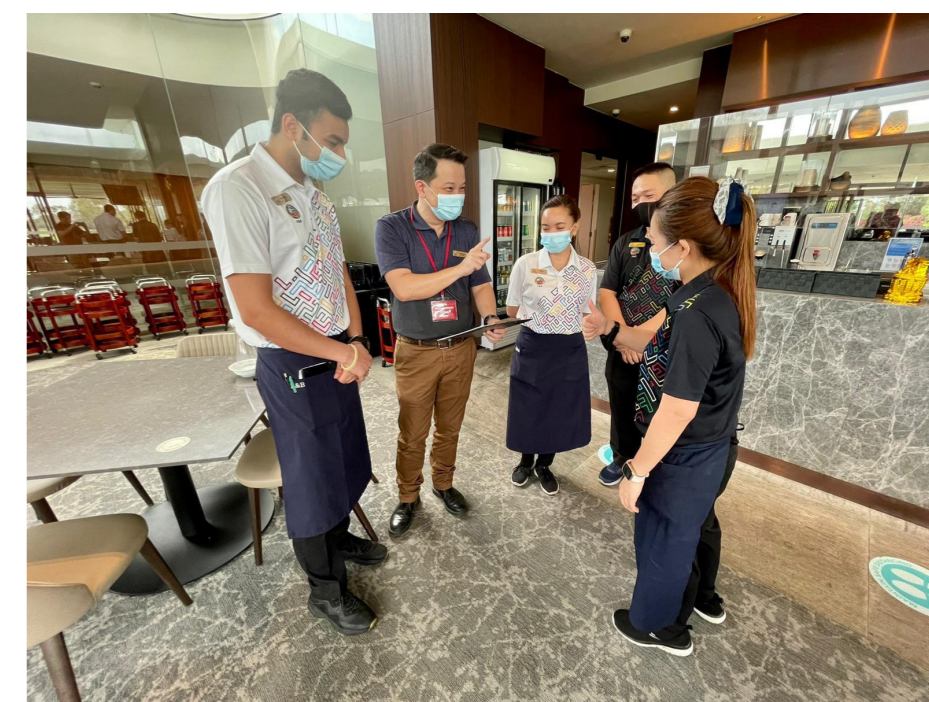
When the Club was hit by the Covid-19 pandemic, Glenn's expertise was put to the test. Under his decisive leadership, TMCC's F&B operations quickly pivoted to serving takeaways only. On top of this, our F&B staff would bring the food to members as they waited inside their cars at the Garden or Tampines Course Lobbies. This small but important gesture drew applause from members who felt safe, whilst not compromising on convenience. We generated a respectable sum during this period, thanks to Glenn.

If there's one thing working for decades in F&B has taught him, it's that you must always put your customers first. It's the number one rule for anyone involved in a customer facing business yet something that most tend to forget after a while. Throughout his years in the F&B industry, it's one value that Glenn has always fallen back on. It's safe to say he has imparted this "customer first" philosophy to the team here at TMCC.

Glenn believes that with the current rate of vaccination, there is finally light at the end of the tunnel. He is quietly confident that the government will slowly but surely lift restrictions, thus allowing TMCC to hold larger scale events like major golfing tournaments, corporate meetings and wedding banquets, just to name a few. In his own words "We are still waiting to show everyone what the F&B team at TMCC is truly capable of. For us, the sky is the limit!" With such lofty ambitions, Glenn is well placed to make a mark within the Club.

While a hectic work schedule often leaves him with little time and opportunity to do much else, Glenn is an avid bowler who bowls at least two to three times a week. As a matter of fact, he is actively involved in several semi-professional bowling leagues. During the annual TMCC Staff Day, he always comes out tops in the bowling competitions. In the future, Glenn hopes to be able to pick up Golf in some capacity and is looking forward to spending time on the Driving Range or Greens.

Glenn continues to bring his unique flair here at TMCC and our members can expect a raft of improvements to the F&B offerings. If you ever see Glenn during your visit to the Club, please feel free to say hi to him!



Glenn doing daily briefing with his team

“Keep working hard and you will eventually achieve your dreams!”

SAMIR IS A GOLFING ACE, TWICE OVER

Single-handicapper, Samir, achieves TWO holes-in-one in September 2020 and January 2021.

By Godfrey Robert

The odds of an amateur golfer making a hole-in-one are 12,500 to one. And for aching twice in the same round, it is 156 million to one. What about TWO holes-in-one within four months?

There have been no given odds for that, but one can assume that they must be between the first and the second. Single-handicapper Samir Bedi (whose Golf handicap is +0.7) raised the eyebrows of many golfers when he aced the 137-metre in September 2020 and January 2021.

With those achievements, he sent golfers poring through the record books for odds and similar feats, but information on this is rather scant and sketchy.

But one thing is certain: Samir's feat is extraordinary and he belongs to an extra-special breed.

And he is also not one to gloat on his aces but prefers to downplay the achievements and pin it down to a “little luck”. However, one other thing is certain: At 43, Samir is an accomplished golfer, a fact underpinned by his fellow golfers.

And his September effort was his first hole-in-one at Tanah Merah Country Club since he joined the renowned and highly acclaimed club five years ago. His only other ace was at the now-defunct Jurong Country Club 12 years ago. When he registered his September 2020 ace, he couldn't believe his luck when he saw the ball go into the hole. But he certainly was ecstatic upon confirmation of the feat.

For his second hole-in-one, he and his flight mates saw the shot bounce past the hill but weren't sure if it went into the hole although they sensed that it was a great shot. Upon his visual confirmation of the second

Hole-in-One after riding a buggy up the hill, it was certainly a joyous occasion but nowhere as exciting as scoring the first one. Samir is a good golfer but refuses to acknowledge it although his friends claim that he is just trying to be humble by downplaying his achievements.

His friends claim his shots are so pure that they don't just trickle into the hole but land exactly into them. To that end, Samir says that both his hole-in-one achievements came as a result of good shots but added a disclaimer that many a times, good shots don't end up near a hole.

To golfers who have yet to score a hole-in-one, Samir's advice is to just keep trying.

He believes that at TMCC, the Garden Course offers more opportunities for aces as there are five Par-3's. Also because they are shorter too; there is a higher probability of scoring a hole-in-one.

Still, he prefers the Tampines Course as it's a real course due to its Championship credentials while Garden is more fun and relaxing, adding that Tampines is a “proper golf course” while Garden is a “nice walking course for members”.

Samir, who has won several club events and corporate games, also follows other sports like cricket, tennis and football while being a keen sports enthusiast himself. When it comes to golf, he prefers playing the sport to watching it; his reasoning being that it's much easier to follow the action in person than on television.

Outside of sport, Samir is a Human Resource Consultant who excels in practices for career development. The EY Asean Workforce Advisory leader subscribes to the philosophy that “success in workforce transformation will depend on commitment and collaboration among

industry stakeholders, educational institutions, trade associations and chambers to drive progress.”

This lifelong learner is passionate about talent and human resource consulting. He is also a firm believer that human centred growth, something that can also be garnered from sports, helps to build and strengthen teamwork.



Garden Course

LATEST SAFETY ENHANCEMENT TREE PLANTING

VIEW FROM 9TH TEE



NEWLY PLANTED RAIN TREES AND SEA HIBISCUS
RIGHT SIDE OF HOLE 9

GARDEN COURSE SAFETY NETTING

Continuous improvements are in the process of being made to further enhance safety. Netting is currently being installed at the tee box of holes 12 and 14.



Tee box 12



View from hole 15



Tee box 14

THE HINGE AND HOLD

In this article, we build on from our Traffic Light Drill with the Hinge and Hold to help you achieve forward shaft lean of the golf club at the point of impact.



3. This is the most important reason for you – a forward lean of the shaft delofts the club turning your PW into a 9 iron, helping you hit more penetrating and longer shots without swinging harder.
4. The reverse is true of shots struck with a backward leaning shaft, they go higher and shorter with little compression.

An impact mechanic drill we love to use with our juniors is called the Hinge and Hold. As with majority of the drills we teach at the TMCC Junior Golf Academy, no equipment other than your golf club and ball is needed.

A forward shaft lean is important for a variety of reasons:

1. It is the way the golf club manufacturer designed it for use. If you set the sole of the club flush on the ground, you will see that the shaft leans forward.



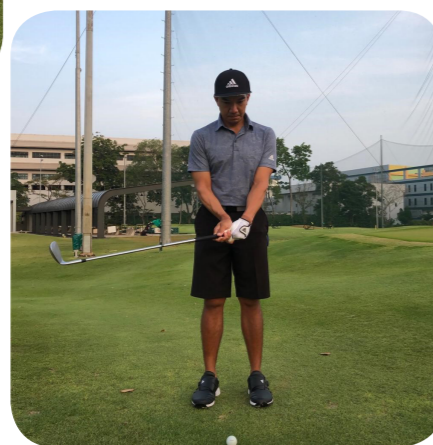
2. When the shaft leans forward, the sweet spot of the club – groove #4 of irons then comes into contact with the ball.



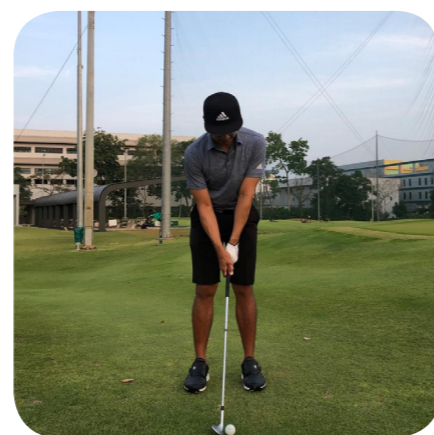
Wear marks on the irons of good players.



6. Hold the finish when you complete the shot and check if the arch in the left wrist / hinge in the right wrist was retained.



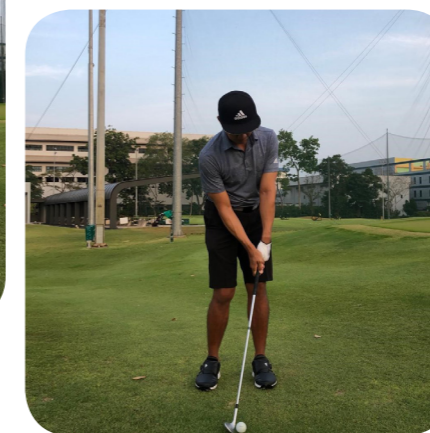
Arching the left wrist (palmar flexion) and hinging the right wrist backwards (dorsi flexion) presets the golf clubs for this drill.



1. This is a very short stroke that goes no more than waist height, so use no more than a pitching wedge.
2. Use a fairly narrow stance with the ball in the middle and your weight slightly left.



3. Arch left wrist / hinge right wrist back and hold for 3 seconds.
4. Focus your mind on the wrists while feeling the flex.



5. Your intention should be to maintain the flex as you pivot back and through while striking the shot.

Give the Flex and Hold Drill a shot and work your way up from little chip shots then to pitch shots and full swings as you train your wrists to work in the correct manner through impact. The real secret to getting the most out of this drill is feeling / being aware of what your wrists are doing through impact. I just know you are going to enjoy the compression you will put on the golf ball and the sound it makes!

GARDEN COURSE TEE BOX LEVELLING PROJECT



The Garden Course will soon undergo minor tee box reshaping to support the increase of usable hitting space and creating flatter tee off areas. Due to the current daily course playing numbers, the added wear and tear on the tee boxes have become more difficult to manage.

With the blessing of Robert Trent Jones designers, the Ribbon Tee design will remain in place. However, the purpose of these modifications is to create more flatter hitting areas which will result in an increase of tee marker options.

The adjustments commenced Monday, 8 March 2021, involving a total of eleven (11) holes. Work will begin at #10. The remaining tee boxes at holes #2, #3, #5, #7, #11, #12, #14, #15, #17 and #18 is slated to take up to 3 weeks to complete in total.

The process will involve the harvesting of the grass on the 11 affected tee boxes with a sod cutter, topping up of the level with USGA approved sand, applying pre-plant fertiliser and replanting the grass back to achieve a more level tee box effect. To support turf recovery and reduce any disruption of play, some tee markers will be moved forward.



MONTHLY MEDALS (MEN AND LADIES) - STABLEFORD

Sunday, 7th February 2021 @Tampines Course

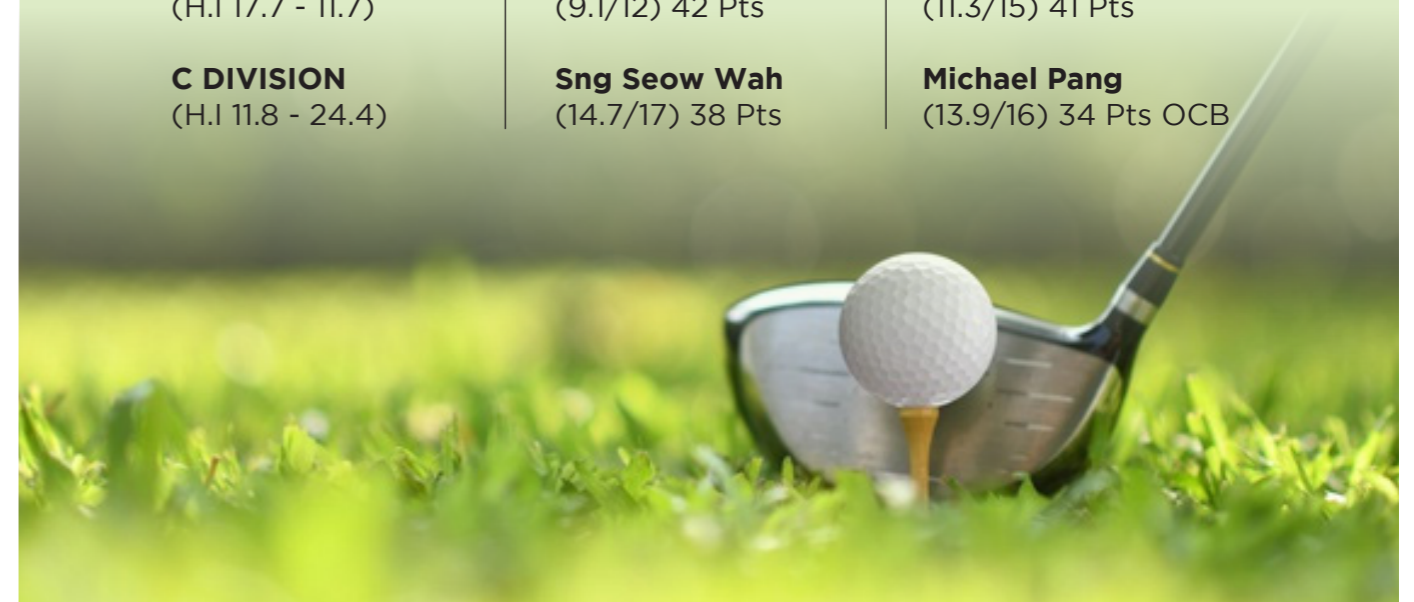
Slope Ratings: Ladies - 137/Red Tee

Men A & B - 136/Blue Tee

Men C - 134/White Tee

| LADIES | WINNER | RUNNER-UP |
|---|-------------------------------------|--|
| A DIVISION (H.I 13.5 & Below) | Sara Lew (12.9/18) 36 Pts | Sue Yap (10.4/15) 35 Pts |
| B DIVISION (H.I 13.6 - 24.4) | Dily Ng (15.0/20) 40 Pts | Jae Sook Do (30.8/36) 35 Pts OCB |

| MEN | WINNER | RUNNER-UP |
|---|---|---|
| A DIVISION (H.I 17.6 & Below) | George Foo (0.7/2) 39 Pts | Maximus Toh (2.1/4) 36 Pts |
| B DIVISION (H.I 17.7 - 11.7) | Tan Lee Hong (9.1/12) 42 Pts | Don Tan (11.3/15) 41 Pts |
| C DIVISION (H.I 11.8 - 24.4) | Sng Seow Wah (14.7/17) 38 Pts | Michael Pang (13.9/16) 34 Pts OCB |





HOLE IN ONE ACHIEVERS

Sara Lew Siew Cheng

Hole #14 (94M)
Garden Course
06.12.2020



Peter Seow See Keong

Hole #7 (126M)
TMCC Garden Course
9.12.2020



Gregory Foo

Hole #14 (140M)
TMCC Garden Course
19.12.2020



Thong Chee Yen

Hole #6 (137M)
TMCC Tampines Course
19.12.2020



Suh Hyun Young

Hole #14 (118M)
TMCC Tampines Course
29.12.2020



Osamu Nagai

Hole #16 (126M)
TMCC Tampines Course
30.12.2020



Andy Ng Yew Beng

Hole #17 (158M)
NSRCC Kranji
24.12.2020



Samir Bedi

Hole #6 (137M)
TMCC Tampines Course
06.1.2021



Law Soh Tze Sally

Hole #11 (100M)
TMCC Garden Course
19.1.2021



Goh Teik Liang

Hole #2 (155M)
TMCC Garden Course
19.1.2021



Beh Bak Hai

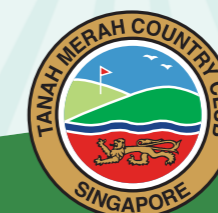
Hole #16 (126M)
TMCC Tampines Course
24.1.2021



TMCC JUNIOR GOLF

PROGRAMME

Open to Juniors from 7 years of age



ENROLMENT OPEN for 2nd Semester 2021 Training (Golfing training starts from July till November)

| DEVELOPMENT LEVEL | INTERMEDIATE LEVEL | ADVANCED LEVEL |
|--|--|---|
| Coach Justin Tang | | Coach Daren Lim |
| For Beginners / Juniors whom are preparing to attend the Courtesy Round to obtain Proficient Certificate | For Juniors who have attended Courtesy Round (PC Holders and H.I 24.5 & above) | For Juniors with a Handicap Index of 24.4 & below |
| Saturday or Sunday | Saturday or Sunday | Saturday |
| Fee: \$428 incl GST | Fee: \$642 incl GST | Fee: \$856 incl GST |
| 15 sessions (1 hour) | 15 sessions (1.5 hours) | 15 sessions (2 hours) |
| The Games / Play in the Development Level is designed to teach different aspects of the game of golf. | Drills are designed to help Juniors in the Intermediate Level learn grit and perseverance. | |

The 15 Sessions in the Development and Intermediate Levels are divided into 4 Modules:

| | |
|----------|-----------------------------|
| Module 1 | : 3 sessions of Putting |
| Module 2 | : 3 sessions of Chipping |
| Module 3 | : 6 sessions of Pitching |
| Module 4 | : 3 sessions of Swing (3/4) |

In this level, a full assessment will be done of a Junior's current skills to determine their strengths and weaknesses. Thereafter, a specially designed programme will be created for them, tailored to suit their physical and non-physical skillset needs.

Training modules prepared by Daren Lim, TMCC JGP Head Coach

Enquiries / Application Form Garden Golf Office (Tel: 6545 1731 / 6592 0343)



TMCC JUNIOR GOLF PROGRAMME

THE GAME FOR LIFE

MISSION STATEMENT

The Mission of the TMCC JGP is to provide juniors entrusted to us an opportunity to acquire life skills and values through golf in a safe and challenging environment.

Golf is a game of life in more ways than one. You play it for life and the game of golf will guide you for life.



Respect
Ethics
Sportsmanship
Perseverance
Enthusiasm
Confidence
Tenacity

Learn more at
<https://www.tmcc.org.sg/golf/junior-golf-programme/>

Justin Tang

CERTIFIED JUNIOR GOLF COACH



8188 1701

justin@elitegolfswing.com



Whatsapp



Email



Instagram

- MG Purestrike Golf Academy, in Destin, Florida USA
- Kinesiology and Biomechanics of Golf
(KMG - Level 4 certified in Spine Mechanics and Qualitative Biomechanics in Golf)

Justin Tang has been a specialist in junior golf development since 2005.

With a wealth of experience in teaching juniors, his passion lies in introducing the game to TMCC juniors, nurturing their technique and a life-long love for the game. Over the years, some of his juniors have gone on to compete at the collegiate and national level.

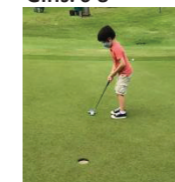
Using the American Development Model, his holistic approach balances the mental, physical and technical aspects of the game to meet every TMCC junior's unique needs.

He continues to seek out the brightest coaching minds in the USA and Australia to further refine his system which is based on anatomy and psychology for rapid improvement.

He has been a member of the MG Purestrike Golf Academy in Destin, Florida since 2005. He is also KMG Level 4 certified in Spine Mechanics and Qualitative Biomechanics in Golf.

FUNDamentals

Boys: 6-9
Girls: 6-8



Learn to Play

Boys: 9-12
Girls: 8-11



Play to Improve

Boys: 12-16
Girls: 11-15



Play to Compete

Boys: 16-23
Girls: 15-21



Play for LIFE



USING MUSIC TO GET TENNIS PLAYERS IN THE MOOD

By Godfrey Robert

One of the best ways to get people interested in a certain sport is to inject fun into the activity.

Fun fuels interest, it gradually instils passion and, finally, the protagonist finds the competitive element.

The 80's Retro themed Tennis Nite 2021 on Jan 29 at the Tanah Merah Country Club's tennis facility is about these, and more.

Seven enthusiastic participants, among them Dan Ong Guan Cheng, Donovan Tan, Dylan Tan, Adrian Lee Yi and Ian Alexander Isaac, drew fun, laughter and a small dose of competition from the event.

The Sports Department presented all the participants with a goodie bag of 80's themed candies such as the much-loved Bee Bee and White Rabbit candy.

Eighties themed tunes from the likes of Modern Talking and Fleetwood Mac were belted out to get the plucky seven lads into the mood.



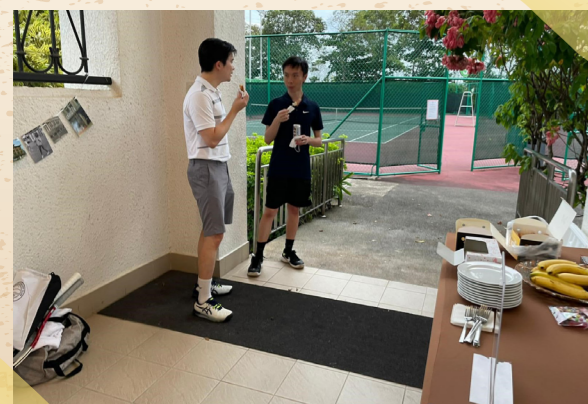
Adrian Lee with his retro socks and white Fred Perry shirt



Mr Dan Ong, arriving with some swag



All smiles after collecting their goodie bags



Participants making small talk whilst enjoying some snacks



From left: Adrian Lee, Liam Isaac and Dylan Tan



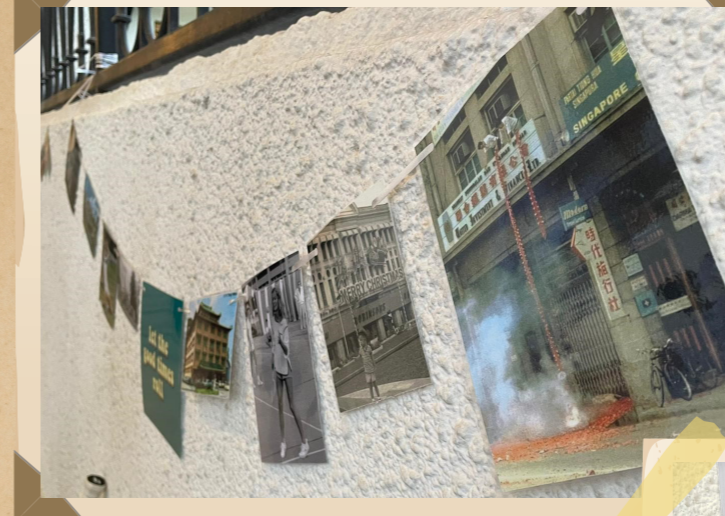
Participants preparing themselves before a game

Nostalgic snacks such as curry puffs, as well as refreshing cans of cold water and 100 plus helped the participants to quench their thirst as they went about their challenges.

A series of round-robin, non-competitive games were staged and the whole purpose of the night was to mingle as well as network with tennis enthusiasts.

The department also awarded the best dressed prize to a snazzily dressed young man in Adrian Lim who wore a white Fred Perry shirt and retro socks.

It was truly a great way to inaugurate the monthly-themed tennis nights for 2021. The next event will be the Valentine's Themed night on Thursday, Feb 25, 2021.



80's decor



Dean with two of the participants



Bags of 80's themed snacks



Adrian Lee, the winner of the Best Dressed Outfit for the night



The bevy of beauties for the Valentine's Day edition of Tennis Night 2021

The original idea was to have a Valentine's Day theme.

But because the event could not be held on the designated day, February 14, it was changed to a heart's theme.

Either way, it was all about love and companionship. The sentiments expressed to fellow friends and peers within the ambit of a small dose of competition.

Eight women competed for the month's rendition of the Valentine's Day themed Tennis Night on February 25 at the Club's premises.

The Sports Department prepared healthy and appetising fruit platters for the members and guests on the night. Isotonic drinks were on standby to keep the bevy of beauties hydrated on that warm evening.

A series of round-robin, competitive games were held, immersed in a camaraderie spirit and unity on the tennis court.



LOVE, COMPETITION & FRIENDSHIP ALL ROLLED INTO ONE



Our ladies in full match action



Runners-up for Doubles Tournament:
Vanessa Chew & Joyce Hwang



The intense concentration as they racked up points for the Doubles series



The dynamic duo of Ms Koo Jae Hee and Ms Kate Mitchell were deserving winners, with the "Pocket Rocket" pair of Ms Vanessa Chew and Ms Joyce (guests of Ms. Koo Jae Hee) claiming the runners-up spot.

The matches were played with great spirit and candour totally befitting the essence of the evening. The next themed night will be the Hawaiian-themed Aloha Tennis Night on Thursday, March 25, 2021.



The pre-match rules and distribution of new match balls



Winners of the Doubles Tournament:
Koo Jae Hee & Kate Mitchell



Showing their love and gratitude at the end of the gruelling night

A GOOD AND HEALTHY WALK IN UNSPOILT SURROUNDINGS

If there is one good thing that came out of the Covid-19 pandemic, it is that more Singaporeans are now into exercising.

More golfing aside, because of travel restrictions, many Singaporeans are doing walking and cycling as two primary forms of exercise to keep healthy.

On weekends, especially, this has become a popular habit and Singaporeans are enjoying it.

Seven participants took part in the Club's Tampines Eco Green Walk on December 27, last year.

Bananas and packets of cold Milo were quickly wolfed down before the start of the walk. Thereafter, the group set out to uncover interesting facets such as snags, bird hide and water bodies.

Led by Mr Han, a strong walker, the group covered all three trails - the Diversity Trail, Forest Trail and Marsh Trail, very rapidly.



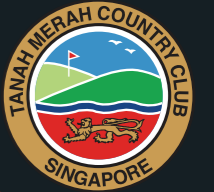
The party then proceeded for a slight deviation and set out to uncover the Pasir Ris pond and promptly ended the walk at 11.45am - almost a solid two-and-a-half hour outing.

The participants were well worn out from the walk as well as the hot weather and were served ice cold water and isotonic drinks to revitalise them.



Bananas & assorted snacks for walk participants

Meet Your Personal Trainers at The Glass Gym



"The *pain* you feel today will be the *strength* you feel tomorrow"

BHARATT

20+ Years of Experience
Group Exercise Leader (American College of Sports and Medicine)
Certified Personal Trainer Course (Sport Singapore)
Fitness Instructor Course (Sport Singapore)
Basic Exercise Course (Sport Singapore)
Basic First Aid, CPR and AED

"If it doesn't *change* you,
it doesn't *challenge* you!"

ABDILLAH

11+ Years of Experience
Personal Trainer at United States Sport Academy
Fitness Instructor at United States Sport Academy
Basic First Aid, CPR and AED



TARMIZI

4 Years of Experience
NITEC in Fitness Training
Higher NITEC in Sports Management
Basic First Aid, CPR and AED

"Goals are achieved
when you start now
and *quit talking!*"

Find out how you can
achieve your fitness
goals with us today!

The Glass Gym
@ 6592 0309

WINE OF THE MONTH

Mar to Apr 2021

Château Barbé

Blaye Côtes de Bordeaux



Château Barbé (Rouge)

Tasting notes: With a beautiful deep ruby-red colour, Château Barbé has a fine nose of ripe fruit with overtones of liquorice and menthol. It is both powerful and velvety on the palate, with a long aftertaste.

Younger vintages of Château Barbé pair well with game whereas older vintages shine with red meat, pork and cheese. This wine is surprisingly good with chocolate desserts.

Château Barbé (Blanc)

Tasting notes: Lively, aromatic and fruity, this wine is dominated by a characteristic Sauvignon Blanc citrus aroma.

It is blended with 20% Semillon, which gives volume and richness, and is the perfect accompaniment to seafood, fish and meat dishes.

***While stocks last**

Prices are in Singapore Dollars and inclusive of 7% GST.

Available at Garden Golfers' Terrace, Tampines Golfers' Lounge and Garden View Restaurant

To
purchase



F&B @ 6592 0386



banquet@tmcc.org.sg

GOLF RECIPROCAL CLUBS

CLUB INFORMATION 35

MALAYSIA

Saujana Golf & Country Club
Saujana Resort, Section U2
40150 Shah Alam
Selangor Darul Ehsan
Tel : 603 7846 1466
Fax : 603 7847 5830
golf@saujana.com.my

AUSTRALIA

The Lakes Golf Club
Cnr King Street & Vernon Ave,
Eastlakes, New South Wales
Tel: +61 (02) 9669 1311
Fax: +61 (02) 9669 6206
www.thelakesgolfclub.com.au
info@thelakesgolfclub.com.au

JAPAN

Shinwa Golf Group (Japan)
Members are required to make bookings through TMCC. Please contact Samantha Leong/Garden Golf Office at 6592 0343 for further assistance.

Reciprocal Member is required to produce:

• Letter of Introduction • Membership Card • Passport to verify their identity and to show that they are not residents of the same Country as the Host Club (Japan) • Handicap Certificate

AFFILIATE CLUBS

AUSTRALIA

Moonah Links
55 Peter Thomson Drive
Fingal VIC 3939, Australia
Tel : 61 3 5988 2000
Fax: 61 3 5988 2094
www.moonahlinks.com.au

Terrey Hills Golf & Country Club
116 Booralie Road, Terrey Hills
New South Wales, Australia 2084
Tel : 61 2 9450 0155
Fax: 61 2 9450 0034
www.terreyhillsgolf.com.au

Woodlands Golf Club
109 White Street
Mordialloc, Victoria 3195
Australia
Tel : 61 3 9580 3455
www.woodlandsgolf.com.au
Golf_Manager@woodlands.com.au

Yarra Yarra Golf Club
567 Warrigal Road,
Bentleigh East,
Victoria 3165, Australia
Tel: (61) 9575 0575
Fax: (61) 9575 0585
www.yarrayarra.com.au

CAMBODIA

Angkor Golf Resort
Kasekam Villiage, Sra Nga
National Route 6 (Airport Road)
Siem Reap, Cambodia
Tel: +855 (0) 63 767 688
Fax: +855 (0) 63 761 140
www.angkor-golf.com

CHINA

Imperial Springs International Summit Club
1 Imperial Springs Avenue, Conghua
Guangdong 510970, China
Tel : 86 20 3108 8888
Fax: 86 20 3108 8098
www.imperialsprings.com

Red Flag Valley, Dalian
Cha'an Village Hongqi Town
Ganjingzi District, Dalian 116033, China
Tel : 86 411 8646 6666
Fax: 86 411 8428 0471
www.rfvgolf.com

Sheshan Golf Club
Lane 288 New Lin Yin Avenue
Sheshan National Tourism Resort
Songjiang District,
Shanghai 201602
Tel : 86 21 5779 8008
Fax: 86 21 5779 8006
www.sheshangolf.com

Spring City Golf & Lake Resort
Tangchi Yiliang, Yunnan Province
Peoples Republic of China, 652103
Tel : 86 871 6767 1188 or
86 871 6767 1185
www.springcityresort.com

Suzhou Jinji Lake International Golf Club
No. 2 Guobin Road,
Suzhou Industrial Park,
Jiangsu, 215021, China
Tel : 86 512 6288 6868 or
86 512 6288 3426
www.jinjlakegolf.com

HONG KONG

Clearwater Bay Golf & Country Club
139 Tai Au Mun Road,
Clearwater Bay, New Territories,
Hong Kong
Tel : 852 2335 3882
Fax: 852 2719 4207
www.cwbgbgolf.org
golf@cwbgbgolf.org

INDONESIA

Damai Indah Golf
Bumi Serpong
Damai (BSD) Course
Jln. Bukit Golf I, Sektor VI, Serpong
Tangerang 15310, Indonesia
Tel : 62 21 537 0290
Fax : 62 21 537 0288
www.damaiindahgolf.com

Pantai Indah Kapuk (PIK) Course
Marina Indah, Penjaringan, Kapuk
Jakarta 14470, Indonesia
Tel : 62 21 588 2388
Fax: 62 21 588 2391

Royale Jakarta Golf Club
Jalan Raya Halim Tiga,
Halim Perdanakusuma Jakarta Timur 13610,
Indonesia
Tel : 62 21 80 888 999
Fax: 62 21 80 878 877
www.royalejakarta.com

JAPAN

Ashinoko Country Club
4708 Minamiharasuga, Mishima-shi,
Shizuoka 411-0000, Japan
Tel : 81 55 985 2122
Fax: 81 55 985 2480
www.ashinokocc.com
reserve@ashinokocc.com

KOREA

Sky 72 Golf Club
2029-1, Woonseo- Dong,
Joong- Gu, Incheon, Korea
Tel : 82 327 418 562
Fax: 82 327 439 108
www.sky72.com

Teddy Valley Golf & Country Club
365 Hanchangro, Andeokmyeon,
Seoguipo City, Jeju,
South Korea 699-921
Tel : 82 647 931 201
Fax: 82 647 931 108
www.teddyvalley.com

MALAYSIA

The Mines Resort & Golf Club
Jalan Kelikir, Mines Resort City,
43300 Seri Kembangan
Selangor Darul Ehsan, Malaysia
Tel : 60 3 8943 2288
Fax: 60 3 8943 9212
www.minesgolf.com.my

THAILAND

Alpine Golf Club
99 Moo 9 Bangkhan-Sathaneevithayu Road
Klong 5, Klong Luang
Pathumthani 12120, Thailand
Tel : 66 0 577 3333
Fax: 66 2 577 7100
www.alpinegolfclub.com

Loch Palm Golf Club
38 Moo 5 Vichitsongdram Rd
Kathu District, Phuket 83000,
Thailand
Tel : 66 076 321 929 34
Fax: 66 076 321 927 8
www.lochpalm.com

Red Mountain Golf Club
119 Moo 4 Vichitsongkram Rd,
Kathu District, Phuket 83120,
Thailand
Tel : 66 076 322 000 1
Fax: 66 076 322 009
www.mbkkgolf.com/redmountain

Riverdale Golf Club
123/5 Moo1 Tiwanon Road,
Bang Kadi Sub-District,
Muang Pathum Thani District,
Pathum Thani 12000, Thailand
Tel : 66 02501 2789
Fax: 66 02501 1833
www.mbkkgolf.com/riverdale

VIETNAM

The Montgomerie Links
Dien Ngoc Commune,
Dien Ban District,
Quang Nam Province,
Vietnam
Tel : 84 510 3 942 942
www.montgomerielinks.com
reservations@montgomerielinks.com

Members will be charged the prevailing guest green fees (to be paid by cash or credit card) at the respective clubs.



FAST FACTS

TAMPINES COURSE:

18-hole Buggy Course

- Redesigned by: Phil Jacobs (2017)
- Total Yardage: 6,887metres (Par 72)
- Course Rating: 76.1
- Fairways & Roughs: Zoysia matrella
- Greens: Paspalum platinum TE

GARDEN COURSE:

18-Hole Buggy / Walking Course

- Redesigned by : Robert Trent Jones II (2020)
- Total distance : 5706 metres (Par 71)
- Course rating : 70.3
- Fairways & Rough : Zoysia matrella
- Green : Paspalum platinum TE

| Caddie Services (with buggy) | 18-Hole | 9-Hole |
|---------------------------------------|---------|---------|
| Twin-share (1 caddie to 2 golfers) | \$70.00 | \$35.00 |
| Single golfer | \$50.00 | \$25.00 |

***Cash payment required for caddie services**
All rates are in Singapore dollars and GST is not applicable.

GOLF OFFICES OPERATING HOURS

TAMPINES COURSE

| | |
|------------|--------------------|
| Mondays | Closed |
| Other Days | 7.00am till 7.30pm |

GARDEN COURSE

| | |
|------------------------|------------------|
| Tuesdays and Thursdays | 9.30am to 7.30pm |
| Other Days | 7.00am to 7.30pm |

PROSHOP OPERATING HOURS

TAMPINES COURSE

| | |
|------------|------------------|
| Monday | Closed |
| Other days | 7.00am to 7.00pm |

GARDEN COURSE

| | |
|--------------------|-------------------|
| Tuesday & Thursday | 11.30am to 7.00pm |
| Other days | 7.00am to 7.00pm |

For enquiries, kindly call:

- Tampines Golf Office 6513 7818 & 6513 7819
- Tampines Proshop 6592 4808
- Garden Golf Office 6545 1731 & 6592 0343
- Garden Proshop 6592 0371



GARDEN VIEW RESTAURANT (GVR)

Situated in the main clubhouse of Garden Course, it can accommodate 130 persons in a comfortable air-con, elegant setting. With a panoramic view of the golf course, the Garden View Restaurant offers attentive service, and warm ambience.

Operating Hours:

Daily
Lunch : 12.00pm to 3.00pm (Last Order – 2.30pm) • Dinner : 6.30pm to 10.00pm (Last Order – 9.30pm)
Closed on Mondays except on Public Holidays
Tel: 6545 2891 / 6592 0388.

GARDEN BANQUET ROOM (GBR)

Whatever the need, weddings, birthdays, product launches, golf prize-presentation etc, GBR can cater up to 250 diners with its balcony overlooking the serene surroundings of the Garden Course.
Tel: 6592 0386 / 6592 0385

GARDEN LOUNGE (GL)

The lounge is situated adjacent to Garden View Restaurant and members can enjoy the magnificent view of the Garden Course.

**Due to COVID-19 Restrictions, we regret to inform you the Garden Lounge is currently not available for usage.*

Operating Hours:

Sundays to Thursdays 3.00pm to 10.00pm (Last Order – 9.30pm)
Fridays & Saturdays 3.00pm to 12.00am (Last Order – 11.30pm)
Closed on Mondays except on Public Holidays
Tel: 6592 0319

GARDEN EVENTS ROOM (GER)

The Garden Events Room caters for up to 100 persons for sit-down dinners and has parquet flooring for dancing. The room is also a popular venue for the club's social activities.
Tel: 6592 0386 / 6592 0385.

POOLSIDE CAFETERIA

With a prime vantage point overlooking the swimming pool at the Sports Complex, this poolside retreat is the perfect place for refreshing the spirit after a day of fun in the sun. Famous for its local fare served up with a warm smile.

Operating Hours:
Tuesdays to Fridays 12.00pm to 8.00pm (Last Order – 7.30pm)
Saturdays, Sundays & Public Holidays 8.00am to 8.00pm (Last Order – 7.30pm)
Closed on Mondays

POOLSIDE COVERED TERRACE (PCT)

Overlooking the best view of both worlds, a panoramic view of Garden Course and the calm water of mesmerising pool amidst beautiful landscape, the Poolside Covered Terrace is a good venue for barbecue or social gatherings and can hold 30 tables with buffet tables placed on the pool deck.

For bookings of rooms for private functions, please call F&B office at Tel: 6592 0386 / 6592 0385.

TAMPINES GOLFERS LOUNGE & TERRACE

Tampines Golfers’ Lounge (air-conditioned) adjacent to the non-airconditioned Golfers’ Terrace for dining.

Operating Hours:
Monday (Except on Public Holidays) Closed
Tuesdays, Wednesdays & Thursdays 7.00am to 8.00pm
Friday to Sunday & Eve of PH 7.00am to 9.00pm

Garden Golfers’ Terrace

Opening Hours:
Mondays & Wednesdays 7.00am to 8.00pm
Tuesdays & Thursdays 11.00am to 8.00pm
Fridays to Sundays & PH 7.00am to 10.00pm
Eve of PH 7.00am to 10.00pm

GARDEN VIEW WING



Heliconia Room

Need to hold board meetings, workshops, seminars etc? Book the Heliconia Room with seating capacity from 30 to 60 persons, offering various set-ups.

Ixora Room

Cooking and baking are such an enjoyment with a stylish kitchen studio. The room can also be used to conduct talks ranging from beauty to personal enrichment up to 40 persons. So look out for the various activities that we have in store for you printed in the bi-monthly newsmagazine.



Lotus Room

Dining in privacy is guaranteed here, with a seating capacity for 20 persons.

Hibiscus Room

More spacious than the Lotus Room, you may organise your gathering and dine in private here. Seating capacity is 30 to 60 persons. Lunch - \$500 minimum spending (on food and non-alcoholic beverages); Dinner - \$700 minimum spending (at least minimum \$600 on food)

Karaoke Lounge

Belt out your best hit songs at the self-operated Karaoke Lounge, with a seating capacity for 20 persons.

**Due to COVID-19 Restrictions, we regret to inform you the Karaoke Lounge is currently not available for usage.*

Operating Hours:
Sundays, Tuesday, Wednesdays and Thursdays

**All rates are in Singapore dollar and inclusive of 7% GST.*



Click here for the menu at our Golfers’ Terraces (Garden and Tampines)



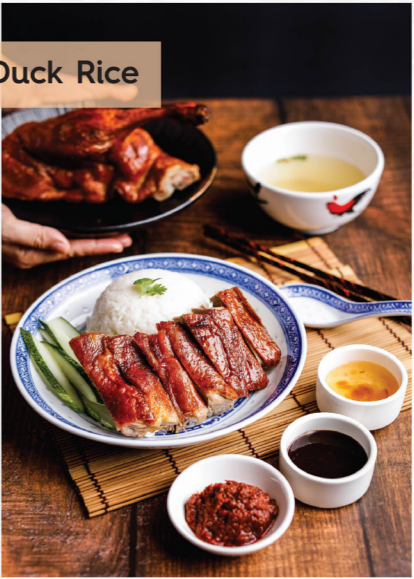
Green Curry Prawn



Shrimp Gyoza



Wagyu Hamburger



Roasted Duck Rice



Stir-fried Pork Belly



Kimchi Fried Rice



SAFETY MEASURES



Use **SafeEntry** to check in
and check out for contact tracing

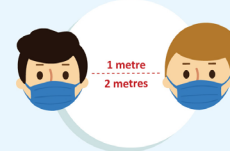


Restrictions to Club Entry

- **No entry** for those who are quarantined, serving their Stay-Home-Notice or have travelled overseas in the last 14 days, **unless exempted by the relevant authority**
- **No entry** if you are unwell, having a fever or experiencing flu-like symptoms



Face masks must be worn at ALL times



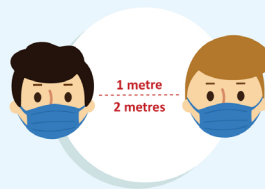
Maintain **at least 1 metre apart** from the next person or **2 metres when exercising**



SAFETY MEASURES



Face masks must be worn
at **ALL times** unless doing
strenuous exercise



Maintain **at least 1 metre apart**
from the next person or
2 metres when exercising



All Members **must**
sanitise their hands
before entering the gym