



Tanah Merah

COUNTRY CLUB

MARCH / APRIL 2020 • ISSUE 2



Club House

COVER

THE NEW
PAR-71
GARDEN IS
FUN TO PLAY

AT THE CLUB

THE USUAL LION DANCE
AND LO HEI WERE MAIN
HIGHLIGHTS AT LNY EVENT

BITES & CHEER

CHEF'S
RECOMMENDATIONS



BROOKS KOEPKA



TIGER WOODS



JUSTIN THOMAS



BRYSON DECHAMBEAU



THE BIG THREE 1962



HIDEKI MATSUYAMA



JON RAHM



JASON DAY



RICKIE FOWLER



OYSTER PERPETUAL DAY-DATE 40

ROLEX AND GOLF

The world of Rolex is filled with stories of perpetual excellence. For Rolex and golf, the relationship began with the 'Big Three', and has spanned more than 50 years. With each new decade, the commitment deepens, supporting the champions of the game at the greatest events, who rewrite the record books and elevate the competition for all. As the sport continues to grow, Rolex will be a part of golf and the legendary moments that continue to inspire the next generation of players. This is a story of perpetual excellence, the story of Rolex.

#Perpetual


ROLEX



Sheer
Driving Pleasure



THE 2

Make an impression and challenge convention with the First-ever BMW 2 Series Gran Coupé. Savour the allure of breathtaking design, perfectly complemented with sleek frameless doors, the BMW Intelligent Personal Assistant, optional supple leather interiors, and the thrill of a dynamic drive like no other. It's time to find joy in making your mark, your way.

Visit Performance Motors at 303 Alexandra Road or call 1800-2255-269 to find out more.

Scan QR code to find out more.

Car specifications may vary from the model shown. Options and features are model-dependent. This advertisement provides information on BMW products and does not constitute an offer of sale.

BMW 2 Series Gran Coupé Fuel Consumption Combined: 5.9–7.6 l/100km VES Band: B–C1



A Premier Golfing Experience



EDITOR'S NOTE 7

GO EXPLORE THE BEAUTY OF THE NEW GARDEN

By Godfrey Robert



It is a playground for the pros and the social golfers who want enjoyment

The layout is different, terrain is dissimilar, the landscaping has changed and even the par for the course has changed from 72 to 70 and now 71. But the most important factor, the name, is further cast in stone. For one simple reason: The Garden is all too familiar, here and abroad. It is rich in history, filled with heritage, stuffed with favourite stories, and has been a playground for the world's best golfers, both male and female, and the fun-loving social players.

Best of all, the Garden is the best complement to its "brother", the redeveloped Tampines course which can be a difficult layout for the high-handicappers and senior members.

So while the "championship" Tampines is in the best shape to parade some of the biggest names in men's golf with leading tournaments, the Garden is the best choice for major women's events. And it is not that you cannot alternate one for the other, because the Garden too can be a tricky option with some "hazards" that can inflate your score.

The reaction from most members who have played on the new Garden course has been very positive, with many expressing the desire to continue returning to the "playground". And the best bonus for the members, and certainly guests, is the relief that with two courses, bookings are made easier and this grants better access to the "Tanah Merah twins".

An additional "hong bao" is the Garden Golfers' Terrace that has also been renovated. The new look offers better ambience and a refreshed advent that can be very inviting to the players and guests.

The Tanah Merah Country Club management deserve the kudos for a "job well done", also because they bothered to sieve through members' feedback regularly while the Garden was undergoing the redevelopment.

The legendary Arnold Palmer, the pivot of "The Big Three" that included Jack Nicklaus and Gary Player once said: "I try to design golf courses that are individual in character and individual in their own standing."

The Garden is that and more. Enjoy your rounds.

Sign up now for Term Membership

Sign-up Now to Enjoy*

- F&B vouchers
- Complimentary golf games for 2 guests
- Complimentary golf lesson with a golf pro

Term Members Enjoy

- No monthly subscription fee
- Affiliate & reciprocal access to other top clubs in the region
- Full access to Country Club facilities including two championship golf courses for the entire family

Call Membership at **6592 0326 / 0327**
or Email: **membership@tmcc.org.sg**
for an application form

1 Tanah Merah Coast Road, Singapore 498722
Tel: (65) 6542 3040 Fax: (65) 6546 9114

www.tmcc.org.sg

*Terms and Conditions Apply.

COMMITTEE & MANAGEMENT LISTS



MANAGEMENT			
GENERAL MANAGER	Kok Min Yee	minyee@tmcc.org.sg	6592 0300
PA to GM	Lee Pei Wen	gmpa@tmcc.org.sg	6592 0301
DIRECTOR OF GOLF	Ian Geoffrey Roberts	ian@tmcc.org.sg	6592 0382
Senior Golf Executive	Samantha Leong	samantha@tmcc.org.sg	6592 0340
Horticulturist	Sharon Chew	sharonchew@tmcc.org.sg	6592 0351
Course Superintendent	Adrian Tng	adriantng@tmcc.org.sg	6592 0394
Course Superintendent	Derrick Tan	derricktan@tmcc.org.sg	6592 0249
Sports & Recreation Executive	Dean Singh	dean@tmcc.org.sg	6592 0312
DIRECTOR OF BUSINESS DEVELOPMENT	Kevin Khoo	kevinkhoo@tmcc.org.sg	6592 0332
F&B Manager	Glenn Lee	glennlee@tmcc.org.sg	6592 0385
Executive Chef	Daniel Sng	danielsng@tmcc.org.sg	6592 0374
Assistant F&B Manager	Kelvin Tong	kelvintong@tmcc.org.sg	6592 0386
Assistant F&B Manager	Sharon Lee	sharonlee@tmcc.org.sg	6592 0302
Sales & Marketing Manager	Sally Chua	sallychua@tmcc.org.sg	6592 0303
Marketing & Sales Executive	Wong Pei Ying	peiying@tmcc.org.sg	6592 0305
Marketing & Events Executive	Dennis Tay	dentay@tmcc.org.sg	65920317
Marcom Executive	Jarratt Ong	jarrattong@tmcc.org.sg	65430363
DIRECTOR OF CORPORATE SERVICES	Jeanie Milakov	jeanie@tmcc.org.sg	6592 0330
HR Manager	Lee Choy Fong	leechoyfong@tmcc.org.sg	6592 0454
HR Executive	Shirley Siew	shirleysiew@tmcc.org.sg	6592 0328
HR & Admin Executive	Dennis Tong	dennistong@tmcc.org.sg	6592 0325
IT Project Manager	Cha Chee Seng	chacheeseng@tmcc.org.sg	6592 0336
IT Officer	Mohamad Khairul	khairulwagimin@tmcc.org.sg	6592 0384
Assistant Manager, Membership Services	Eileen Lin	eileenlin@tmcc.org.sg	6592 0326
Facilities Manager	Eddie Lee	eddie@tmcc.org.sg	6592 0320
Facilities Executive	Abdul Wahab Bin Mohamed Noor	wahab@tmcc.org.sg	6592 0321
Chief Security Officer	Abdul Rahman Bin Yacob	rahman@tmcc.org.sg	6592 0347
Housekeeper	Hassan Bin Ali	hassan@tmcc.org.sg	6592 0360
CHIEF FINANCIAL OFFICER	Daniel Jee	danieljee@tmcc.org.sg	6592 0333
Accountant	Thricia Boo	thriciaboo@tmcc.org.sg	6592 0337
Assistant Manager, Purchasing	Patrick Poon	patrick@tmcc.org.sg	6592 0323
Jackpot Executive	Dino Lim	dinolim@tmcc.org.sg	65920 308
CONTACT US			
GOLF	Telephone		
Tampines Golf Office	6513 7818 / 6513 7819		
FOOD & BEVERAGE	Telephone		
Garden View Restaurant	6592 0388 / 6545 2891		
Garden Golfers' Terrace	6592 0380 / 6545 4603		
Tampines Golfers' Lounge	6513 7815		
Private Dining Rooms Bookings	6592 0388		
Private Functions Bookings	6592 0386		
SPORTS & RECREATION	Telephone		
Swimming, Squash & Tennis	6592 0312 / 6592 0313		
The Glass Gym	6592 0309		
Jackpot Lounge	6592 0308		
For billing and membership subscription, please email: billing@tmcc.org.sg			
For membership sales, please email: membership@tmcc.org.sg			
For corporate golf events, please email: marketing@tmcc.org.sg			
For sport complex events, please email: sportcomplex@tmcc.org.sg			
For membership Personal Data Protection, please email: pdpl@tmcc.org.sg			
For service feedback, please email: feedback@tmcc.org.sg			
For job application, please email: hr@tmcc.org.sg			

EDITOR
Godfrey Robert

OFFICIAL PHOTOGRAPHERS
Frederick Tan
Edward Gan
Tharm Sook Wai

Tanah Merah Newsmagazine is published bi-monthly by Tanah Merah Country Club, 1 Tanah Merah Coast Road, Singapore 498722.

Tel: [65] 6542 3040 (Main line)
Fax: [65] 6542 9294
Website: www.tmcc.org.sg

 Tanah Merah Country Club
 @tanahmerahcountryclub

TO ADVERTISE, PLEASE CALL MARKETING DEPARTMENT AT 6592 0303 / 6592 0304; EMAIL MARKETING@TMCC.ORG.SG

All information and dates pertaining to reports and upcoming events published in this newsmagazine are correct at the time of printing. The views of the contributors and writers do not necessarily represent those of the Club. All rights reserved. No part of the E-newsmagazine should be reproduced without prior written permission from the Club. All correspondence should be addressed to the Editor, Tanah Merah E-newsmagazine.

PATRON	
Emeritus Senior Minister Goh Chok Tong	
CHAIRMAN	
Ng Kee Choe	
DEPUTY CHAIRMEN	
Niam Chiang Meng	
GENERAL COMMITTEE 2018/2020	
PRESIDENT	
Ho Beng Huat	
VICE PRESIDENT	
Lee Kwong Weng	
CAPTAIN	
Lee Lian Hong	
TREASURER	
Victor Liew	
CONVENOR (F&B)	
Benny Tay	
CONVENOR (H&R)	
Kazuo Sugino	
CONVENOR (MARKETING)	
Joey Chang	
VICE CAPTAIN	
David Soh	
MEMBERS	
Goh Hoon Pur	
Ronald Ong	
Gillian Sim	
Tan Kah Han	
Wee Jim Hock	
Daniel Yeo	
EXECUTIVE COMMITTEE (EXCO)	
CHAIRMAN	
Ho Beng Huat	
MEMBERS	
Lee Kwong Weng	
Lee Lian Hong	
Victor Liew	
Benny Tay	
Kazuo Sugino	
GREENS COMMITTEE	
CAPTAIN	
Lee Lian Hong	
VICE CAPTAIN	
David Soh	
LADY CAPTAIN	
Gillian Sim	
MEMBERS	
Harry Chua	
Joey Chang	
Hia Hui Kim	
Jerome Ng	
Francis G. Remedios	
Tan Boon Hoo	
AUDIT COMMITTEE	
CHAIRMAN	
Niam Chiang Meng	
MEMBERS	
Chris Liew	
Peter Sim	
Po'ad Mattar	
Teoh Tee Hooi	

FINANCE COMMITTEE	
TREASURER	
Victor Liew	
MEMBERS	
Lee Kwong Weng	
Wilfred Goh	
Ronald Ong	
Tan T Kiang	
Wee Jim Hock	
Daniel Yeo	
FOOD & BEVERAGE COMMITTEE	
CONVENOR	
Benny Tay	
MEMBERS	
Chan Wing Leong	
Charles Quek	
Frankie Chua Kee Hin	
HOUSE & RECREATION COMMITTEE	
CONVENOR	
Kazuo Sugino	
MEMBERS	
Joseph Cheang	
Lim Kong Wee	
Gary Ong	
David Ong	
May Schooling	
Tan Boon Huat	
DISCIPLINARY PANEL	
CHAIRMAN	
Lee Kwong Weng	
DEPUTY CHAIRMANS	
Chris Liew	
Goh Hoon Pur	
MEMBERS	
Ler Seng Ann	
Neo Eak Chan	
Gillian Sim	
L Shekaran	
TAMPINES REDEVELOPMENT COMMITTEE	
CHAIRMAN	
Ho Beng Huat	
MEMBERS	
Chan Thiam Seng	
Goh Hoon Pur	
Goh Hup Chor	
Lee Kwong Weng	
Lee Lian Hong	
David Soh	
GARDEN REDEVELOPMENT COMMITTEE	
CHAIRMAN	
Ho Beng Huat	
MEMBERS	
Goh Hoon Pur	
Hia Hui Kim	
Lee Lian Hong	
David Soh	
LADIES GOLF SUB-COMMITTEE	
LADY CAPTAIN	
Gillian Sim	
MEMBERS	
Lynnette Yeo	
Sarah Tan	
Yeo Su Lynn	

CONTENTS

MARCH / APRIL 2020 • ISSUE 2



08

ON THE COVER

The new par-71 Garden is fun to play **10**

AT THE CLUB

Our tree doctor: horticulturalist Sharon breathes life into our greens **17**
Notice for General Meeting **18**
Congratulations on your retirement, Mr. Choo Chiau Beng! **19**

GOLFERS' ZONE

The usual lion dance and lo hei were main highlights at LNY event **22**
Hollow Tining **27**
Holes-in-ones **28**
Garden Course Ribbon Tees **29**
TMCC embarks on a new phase for Asian Women's Golf! **30**

SOCIAL FUN

Rolling into a prosperous year: a shortcake baking workshop **32**
A lunar new year shopping getaway at Batam **33**
The art of dealing with arthritis and pain management **34**
Love is in the air: our Valentine's Day swiss roll making workshop **35**

KIDS' CORNER

Are you smarter than a primary school student? **40**
Counting from one to nine, try to finish your Sudoku in time! **41**

SPORTING FUN 42

ON THE CALENDAR

March & April **46**
Sports & Recreation **50**

BITES & CHEER

Chef's Recommendations **52**
Tampines Golfers' Lounge Weekly Set Lunch Special **54**
Whisky Promotion **60**
Wine of the Month **61**

CLUB INFORMATION 62

THE NEW PAR-71 GARDEN IS FUN TO PLAY

By Godfrey Robert

Early feedback indicate it is well laid-out and should provide social golfers the enjoyment they seek

The brief showers were looked upon as a blessing from above. Although play was temporarily suspended because of lightning, the game went on and the members and guests had a great day on Feb 9. The event saw the re-opening of Tanah Merah Country Club's new iconic Garden course which is rich in history and heritage. It was the third redevelopment of the Garden layout, from par-72 to par-70 and now par-71.





A total of 54 golfers (50 men and 4 ladies) were given a warm welcome by the TMCC staff at the popular Garden Golfers' Terrace. They mainly comprised of committee members and guests (chairmen, presidents, captains and Singapore Golf Association president Ross Tan) from various country clubs, who were treated to a steamy Hainanese chicken rice spread.

Conversations were abound because the Garden course is a significant fixture in Singapore's golfing history since its first opening in 1982. It had previously staged many major events such as the Kosaido Ladies, Queen Sirikit Cup, Lexus Cup, HSBC Women's Champions, Tanah Merah Skins, Johnnie Walker championships and even the Singapore Open.



So there was a lot of reminiscing around with many of the guests, namely the septuagenarians and sexagenarians, remembering even minute details of the events, best of all Ian Woosnam's second shot through the trees of the 18th that sailed through the trees and landed on the green. A plaque was also placed on the spot from which the Welshman took the second shot.





Though more land was lost due to Changi Airport's expansion, the new Garden still has a decent 5,706 metres length as a par-71. There are four par-fives, nine par-fours and five par-threes, and while the layout looks manageable, it can also be tricky.

Hole 1 is a long par-four over 384 metres from the whites and while visually it looks playable, you still need accurate shots. There is also a par-three with an island green that struggles to hold your shots as water waits all round.

The course was efficiently designed by Robert Trent Jones II, who had a bold vision of the Garden Course, which while relatively short it still provides major enjoyment and entertainment as evidenced by the players. The grand waterfall feature brings life into the course while beautiful hues of emerald-green and cobalt-blue treat the eyes to a breath-taking view.



The luxurious scenery is much needed for one to have a mini getaway from the hustle and bustle and escape into a gentler pace of life amid nature that is carefully curated for members.

The slow burns of real satisfaction can be felt as the course requires careful planning and negotiation such as using the ground contours to roll shots onto a peninsula shaped green at Hole 9 par-five.



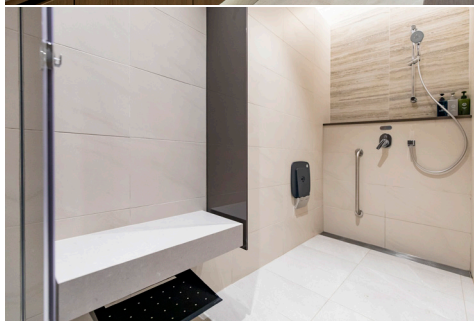
After a productive day of golfing, guests enjoyed a delectable spread for dinner such as a live station for a warm bowl of laksa, juicy and tender satay, and hot entrées featuring baked salmon with ginger teriyaki sauce.



After months of careful planning and deliberate execution, TMCC is also proud to finally let members enjoy the fruits of labour with the Garden Course. Look out for Garden Course's newly upgraded and luxurious changing rooms, and the Garden Terrace, "19th Hole", for your favourite meals that are both much needed after a great game of golf.

M. Murugiah, president of the Singapore Professional Golfers' Association, who played 36 holes at the course, said: "I went two rounds because it is real fun playing at the new Garden. Because it is relatively short, golfers may have the view that is an easy course.

Not so, for there are some tricky holes and difficult terrains to manipulate. I am looking forward to my third round. Also, it is a good complement to the Tampines course which is long and tough, especially from the blues. The social golfers will really enjoy Garden."



Faces of TMCC

OUR TREE DOCTOR: HORTICULTURIST SHARON BREATHES LIFE INTO OUR GREENS

Taking in the sights at Garden Course, it is always a pleasant surprise to see the vibrant green hues against the blue backdrop. The landscape has been thoughtfully and diligently taken care of by our horticulturist, Sharon Chew, who turned Garden Course into a shiny gem and an enjoyable course that members can experience today. Sharon's first job was at a golf course and her love for being a horticulturist brought her to TMCC where she finds happiness among the greens. We are happy to have our residential "tree doctor" call TMCC her new home.



A day in Sharon's life tends to be packed as she had been tasked to handle Garden Course before the recent opening and shortly after, she has set her sights on the Tampines Course in preparation for upcoming major events. It takes a lot of planning to breathe life into the green canvas for all to enjoy. Garden's luxurious scenery helps to manifest a mini getaway from the hustle and bustle of life and let one escape into a gentler pace of life amid nature that is carefully curated by her.

Safety is a priority when it comes to landscaping the course and it is important for her to strike a balance between style and practicality. For example, fast growing plants although pleasant for the scenery, come at a cost of potential fallen branches that are a safety hazard. She aims to balance the pros and cons to help TMCC's landscape bloom and scale sustainably over time.

When asked about what inspires her, one might be unsurprised to hear her mention "everything" as nature is everywhere, no matter how well hidden in our urban jungle. Every day is a new beginning to see her efforts slowly bloom on the green landscape that she hopes to call her own over time. In her free time, she likes to help fellow horticulturist from the industry and her collaborative spirit is one aspect of her shining character. Sharon brings along with her 14 years of working experience in the landscape industry and we can't wait to see what else she has in store for TMCC.



NOTICE OF ANNUAL GENERAL MEETING

Notice is hereby given that the 37th Annual General Meeting of the Tanah Merah Country Club will be held on **Thursday, 23 April 2020** at **6.00 pm** at the Garden Banquet Room.

AGENDA

- 1) Confirmation of Minutes of the last AGM held on Thursday, 18 April 2019;
- 2) To receive the Annual Report and pass the Accounts for the Financial Year ended 31 December 2019;
- 3) To elect Members of the General Committee, subject to Rule 32;
- 4) To appoint Auditors for the ensuing year; and
- 5) To transact any other business of which seven clear days' notice has to be given in writing to the General Manager/Secretary (deadline: Wednesday, 15 April 2020).

By order of the General Committee.

Kok Min Yee
General Manager/ Secretary

THANK YOU MR. CHOO CHIAU BENG



Mr Choo Chiau Beng has been Deputy Chairman of TMCC from 2008 to 2019. Concurrently, he was Chairman of the Audit Committee.

As Deputy Chairman, he worked closely with the Chairman in setting the overall direction and overseeing the management of the Club, including the lease renewal of the Club and the redevelopment of the Tampines and the Garden Golf courses.

As Chairman of the Audit Committee, Mr Choo led a team of members who are 'independent' of the General Committee and Sub Committees to oversee the financial governance of the Club.

Mr Choo has made invaluable contributions to the smooth running and progress of the Club during his tenureship as Deputy Chairman.

OUR BEST-EVER SPIKELESS TRACTION
WITH NEW TWISTGRIP TECHNOLOGY.



FULL-LENGTH BOOST FOR ENDLESS
ENERGY RETURN AND COMFORT.

CODE CHAOS BỎA

WATERPROOF, BREATHABLE
PERFORMANCE.



TRADITION RESET



CODECHAOS_BOA



©2020 adidas America, Inc. adidas, the Badge of Sport, and the 3-Stripes mark are registered trademarks of adidas.



THE USUAL LION DANCE AND LO HEI WERE MAIN HIGHLIGHTS AT LNY EVENT

By Godfrey Robert

It was a night of deep enthusiasm and high energy on an exciting event at Tampines Course

This is an annual event that Tanah Merah Country Club members look forward to. For there is fun, there is friendship, there is entertainment and there is an expectancy of "good luck" signs. And best of all, the lion dance is the icing on the cake with the troop members not only showing off their gymnastic and acrobatic skills but also showering blessings on the attendees. No doubt, that is the return of the receiving of hong bao, but generosity always prevails during this event that welcomes the Lunar New Year.

There was high anticipation as curtains were drawn for the grand event at the Tampines Course as members watched in awe while the lion dance troupe got into position. Vigorous drumming and rhythmic sound of the cymbals greeted the air as the troop masterfully performed and showcased their moves that mimicked the swift and exciting moves of a lion. The feelings of amazement and wonderment were palpable as the diners watched the lion leap across the high poles reminiscent of energetic masters performing martial arts and acrobatic moves.

Cheers were heard as members of the audience jostled to catch the gifts that the lions threw into the air. Members eagerly fed the



enthusiastic lion with red packets while the performers returned blessings back to them. Obstacles were overcome as lion dancers performed the 'Cai Qing' or "picking the greens" in order to nab the green vegetables that came with a red packet, no doubt a symbolic gesture to obtain luck for the club, especially with the Garden course re-opening.

The first half of the performance ended with the grand exhibition of scrolls filled with symbolic wishes. Overall, it was a treat to watch the evening unfold with this wonderful performance that was perfectly in sync with the energetic rhythm. To the audience's surprise, the evening was just beginning as LED assisted dragon dancers strutted into the Tampines Banquet Room with dazzling lights swirling around in the grand room. The troupe enchanted everyone with a thrilling technologically-infused electroluminescent choreography display. Members watched in astonishment as the lion circled around everyone and it was hard to look away from this stunning fusion of traditional and modern display.

Members were treated to exciting gifts for the Fortune Draw with the

golf prizes sponsored by Adidas, Longest Drive by Hugo Boss, and golf and lucky draw prizes by Transview. The diners walked away with merchandise such as caps and golf duffel bags, Srixon golf balls, Callaway golf bags, XXiO Boston bags, Takashimaya and Transview vouchers, and the coveted Bushnell Tour V4 Rangefinder. It was definitely a night of prosperous giving and well-wishes.

Of course, the Lunar New Year celebration is only complete with the 'Lo Hei' ritual that is packed with symbolism. Auspicious well-wishes were exchanged as members participated in this act of "tossing up good fortune". Passionate repeating of the phrases was heard as members tried to outcompete one another for a higher toss in hopes of a prosperous new year.

A scrumptious banquet spread included the perfect medley of savoury, spicy, and sweet 'Sauteed Fresh Scallop with Prawn and Asparagus in XO Sauce', and the crowd favourite hearty dish of 'Steamed Glutinous Rice with Waxed Meat'.





To enhance the highly energetic night, Suzie Wong made a comeback appearance by serenading to the crowd with must-have celebratory classics that members know by heart and sang along to such as "Stand By Me" and spontaneous dancing broke out to songs such as 月亮代表我的心 ('The Moon Represents My Heart') and more. Nostalgic throwbacks filled the grand banquet room with songs such as 甜蜜蜜 ('Sweet as Honey') that encouraged members to showcase their talent by spontaneously belting along.



It is always refreshing to see young faces at the club as the children excitedly participated in the stage games that required them to wear adorably child-sized lion-dance heads as they jumped up and down to mimic the festive dances. The children also exhibited their cheeky side with their quirky one-liners as they held their own against the emcee's interaction and it was certainly a treat for adults to see the little ones in a different light.

There was a talking point from the afternoon's golf game as Ryu Jin Su just missed a hole-in-one, his ball landing only one centimetre from the hole at Hole No.4. Obviously, he was a clear winner for the Nearest the Pin prize.

The night ended on a high as members left the banquet room with well-wishes to everyone for the coming year as they had a fulfilled day of golfing, socialising, dining, and having fun.



GOLF RESULTS:

Men:

- 1 Tarunjeet Singh Dhingra 38 pts.
- 2 Calvin Sim 37 ocb.
- 3 David Soh 37 ocb.
- 4 Jimmy Wu 37 ocb.
- 5 Jeremy Tan 37 ocb.

Women:

- 1 Jasmine Chew 38 pts.
- 2 Lauren Tan 36 ocb.
- 3 Gillian Sim 36 ocb.





HOLLOW TINING

On February 17, TMCC had its regularly scheduled hollow tining at Tampines Course. This important maintenance includes an aerification process that creates more air space in the soil and promotes deeper rooting which ultimately keeps our grass plants healthy! Traffic from golfers' feet tend to compact the soil under the putting green. The aerification process aims to relive soil compaction, improve soil mixture around the highest part of a green's roots and reduce the accumulation of excess thatch, and ensuring the healthy roots get enough oxygen through the tiny pockets of air.

In most cases, aerification is done by removing half-inch cores from the compacted soil in order to allow the infusion of air and water thus encouraging growth. The spaces are filled with sand topdressing that aims to help the soil retain air space and thus aid the roots in growing downward.

Filling aerification holes with sand improves drainage and resists compaction. The periodic introduction of sand to a green's top layer can, over time, avoid or postpone expensive rebuilding or renovation of greens.

Growing of turf adds to a layer of organic matter on the surface. This layer, called thatch, is an accumulation of dead stems, leaves and roots. A little organic matter makes for a resilient green, but too much invites diseases and insects. Topdressing with sand can prevent thatch buildup and aerification is one of the best ways to reduce an existing layer and prevent an excess of thatch from becoming established.

The next time you are on our greens, feel the weight of the field underneath your soles and appreciate the maintenance work that goes into keeping our greens healthy!

How the greens renovation process happens:



Tining machine in action, removing soil cores and blowing the soil cores into a pile for collection



Completed process will require 2-3 weeks for recovery



Top dressing with fine sand

hole

IN ONE ACHIEVERS

ACES SCORED OUTSIDE TANAH MERAH COUNTRY CLUB

Kim Hyoung Jin

Hole #6

Distance

162 Yards

Forest City Golf Resort,

Classic Course

Date Achieved

31.12.2019

Winoto Adjianto Tan Hung Hwie

Hole #10

Distance

170 Yards

Toscana Valley Country Club,

Khao Yai, Thailand

Date Achieved

03.01.2020

ACES SCORED AT TANAH MERAH COUNTRY CLUB

David Chan Sian Kheong

Hole #16

Distance

112M

TMCC, Tampines Course

Date Achieved

29.01.2020

Chua Liat Seng

Hole #11

Distance

126M

TMCC, Garden Course

Date Achieved

15.02.2020

Lee Jung Min

Hole #16

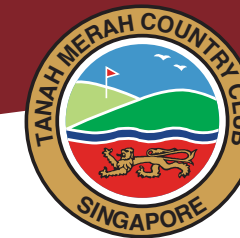
Distance

126M

TMCC, Tampines Course

Date Achieved

29.02.2020



GARDEN COURSE RIBBON TEES



We have created something new at Garden Course called “**RIBBON TEES**”. Instead of separate tees, think of a wrapped Christmas present that’s tied by a long wide ribbon.

The tees are long, with little folds and irregularities as they run along seamlessly, connected to the fairways.

The tees are integrated against the surrounding landscapes, but they are at different lengths and angles and flow through different grades as you go from tips to the forwards and the various markers up between. They are a cross between a free-form tee and walking path.

Experts of the game have given compliments to Roberts Trent Jones II on his Ribbon Tee creations that were a feature of his 2015 US Open course at Chambers Bay. They were noted as the first creatively new idea of the original 21st century. It’s “into” the land and “of” the land - eminently natural - and it doesn’t feel like a tee “box”, and you have many options for the markers. They may, however, be canted, so watch out. Find the place within the markers where it’s flat or where you can use the grade to help shape your shot. We want you to try it!

TMCC embarks on a new phase for Asian Women's Golf!

TMCC warmly welcomes distinguished guests to kick-start a new chapter of the Asian Ladies Professional Golf Series.



Spirits were high as honourable guests from Hana Financial Group entered TMCC's Tampines Banquet room. The day was momentous as TMCC has been picked to host the 'Singapore Women's Open' in 2020 alongside their six other existing tournaments for the Asian Ladies Professional Golf Series.

TMCC has hosted several women golfing tournaments such as the Kosaido Asahi, Lexus Cup, HSBC, and Queen Sirikit Cup. Therefore, it is no surprise that TMCC has been chosen by Hana Financial Group to be a part Asia's leading women's tournament, especially with TMCC's experiences and the fact that its course was designed for championship play in mind. Singapore will be #5 in the Asian Series with an attractive pursue of US \$1Million.

The memorable day wouldn't have been possible if not for the presence and hard work by the various golfing organisations such as Hana Financial Group, Singapore Golf Association, Korean Ladies Professional Golf Association (KLPGA), and Mediapro Asia. Each of them brought a unique addition to this apex team that will push the envelope for women's golfing. The event will be co-sanctioned by the Singapore Golf Association and KLPGA. Aspiring golfers can look forward to a new Asia Ranking System and Asian Player of the Year Award vip too.

Guests were treated to TMCC's signature Fish Head Curry Dish while the prestigious guests were warmly welcomed by our President, Mr. Ho Beng Huat and Marketing Convenor, Mr. Joey Chang. Mr. Ho, in his speech, remarked that he has a vision of growing the women's golfing scene in Asia and TMCC's Tampines championship golf course will help to create a new entry point in Southeast Asia.

A highlight of the day was the presence of internationally acclaimed golfer Ms. Se Ri Pak. To everyone's delight, the host announced that she is the 2020 recipient of the Bob Jones Award. Pak is the first Korean to receive this title and she shared her dream with the audience by expressing that she aims to contribute and pay it forward by nurturing the junior talent through the Asia Golf Leader Forum. She expressed her honour in being a part of the day's signing event.

The tournament will happen in November 2020 and no doubt many global audiences will be excited to see this new phase of golfing unfold!



Rolling into a Prosperous Year: A Shortcake Baking Workshop

Making sweet treats to set the right tone for the new year

Getting into the festive spirit can happen in numerous ways and one of it is to prepare delectable treats to share with family and friends.

The workshop was led by Chef Serena who earnestly shared with members the important tips on how to make the perfect dough for the Taiwanese shortcake that is chewier, and how to avoid making it dry and crumbly. She also gave tips on where to find the ingredients to succeed in baking the shortcakes since preparation is half the battle.

Members made careful rolls of the dough into intricate festive Lunar New Year designs such as the mandarin oranges – a traditional symbol of good fortune. No doubt that they were baking from their hearts with well wishes in mind for the people they would give the cakes to. This process took the longest as members concentrated to translate the visuals from their minds into the canvas that is the dough with their skilful hands.

Casual remarks about how decorating the shortcakes was therapeutic filled the air as members zoned in their focus on the brightly coloured doughs that were hypnotising and eye-catching in equal measure. It was as if they were materialising beautiful treats out of thin air. Members were pleased to find out how pretty the shortcakes turned out and all their efforts were rewarded with desserts that are a treat to not only the eyes but also to the taste buds.

The small group was intimate and interactive as casual jokes were shared. The ladies jested that when they eat their fruits of labour, they must take small mouthfuls and make every bite of the shortcake count. Some even remarked that the shortcakes were too pretty to be eaten.



A Lunar New Year Shopping Getaway at Batam

Getting ready for the new year in style with an exciting trip overseas

Being just a few hours away from Singapore by bus, Batam is known for its fabulous food, interesting shopping opportunities, and relaxing massages. Members of TMCC embarked on a one-day shopping trip by bus to Batam to prepare for the Lunar New Year. They were greeted by an exhilarating view of the 'Welcome to Batam Monument' where one must take photos at to testify that one has indeed visited Batam.

Arming for the new year, members treated themselves to new clothes at the Armyman.inc outlets for the latest branded clothing that is premium in quality, and also at speciality stores such as the Be Superheroes outlet for the young at heart where one can purchase superhero-themed merchandise such as bags, hats, wallets, and more.

One of the highlights of the trip is at 70 Fahrenheit Koffie, a "coffee factory", where one can learn more about black coffee and experience the many notes from an espresso shot that perhaps could have an unique fruity or earthy flavour. Instructors taught members how to make and drink coffee in the best way possible such as its ideal temperature for the grinded beans. This caffeine boost was much needed to fuel the day of walking around.

The trip featured decadent and sweet treats that were needed to balance out the acidic coffee. Over at the Pineapple Cake factory, the popular tart is the perfect proportional balance between a crumbly bite punctuated with spikes of sweetness. The Kueh Lapis Factory featured layered cakes that is soft akin to biting into a buttery pillow. The Penuin Wholesales Market is the one-stop place for purchases for local speciality ingredients, clothes, trinkets, and souvenirs. Members were able to get a true look into Batam's cuisine when they tasted homemade snacks from local peddlers such as the unique 'salted shrimp and belinjo crackers'.

Lunch was a hearty dish of 'Ayam Penyet', served at the Sunda Sawargi Indonesia Restaurant, which provided



members a wonderful spread of Indonesia style smashed and deep-fried chicken served with a heaping bowl of steamed rice and spicy chili paste.



Members were eager and delighted to try the Latex Mattress. The mattress, apart from providing proper sleeping posture, is washable and durable, which is a bang for the buck and enticing for the members.

No doubt the members most likely pictured themselves having a good night of rest at home after a day of productive purchases and preparation for the Lunar New Year.



The art of dealing with arthritis and pain management

It was a productive evening of finding new ways to maintain the body and ward against persistent pains as members of TMCC attended a pain management session.

The session aimed to address common solutions to aches and pains in one's muscles and joints. The talk featured different spectrums of solutions such as traditional medical management, prevention of further deterioration, home-based therapy, and even new non-invasive medical solutions.

The speaker, Dr Terence Tan, has over a decade of experience in alleviating pain ailments of his patients and is registered with both the Family Physician Accreditation Board and the Singapore Medical Council.

There was spontaneous sharing, by members, of their personal experiences based on what Dr Tan was presenting and the casual setting helped to make everyone at ease to share their journey. Dr Terence Tan gave his medical feedback based on his years of experience which helped members understand why some treatment worked and others did not.

It was definitely an eye-opening session when members learned new options such as shockwave therapy and nanotechnology in which Dr Tan was helpful in leading them through the evening with his informative insight.



Love is in the air: our Valentine's Day swiss roll making workshop



They say that home is where the heart is, and the kitchen is at the centre of it all. We can't think of a more intimate way to celebrate the month of love than by baking sweet treats for the ones we care about. Thus, love was in the air as passionate members of TMCC attended a Valentine's Day themed Swiss Roll workshop that taught them how to bake the softest and fluffiest treat that is all wrapped up into a lovely roll and is embedded with decorative hearts and well wishes.

The session was taught by a familiar face at TMCC, Chef Serena, who encouraged members to try out this skilful task that requires patience and precision, from the layering of the batter to the rolling of the sponge cake. Chef Serena was there to guide members to success and thus the once intimidating challenge of baking now felt familiar and manageable to all.

With a rich and irresistible kaya filling, this sweetness, the epitome of Valentine's Day, was the secret punch to pair up with the airy sponge cake. The kaya flavour is a unique local twist that helps to distinguish the day's efforts from the usual vanilla swiss rolls.

Chef Serena shared important tips such as techniques to fold the batter and alternative ingredients one can procure. No doubt, our TMCC members are now well-equipped to take on different versions of this classical Swiss Roll with the personalised flavours of their choice!





Fruit Tarts

By Chef Serena Tang

Join Chef Serena and learn about tarts, from making of tart dough to delicious pastry cream to arrangement and usage of fresh fruits; and finish off with glazing and dusting.

Date	Saturday, 23 May 2020
Time	10.00am to 12.30pm
Member's Price	\$53 nett (Light breakfast will be served)
Venue	Ixora Room, Garden Location
Minimum Pax	10
Closing Date	Saturday, 9 May 2020

Terms & Conditions: This workshop is exclusively for Members only. The product image shown is for illustration purposes only and may not be an exact representation of the product. There may be changes to the design decorations due to seasonal and market availability. The price quoted is in Singapore dollars and is inclusive of 7% GST. A minimum of 10 participants is required for the event to take place. TMCC shall be free to cancel the event if less than 10 participants have registered 14 days prior to the event. The registration fee will remain payable in full if notice of cancellation is received after the closing date. TMCC reserves the right to make changes without prior notice.

Join
us!



Marketing
@ 6592 0306/6592 0304



Marketing WhatsApp @ 8351 4011



marketingadmin@tmcc.org.sg

Bibimbap
an iconic dish of
mixed ingredients

Taste of
KOREA



Other delicacies:

Japchae
the perfect balance of
sweet and savoury dish

Samgyetang
a hearty ginseng
chicken soup for the body

Korean Cuisine Cooking Workshop

By Chef Shih

Have you seen the mouth-watering dishes in Korean dramas and wish to make them yourself? Bring Korea to you by learning iconic delicacies such as Japchae, Samgyetang, and Bibimbap. From the hearty soup to perfectly seasoned noodles, let's learn the art of Korean cuisine!

Date	Saturday, 28 Mar 2020
Time	10.00am to 12.30pm
Member's Price	\$53 (Light breakfast will be served)
Venue	Ixora Room
Minimum Pax	10 pax
Closing Date	Saturday, 14 Mar 2020

Terms & Conditions: This workshop is exclusively for Members only. The product image shown is for illustration purposes only and may not be an exact representation of the product. There may be changes to the design decorations due to seasonal and market availability. The price quoted is in Singapore dollars and is inclusive of 7% GST. A minimum of 10 participants is required for the event to take place. TMCC shall be free to cancel the event if less than 10 participants have registered 14 days prior to the event. The registration fee will remain payable in full if notice of cancellation is received after the closing date. TMCC reserves the right to make changes without prior notice.

Join
us!



Marketing
@ 6592 0306/6592 0304



Marketing WhatsApp @ 8351 4011



marketingadmin@tmcc.org.sg

Indonesia Sedap!

Gado-Gado

One of Indonesia's iconic national dish showcasing a medley of taste and texture featuring lontong, tempe, tofu and more that lingers on your palate.



Other delicacies:

- Balado Terung
- Rendang Chicken
- Sayur Lodeh



Indonesian Cooking Workshop

By Chef Shih

Explore an exquisite collection of culinary traditions of the archipelagic nation that is Indonesia, as we come together to enjoy the exciting taste of different cultures. Find your new must-have meals that you will be unable to resist getting seconds of! Look forward to mastering the simple but complex and eclectic flavours that drive these dishes.

Date	Saturday, 25 April 2020
Time	10.00am to 12.30pm
Member's Price	\$53 (Light breakfast will be served)
Venue	Ixora Room, Garden Location
Minimum Pax	10
Closing Date	Saturday, 11 April 2020

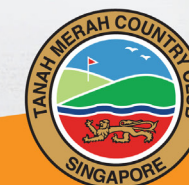
Terms & Conditions: This workshop is exclusively for Members only. The product image shown is for illustration purposes only and may not be an exact representation of the product. There may be changes to the design decorations due to seasonal and market availability. The price quoted is in Singapore dollars and is inclusive of 7% GST. A minimum of 10 participants is required for the event to take place. TMCC shall be free to cancel the event if less than 10 participants have registered 14 days prior to the event. The registration fee will remain payable in full if notice of cancellation is received after the closing date. TMCC reserves the right to make changes without prior notice.

"Eat to Defy Aging"

by Caleb Mok, Dietician

Wondering what are the factors of premature aging?
Does intermittent fasting improve lifespan?
What are the food that can fight aging?

Come and learn more with Dietician Caleb on the secrets to quality LONG LIFE!



Date	Tuesday, 12 May 2020
Time	7pm to 9pm
Price	\$8 (Member) \$10 (Guest) (Light dinner will be served at 7.00pm)
Venue	Ixora Room
Minimum Pax	10
Closing Date	Friday, 1 May 2020



Speaker Profile

Caleb Mok, Dietician

Caleb Mok is a dietician who seeks to inspire people to live a disease-free, fulfilling and quality life by making healthy diet delicious and healthy lifestyle fun and achievable. Having trained in a heart institute and an acute hospital, his interest is focused on preventive and rehabilitative nutrition. He is actively advocating healthy lifestyle through article publications, public talks and seminars, individual counselling sessions, recipe development, cooking demonstrations, food photography and others.

Terms and conditions: Minimum of 10 participants required for the event to take place. TMCC shall be free to cancel the event if less than 10 participants have registered 3 days prior to the event. The price quoted is in Singapore dollars and is inclusive of 7% GST. The registration fee will remain payable in full if notice of cancellation is received after the closing date. TMCC reserves the right to make changes without prior notice.

Are You Smarter Than A Primary School Student?

How much do you know about General Knowledge, Science, and Singapore? These were the topics asked to a group of curious kids who attended our Quiz Day that is a highlight of our weekly Kids' Carnival!

Enthusiastic kids of TMCC showed off what they read and learned from school by answering the questions with much gusto. Some pondered deeply over their guesses while others had the answers instinctively sprung to their active minds. It was an engaging afternoon for the kids to introduce themselves to new trivia and bring new fun facts along with them to impress their friends!

It is one thing to know a fact, and another to make an educated guess on one's feet when unsure. The youngest was a four-year-old who held her own against older peers. It was definitely a sight to behold watching these cheerful faces grinning in anticipation over their attempts at getting the answers right.



They no doubt made their parents proud by expressing their desire to learn and show off their confidence when expressing their thoughts. We simply cannot wait to invite back these bright-eyed and talented kids back for our next Quiz Day just to see just how much they've grown and learned!

Missed our quiz day?

Fear not as you can quiz yourself!

How many "Wonders of the World" are there?

What is "H2O"?

What's the MRT station between Orchard and Dhoby Ghaut?

Counting from One to Nine, Try to Finish Your Sudoku in Time!

How fast can you think on your feet and how well in-sync are you with numbers? These are two important factors needed to succeed in a Sudoku. During our weekly Kids' Carnival, we had our Sudoku Challenge that is a favourite among the kids who love to put their eager minds to the test!

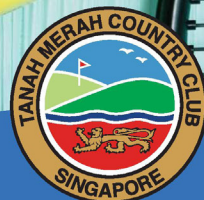
For the newbies, they were guided through what a Sudoku puzzle is like. Basically, it is a number-placement puzzle that is popular in not just Japan but also worldwide! The goal is to fill a 9x9 grid with numbers ranging from 1 to 9. The challenge is that the permutations are numerous yet there can only be one solution. This puzzle requires one to plan ahead and decide which numbers they want to place in the grid.

Sports Complex's TMCC staff members enthusiastically guided the curious-minded kids in their journey through a matrix of blanks and numbers while the newbies scratched their heads during their first attempt. With enough practice, these young minds were able to overcome the challenges and finish the puzzle faster than before.



No doubt, these new experts are embracing their newfound talents at solving Sudokus and will eagerly scout around for new puzzles to solve!

JUNIOR TENNIS SINGLES



Junior Tennis Singles Championship

Bring your high-energy game as our annual fast-paced championship is back. Time to cause a racquet at the battlefield and you could be crowned as our next Champion!

Date Sunday, 19 April 2020
Time 4pm - 7.30pm
Venue Tennis Court
Closing Date Sunday, 5 April 2020

- Medals for Top 3 Winners
- Minimum of 4 Players in Each Category for Commencement of Tournament

Sign up at Sports Complex Office

Join
us!

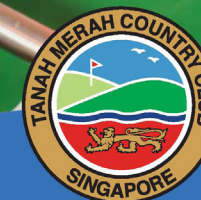


Sports Complex @ 6592 0313 / 6592 0312



sportcomplex@tmcc.org.sg

SHOOT YOUR WAY TO VICTORY!



Foosball Fun Tournament

Time to show off the training you have done in break rooms and bring out your Foosball competitive side. Brush pass and pin shot your way to victory! Look out for our mini carnival and stand to win attractive prizes.

Date Sunday, 5 April 2020
Time 4pm - 6pm
Venue Poolside Cafe
Closing Date Friday, 27 Mar 2020

Sign up at Sports Complex Office

Join
us!



Sports Complex @ 6592 0313 / 6592 0312



sportcomplex@tmcc.org.sg



A promotional poster for a Table Tennis Fun Tournament. The top half features a bright yellow background with three white table tennis balls and two paddles, one red and one blue, arranged in a cluster. The bottom half has a blue background. In the center, there is a circular logo for Tanah Merah Country Club Singapore, which includes a landscape with a flag and a lion. Below the logo, the title 'Table Tennis Fun Tournament' is written in large, bold, yellow letters. Underneath the title, there is a paragraph of text in white. To the left, there is a table with details about the tournament. At the bottom, there is a list of bullet points and a sign-up instruction. The footer contains contact information and a 'Join us!' button.

Table Tennis Fun Tournament

Looking to meet like-minded table tennis enthusiasts?
This tournament is a perfect platform for a fun time and suiting all skill levels. Come down on the day as we “serve’ up a great time.

Date	Sunday, 10 May 2020
Time	4.30pm - 6.30pm
Venue	Table Tennis Court
Closing Date	Sunday, 3 May 2020

- Snack and refreshments will be served
- Minimum of 4 players to start the tournament

Sign up at Sports Complex Office

Join us!  Sports Complex @ 6592 0313 / 6592 0312  sportcomplex@tmcc.org.sg



POOLSIDE CARPET REPLACEMENT 5 MARCH - 9 APRIL



Dear Members,

Please be informed that the poolside carpet shall be progressively replaced from Thursday, 5th of March till Thursday, 9th of April, from 9am to 5pm on weekdays only.

The swimming pool will be open to members as per normal.

We apologise for any inconvenience caused by the works while we work to improve our facilities.

TMCC MANAGEMENT

MAR 2020



01 SUN

Muay Thai Class
4pm to 5pm; Poolside Area
Kids' Carnival
4pm to 6pm; Poolside Café

02 MON

Dancing Class
8pm-9pm; Glass Gym

03 TUE

Dancing Class
8pm-9pm; Glass Gym

04 WED

05 THU

Media Game Garden (PM)
Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym

06 FRI

Dancing Class
7.30pm-8.30pm; Glass Gym

07 SAT

Changi Coast Road Brisk Walk;
8am to 10.30am;
Sports Complex Lobby

08 SUN

Muay Thai Class
4pm to 5pm; Poolside Area
Kids' Carnival
4pm to 6pm; Poolside Café

09 MON

Dancing Class
8pm-9pm; Glass Gym

10 TUE

Dancing Class
8pm-9pm; Glass Gym

11 WED

12 THU

Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym



13 FRI

Dancing Class
7.30pm-8.30pm; Glass Gym

14 SAT

15 SUN

Swim for Laps,
9pm to 7pm;
TMCC Swimming Pool
Muay Thai Class
4pm to 5pm; Poolside Area
Kids' Carnival
4pm to 6pm; Poolside Café

16 MON

Dancing Class
8pm-9pm; Glass Gym

17 TUE

Ladies' Medal - Tampines (AM)
Dancing Class
8pm-9pm; Glass Gym

18 WED

Basic intro to Photography (I)
7pm to 9pm; Ixora Room
Swim Safer Test

19 THU

Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym

20 FRI

Dancing Class
7.30pm-8.30pm; Glass Gym

21 SAT

The Club Matchplay Championship (R3)
- Tampines (PM)
Ladies' Matchplay Championship (R2)
Tampines (PM)

22 SUN

Muay Thai Class
4pm to 5pm; Poolside Area
Kids' Carnival
4pm to 6pm; Poolside Café
The Club Matchplay Championship (Final)
- Tampines (PM)
Ladies' Matchplay Championship (Final)
- Tampines (PM)

23 MON

Dancing Class
8pm-9pm; Glass Gym

24 TUE

Dancing Class
8pm-9pm; Glass Gym

25 WED

26 THU

Tennis Club Nite
6pm to 10pm; Sports Complex
Tennis Court
Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym

27 FRI

Dancing Class
7.30pm-8.30pm; Glass Gym

28 SAT

Korean Cooking Class
10.00am to 12.30pm;
Ixora Room

29 SUN

Social Table Tennis
4pm to 7pm;
Table Tennis Court
Kids' Carnival
4pm to 6pm; Poolside Café
Muay Thai Class
4pm to 5pm; Poolside Area



APR 2020**01** WED**02** THU

Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym

03 FRI

Dancing Class
7.30pm-8.30pm; Glass Gym

04 SAT**05** SUN

Foosball Tournament
4pm to 6pm; Poolside Café
Kids' Carnival
4pm to 6pm; Poolside Café
Men's Medals cum Qualifying round for Mercedes Trophy
- Tampines (PM)
Muay Thai Class
4pm to 5pm; Poolside Area

06 MON

Dancing Class
8pm-9pm; Glass Gym

07 TUE

Dancing Class
8pm-9pm; Glass Gym

08 WED**09** THU

Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym

10 FRI

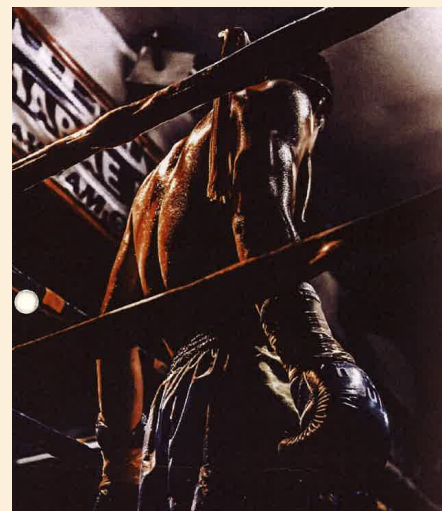
GOOD FRIDAY

11 SAT**12** SUN

Kids' Carnival-Easter Bunny
Hunt 4pm to 6pm; Poolside Café
Muay Thai Class
4pm to 5pm; Poolside Area

13 MON

Muay Thai Class
4pm to 5pm; Poolside Area

**14** TUE

Ladies' Medal / Mercedes Trophy
- Tampines (PM)
Dancing Class
8pm-9pm; Glass Gym

15 WED**16** THU

Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym

17 FRI

Dancing Class
7.30pm-8.30pm; Glass Gym

18 SAT**19** SUN

Junior Tennis Singles Championship 2020
4pm to 7.30pm; Tennis Court
Kids' Carnival
4pm to 6pm; Poolside Café
Muay Thai Class
4pm to 5pm; Poolside Area

20 MON

Dancing Class
8pm-9pm; Glass Gym

21 TUE

Dancing Class
8pm-9pm; Glass Gym

22 WED**23** THU

Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym

24 FRI

Dancing Class
7.30pm-8.30pm; Glass Gym

25 SAT

Indonesian Cooking Workshop
10am to 12.30pm; Ixora Room

26 SUN

Social Table Tennis
4pm to 7pm; Table Tennis Court
Kids' Carnival
4pm to 6pm; Poolside Café
7.30pm-8.30pm; Glass Gym

27 MON

Dancing Class
8pm-9pm; Glass Gym

28 TUE

Dancing Class
8pm-9pm; Glass Gym

29 WED**30** THU

Tennis Club Nite
6pm to 10pm; Sports Complex Tennis Court
Yoga Class
9am to 10am; Gym Extension
Dancing Class
7.30pm-8.30pm; Glass Gym



sports&recreation

**EVERY MONDAY,
WEDNESDAY, SATURDAY**

POWER WORKOUT

Circuit sessions and workouts to help you look fit and fabulous!
Glass Gym; 11am; Free



POWER WORKOUT

Join us in our day circuit sessions to help you look fit and fabulous!

EVERY THURSDAY

YOGA CLASS

Rejuvenate the aches and strains from golf with a yoga session. This is a full body workout with muscle flexibility exercises designed to help in golf.
Gym Extension; 9am to 10am
• Members \$240 for 8 classes
• Guests \$270 for 8 classes

YOGA-FLOW AND STRETCH

Yoga with Joelle Chew is a great way to rejuvenate the aches and strains from golf. Joelle promises a full body workout with muscle flexibility exercises designed to help you in golf.



EVERY THURSDAY

PILATES

Improve your posture, core strength and flexibility with Pilates. There are many benefits of Pilates to discover!
Glass Gym; Beginner: 3:30pm to 4:30pm / Intermediate: 4:30pm to 5:30pm; Members: \$239.68 (8 classes) / Guests: \$265.36 (8 classes)



PILATES

Pilates is known to help improve posture, core strength and flexibility. Join now to reap the benefits of the pilates method with the help of our qualified instructress. Our Courses cater to novices and advanced pilates participants.

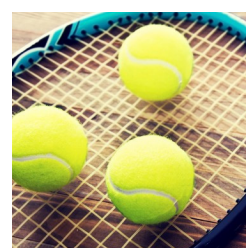
**LAST THURSDAY OF
EVERY MONTH**

TENNIS CLUB NIGHT

Enjoy a sporting night of tennis with your guests (up to 3 guests) and other participants.
TMCC Tennis Courts; 6pm to 10pm; Free
*Light refreshments provided

TENNIS CLUB NIGHT

Held every last Thursday of every month, enjoy a sporting night of tennis with your guests (maximum 3 guests) and other participants. Do not miss this popular monthly event as it will leave you wanting more.

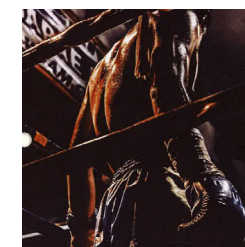


Think you can be the next champ? Sign up for our sports tournaments and give us your best performance on the courts and in the Gym!

EVERY SUNDAY

MUAY THAI

Develop new skills, increase your strength and learn self-defense with this high intensity sport.
Glass Gym; 4pm to 5pm (min. 4 pax required to start); 8 sessions (already on-going)
• Members \$240 for 8 classes
• Guests \$270 for 8 classes



MUAY THAI

- Develop new skills, habits & a healthier lifestyle
- Increase functional strength & gain confidence in yourself
- Increase your fitness & learn self-defense at the same time

EVERY SUNDAY

TOTAL BODY CONDITIONING

Improve and enhance your body's overall strength, flexibility and endurance by toning your body in this class.
Glass GYM; 4pm to 5pm (min. 4 pax required to start) 8 sessions (already on-going)
• Members \$90
• Guests \$100

TOTAL BODY CONDITIONING

Join this class to improve and enhance your body's overall strength, flexibility and endurance. Total Body Conditioning will tone your upper and lower body regions which will contribute to good posture and total body alignment.



**LAST SUNDAY OF
EVERY MONTH**

SOCIAL TABLE TENNIS

Mingle and play with other passionate table tennis players during our monthly social table tennis sessions.
TMCC Squash Court; KIV; FREE; 4pm to 7pm

SOCIAL TABLE TENNIS

Held every last Sunday of the month, enjoy a sporting night of table tennis with your guests and other participants. Do not miss this popular monthly event as it will leave you wanting more.

Chef's Recommendations

March & April 2020



赤小豆粉葛土鯪鱼煲猪展汤
Double Boiled Pork Shank Soup
with Dace Fish & Red Bean
(S)\$26.80 (M)\$39.80 (L)\$53.80

帶子百花卷
Crispy Scallop Roll stuffed
with Salted Egg Yolk
(S)\$21.80 (L)\$43.80



椒盐鳕鱼粒
Crispy Cod Fish Cubes
in Salt & Pepper
(S)\$20.00 (M)\$30.00 (L)\$40.00



Garden View Restaurant



黑松露香煎日本和牛
Pan Fried Japanese Wagyu Beef
with Black Truffle
(S)\$85.00 (L)\$170.00

蒜香童子鸡
Roasted Spring Chicken
marinated with Garlic
\$18.00 per bird



咸鱼排骨煲饭
Claypot Rice with
Pork Ribs & Salted Fish
(S)\$32.00 (L)\$58.00



Golfers' Terrace (Garden & Tampines) WEEKDAY Lunch Specials March 2020

2 - 6 March (Mon - Fri)

Seafood White Bee Hoon with Lala \$10.80

Braised Pork Belly with Salted Fish in Claypot \$12.80
Served with Rice and Soup

Pan-Roasted Boneless Chicken Leg and Chestnut Stuffing with Truffle Cream Sauce \$12.80
Served with Roasted Potato and Daily Vegetables

9 - 13 March (Mon - Fri)

Deep-fried Fish Belly in Milk Broth \$10.80
Served with Rice

Ayam Penyet \$11.80
Served with Deep-fried Chicken Whole Leg, Tau Kwa, Tempeh and Rice

Turkey ala King in Vol Au Vent \$13.80
Served with Roasted Potato and Daily Vegetables



16 - 20 March (Mon - Fri)

Hong Kong Fried Noodles \$10.80

Pan-Roasted Pacific Dory Fillet Glazed with Balsamic Teriyaki Sauce \$12.80
Served with Steamed Rice & Nonya Mixed Vegetables

Braised Pork Belly with Mui Choy \$13.80
Served with Rice and Soup

23 - 27 March (Mon - Fri)

Sin Chew Fried Bee Hoon \$10.80

Hainanese Pork Chop Set \$11.80
Served with Rice and Soup

Mutton Rogan Josh \$13.80
Served with Basmati White Rice

30 - 31 March (Mon - Tue)

Ipoh Hor Fun Soup \$10.80
Shredded Chicken, Fish Cakes, Prawn and BBQ Pork

Babi Pongteh Set \$11.80
Served with Rice and Nonya Mixed Vegetables

Turkey Tikka \$12.80
Served with Biryani and Yellow Dal

Prices are in Singapore Dollars and inclusive of 7% GST.
Management reserves the right to make changes to the menu without prior notice.

Golfers' Terrace (Garden & Tampines) WEEKEND Lunch Specials March 2020

7 - 8 March (Sat - Sun)

Beef Noodle in Double Boiled Thick Gravy With Meatballs, Tripes, Bean Sprouts & Salted Mustard	\$10.80
Braised Pork Spare Ribs with Yam in Claypot Served with Rice and Soup	\$12.80

14 - 15 March (Sat - Sun)

Fried Chicken with Curry Leaf in Claypot Served with Rice and Soup	\$12.80
Red Leg Prawn Mee Soup with Pork Ribs	\$12.80

21 - 22 March (Sat - Sun)

Lor Mee topped with Crispy Fish Skin with Pork Belly, Fish Floss, Egg and Fish Cakes	\$9.80
Fried Spare Ribs with Crispy Garlic Served with Rice and Soup	\$12.80

28 - 29 March (Sat - Sun)

Stir-fried Seafood Udon	\$10.80
Porridge Set with Whitebite Omelette, Braised Pork Belly, Tau Pok, Braised Kiam Chye and Steamed Fish Cakes	\$11.80

Prices are in Singapore Dollars and inclusive of 7% GST.
Management reserves the right to make changes to the menu without prior notice.

Golfers' Terrace (Garden & Tampines) WEEKDAY Lunch Specials April 2020

1 - 3 April (Wed - Fri)

Ipoh Hor Fun Soup Shredded Chicken, Fish Cakes, Prawn and BBQ Pork	\$10.80
Babi Pongteh Set Served with Rice and Nonya Mixed Vegetables	\$11.80
Turkey Tikka Served with Biryani and Yellow Dal	\$12.80

6 - 10 April (Mon - Fri)

Seafood Mui Fan Top with Roasted Pork	\$10.80
Smoked Chicken Alfredo Served with Linguine	\$10.80
Ayam Panggang Set With Egg and Achar	\$11.80

13 - 17 April (Mon - Fri)

Mee Siam with Prawn, Egg, Chye and Tau Pok	\$8.80
Honey Rock Sugar Glazed Ham Steak with Spicy Apples Ring Served with Roasted Potatoes and Daily Vegetables	\$12.80
Seafood Masak Pedas Set Prawn, Fish, Mussel and Squid in Spicy Tamarind Gravy and served with Rice	\$13.80



20 - 24 April (Mon - Fri)

Nasi Lemak Set	\$10.80
Served with Pandan Rice, Otak, Egg and Chicken Wing	
Seafood Crispy Noodles	\$10.80
Garlic Prawn Pasta	\$12.80

27 - 30 April (Mon - Thur)

Laksa Fried Noodles	\$10.80
Prawn, Fish Cakes and Cockles	
Kimchi Braised Chicken	\$12.80
Served with Rice	
Pan-Roasted Pacific Dory with Cream of Thyme Sauce	\$13.80
Served with Roasted Potatoes and Daily Vegetables	

Prices are in Singapore Dollars and inclusive of 7% GST.
Management reserves the right to make changes to the menu without prior notice.

Golfers' Terrace (Garden & Tampines) WEEKEND Lunch Specials April 2020

4 - 5 April (Sat - Sun)

Teochew Style Fried Bee Hoon	\$10.80
Braised Pig Trotters with Black Vinegar in Claypot	\$13.80
Served with Rice	

11 - 12 April (Sat - Sun)

Braised Duck Noodles Soup	\$10.80
With Shredded Duck & Steamed Fish Cakes	
Braised Bitter Guord Chicken in Claypot	\$12.80
Served with Rice and Soup	

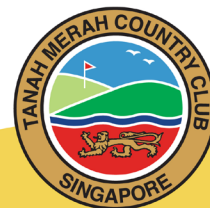
18 - 19 April (Sat - Sun)

Fish Belly in Double Boiled Milk Broth	\$10.80
With Yam, Wolfberries, Carrot & served with Steamed Rice	
Claypot Bak Kut Teh	\$12.80
Served with Rice	

25 - 26 April (Sat - Sun)

Braised Beef Brisket Noodles Soup	\$11.80
With Beef Brisket, Tendon and Tripe	
Turkey Meat in India Butter Sauce	\$12.80
Served with Basmati White Rice	

Prices are in Singapore Dollars and inclusive of 7% GST.
Management reserves the right to make changes to the menu without prior notice.



WHISKY PROMOTION January 2020 - March 2020

Johnnie Walker Gold Label

2 bottles @ **\$208** and
receive a complimentary JW Luggage Bag*
(U.P. 2 bottles @ \$296)

Johnnie Walker & Sons XR21

1 bottle @ **\$208** and
receive a complimentary JW Luggage Bag*



JW Luggage Bag

**Whilst stock last*

Price is in Singapore Dollars and inclusive of 7% GST.

To
purchase



F&B @ **6592 0386**



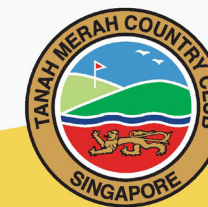
banquet@tmcc.org.sg

WINE OF THE MONTH



MacRobert & Canals Lanave
Tinto Rioja DO 2015

1 Bottle
\$68



Tasting note: Fresh and juicy, with soft tannins, fruit aromas of strawberry, cherries and black berries. An interesting dialogue between the two great Spanish grapes, Tempranillo and Garnacha. While respectful of the long tradition of the Rioja appellation, the winery crafts original wines that see less oak and are very drinkable thanks to their varietal expressiveness and freshness.

**While stocks last*

Price is in Singapore Dollars and inclusive of 7% GST.

To
purchase



F&B @ **6592 0386**



banquet@tmcc.org.sg

RECIPROCAL CLUBS

MALAYSIA
Saujana Golf & Country Club
Saujana Resort, Section U2 40150 Shah Alam
Selangor Darul Ehsan
Tel : 603 7846 1466
Fax: 603 7847 5830
golf@saujana.com.my

AUSTRALIA
The Lakes Golf Club
Cnr King Street & Vernon Ave,
Eastlakes, New South Wales
Tel: +61 (02) 9669 1311
Fax: +61 (02) 9669 6206
www.thelakesgolfclub.com.au
info@thelakesgolfclub.com.au

AFFILIATE CLUBS

AUSTRALIA
Moonah Links
55 Peter Thomson Drive
Fingal VIC 3939, Australia
Tel : 61 3 5988 2000
Fax: 61 3 5988 2094
www.moonahlinks.com.au

Terrey Hills Golf & Country Club
116 Booralie Road, Terrey Hills
New South Wales, Australia 2084
Tel : 61 2 9450 0155
Fax: 61 2 9450 0034
www.terreyhillsgolf.com.au

Woodlands Golf Club
109 White Street
Mordialloc, Victoria 3195
Australia
Tel : 61 3 9580 3455
www.woodlandsgolf.com.au
Golf_Manager@woodlands.com.au

Yarra Yarra Golf Club
567 Warrigal Road,
Bentleigh East,
Victoria 3165, Australia
Tel: (61) 9575 0575
Fax: (61) 9575 0585
www.yarrayarra.com.au

CAMBODIA
Angkor Golf Resort
Kasekam Villiage, Sra Nga
National Route 6 (Airport Road)
Siem Reap, Cambodia
Tel: +855 (0) 63 767 688
Fax: +855 (0) 63 761 140
www.angkor-golf.com

CHINA
Imperial Springs International Summit Club
1 Imperial Springs Avenue, Conghua
Guangdong 510970, China
Tel : 86 20 3108 8888
Fax: 86 20 3108 8098
www.imperialsprings.com

Red Flag Valley, Dalian
Cha'an Village Hongqi Town
Ganjingzi District, Dalian 116033, China
Tel : 86 411 8646 6666
Fax: 86 411 8428 0471
www.rfvgolf.com

Sheshan Golf Club
Lane 288 New Lin Yin Avenue
Sheshan National Tourism Resort
Songjiang District,
Shanghai 201602
Tel : 86 21 5779 8008
Fax: 86 21 5779 8006
www.sheshangolf.com

Spring City Golf & Lake Resort
Tangchi Yiliang, Yunnan Province
Peoples Republic of China, 652103
Tel : 86 871 6767 1188 or
86 871 6767 1185
www.springcityresort.com

Suzhou Jinji Lake International Golf Club
No. 2 Guobin Road,
Suzhou Industrial Park,
Jiangsu, 215021, China
Tel : 86 512 6288 6868 or
86 512 6288 3426
www.jinjilakegolf.com

HONG KONG
Clearwater Bay Golf & Country Club
139 Tai Au Mun Road,
Clearwater Bay, New Territories,
Hong Kong
Tel : 852 2335 3882
Fax: 852 2719 4207
www.cwbgolf.org
golf@cwbgolf.org

INDONESIA
Damai Indah Golf Bumi Serpong Damai (BSD) Course
Jln. Bukit Golf I, Sektor VI,Serpong
Tangerang 15310, Indonesia
Tel : 62 21 537 0290
Fax : 62 21 537 0288
www.damaiindahgolf.com

Pantai Indah Kapuk (PIK) Course
Marina Indah, Penjaringan, Kapuk
Jakarta 14470, Indonesia
Tel : 62 21 588 2388
Fax: 62 21 588 2391

Royale Jakarta Golf Club
Jalan Raya Halim Tiga,
Halim Perdanakusuma Jakarta Timur 13610,
Indonesia
Tel : 62 21 80 888 999
Fax: 62 21 80 878 877
www.royalejakarta.com

JAPAN
Ashinoko Country Club
4708 Minamiharasuga, Mishima-shi,
Shizuoka 411-0000, Japan
Tel : 81 55 985 2122
Fax: 81 55 985 2480
www.ashinokocc.com
reserve@ashinokocc.com

KOREA
Sky 72 Golf Club
2029-1, Woonseo- Dong,
Joong- Gu, Incheon, Korea
Tel : 82 327 418 562
Fax: 82 327 439 108
www.sky72.com

Teddy Valley Golf & Country Club
365 Hanchangro, Andeokmyeon,
Seoguipo City, Jeju,
South Korea 699-921
Tel : 82 647 931 201
Fax: 82 647 931 108
www.teddyvalley.com

MALAYSIA
The Mines Resort & Golf Club
Jalan Kelikir, Mines Resort City,
43300 Seri Kembangan
Selangor Darul Ehsan, Malaysia
Tel : 60 3 8943 2288
Fax: 60 3 8943 9212
www.minesgolf.com.my

THAILAND
Alpine Golf Club
99 Moo 9 Bangkhan-Sathaneevithayu Road
Klong 5, Klong Luang
Pathumthani 12120, Thailand
Tel : 66 0 577 3333
Fax: 66 2 577 7100
www.alpinegolfclub.com

Loch Palm Golf Club
38 Moo 5 Vichitsongdram Rd
Kathu District, Phuket 83000,
Thailand
Tel : 66 076 321 929 34
Fax: 66 076 321 927 8
www.lochpalm.com

Red Mountain Golf Club
119 Moo 4 Vichitsongkram Rd,
Kathu District, Phuket 83120,
Thailand
Tel : 66 076 322 000 1
Fax: 66 076 322 009
www.mbkkgolf.com/redmountain

Riverdale Golf Club
123/5 Moo1 Tiwanon Road,
Bang Kadi Sub-District,
Muang Pathum Thani District,
Pathum Thani 12000, Thailand
Tel : 66 02501 2789
Fax: 66 02501 1833
www.mbkkgolf.com/riverdale

VIETNAM
The Montgomerie Links
Dien Ngoc Commune,
Dien Ban District,
Quang Nam Province,
Vietnam
Tel : 84 510 3 942 942
www.montgomerielinks.com
reservations@montgomerielinks.com



FAST FACTS

TAMPINES COURSE:

18-hole Buggy Course

- Redesigned by: Phil Jacobs (2017)
- Total Yardage: 6,887metres (Par 72)
- Course Rating: 76.1
- Fairways & Roughs: Zoysia matrella
- Greens: Paspalum platinum TE

GARDEN COURSE:

18-hole Buggy Course

- Redesigned by : Robert Trent Jones II (2020)
- Total distance : 5706 metres (Par 71)
- Course rating : rating not yet completed
- Fairways & Rough : Zoysia matrella
- Green : Paspalum platinum TE

Caddie Services (with buggy)	18-Hole	9-Hole
Twin-share (1 caddie to 2 golfers)	\$70.00	\$35.00
Single golfer	\$50.00	\$25.00

***Cash payment required for caddie services
All rates are in Singapore dollars and GST is not applicable.**

GOLF OFFICES OPERATING HOURS

TAMPINES COURSE

Mondays	Closed
Wednesdays	9.30am to 7.30pm
Other Days	7.00am till 7.30pm

GARDEN COURSE

Tuesdays and Thursdays	9.30am to 7.30pm
Other Days	7.00am to 7.30pm

PROSHOP OPERATING HOURS

TAMPINES COURSE

Mondays	11.30am to 7.00pm
Tuesday to Sunday	7.00am to 7.00pm

For enquiries, kindly call:

- Tampines Golf Office 6513 7818 or 6513 7819



GARDEN VIEW RESTAURANT (GVR)

Situated in the main clubhouse of Garden Course, it can accommodate 130 persons in a comfortable air-con, elegant setting. With a panoramic view of the golf course, the Garden View Restaurant offers attentive service, and warm ambience.

Operating Hours:

Daily
Lunch : 12.00pm to 3.00pm (Last Order – 2.30pm) • Dinner : 6.30pm to 10.00pm (Last Order – 9.30pm)
Closed on Mondays except on Public Holidays
Tel: 6545 2891 / 6592 0388.

GARDEN BANQUET ROOM (GBR)

Whatever the need, weddings, birthdays, product launches, golf prize-presentation etc, GBR can cater up to 250 diners with its balcony overlooking the serene surroundings of the Garden Course.
Tel: 6592 0386 / 6592 0385

GARDEN LOUNGE (GL)

The lounge is situated adjacent to Garden View Restaurant and members can enjoy the magnificent view of the Garden Course.

Operating Hours:

Sundays to Thursdays 3.00pm to 10.00pm (Last Order – 9.30pm)
Fridays & Saturdays 3.00pm to 12.00am (Last Order – 11.30pm)
Closed on Mondays except on Public Holidays
Tel: 6592 0319

GARDEN EVENTS ROOM (GER)

The Events Room caters up to 100 persons for sit-down dinners and has parquet flooring for dancing. The room is also a popular venue for the club’s social activities.
Tel: 6592 0386 / 6592 0385.

POOLSIDE CAFETERIA

With a prime vantage point overlooking the swimming pool at the Sports Complex, this poolside retreat is the perfect place for refreshing the spirit after a day of fun in the sun. Famous for its local fare served up with a warm smile.

Operating Hours:

Tuesdays to Fridays 12.00pm to 8.00pm (Last Order – 7.30pm)
Saturdays, Sundays & Public Holidays 8.00am to 8.00pm (Last Order – 7.30pm)
Closed on Mondays

POOLSIDE COVERED TERRACE (PCT)

Overlooking the best view of both worlds, a panoramic view of Garden Course and the calm water of mesmerising pool amidst beautiful landscape, the Poolside Covered Terrace is a good venue for barbecue or social gatherings and can hold 30 tables with buffet tables placed on the pool deck.

For bookings of rooms for private functions, please call F&B office at Tel: 6592 0386 / 6592 0385.

TAMPINES GOLFERS LOUNGE & TERRACE

Tampines Golfers’ Lounge (air-conditioned) adjacent to the non-airconditioned Golfers’ Terrace for dining.

Operating Hours:

Mondays Closed
Wednesdays 11.30am to 8pm
Tuesdays, Thursdays to Sundays 7am to 8pm

Garden Golfers’ Terrace

Opening Hours:

Mondays and Wednesdays 7am to 8pm
Tuesdays and Thursdays 11.30am to 8pm
Fridays, Saturdays and Sundays 7am to 10pm
Eve of Public Holidays closes at 10pm

GARDEN VIEW WING



Heliconia Room

Need to hold board meetings, workshops, seminars etc? Book the Heliconia Room with seating capacity from 30 to 60 persons, offering various set-ups.

Ixora Room

Cooking and baking are such an enjoyment with a stylish kitchen studio. The room can also be used to conduct talks ranging from beauty to personal enrichment up to 40 persons. So look out for the various activities that we have in store for you printed in the bi-monthly newsmagazine.



Lotus Room

Dining in privacy is guaranteed here. To add some sizzle to your events with musical touch, look no further, karaoke is recommended for more fun! Seating capacity – 20 pax is available for booking.

Hibiscus Room

More spacious than the Lotus Room, you may organise your gathering and dine in private here. Seating capacity is 30 to 60 persons. Lunch - \$500 minimum spending (on food and non-alcoholic beverages); Dinner - \$700 minimum spending (at least minimum \$600 on food)

Karaoke Lounge

Belt out your best hit songs at the self-operated Karaoke Lounge, with a seating capacity for 20 persons.

Operating Hours:

Sundays, Tuesday, Wednesdays and Thursdays

SWIMMING POOLS

(a) Olympic-size Pool
(b) Children's Pool.
Operating Hours
Daily : 7.00am to 9.00pm
Free-of-charge for members

TENNIS COURTS

Four hard courts are available.
Operating Hours
Daily : 7.00am to 10.00pm
Free-of-charge for members

Tennis Club Night

Last Thursday of the month.
6.30pm to 10.00pm

SQUASH COURT

Two courts are available for use.
Operating Hours
Daily : 7.00am to 10.00pm
Free-of-charge for members

JACKPOT LOUNGE

16 Jackpot machines.
Open to members only.
Operating Hours
Daily : 10.00am to 9.30pm

W.e.f. 1st November 2019, there will only be 16 Jackpot machines operating in the Jackpot Lounge.

KARAOKE LOUNGE

Sundays to Thursdays
10.00am to 10.00pm
Fridays, Saturdays &
Eve of Public Holidays
10.00am to 12.00midnight
Closed on Mondays

THE GLASS GYM

Ardent gym goers will be greeted by a magnificent view of the pool and golf course from the glass walls. No guest allowed. Personal training available
Operating Hours
Daily : 7.00am to 9.30pm

TABLE TENNIS

Located along the squash gallery, members and guests can enjoy this sport with bats and balls provided. Free-of-charge for members and guests.
Operating Hours
Daily : 7.00am to 10.00pm

BASKETBALL & BADMINTON COURT

For basketball and badminton enthusiasts, both vigorous sports to sweat it out free-of-charge.
Operating Hours
Daily : 7.00am to 10.00pm



ECLIPSE FOR TEENS

A delightful venue created as a space exclusively for children of members between 12 and 21 years of age.

The following are available for use.
- Xbox 360 Kinect - TV room
- Foosball - Pool Table
Operating Hours
Daily : 7.00am to 9.30pm
For enquiries, please call 6592 0312 / 6592 0313.

MAHJONG ROOM

Located at 1st storey of Garden View Wing with a dedicated room called Bougainvillea Room, there are three automated mahjong tables and two mahjong tables with tiles and chips available for bookings at no charge for members. Minimum charge of guests' fee applicable.
Operating Hours
Sundays to Thursday
8.00am to 10.30pm
Fridays, Saturdays & Public Holidays
8.00am to 12.00midnight

READING ROOM

Members can retreat into the Reading Room to enjoy the latest newspapers and magazines in peace and comfort.
Operating Hours
Daily : 7.00am to 9.30pm

CHILDREN'S PLAYROOM

The colourful and cheery room is filled with toys for children's enjoyment.
Operating Hours
Daily : 7.00am to 9.30pm



ON-GOING DANCING CLASSES

DANCING CLASSES

If you've been yearning to learn dancing, pick a date below and enrol now! Get to learn the basics of social Cha Cha, Rock & Roll, Foxtrot and many more which you can groove at parties!

INTERMEDIATE LEVEL

Instructor Ms Michelle Fong-Lim
Day Mondays,
8.00pm to 9.00pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)

Instructor Mr Sam Fong
Day Tuesdays,
8.00pm to 9.00pm
Fees (8 lessons) \$149.50 (member);
\$160.50 (guest)

Instructor Mr Jack Goh
Day Fridays,
7.30pm to 8.30pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)

BEGINNERS' LEVEL

Instructor Mr Jovyn Low
Day Thursdays,
7.30pm to 8.30pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)



*All rates are in Singapore dollar and inclusive of 7% GST.

