



TanahMerah

COUNTRY CLUB

JANUARY / FEBRUARY 2020 • ISSUE 7



Kaleidoscopic New Year's Eve Party

Cover

SAYING GOODBYE
TO 2019 IN
CLASSIC
TMCC STYLE

Renewal Updates

THE GARDEN ON
COURSE TO REGAIN
PAST GLORY

Bites & Cheer

LUNAR NEW
YEAR MENU IS IN!



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THE MASTERS 2019



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BRINGING BACK THE GLORY AND SPLENDOUR OF THE GARDEN

By Godfrey Robert



Redeveloping golf courses is an ongoing exercise.

Sometimes, tweaks are made, oftentimes, holes are altered, and occasionally the fringe aspects of a course undergo alterations.

They are manageable, most times. But when you rip apart a golf course, as is seen worldwide, there lies many worries and concerns.

Many factors come into play, and some, like the weather and changing costs, are unpredictable and can cause a slight derailment of the progress.

But where the Garden redevelopment at the Tanah Merah Country Club is concerned, most things fell into place and there was never a problem that the attentive club management and course designers could not handle.

Strict attention was paid to all the details since the necessary redevelopment was enforced on the Club with the changing circumstances of the Changi Airport expansion which caused an intrusion into the land area of the premier club.

And while the Redevelopment Committee conscientiously moved ahead with the redevelopment project, it also paid heed to the feedback of the patient members, who for a long period of time endured the handicaps of managing with just one course: Tampines.

The management's and designers' professionalism and the members' patience

are paying off because what is envisaged for end-February onwards is a fabulous course whose name had received global recognition over the years.

Seeing the fresh pictures of the Garden and having gone on a tour of the layout, I have been excited and thrilled of what is to come: a perfect premier course which will afford great and enjoyable playing time for the members and visiting golfers.

In short, the par-72-turned-70-turned-71 Garden is being restored to its former glory, not just in looks, design and layout but also in it being a magnificent course that will make every golfer revisit it over and over because of the enjoyment the players can derive from it.



The details of what is to come are laid out in an article inside this magazine, and a thorough study would tell you that the whole project has been a painstakingly well-done job not just by a few people of the committee and management but also interested parties, especially members, who provided good feedback.

This is only appropriate and well deserved, because Garden has a recorded history, great tradition and a worldwide recognition that only a few courses in the region and beyond can boast of.

So in the next two months a "new baby" will be finalising a rebirth and while members and guests wait in anticipation and excitement, the bottom line is: we await the fourth coming of the grandeur and splendour of a course, appropriately named Garden for the majesty and colour it has always provided.

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 Tanah Merah Country Club
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CONTENTS

JANUARY / FEBRUARY 2020 • ISSUE 7



ON THE COVER

Kaleidoscopic New Year's Eve Party

RENEWAL UPDATES

Garden Development Updates **18**

AT THE CLUB

Chef Sng Brings His Unique Flair to TMCC **22**
Lunar New Year Facilities Closure Notice **23**

GOLFERS' ZONE

Golf Yuletide Challenge **26**
Hole-in-One Achievers **29**
Kyoto Golfing Trip **30**
The Secret to Putting **32**

SOCIAL FUN

Fresh Faces at TMCC **34**
Champagne and Food Pairing
with La Maison Penet **37**
Culinary Journey to Thailand **38**
Essential Oils: Detox and Weight
Management **40**

KIDS' CORNER

Carrom Quest **41**
Sudoku Challenge **42**
Face Mask Creation **43**
Kids' Adventure Camp 2019 **44**

SPORTING FUN

Tennis Style Champion 2019 **46**

ON THE CALENDAR

January & February **48**
Sports & Recreation **52**
Swimming Lesson **54**
Kids' Carnival **55**

BITES & CHEER

Tampines Golfers' Terrace: Weekend Lunch Specials **56**
Whisky of the Month **58**
Wine of the Month **59**
Luna New Year Takeaway Menu **60**
Lunar New Year Set Menu **61**

LUNAR NEW YEAR

Forecast 2020 **70**

CLUB INFORMATION **74**

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SAYING GOODBYE TO 2019 IN CLASSIC TANAH MERAH CC STYLE

By Godfrey Robert

Guests and games, hugs and handshakes, dances and delights make “Welcome 2020” a night to remember



In reflection and in retrospection, inadvertently one takes a walk down memory lane.

And when one takes that walk, there will always be emotion and sentiment as one recollects events of the past and nostalgia sets in. A period of the year when such a scenario is seen in full bloom is the year-end party when the New Year is welcomed in style and splendour.

So, it has been with Tanah Merah Country Club where the New Year's Eve Countdown Party has been a significant event on the club's calendar. The party has always been great and grand. And so it has been again this time, on Dec 31, 2019.

Leading up to the near-midnight countdown ticks are events that put you in the mood for a grand party. Members were entertained by magic card tricks, and fun photo booths where they dressed up with fun props. Everyone was quick to catch up with one another, reciting and recollecting how their eventful year had been.



After a few glasses of bubbly drinks, guests strutted their way down the red carpet and were warmly greeted by the emcee's welcome with the kaleidoscopic graphics flashing on the big 7m LED screen in the backdrop while groovy 1980's pop music was blasted.

It brought a lively atmosphere that wafted into the dining and dancing areas as smiling guests greeted one another. Members settled down at their seats and were chummy with one another as they gave each other warm embraces, high-fives and toasts, no doubt many selfies were taken for keepsake.



Guests were subtly showing off their colourful clothes matching the kaleidoscopic theme while they helped themselves to a dazzling array of food and drinks. The six-course offering treated guests to a hearty meal such as GVR Espresso Coffee Pork Loin, Oven Baked Cod Fish Fillet in Lobster Sauce, and Chilled Mango Pomelo with Sago.

Warm cheers were given when the emcee asked everyone how they were feeling, and they gave themselves a loud warm applause in anticipation of a fruitful year ahead. With that energy, everyone was welcomed to stand up to have a massive group photo to remember the night.

The entertainment for the night was the spotlight-stealing Jive Talkin' Live Band with their jazzy beats and voice smooth as butter serenading everyone with hits like "What A Wonderful World" with the hypnotising kaleidoscope patterns twirling in the background.

The nostalgic songs helped to create an atmosphere for one to think about how fortunate it is to have close friends and families around.

The first spontaneous dance of the night was led by eager members along to the high-energy rendition of "The Way You Look Tonight" which was met with cheers from the crowd. The song that really enticed the crowd dancing was the energetic "I Can't Take My Eyes Off You". Over the night, members were enthusiastically exchanging partners and dancing away like the good old days.

The engaging games ranged from a spin on musical chairs but with envelopes, Dance Revolution challenge to songs like "Nobody" by Wonder Girls, guess-the-song segment that led to spontaneous duets, forming heart shapes for a selfie, and Dancing Queen concert that brought everyone to the dance floor. A circle of unity was formed as members held hands and circled around the table slowly with their hands in the air, roaring for prosperity.

VIPs were invited to the stage while everyone waltzed and tangoed at the dance floor ready to pop the poppers at the count to midnight. Blasting on the dance floor were the classics "Sweet Caroline", "It's A Beautiful Day", and "The Final Countdown"... 3-2-1, and confetti greeted the air while members cheered for the new year ahead and gave hugs to everyone near and dear.

To end the night on a heart-warming note, guests were treated to a warm bowl of teochew porridge supper before they drove home humming along to the numerous tunes they've danced along to.









Welcome 2020

THE GARDEN ON COURSE TO REGAIN PAST GLORY

By Godfrey Robert

Recent rainfalls have filled up ponds and lakes to help in re-development of premier layout.



Hole 10 Green



Hole 8 Green

Divine intervention has wiped away a major water concern and the work on the new Garden course is shaping up well.

And expectations are that by the end of February, what is seen in design that is displayed on canvas will be transformed into the “real thing” with the Garden course in perfect shape for play.

The worry over the dry weather spell at the end of October was erased with some heavy showers resulting in 100mm of recorded rainfall that filled the lakes and ponds and thus watered the beautiful course.

And though much of November saw an unseasonal dry spell, it was broken over the last few days of the month and into December.

Now the lakes and ponds are filled to the brim, and there is a further silver lining with steady rains forecasted till the end of January 2020 to also aid the turf, trees and shrubs in the grow-in period.

The final changes to the course (many resulting from members’ feedback) were done after the last site visit by the Robert Trent Jones II Designer, Mike Gorman, and their shaper Steve Page. Grassing for phase four (1, 2, 3, 13, 14 and 15) was completed in November. Any of the weaker turf areas, undress stress, are currently being re-sodded to speed up the grow-in process.

The first handover was done on Dec 15 from the contractor TEHC over the TMCC Golf Course Maintenance for Phase 1 & 2 which were holes; 4, 5, 6, 7, 8, 9, 11, 12 & 17.

The club expects a site visit to officially open the course later in 2020 from Mr Robert Trent Jones II and Mr Bruce Charlton, President and Chief Design officer, respectively.

In retrospect, the Garden Course Redevelopment Project was set out in four phases.

Here is the recap:

Phase 1: Holes 4, 5, 9 & 11.

Construction period from Feb 25 to Aug 24.

Grow-in period from June 6 to Nov 24.

Phase 2: Holes 6, 7, 8, 12 & 17.

Construction period from March 16 to Sept 24.

Grow-in period from July 9 to Dec 15.

Phase 3: Holes 1, 15, 16, 10 & 18.

Construction period from April 22 to Oct 24.

Grow-in period from Sept 10 to Jan 24.

Phase 4: Holes 2, 14, 13 & 3.

Construction Period from May 28 to Oct 24.

Grow-in period from Sept 15 to Jan 24.



Hole 8 Fairway Bunker

Some latest bite-size updates:

Final planting of trees and shrubs is now being followed up further to improve on some of the tighter holes, provide for improved playing corridors and ensure safe play.

All greens are doing well and establishing to allow for decent green speeds at the time of opening.

Roughs and ribbon tees will be grown in to allow for a more defined and enhanced look.

Waterfall: All the rock works and creation of different falls along with planting of the required landscaping were completed. The pumps and the falls underwent a full test at the beginning of November and now the waterfall is fully operational.



Hole 11 Tee to Green

Irrigation/Waterfall pump houses: Construction of both pump houses located behind the waterfall, to include floor slabs, columns and side walls and the main casting works to the pump house were completed. Trees and shrubs planting have been ongoing to help camouflage the pump shed from view of fairways 16 and 18.

Clubhouse buggy staging area: The buggy staging area will accommodate up to 80 golf buggies covering shot-gun events and general weekday and weekend play.

A fence line has already been installed with supporting McArthur Palms and shrubs to the height of 2.5 metres immediately to the left of hole 1 which will reduce the chances of golf balls penetrating the buggy staging area from the 1st tee. The large Kaya tree, adjacent to the golf marshals' office will remain as an island feature and added shade has been planted with three rain trees to provide further relief from the hot sun.

Halfway houses A&A Works: Shelter areas on the golf course are located at holes 4, 5, 6 & the 10th tee to have the existing structure with toilet facilities along with added shelters at holes 3, 5 and 17 for wet weather and lightning stoppages.

Lighting High-mast: All the high masts have been erected for lighting of hole 9 and 18th green.

Golf buggies: The new lithium golf buggies from ATS have arrived and will feature some of the latest golf buggy technology and driver comfort to include independent suspension and auto braking.

ECP boundary: The boundary line fencing has all been installed with final planting and grassing taking place. The plants chosen are Pisonia and sea hibiscus for fencing backdrop as they are great screening plants.

Practice greens: Practice greens located at the back of the 18th green and adjacent to the 16th tee and behind the 1st have been grassed and these will allow for putting and chipping.

Faces of TMCC

CHEF SNG BRINGS HIS UNIQUE FLAIR TO TMCC

You might not know his name or have seen him before but we're sure you have tasted one of his many creations at the Tampines Golfers' Terrace (TGT) in our Tampines Course. Learn more about the man behind the TGT menu – Chef Daniel Sng.

The culinary mastermind behind the glorious menu at TGT had a burning passion of the art form from a young age and turned the hobby into his livelihood when he worked as a cook at Hotel Boulevard at 21. His specialty lies in local and Asian cuisine and he vividly remembers the first dish he ever mastered being the local Hokkien Fried Noodles.

Chef Sng's history with Tanah Merah Country Club (TMCC) stretches back to 2010 when he joined TMCC as an executive chef. His time here can be split into 2 phases – phase 1 spanning from 2010 to 2015 and phase 2 starting from 2019 where he rejoined the Club.

Chef Sng was already an integral part of the club during his first five years here as his culinary skills, combined with his excellent rapport with Club members turned the loss-incurring TGT into a profit-generating operation. It was during this period where Chef Sng met Executive Chef, Chef See, a person he calls his 'favourite chef'. Chef See was a mentor to him and has helped Chef Sng develop his skills in Asian cuisine.

Even renowned pro golfers have had a taste of Chef Sng's delicious dishes. Loving to get involved, he was present during major events such as the HSBC Women's Golf Championship, where he managed the kitchen operations for three consecutive iterations. Chef Sng was making his mark in the Club's history.

In an interview with Chef Sng, he reveals that his working hours leave him with little time and opportunity to cook for his family. But when he does, the seafood white bee hoon is a dish loved by them. His wife also enjoys his lamb shank rendang while his daughter favours his laksa and steamed crabs.

It was like to a homecoming when Chef Sng returned to TMCC in 2019 and assumed the position as our Executive Chef. Much has changed since Chef Sng last cooked here, with the redevelopment of the Tampines Course, but that does not faze him. Since returning, he has led the kitchen operations for several of our key events such as the Golf Yuletide Challenge 2019 and curated a special menu for a champagne pairing workshop. In his own words "Once I set my mind onto achieving something, I will do my best to achieve it so that there will be no regrets".

Chef Sng continues to bring his unique flair here at TMCC and our members can expect a whole new dining experience at TGT in 2020.



WE'RE Facilities Closure During CLOSED! Lunar New Year 2020

GOLF COURSE		
Tampines Course	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	PM last flight 1:15pm (No evening 9-hole) PM last flight 1:15pm (No evening 9-hole) PM last flight 1:15pm (No evening 9-hole) AM / PM / EVE (No Course Maintenance due to PH) AM Closed for Course Maintenance
Golf Office	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	7:00am - 5:00pm 7:00am - 5:00pm 7:00am - 5:00pm 7:00am - 7:00pm 7:00am - 7:00pm
Driving Range	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	Open till 6:00pm (Last issuance of range balls at 5:00pm) Open till 6:00pm (Last issuance of range balls at 5:00pm) Open till 6:00pm (Last issuance of range balls at 5:00pm) Open Open
Pro-Shop	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	Open till 3:00pm Open till 3:00pm Open till 3:00pm Open Open
F&B OUTLETS		
Garden View Restaurant	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	Open till 9:30pm Closed Closed Open Open
Garden Lounge	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	Open till 9:30pm Closed Closed Closed Open
Poolside Cafeteria	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	Open till 3:00pm Open till 3:00pm Open till 3:00pm Open Open
Tampines Golfers' Lounge	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	Open till 6:00pm Open till 6:00pm Open till 6:00pm Open Open
SPORTS COMPLEX		
Swimming Pool, Squash Court, Tennis Court, Glass Gym, Eclipse Room and Children's Room	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	Open till 2:30pm Open till 4:30pm Open Open Open
JACKPOT		
Jackpot Lounge	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	Closed Closed Closed Open Open
CHANGING ROOMS		
Tampines Course	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	6:45am - 7:30pm 6:45am - 7:30pm 6:45am - 7:30pm Open Open
Sports Complex	Fri, 24 Jan Sat, 25 Jan Sun, 26 Jan Mon, 27 Jan Tue, 28 Jan	6:45am - 7:30pm 6:45am - 7:30pm Open Open Open

NOTE:

Eve of Lunar New Year Fri, 24 Jan 2nd Day of Lunar New Year Sun, 26 Jan 4th Day of Lunar New Year Tue, 28 Jan
1st Day of Lunar New Year Sat, 25 Jan PH (carried forward) Mon, 27 Jan

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THE BOLD ARRIVAL OF INNOVATION

XXIO X-eks-

The beginning of a new line from the storied XXIO brand.

Golf Yuletide Challenge was so Christmassy

Rudy Johansen bags a double in the shot-gun event

By Godfrey Robert

Christmas came early to Tanah Merah Country Club. So it seemed, at least.

At the Tampines club, Christmas decorations were up, counter and service staff were dressed in Christmas attire, their multi-coloured head-dresses standing out, and even some golf buggies were "dressed up" with end-season fabric and decorations.

After all, it was the Golf Yuletide Challenge on Sunday, December 15, and wherever you set your eyes on, you could see and feel the Christmas season.

Even the radio and speakers blared Christmas songs that put everyone in the most pleasant mood for the season, which normally runs for 11 days until the end of the Christmas solstice that lasts for just over two weeks.

Singapore, being a multi-racial and multi-religious country, sees the whole population engaging and enjoying the season in different ways, from feasting, mixing and partaking in a whole lot of activities.

And many golf clubs join in the fun, with Tanah Merah Country Club always making the Yuletide Challenge a special one with novel ideas and a host of fun activities.



On a cloudy afternoon with the occasional drizzle – a decent improvement from the raining morning – 107 golfers competed in a fun shot-gun event.

It also meant an injection of the competitive spirit as there were prizes galore for the competition and the novelty events.

And for those who won nothing from the two categories, there was a door gift of an adidas cap and duffel bag.

The biggest winner was Rudy Johansen, the only winner of two prizes: overall first among the flights and a Nearest The Line prize.

The dinner at the Tampines Banquet Room also provided a Christmas theme with the Acapella Choir and the carolling by NUS-KR from Insoluble Productions.



Lunar New Year Celebration



@Tampines Course
Sunday, 2 February 2020



Scurry into the year of the rat with an exciting line-up of festive activities including:
traditional lion and dragon dance performance, singing showcase, lucky draw and more!

Shotgun Start at 1pm in Tampines Course
Dinner at 6.45pm in Tampines Ballroom

Fees

GOLF AND DINNER

Member \$72*
Guest \$398*

FORMAT
OF PLAY
SYSTEM
36

*Excludes buggy fee of \$25.68 per golfer

DINNER ONLY

	Adult	Child (3-12yrs)
Member	\$72	Member \$40
Guest	\$82	Guest \$52

RSVP by Friday, 17 Jan 2020

Terms & Conditions

- Each member can bring up to 3 guests to form a flight and up to 9 guests to fill a table for dinner. Additional guests will be wait-listed.
- Registration is based on first-come, first-served basis • Any cancellation after closing date, all fees (except buggy fee) will be charged
- All prices are in Singapore Dollars and inclusive of 7% GST • In the event of inclement weather, all fees are non refundable
- Golfers must have valid Handicap Index

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hole IN ONE ACHIEVERS

ACES SCORED OUTSIDE TANAH MERAH COUNTRY CLUB

Chan Thiam Seng

Hole #4

Distance
162M

Southlinks Country Club, Batam

Date Achieved
10.11.2019

Kwan Wai Loen, Alan

Hole #4

Distance
165 Yards

Orient (Xiamen) Golf Club

Date Achieved
20.11.2019

ACES SCORED AT TANAH MERAH COUNTRY CLUB

Dr Aw Beng Teck

Hole #14

Distance
112M

TMCC, Tampines Course

Date Achieved
04.12.2019

Tan Cheng Hai

Hole #16

Distance
126M

TMCC, Tampines Course

Date Achieved
25.12.2019

Aishah Abdullah

Hole #16

Distance
88M

TMCC, Tampines Course

Date Achieved
04.12.2019

Vivek Jain

Hole #14

Distance
157M

TMCC, Tampines Course

Date Achieved
27.12.2019

Thong Chee Yen

Hole #14

Distance
157M

TMCC, Tampines Course

Date Achieved
07.12.2019

Isao Kawata

Hole #16

Distance
112M

TMCC, Tampines Course

Date Achieved
28.12.2019

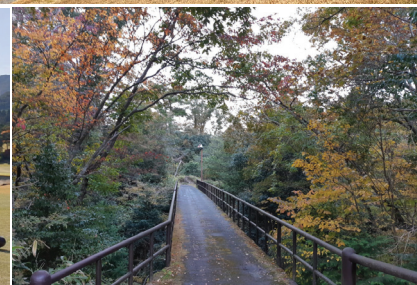


Sugoi! Stunning Sceneries Pair Well with Amazing Plays at Kyoto Courses

**The much-anticipated Kyoto trip
has finally arrived!**

By Gillian Sim (Lady Captain)

Last November, our group of TMCC members boarded a flight bound for the old capital of Japan – Kyoto. Upon clearing customs, we received a warm welcome from Taka-san, our guide from the Shinwa group. Although many of us were tired after a long journey, we were eagerly looking forward to play on some of the best courses in Japan. As we walked to our hotel, which was a stone's throw from the airport, the cool air that greeted made us realize that we finally escaped Singapore's tropical weather... A lovely welcome to Kyoto in the autumn.



Cherry Hills Golf Club

The day started off bright and early with a hearty Japanese meal comprising grilled fish, miso soup and fresh fruits. The journey to the first golf course on our itinerary, at Cherry Hills Golf Club, was a mere half an hour trip from the hotel and a feeling of excitement was stirring in the air. The beautiful King/Queen courses were the location for the 2019 Japanese LPGA championship. Japan was well into its autumnal season during our trip which had the Cherry Hills Golf Course decked in a flurry of flaming red and bright yellow hues. As with any tournament course, our golf balls were eaten up by the rough, and we were punished when our tee shots strayed off the fairway. I must admit that I was so mesmerized by the captivating scenery that I wasn't sure if I was focusing on the game!

In the evening, we were treated to a traditional sushi and tempura meal followed by sake that warmed our hearts and tummies.

Golden Valley Golf Club

On the second day of our trip, we were scheduled to play the best of the Shinwa golf clubs – Golden Valley Golf Club. True to its name, the scenery at their Mountain course was stunning: we were surrounded by golden trees, in every shade of gold imaginable. Every tree was well manicured and pruned. Simply a sight to behold at the tail-end of fall. An equally picturesque view can be observed in April, where spring kicks up and cherry blossoms line the course. The greens of the course were littered with an abundance of pink blossoms – an amazing sight to see as well. To play this course well, one must plan his/her shots carefully as there were many creeks around the course. The 18th hole is a beautiful par-5 hole that has ponds on both sides of the fairway. Robert Trent Jones Jr.'s philosophy of "Danger and Reward" is expressed in this hole. Notably, he also commented that this hole is tougher than the 18th hole at Pebble Beach.

Fun fact: The challenging yet exhilarating Mountain course at Golden Valley Golf Club and the King course at Cherry Hills Golf Club are both designed by the worldrenowned Robert Trent Jones II. Incidentally, Jones is also the designer for our upcoming Garden Course at TMCC! One no longer has to travel abroad to feel the thrill of a Robert Trent Jones II course!

Japan Classic Country Club

Our third round of golf was at Japan Classic Country Club. This is a course designed by Jack Nicklaus and it is riddled with tactically-placed bunkers and treacherous ravines. One has to be brave to follow through with one's shots to get on the green. Jenny, my flight mate, described the course as a 'beautiful, hilly, natural course'. Our trip wasn't all just golfing fun, we also got to savour one of the many delights of Japan and their culture – including their amazing food! That night, Jenny brought

me to eat at a Michelin star restaurant in the heart of Kyoto. It was a little quaint sushi bar with delicious chutoro, hiramame and hamachi. I was certainly in a foodie paradise. After dinner, we strolled down the streets of the ancient city and saw traditional buildings and architecture that were reminiscent of Minka.

Shigaraki Country Club

We ventured to Shigaraki Country Club next. The weather forecast predicted the day to be cold and windy. Though we thought we were ready for the cold, we were ill prepared. Thankfully, Taka-San, our guide, gave each of us a hot pad to keep in our pockets for warmth. The course was mature with challenging and narrow undulating fairways. We were fortunate to see a few trees with white flowers that looked like "white" cherry blossoms. As we had seen with the other courses, this course was well manicured with a myriad of Canadian trees bursting in hues of red. At lunch, we met the President of Shinwa group who gave us a warm welcome. He was delighted to see such a big group of TMCC members touring his clubs and is ecstatic that TMCC will be listed as their reciprocal club in March 2020.

Shiga Country Club

Our last round of golf was held at Shiga Country Club. We were pleasantly surprised to see many deer feasting on the grass along the golf course. This was truly a nature's course! At one hole, you can see the statue of a goddess up in the woods looking down at you as you putt on the green. As we played on, my hands were freezing as temperatures came down to around 10 degrees Celsius. Despite the howling winds beating against our faces, we were still able to enjoy the golf and team game.

For dinner, Sugino-san brought Jenny and I to eat at a traditional tempura restaurant where the chef prepares the tempura before our very eyes. Such a sumptuous way to end a memorable week in Kyoto!

On behalf of my fellow TMCC members who came along on this trip, we would like to thank Sugino-san and the Shinwa group for their hospitality and meticulous organization of our trip. It was well planned and, as such, was certainly one of the best golfing trips I've ever been on.



The Secret to Putting

By Daren Lim

Is putting easy or challenging for you?

In my opinion, it is not easy! After investing 2 days with World Renowned Putting Coach, Phil Kenyon (who coaches the likes of Rory McIlroy, Tommy Fleetwood, Francesco Molinari and many more), I have some valuable insights on how putting can be easier for you.

You need the following 3 elements working in harmony to sink more putts:

READ
LINE
SPEED



Phil Kenyon (left) and myself at his recent putting workshop at TMCC

READ

How sure are your reads? And do you trust what your eyes see?

Remember, your eyes can sometimes fool you but gravity doesn't lie. The same force affecting your ball is affecting you. You can practise your reads by closing your eyes and feeling the slope on the green (pictured below).



Feeling upslope and downslope



Feeling right-left and left-right slope

LINE

Your ability to start your ball on line will increase your chances of sinking putts. I have the perfect drill for you:

Eyes on the coin



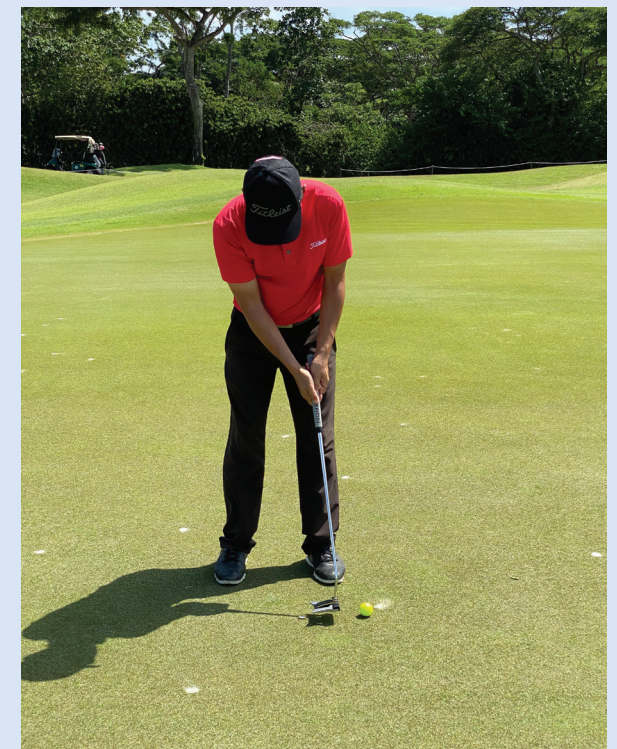
Put a towel in-between your heel and toe as shown in the picture below:



SPEED

The final element needed to sink your putt is to have great distance control.

Staying in balance from address to impact will help get the ball into the hole more often. You want your weight evenly distributed so that you can putt the ball off from the centre of the putter face to increase the chances of the ball rolling consistently.



I hope that the above drills will help you sink putts. Perhaps you can practise that fist pump you have always wanted to use when you sink a crucial putt! Putt well!

Daren Lim is one of Tanah Merah Country Club's resident golfing pros with many years of experience under his belt.



New Members' Night

The air was filled with the sounds of excited chatter and clinking glasses during our recent TMCC New Members' Welcome Night in late November. The General Committee was in attendance to warmly welcome 19 new club members by presenting them with a personalised TMCC golf bag tag and a complimentary bottle of wine.

Booths from the Golfing, Sports, Marketing and F&B departments were set up to acquaint the new members to club events, activities, facilities and F&B promotions they can enjoy. This was also an opportunity for members to meet representatives from the various departments in TMCC.

The celebratory mood was enhanced by the free flow bar serving a range of wines and spirits. Not to forget, a hearty spread of food was also laid out for the members to enjoy while socialising. Naturally, the ever popular TMCC Laksa was an instant hit with the crowd but many were pleasantly surprised by the newly debuted Cempedak Crumble Dessert that had many returning for seconds.





SNG HUANG PANG MICHAEL, LAM SOO LI JOYCE,
TOH SUW KAM, NG KWEE LEONG LEONARD



RANDI NG TIAN CHOO, LYNNETTE YEO,
GILLIAN SIM, SARAH TAN WEI



JOEY CHANG, SOO SIEW YING MICHELLE,
RICHARD ALLAN VARGO



RAYNER MADHAVAN, BENNY TAY, NICO MO HAORONG, MO CHAOYUAN ANTHONY (BACK), MOH TAI TONG FREDDY, PETER MADHAVAN (BACK), CHOO CHIAU BENG, WEE JIM HOCK, LEW KIM CHOO MAGDALENE, TAN PUAY HUIM CLEMENT



LIM KAH SOON EDDY, PETER MADHAVAN, WEE JIM HOCK, MELVYN SEE ENG HOCK, MO CHAOYUAN ANTHONY, MO HAORONG NICO, SEE YEN TARN



TAY KAM KIANG, WONG SIEW YING ESTHER,
LIEW SOON FOOK MICHAEL, LIM TIAM TENG



BENNY TAY, CHAN MAY LIN CHRISTINE,
SEAH CHENG CHUA PHILIP



Fizz the season: a night of champagne and food pairing with La Maison Penet

It was a night to remember as members of Tanah Merah Country Club were given an exclusive glimpse into the artful balance of creating a winning combination of champagne and food, while offered an initiate look at a selection of jewellery exhibits. Members were treated to an exquisite selection of champagnes, that marry both complexity and freshness, which are hard to find outside of France; a rarity despite their international critical acclaim.

A sparkling wine can go beyond just being a pre-food cocktail celebrational toast. Paired with the elegant champagnes are the dishes such as the entrée highlight of the night, a pan-roasted beef tenderloin with pan-seared foie gras and madeira demi glaze, that is a treat to the taste buds on its own, have their flavours further enhanced by the paired champagne: Penet-Chardonnnet, Champagne Prestige Grande Réserve Grand Cru Extra Brut 2008, which wine critic Jancis Robinson awarded a 17.5/20. The steak's richness was balanced out by the champagne's bubbly textures and its bright acidity. The champagne features citrus, flowers, and honey notes. The palate of the wine is precise and clean, full-bodied yet silky, and has a long mineral finish – perfect for the exciting night brimming with activities.

This celebratory drink was the go-to choice to ring in the end of the year as the food pairing was a divine combination which guests were treated to a harmonious balance of the sweet and savoury side of fine dining. Participants were taught grape varieties, wine making techniques, tasting notes appreciation, and food pairing recommendations, led by Andreas Balemi, from Wine & Philosophy, who is an expert wine consultant and educator.

There was also a private showcase by Emperor Jewellery that helped to complete the wine and dine experience by letting guests see their most contemporary works while they savoured their champagnes. Their sophisticated collections included the Sunray and Love Knot that is a tribute to romance, style, and a joyful life after being inspired by the glorious sunlight by evoking a sun's halo motif. All of this was happening at the Tampines Pre-function room where one could see the grand and open golf course while sipping on champagne. Yet it was as if the stars were brought closer for everyone to gaze at as they were exhibited in jewellery form that ranged from meticulously crafted necklaces to diamond encrusted rings which emitted a shine that are as dazzling as the celestials.



Sawasdee! Chef's Shih takes members on a Culinary Journey to Thailand!

From the endless shopping to the invigorating massages, Thailand is known for many things and it is a yearly tourist hotspot for many Singaporeans. Other than the aforementioned, Thailand is also wildly popular for their Thai Cuisine – a harmony of spices, flavours and textures rich in culture and tradition.

If the mention of Thai food stimulates your salivary glands, then you would have enjoyed Chef Shih's workshop that took place last November at the TMCC Ixora Room. At a nominal fee of \$53.50, TMCC members were treated to a 2.5-hour long Thai cooking workshop with a spread of coffee, tea and silver fish fried rice as refreshments on the side.

Having conducted several cooking workshops in TMCC before, Chef Shih was in her element and carefully guided our small group of members in a step-by-step demonstration on the different Thai ingredients to boost the flavour of the dishes. Helpful tips were provided along the way to aid those foreign to the cuisine in their execution of the dishes – a plus from Chef Shih that many members appreciate.



On the menu were prominent Thai dishes like the Pad Thai Talay (Thai Stir Fried Flat Rice Noodle with Seafood), Minced Pork with Basil on Rice, Thai Yellow Curry Prawns and the ever-popular Red Ruby (Thai Water Chestnut Dessert). With such a wide variety of dishes covered, there was definitely something for everyone's taste buds.

The feast created at the end of the lesson was a mouth-watering sight to behold! Some were ready to dig in and indulge while others were excited to return home to master the Thai culinary practice. But all of our participants were able to agree on one thing: They want MORE cooking workshops for 2020!

Let's Go Thai! Cooking Workshop

Instructor : Chef Shih
Day/Date : Saturday, 23 November 2019
Venue : Ixora Room
Time : 10am to 12.30pm
Pax : 9 members
Price : \$53.50
Refreshments : Coffee & Tea, Silver Fish Fried Rice

Small group yet interactive session with chef Shih as she went through the Thai dishes step by step and explained the different Thai ingredients that will boost the flavour of the dishes. Members enjoyed the tips that Chef Shi shared on cooking with Thai dishes. Members got to enjoy the exotic and flavourful Thai cuisines such as Pad Thai Talay (Thai Stir Fried Flat Rice Noodle with Seafood), Moo Pad Bai Horapa (Minced Pork with Basil on Rice), Thai Yellow Curry Prawns and the ever popular Red Ruby (Thai Water Chestnut Dessert). Members were already requesting for more cooking workshops for 2020.

Essential Oils: How 1, 2 Drops Can Improve Your Lifestyle

Don't we all desire for simple, fuss-free remedies that can change our lifestyle in small but impactful ways? That was exactly what our members were treated to when Ms. Emmeline Yuen, dropped by the Club on November for an evening of relaxation and education on essential oils.



What are Essential Oils? Essential oils are concentrated plant extracts and they can be extremely potent. In fact, they can be up to 75 times more powerful than dried herbs! As such, essential oils should be handled with care and used in moderation – a couple of drops can go a long way. They are versatile in nature so they can be used in a variety of ways, from aromatherapy to treating skin conditions and soothing muscle aches – the benefits of essential oils are abound! These are a few of the many things our members got to learn about and experience during the well-received workshop.

Held at the TMCC Ixora Room, the small and intimate session aims to educate participants on how essential oils can be used to detoxify their bodies and manage their weight. With a multitude of essential oils in her arsenal, Ms Yuen was able to guide participants through



the different types of oils and how the potency of these oils can be harnessed for detoxification and weight management.

With the average age of our party around the late 40s, Ms Yuen included an unplanned, but highly-demanded, segment on pain management for our interested participants. Many were enthralled by the effectiveness of essential oils in alleviating their ailments and were enthusiastic about adding this useful practice into their daily routine.

The fruitful session extended late into the night ending only at 10pm – one hour past the allotted time! Satisfied members were able to bring home bottles of essential oils at a special price. We can expect a lot more fitter and healthier bodies around the Club in the coming months!

A Quest of Skill and Hint of Luck

November 3, 2019 could have been a pleasant Sunday like any other; but unlike most Sundays, the heat was on at the Poolside Cafeteria where 13 members and guests gathered for The Carrom Quest tournament to prove their aiming and flicking prowess.

Sounds easy? 'Easy' would not have been the term our players used to describe their epic battle. The intense game forced our players to spend time mulling over strategies and practising their finger flicks that can make or break their game. Serious players were seen bending over to get at eye-level view of their striker disks and carrom men. The spectators remained keenly glued, watching in anticipation for the players' next move and the projection of the disks. 'Will the carrom men sink?' that was the question on everyone's mind.

As with any quest, a reward awaited all at the end of the journey. Our participants were presented with token prizes for their amazing display of precision and skill throughout the game. Consider this a quest conquered!



Sudoku: A Challenge for Adults and Kids Alike



Have you ever flipped through the newspapers and spotted a section with an odd-looking grid partially filled with numbers? That's Sudoku, a popular number-placement puzzle. The objective of the puzzle is to fill a 9x9 grid with single digits so that each column, each row and each of the 9 3x3 subgrids contain all the digits from 1 to 9. Mind boogling? It sure is! Imagine having to work out the perfect placement of all 81 digits in the grid - the permutations are numerous but there is only 1 solution.

That was the challenge for 17 brave members and guests who gathered at the Poolside Café for a Sudoku Challenge. The afternoon was fraught with frustrated sighs and furious scribbles as our young contestants attempt at solving their sudoku puzzles as quickly as they could. Though they were provided with special 4x4 puzzles, the challenge wasn't any less daunting for the youngsters.

Parents were gleaming with pride as all participants were rewarded with token prizes for their show of mental strength. The pleasant and fun-filled day sure stimulated their young, developing brains and piqued an interest in the athletics of the mind.



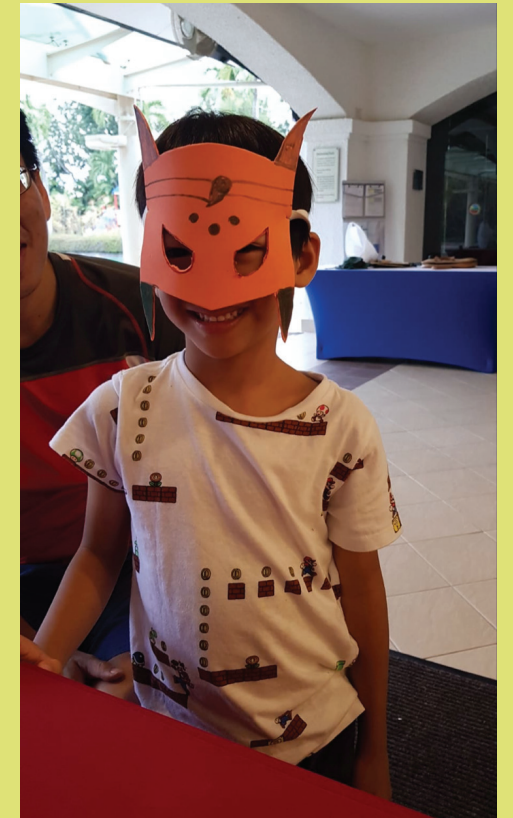
Kids Get Crafty for Halloween

The end of November heralds the beginning of the the scariest season of the year - Halloween. Spooky as it may be, who doesn't like a good reason to dress-up as someone or something else for even just one day? With only a few days left before Halloween, 16 members and guests gathered for a Face Mask Creation Workshop!

It was October 27 and the weather was perfect for the DIY project that took place at the Poolside Cafeteria.

The young ones were provided with a myriad of foam mask options ranging from the elegant silhouette of a masquerade mask to the daring form of a crimefighting superhero mask. They were provided with a series of crafting tools and equipment to bring those plain foam templates to life!

The children worked tirelessly over their imagined personas, scrutinising every detail and embellishing every inch of their mask with their magical touch. The end of the workshop saw the creation of many new spook-tecular and fa-boo-lous characters all ready for Halloween!



Ready for an Adventure?



The three-days two-nights Children's Adventure Camp was held from November 25 to 27, 2019. The camp started with the usual safety briefing followed by the issuing of camp T-shirts to all campers. The children started the first item of the day at the multi-purpose court where they were split into their respective teams. This year's theme was the Solar System and we had the children divided into the teams of: Saturn, Jupiter, Mars and Pluto.

The children started proceedings with a Scavenger hunt around the Sports Complex with their respective counsellors. Lunch was served at the Terrace overlooking the pool and the golf course while the children chatted away in excitement.

At 2pm, the kids had their robotics and coding class conducted by Master Andre. The kids learnt a lot and received their certificates after displaying their competency in the assessment segment. Dinner was wolfed down before the kids were spoilt with a movie, Gulliver's Travels, at the poolside cafeteria. The kids were weary after a challenging first day and retired at 10pm with thoughts of the Lilliput and Blefuscu war from Gulliver's Travels.

The youngest camper was Elina Ma at 5 years old.

The second day started with camp counsellor, Guru Bharat, taking the kids for a round of morning calisthenics by the poolside. Breakfast was delightfully consumed before the kids departed for Pasir Ris Park for a day of keen adventure and exploration. The kids learnt how to make kites and how to fly them successfully. The kids also received some tips on outdoor education through the use of angkana leaves and coconuts. Counsellor Kesavan also showed the children a discarded snakeskin to explain the process of Ecdysis and how the snake sheds its stretched skin to allow for further growth.

Some of the kids were so fascinated by the coconuts, they brought them back home.



These kids are!

The children excitedly encountered three toucans on the journey to the Mangrove walk. The kids learnt about the various flora and fauna and the importance of the ecosystems in mangrove swamps and managed to spot many animals, namely the likes of mud skippers and mud crabs. The troop also managed to spot two otters in the river.

The tired but enthusiastic youngsters then were treated to a round of Prawning fun at the Aranda Country Club. Many gleeful shrieks were heard when the various teams managed to reel in a prawn or two in the hope of being the team to win the Prawning Competition.

We also introduced a new award for this year's camp-The Most Adventurous Camper

Once the children were all "prawned" out, we recharged their spirits with a bout of dinner before the movie which was the much-anticipated "Frozen 2". Once the movie concluded, the troop trudged onto the bus to return to the club to end the extremely demanding but pleasurable day.

The definite day of the camp started with Counsellor Dean engaging the kids with a bout of fundamental movement exercises at the poolside carpeted area. A well merited breakfast was served before we departed for mountain climbing at The Rock School located in Our Tampines Hub. The drained children were indulged with Pizza Hut before the trip back to TMCC for fun activities and games in the pool.

The day ended with the Sports team presenting the various awards to the outstanding campers for their hard work and resilience throughout their camp journey.

Adventure Camp 2019 winners

Best Camper (Boy): Paul David Gan
Best Camper (Girl): Narisa Ma
Best Team Leader: Poh Jing Yi
Most Sporting Award (Boy): Nathan Chen
Most Sporting Award (Girl): Lydia Chua

Most Helpful Award: Katelyn Lim
Most Organized Award: Kyra Lim
Best Buddy Award: Rianne Mah and Chai Kaye-En
Most Adventurous Camper: Elina Ma

Boy Wonder Emerges Triumphant at Tennis Competition

The resonant and shallow echoes of a tennis ball coming into contact with the ground was a persistent presence when the TMCC Tennis Singles Competition was held. Tennis Courts 2 through 4 were occupied with heated competitors practising their swings, volleys and footwork before they took centrestage during their 1-on-1 tennis match.

Six gutsy competitors kicked off the day at 2pm with a random draw by Coach Sjaiful to determine the fixtures for the day. Among the six were rising young tennis stars: brothers, Donovan and Dylan Tan, and Isabelle Lim. Despite their young age, the 3 were fiercely vying for a shot at the top three prizes despite going up against older and more experienced competitors: Chin King Yew, Lim Vee Kiat and Tan Ee Shien.

At 2:30pm, the competition proceedings officially began with Coach Sjaiful present as the judge for the competition. The format of play was simple: to win the match, the player has to get the best of 3 sets with each set won by being the first to reach 6 points.

The group stages started with Dylan Tan, current Junior Tennis Champion as well as the 2nd runner-up for the

Tennis Singles
1st Runner up
Chin King Yew
and Tennis
Singles Champion
Donovan Tan



Tennis Singles Champion 2019 Donovan Tan and mother Nariko Tan Tennis Singles 1st Runner up Chin King Yew and Tennis Single Champion Donovan Tan



Coach Sjaiful and the 2nd Runner-Up Lim Vee Kiat

Tennis Singles Competition in 2018, breezing through his games undefeated. The same was observed for Chin King Yew who dominated the group stages and easily carved a spot for himself in the semi-finals.

From the semi-finals came an intense faceoff between Lim Vee Kiak and Tan Ee Shien as they battled for the third spot and a chance at the trophy. Ultimately, the game went to Lim Vee Kiak with a score of 6-1.

The day's event was further dramatised by the presence of two lightning delays. In spite of the tumultuous weather, our contestants' spirits and enthusiasm remained positive and they were revving up for their upcoming sets.

After many rounds of toil, came the final two: Young star, Donovan Tan, and big-hitter, Chin King Yew. The match was a spectacular show of agility, strength, talent and passion as the two where neck-in-neck throughout the entire match. In the end, Donovan managed to edge his older opponent 6-5, 7-5.

The event concluded with a prize presentation by Coach Sjaiful to the top 3 Tennis competitors. Donovan Tan (champion), Chin King Yew (1st runner-up) and Lim Vee Kiak (2nd runner-up), took home attractive glass trophies to show for their tennis prowess and talents on the TMCC court.



JAN 2020**01** WED**NEW YEARS DAY****Yoga-Flow & Stretch**

9am; Glass Gym

Power Workout

11am; Glass Gym

02 THU**Pilates Class**

3:30pm-4:30pm (Beginners);

4:30pm to 5:30pm
(Intermediate); Glass Gym**Dancing Class**

7:30pm-8:30pm; Glass Gym

03 FRI**Dancing Class**

7:30pm-8:30pm; Glass Gym

04 SAT**CNY Pineapple Tarts****Baking Workshop**

10am-12:30pm, Ixora Room

Swimming Lesson

TMCC Swimming Pool

Power Workout

11am; Glass Gym

05 SUN**Medal of Medals**

Tampines [PM]

Swimming Lesson

TMCC Swimming Pool

Total Body Conditioning Class

4:30pm-5:30pm; Glass Gym

**06** MON**Power Workout**

11am; Glass Gym

Dancing Class

8pm-9pm; Glass Gym

07 TUE**Ladies Medal of Medals**

Tampines [PM]

Dancing Class

8pm-9pm; Glass Gym

08 MON**Yoga-Flow & Stretch**

9am; Glass Gym

Power Workout

11am; Glass Gym

09 THU**Pilates Class**

3:30pm-4:30pm (Beginners);

4:30pm to 5:30pm
(Intermediate); Glass Gym**Dancing Class**

7:30pm-8:30pm; Glass Gym

10 FRI**Dancing Class**

8pm-9pm; Glass Gym

11 SAT**1 Day Batam CNY Shopping
& Makan Trip****Swimming Lesson**

TMCC Swimming Pool

Power Workout

11am; Glass Gym

12 SUN**Kid's Carnival**

4pm-6pm, Poolside Café

Swimming Lesson

TMCC Swimming Pool

Total Body Conditioning Class

4:30pm-5:30pm; Glass Gym

13 MON**Corporate Golf Event**

Tampines (PM- Shotgun)

Power Workout

11am; Glass Gym

Dancing Class

8pm-9pm; Glass Gym

14 TUE**Ladies Medal** Tampines (AM)**Dancing Class**

8pm-9pm; Glass Gym

15 WED**Yoga-Flow & Stretch**

9am; Glass Gym

Power Workout

11am; Glass Gym

16 THU**Corporate Golf Event Tampines**

(AM - Timesheet)

Pilates Class

3:30pm-4:30pm (Beginners);

4:30pm to 5:30pm
(Intermediate); Glass Gym**Dancing Class**

7:30pm-8:30pm; Glass Gym

17 FRI**Corporate Golf Event Tampines**

(AM - Timesheet)

Dancing Class

8pm-9pm; Glass Gym

18 SAT**Swimming Lesson**

TMCC Swimming Pool

Power Workout

11am; Glass Gym

19 SUN**Kid's Carnival**

4pm-6pm, Poolside Café

Swimming Lesson

TMCC Swimming Pool

Total Body Conditioning Class

4:30pm-5:30pm; Glass Gym

20 MON**Power Workout**

11am; Glass Gym

Dancing Class

8pm-9pm; Glass Gym

21 TUE**Dancing Class**

8pm-9pm; Glass Gym

22 WED**Yoga-Flow & Stretch**

9am; Glass Gym

Power Workout

11am; Glass Gym

23 THU**Pilates Class**

3:30pm-4:30pm (Beginners);

4:30pm to 5:30pm
(Intermediate); Glass Gym**Dancing Class**

7:30pm-8:30pm; Glass Gym

24 FRI**25** SAT**CHINESE NEW YEAR****26** SUN**CHINESE NEW YEAR****27** MON**28** TUE**Dancing Class**

8pm-9pm; Glass Gym

29 WED**Power Workout**

11am; Glass Gym

**30** THU**Tennis Club Nite****Pilates Class**

3:30pm-4:30pm (Beginners);

4:30pm to 5:30pm
(Intermediate); Glass Gym**Dancing Class**

7:30pm-8:30pm; Glass Gym

Yoga Class

9am to 10am; Gym Extension

31 FRI**Dancing Class**

8pm-9pm; Glass Gym



FEB 2020



01 SAT

Power Workout
11am; Glass Gym

02 SUN

Lunar New Year Celebration
(PM - Shotgun)
Lunar New Year Celebration
Tampines (PM)

Kid's Carnival
4pm-6pm, Poolside Café

Swimming Lesson
TMCC Swimming Pool

Total Body Conditioning Class
4:30pm-5:30pm; Glass Gym

Muay Thai Class
4pm to 5pm; Poolside Area

03 MON

Power Workout
11am; Glass Gym

Dancing Class
8pm-9pm; Glass Gym

04 TUE

Dancing Class
8pm-9pm; Glass Gym

05 WED

Power Workout
11am; Glass Gym

06 THU

Pilates Class
3:30pm-4:30pm (Beginners);
4:30pm to 5:30pm
(Intermediate); Glass Gym

Dancing Class
7:30pm-8:30pm; Glass Gym

Yoga Class
9am to 10am; Gym Extension

07 FRI

Dancing Class
7:30pm-8:30pm; Glass Gym

08 SAT

Power Workout
11am; Glass Gym

09 SUN

Kid's Carnival
4pm-6pm, Poolside Café

Swimming Lesson
TMCC Swimming Pool

Total Body Conditioning Class
4:30pm-5:30pm; Glass Gym

Muay Thai Class
4pm to 5pm; Poolside Area

10 MON

Power Workout
11am; Glass Gym

Dancing Class
8pm-9pm; Glass Gym

11 TUE

Dancing Class
8pm-9pm; Glass Gym

12 WED

Corporate Golf Event Tampines
(PM - Timesheet)

Power Workout
11am; Glass Gym

13 THU

Ladies Social 'Lion Cup'
Tampines [PM]

Pilates Class
3:30pm-4:30pm (Beginners);
4:30pm to 5:30pm
(Intermediate); Glass Gym

Dancing Class
7:30pm-8:30pm; Glass Gym

Yoga Class
9am to 10am; Gym Extension

14 FRI

Corporate Golf Event Tampines
(PM - Shotgun)

Dancing Class
7:30pm-8:30pm; Glass Gym

15 SAT

Valentines' Day Tennis
Mixed Doubles

Power Workout
11am; Glass Gym

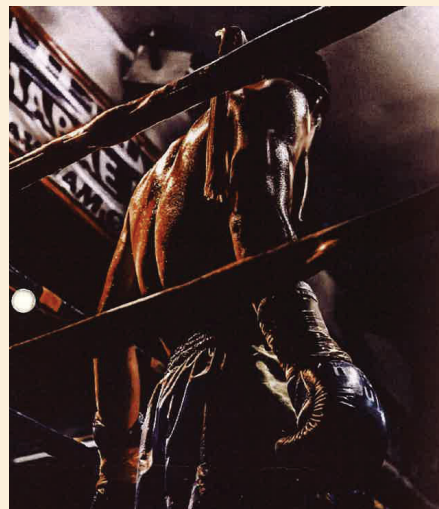
16 SUN

Kid's Carnival
4pm-6pm, Poolside Café

Swimming Lesson
TMCC Swimming Pool

Total Body Conditioning Class
4:30pm-5:30pm; Glass Gym

Muay Thai Class
4pm to 5pm; Poolside Area



17 MON

Power Workout
11am; Glass Gym

Dancing Class
8pm-9pm; Glass Gym

18 TUE

Arthritis Pain Management Talk
Dancing Class
8pm-9pm; Ixora Room

19 WED

Power Workout
11am; Glass Gym

20 THU

Pilates Class
3:30pm-4:30pm (Beginners);
4:30pm to 5:30pm
(Intermediate); Glass Gym

Dancing Class
7:30pm-8:30pm; Glass Gym

Yoga Class
9am to 10am; Gym Extension

21 FRI

Dancing Class
7:30pm-8:30pm; Glass Gym



22 SAT

Power Workout
11am; Glass Gym

23 SUN

Kid's Carnival
4pm-6pm, Poolside Café

Swimming Lesson
TMCC Swimming Pool

Total Body Conditioning Class
4:30pm-5:30pm; Glass Gym

Muay Thai Class
4pm to 5pm; Poolside Area

24 MON

Dancing Class
8pm-9pm; Glass Gym

Power Workout
11am; Glass Gym

25 TUE

Dancing Class
8pm-9pm; Glass Gym

26 WED

27 THU

Tennis Club Nite

Pilates Class
3:30pm-4:30pm (Beginners);
4:30pm to 5:30pm
(Intermediate); Glass Gym

Dancing Class
7:30pm-8:30pm; Glass Gym

Yoga Class
9am to 10am; Gym Extension

28 FRI

Dancing Class
7:30pm-8:30pm; Glass Gym

29 SAT

Fluffy Swiss Roll Baking
Workshop
10am - 12.30pm; Ixora Room

Power Workout
11am; Glass Gym



sports&recreation

**EVERY MONDAY,
WEDNESDAY, SATURDAY**

POWER WORKOUT

Circuit sessions and workouts to help you look fit and fabulous!
Glass Gym; 11am; Free



POWER WORKOUT

Join us in our day circuit sessions to help you look fit and fabulous!

EVERY THURSDAY

YOGA CLASS

Rejuvenate the aches and strains from golf with a yoga session. This is a full body workout with muscle flexibility exercises designed to help in golf.
Gym Extension; 9am to 10am; \$30 per session

YOGA-FLOW AND STRETCH

Yoga with Joelle Chew is a great way to rejuvenate the aches and strains from golf. Joelle promises a full body workout with muscle flexibility exercises designed to help you in golf.



EVERY THURSDAY

PILATES

Improve your posture, core strength and flexibility with Pilates. There are many benefits of Pilates to discover!
Glass Gym; Beginner: 3:30pm to 4:30pm / Intermediate: 4:30pm to 5:30pm; Members: \$239.68 (8 classes) / Guests: \$265.36 (8 classes)



PILATES

Pilates is known to help improve posture, core strength and flexibility. Join now to reap the benefits of the pilates method with the help of our qualified instructress. Our Courses cater to novices and advanced pilates participants.

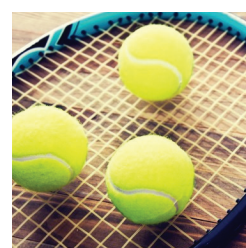
**LAST THURSDAY OF
EVERY MONTH**

TENNIS CLUB NIGHT

Enjoy a sporting night of tennis with your guests (up to 3 guests) and other participants.
TMCC Tennis Courts; 6pm to 10pm; Free

TENNIS CLUB NIGHT

Held every last Thursday of every month, enjoy a sporting night of tennis with your guests (maximum 3 guests) and other participants. Do not miss this popular monthly event as it will leave you wanting more.

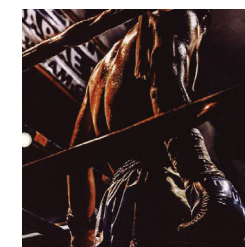


Think you can be the next champ? Sign up for our sports tournaments and give us your best performance on the courts and in the Gym!

EVERY SUNDAY

MUAY THAI

Develop new skills, increase your strength and learn self-defense with this high intensity sport.
Glass Gym; 4pm to 5pm (min. 4 pax required to start); \$30 per session



MUAY THAI

- Develop new skills, habits & a healthier lifestyle
- Increase functional strength & gain confidence in yourself
- Increase your fitness & learn self-defense at the same time

EVERY SUNDAY

TOTAL BODY CONDITIONING

Improve and enhance your body's overall strength, flexibility and endurance by toning your body in this class.
Glass GYM; 4pm to 5pm (min. 4 pax required to start); \$21.40 per session

TOTAL BODY CONDITIONING

Join this class to improve and enhance your body's overall strength, flexibility and endurance. Total Body Conditioning will tone your upper and lower body regions which will contribute to good posture and total body alignment.



**LAST SUNDAY OF
EVERY MONTH**

SOCIAL TABLE TENNIS

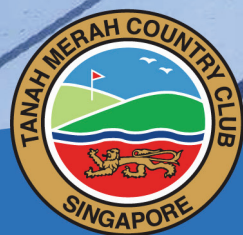
Mingle and play with other passionate table tennis players during our monthly social table tennis sessions.
TMCC Squash Court; KIV; FREE; 4pm to 7pm

SOCIAL TABLE TENNIS

Held every last Sunday of every month, enjoy a sporting night of table tennis with your guests and other participants. Do not miss this popular monthly event as it will leave you wanting more.

Swimming Lessons

Commencing January 2020



Sat & Sun Classes

- 3.15pm – Learn to Swim*
- 4.00pm – Beginners Level 2 / Level 3
- 5.00pm – Elementary 1 & 2[#]
- 6.30pm – Beginners Level 1*

*45mins session
#60mins - 75mins session

Join us!



YSS Admin WhatsApp
@ 9858 8774



tmcc@yaleswimmingschool.com



Coach Ronald
@ 9101 2966



ronald@yaleswimmingschool.com



Sports Complex
@ 6592 0313 / 6592 0312



sportcomplex@tmcc.org.sg

Kids Carnival



FREE ADMISSION

Weekly Kids' Carnival

Every Sunday

4pm to 6pm @ Poolside Cafeteria

Ages 4 and above

- Arts & Crafts
- Games
- Kids' Activities

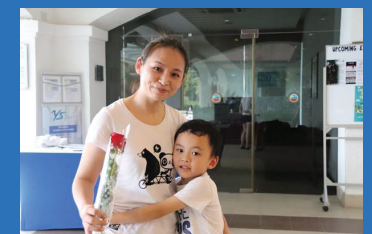
Past Kids' Carnival Activities!



Superhero Colouring Jam



Paper Plane Flying Competition



Mother's Day Card DIY

Join us!



Sports Complex @ 6592 0313 / 6592 0312



sportcomplex@tmcc.org.sg

Tampines Golfers' Terrace

W e e k e n d Lunch Specials



Tampines Golfers' Lounge

JANUARY 2020

Saturday to Sunday (04/01/2020 to 05/01/2020)

BRAISED KIM CHEE PORK RIBS
Served with Rice

BEEF NOODLE IN DOUBLE BOILED THICK GRAVY
With meatball, tripe, beansprout & salted mustard

Saturday to Sunday (11/01/2020 to 12/01/2020)

BRAISED PORK BELLY WITH MUI CHOY
Served with rice and Soup

RED LEG PRAWN MEE SOUP WITH PORK RIBS

Saturday to Sunday (18/01/2020 to 19/01/2020)

BRAISED SESAME CHICKEN IN CLAY POT
With broccoli, mushroom, fried ginger & served with rice

LOR MEE TOPPED WITH CRISPY FISH SKIN
with Pork Belly, Fish Floss, Egg and Fish Cake



Babi Ponteh Set served with rice and nonya mixed vegetables



Gochujang Chicken Stew served with rice and kimchi

FEBRUARY 2020

Saturday to Sunday (01/02/2020 to 02/02/2020)

PORRIDGE SET
with Whitebait Omelette, Braised Pork Belly, Tau Pok,
Braised Kiam Chye and Steamed Fish Cake

STIR-FRIED SEAFOOD UDON

Saturday to Sunday (08/02/2020 to 09/02/2020)

CLAYPOT CHICKEN RICE SET
Served with Double Boiled Soup



Claypot Chicken Rice Set Served with Double Boiled Soup



Seafood Crispy Noodle



Spare Ribs and Pig Maw Mee Sua in Herbal Soup

Operating Hours:

Mondays

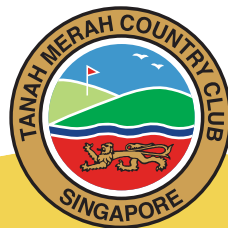
11.00am to 8.00pm

Tuesday, Wednesdays & Thursday

7.00am to 8.00pm

Friday to Sunday and Eve of Public Holiday

7.00am to 10.00pm



WHISKY PROMOTION January 2020 - March 2020

Johnnie Walker Gold Label

2 bottles @ **\$208** and
receive a complimentary JW Luggage Bag*
(U.P. 2 bottles @ \$296)

Johnnie Walker & Sons XR21

1 bottle @ **\$208** and
receive a complimentary JW Luggage Bag*



JW Luggage Bag

*While stocks last

Price is in Singapore Dollars and inclusive of 7% GST.

To
purchase



F&B @ **6592 0386**



banquet@tmcc.org.sg



ROYAL



HUMBOLDT



Wine of the Month

• ROYAL

The Royal is a premiere blend of Cabernet Sauvignon and Cabernet Franc.
It is incredibly full bodied, opulent, sophisticated and perfectly aged.

Award:

Silver Decanter Award 2018

1 bottle @ **\$118**

• HUMBOLDT

The Humboldt is a sophisticated and complex wine with a gorgeous
purple hue and layer upon layer of rich aromas and flavours.

Award:

Silver Tower Club Award 2020

1 bottle @ **\$68**

*While stocks last

Prices are in Singapore Dollars and inclusive of 7% GST.

To
purchase



F&B @ **6592 0386**



banquet@tmcc.org.sg

A Prosperous Lunar New Year Feast

Takeaway Menu 2020

BITES & CHEER 61

Lunar New Year Festive Menu

发财鱼生 (三文鱼生) Prosperity Salmon Yu Sheng	Small	\$52
	Large	\$84
	Additional Salmon	\$11 per plate
龙虾鱼生 Lobster Yu Sheng	Small	\$83
	Large	\$148
	Additional Lobster	\$56 per plate
豪门鱼生 (鲍鱼鱼生) Abalone Yu Sheng	Small	\$73
	Large	\$138
	Additional Abalone	\$46 per plate
佛光普照 (正宗佛跳墙) Buddha Jump Over the Wall	Small	\$490
	Large	\$950
盆满钵满 (鲍鱼盆菜) Abalone Pun Choy	Small	\$238
	Large	\$448
好市发财 (蚝豉发菜) Braised Dried Oyster with Roasted Pork & Sea Moss	Small	\$46
	Large	\$84
鸿运当头 (脆皮烧肉) BBQ Roasted Pork	Per 500g	\$46
横财就手 (红烧元蹄) Braised Pork Knuckle	Per Portion	\$46
金鸡报喜 (脆皮烧鸡) Roasted Crispy Chicken	Half	\$24
	Whole	\$46
一团和气 (腊味糯米饭) Steamed Glutinous Rice with Waxed Meat	Small	\$24
	Large	\$46

ORDER PERIOD

11 Jan to 8 Feb 2020

COLLECTION POINT

Garden View Restaurant

OPERATING HOURS

Saturday, 11 Jan to Saturday, 8 Feb
12pm to 3pm or 5.30pm to 7pm

Friday, 24 Jan (Eve of LNY)
12pm to 6pm

CLOSED ON

Mondays (except 27 Jan)
Saturday, 25 Jan (1st LNY) &
Sunday, 26 Jan (2nd LNY)

Terms & Conditions: Collection 5 working days from order confirmation. All prices are inclusive of 7% GST. F&B will contact Member for order confirmation.

For
enquiries



Garden View Restaurant @ 6545 2891 / 6592 0388



banquet@tmcc.org.sg

Saturday, 11 January to



Saturday, 8 February 2020

嘻哈大笑(沙律明虾片)

Salad Prawns with Fresh Fruits

喜燕东来 (冬茸鸡茸燕窝羹)

Braised Bird's Nest with
Minced Chicken & Melon

富贵有鱼 (豆酥蒸鳕鱼)

Steamed Cod Fish with Bean Crumbs

心想事成 (天白菇扣海参)

Braised Sea Cucumber with
"Tianbai" Mushroom &
Seasonal Vegetables

一团和气 (腊味糯米饭)

Steamed Glutinous Rice
with Waxed Meat

喜汽洋洋 (杨枝甘露)

Chilled Cream of Mango with Pomelo

Individual
SET MENU

\$83.00
per person

Min:
2 persons





发财三文鱼生
Prosperity Yu Sheng

福如东来 (鲍鱼带子海参羹)
Braised Abalone with Fresh Scallop
& Sea Cucumber Thick Soup

金鸡报喜 (脆皮吊烧鸡)
Roasted Crispy Chicken

富贵有鱼 (豆酥蒸鳕鱼)
Steamed Cod Fish with Bean Crumbs

身壮力健 (日式煎西班牙黑豚肉)
Japanese Style Pan Fried Spanish Iberico

龙腾四海 (龙虾尾焖伊面)
Lobster's Tail Ee Fu Noodle

合家团圆 (红豆沙汤丸)
Cream of Red Bean with
Glutinous Rice Ball

4 persons
SET MENU

\$338.00

豪门鱼生 (鲍鱼鱼生)
Abalone Yu Sheng

满园喜庆 (黄焖鱼鳔羹)
Braised Fish Maw in
Yellow Supreme Stock

年年有鱼 (港蒸笋壳鱼)
Steamed Soon Hock Hong Kong Style

锦绣春明 (特酱烧鸭)
Cantonese Style Roasted Duck

发财好市 (蚝豉发菜)
Braised Dried Oyster with
Roasted Meat & Sea Moss

一团和气 (腊味糯米饭)
Steamed Glutinous Rice with Waxed Meat

喜汽洋洋 (杨枝甘露)
Chilled Cream of Mango with Pomelo

6 persons
SET MENU

\$358.00



Saturday, 11 January to

Saturday, 8 February 2020



发财鱼生
Prosperity Yu Sheng

如意大展 (海味四宝羹)
Braised Four Treasures Thick Soup

一帆风顺 (港蒸金目鲈)
Steamed Sea Bass, Hong Kong style

金鸡报喜 (脆皮吊烧鸡)
Roasted Crispy Chicken

代代平安 (XO 酱带子炒豆苗)
Sautéed Fresh Scallop
with Pea Shoot in XO Sauce

发财好市 (蚝豉发菜)
Braised Dried Oyster with
Roasted Meat & Sea Moss

长丝亿丰年 (金菇瑶柱焖伊面)
Braised Ee Fu Noodle with
Golden Mushroom & Dried
Scallop

招财进宝 (海底椰芦荟果冻)
Chilled Lemongrass Jelly
with Sea Coconut & Aloe Vera

8 persons
SET MENU A
\$558.00



Saturday, 11 January to

Saturday, 8 February 2020



发财龙虾鱼生
Lobster Yu Sheng

福如东来 (鲍鱼带子海参羹)
Braised Abalone with Fresh Scallop
& Sea Cucumber Thick Soup

年年有鱼 (港蒸笋壳鱼)
Steamed Soon Hock,
Hong Kong Style

身壮力健 (日式煎西班牙黑豚肉)
Japanese Style
Pan Fried Spanish Iberico

龙精虎猛 (鲜果芥末虾球)
Wasabi Prawns with Fresh Fruits

发财好市 (蚝豉发菜)
Braised Dried Oyster with
Roasted Meat & Sea Moss

8 persons
SET MENU B
\$688.00

一团和气 (腊味糯米饭)
Steamed Glutinous Rice
with Waxed Meat

合家团圆 (红豆沙汤丸)
Cream of Red Bean with
Glutinous Rice Ball



Saturday, 11 January to

Saturday, 8 February 2020



发财鱼生

Prosperity Yu Sheng

满园喜庆 (黄焖鱼鳔羹)

Braised Fish Maw in
Yellow Supreme Stock

一帆风顺 (港蒸老虎斑)

Steamed Tiger Garoupa,
Hong Kong Style

金鸡报喜 (脆皮吊烧鸡)

Roasted Crispy Chicken

龙精虎猛 (鲜果芥末虾球)

Wasabi Prawns with
Fresh Fruits

发财好市 (蚝豉发菜)

Braised Dried Oyster with
Roasted Meat & Sea Moss

10 persons
SET MENU A

\$688.00

长丝亿丰年 (金菇瑶柱焖伊面)

Braised Ee Fu Noodle with
Golden Mushroom & Dried
Scallop

合家团圆 (红豆沙汤丸)

Cream of Red Bean with
Glutinous Rice Ball

Saturday, 11 January to

Saturday, 8 February 2020



发财鱼生

Prosperity Yu Sheng

喜燕东来 (冬茸鸡茸燕窝羹)

Braised Bird's Nest with
Minced Chicken & Melon

富贵有鱼 (豆酥蒸鳕鱼)

Steamed Cod Fish with Bean Crumbs

锦绣春明 (特酱烧鸭)

Cantonese Style Roasted Duck

子孙昌盛 (松露夏果带子)

Sautéed Fresh Scallop
with Truffle & Macadamia Nuts

心想事成 (天白菇扣海参)

Braised Sea Cucumber with
"Tianbai" Mushroom &
Seasonal Vegetables

10 persons
SET MENU B

\$788.00

一团和气 (腊味糯米饭)

Steamed Glutinous Rice
with Waxed Meat

喜汽洋洋 (杨枝甘露)

Chilled Cream of Mango
with Pomelo

Saturday, 11 January to

Saturday, 8 February 2020



豪门鱼生
Abalone Yu Sheng

发财聚宝盆菜 (鲍鱼盆菜)
Stewed Eight Treasures
Abalone, Prawn, Dried Scallop,
Sea Cucumber, Dried Oyster, Fish Maw,
Mushroom, Sea Moss, Pork Knuckle,
Cabbage, Roasted Pork

一帆风顺 (港蒸老虎斑)
Steamed Tiger Garoupa,
Hong Kong Style

身壮力健(日式煎西班牙黑豚肉)
Japanese Style
Pan Fried Spanish Iberico

大地回春 (虾球带子煎生面)
Crispy Egg Noodle
with Prawn & Fresh Scallop

10 persons
SET MENU C
\$888.00

招财进宝 (海底椰芦荟果冻)
Chilled Lemongrass Jelly
with Sea Coconut & Aloe Vera



Saturday, 11 January to

Saturday, 8 February 2020



发财龙虾鱼生
Lobster Yu Sheng

红运当头 (港式全体沙皮乳猪)
BBQ Suckling Pig

满载而归 (红烧官燕)
Braised Bird's Nest in Brown Sauce

年年有鱼 (港蒸笋壳鱼)
Steamed Soon Hock,
Hong Kong Style

子孙满堂 (XO 酱带子炒芦笋)
Sautéed Fresh Scallop
with Asparagus in XO Sauce

四季平安 (椒盐猪壳)
Fried Pork with Salt & Pepper

春回大地 (蒜茸豆苗)
Stir Fried Pea Shoot with
Minced Garlic

10 persons
SET MENU D
\$1388.00
ADVANCE ORDER

延年益寿 (油鸭腿腊味砂煲饭)
Claypot Rice with
Waxed Duck & Waxed Meat

黄金满屋 (椰子金瓜芋泥)
Teochew Style Yam Paste
with Pumpkin



FORECAST 2020

for the 12 Animal Signs in

Rat

1924, 1936, 1948,
1960, 1972, 1984,
1996, 2008



2020 may prove to be a challenging year for Rats, as there will be some obstacles faced along the way. While there's no denying the Rat's efforts can and will yield monetary rewards, you will need to be extra cautious of unwittingly overspending this year and thus wasting their hard-earned cash. Conceiving a budget plan and adhering rigidly to it will keep the Rat's wallet comfortably plump in the year ahead.

When it comes to your career, a one-man-army mentality will do you no favours this year. This is a period where you'll find people in both your social and corporate circle that will willingly help and empower you in your pursuits. This is the year to be an approachable and a team player, step up and work together so you will eventually avoid the backlash of corporate politics, while gaining indispensable allies.

As for relationships, it will be relatively uneventful in the love department, though committed Rats should still keep the fires of their romance ablaze by whisking their partner on a relaxing getaway this year. This will keep your relationship away from the threat of complacency and utter boredom. Single Rats should instead prioritise the expansion of their social circle as this will increase their chances of finding someone that catches their eye. There's no rush, however – whirlwind romances aren't in the cards for you this 2020, so take it slow!

This will also be the year to pay extra attention to your physical and emotional wellbeing this year. The Rat has a greater chance of encountering urinary system issues this time around, but this will be of little issue if you respect nutrition, healthier living and medical check-ups when necessary.

Ox

1925, 1937, 1949,
1961, 1973, 1985,
1997, 2009



There are a lot of reasons to be positive in 2020 for the Ox! One will see many opportunities to generate wealth cross various platforms, even beyond your day job. The Ox may enjoy prosperity this year, but remember to appreciate the need for rest to keep burnout and stress at bay.

As for your career and working relationships, your likeability will soar this year! Your superiors and fellow co-workers will eventually become more receptive to you this year, enabling you to achieve a harmonious working environment. This year may be the time to polish your communication skills and you will be able to expedite this process smoothly when tried.

When it comes to matters of the heart, the single Ox is ready to mingle and potential partners are definitely within your grasp. This year's not the time to play coy; be earnest and sincere about your feelings without being overbearing and your long search for love may well come to an end – fingers crossed!

As for your health, the sturdy Ox remains relatively impervious to serious illness in the coming year, though a good diet and eye for fitness will ensure that even common health concerns will hardly ever bother you this time around!

Tiger

1926, 1938, 1950,
1962, 1974, 1986,
1998, 2010



The Tiger will need to remain cautious in 2020 and a positive mind is needed to get through the year. While wealth opportunities will be aplenty if you're receptive to travelling, this will be the year to suppress your urge to splurge as monetary loss is a threat to you this year. Minimising the financial damage is all about being prudent and keeping close tabs on cash outflow – remember that! In terms of career, your professional road ahead is rocky, upping your communicative prowess will go a long way to ensuring your efforts won't go unrecognised while keeping the corporate drama coming your way to an absolute minimum!

As for your relationships, try to maintain a positive mind. An upbeat personality in 2020 will allow the Tiger to resist the side effects of their weak Peach Blossom Luck. Potential partners will be charmed by the energy you inject into the atmosphere, so stay cheery and your love life could well be merry!

As for your health, the Tiger is daring, but now's the time to channel that trait in ways that don't involve any grave risk to both physical and mental wellbeing. Sticking to an effective health regime will allow you to stay fit enough to tackle 2020's ample opportunities.

Rabbit

1927, 1939, 1951,
1963, 1975, 1987,
1999, 2011



Single Rabbits will have plenty to be grateful for in 2020, so long as you avoid any high-risk investments, you will be hopping towards abundance throughout the year. Remain diligent and assume an uncompromising work ethic – this will boost your already positive wealth luck and raise your chances for a well-deserved raise. Real estate investment should also be an activity on your radar this year, though it's best to play conservative and select only low risk investments.

In terms of climbing the corporate ladder, the Rabbit is liable to being swept up in gossip at the workplace, though prioritising work over corporate drama will allow you to minimise the backlash of the wagging tongues. Despite the rumours surrounding you, you'll nonetheless enjoy helping hands from colleagues throughout the year. Always return the favours as they come and you'll design a better work experience for yourself this year.

As for relationships, single Rabbits will be hopping into 2020 filled with joy, largely thanks to positive Peach Blossom Luck. Careful though, as you're advised to be proactive in the game of love instead of waiting for someone to sweep you off your feet. Meanwhile, committed Rabbits may want to consider tying the knot thanks to the presence of Auspicious Stars.

In terms of health, a change of lifestyle and daily routine could be wise to preserve the Rabbit's physical and mental wellbeing. It's true, prevention is far better than cure; you should adhere to this maxim strongly by committing to a stricter fitness regime this 2020.

Dragon

1928, 1940, 1952,
1964, 1976, 1988,
2000, 2012



This year, the Dragon needs to proceed most matters in life with caution. It's prudent to rely on those far superior to you in terms of financial management this 2020. You should be looking at investments into fixed deposits, as well as better saving plans. The opinion or advice from a financial expert will certainly help with such financial strategising.

As for the Dragon's career, look for the silver linings of every career-related issue that may you're your perseverance this year. Miscommunication and backstabbing may dominate your professional life this time around, but such hardships are also an opportunity for you to discover ways you can improve your interactions with those at the workplace. Keep your chin up!

In terms of romance and love, romantically entangled Dragons are in the clear for a progressive love life this year; there's even the probability of resounding wedding bells should either party express their desire to tie the knot! However, single Dragons are not quite as fortunate in the love department, though mustering the courage to convey their affections towards the one they love may lead to surprising, but favourable, outcomes.

As for the Dragon's health this year, you should refrain from any extreme physical activity. Exercise is of course never frowned upon, though you should nonetheless be mindful of overexertion as you are more prone to physical injury in 2020. Meanwhile, pay special attention to any potential health concerns pertaining to your waist and stomach area.

Snake

1929, 1941, 1953,
1965, 1977, 1989,
2001, 2013



In 2020, thankfully, there will be opportunities for the Snake to accumulate, save and spend money in a more relaxed manner compared to the previous year. Nonetheless, toughen up the security around your assets if possible, to prevent any possible loss in wealth due to theft.

In terms of your career, there are high chances of a promotion for you this year as your rapport with your superiors improve. Don't be afraid to voice out what your contributions are; silence and false modesty are poor traits to get your talents noticed by those above you – now's the time to speak up!

As for romance and relationships, give yourself room to breathe and collect your thoughts before you let your emotions escalate an argument. This goes for both single and committed Snakes. You may be more easily angered this year, but a heart of appreciation will go a long way towards keeping the peace between your loved one or potential partner. Compromise and communicate is key.

When it comes to health-related matters, it's time to cast away your frivolous attitude towards your health this year. Don't underestimate minor health concerns; treat them before they worsen while paying more attention towards your diet. If you are not mindful enough, you could have urinary system-related issues or foot-oriented problems, so don't let your health take the backseat!

FORECAST 2020

for the 12 Animal Signs in

Horse

1930, 1942, 1954,
1966, 1978, 1990,
2002, 2014



2020 will be the year the horse will need to work a little harder to succeed at the finishing line. Wealth opportunities will be elusive if you do not exert the necessary effort; a diligent workhorse is the best Horse this 2020! Meticulous planning and heightened wariness will also save the Horse from a lot of financial heartache. Be careful when signing any contracts or agreements, for instance, to avoid unwittingly losing money thanks to carelessness.

In terms of career matters, meditation and charity work will be a source of attaining calm and appreciation for others; this is an important counter to the added stress you'll endure at the workplace this year. Don't allow a lack of recognition encourage you to throw in the towel. Persevere at your current workplace against all odds and your hard work may just be rewarded.

As for matters of the heart, if you're already in a committed relationship, remember that the trials you two undergo this year will only serve to make your romance stronger. Let every argument or setback teach you how to handle your relationship with greater appreciation and maturity. The single Horse, on the other hand, should explore new social circle to make up for the lack of interesting people in their current ones.

In terms of health-related matters, as implied earlier, stress may be a dominant issue for you if you allow work issues to take over your personal life. Counteract this by ensuring you have ample amounts of rest, sleep, vitamins and nutrition. Taking a much-needed sabbatical every now and then can do wonders for your physical and mental wellbeing too!

Goat

1931, 1943, 1955,
1967, 1979, 1991,
2003, 2015



2020 will be the year for the Goat to act and take action. Careful financial planning is all it takes to mitigate the possibility of minor wealth loss in the year ahead. Beyond this, your wealth opportunities are looking very positive, though your own negativity may make you too blind to notice how fortunate you truly are. It's time to shift your mindset to the positive and you'll be rewarded accordingly.

In terms of workplace issues, the first half of 2020 will be a crucial time for you to establish a foundation for your career. Suppress your impatience and do not mindlessly jump at every career opportunity you see, as some of these so-called opportunities will not benefit you in the long run. Remember to only commit to something outside your primary work after careful consideration!

For love matters, now's time for confessions and courtships for all love-struck Goats! Acts of love will be even more impactful, so focus on planning that sweet date or vacation – as well as any other romantic gestures – that you might have been wanting to do for your loved one or romantic interest!

Be extra careful of what you decide to ingest, especially if you are an older Billy Goat! You might want to consider having more home cooked meals instead of regularly eating out; this affords you better control of your food's nutrition level and cleanliness!

Monkey

1932, 1944, 1956,
1968, 1980, 1992,
2004, 2016



Your boost in wealth will rely a lot of the assistance of others this year, perhaps in the form of expert advice on what to invest in or how to shore up your financial security. Don't take their help for granted though; be sure to pay it forward by helping the less fortunate and the Universe will have its way of repaying your kindness!

For your career, it's in your best interest to find ways of showcasing your talents more prominently to garner the attention of your superiors or other figures of importance. At the same time, be extra careful about who you trust and what you say, as your newfound recognition at the workplace may invite jealousy and potential backstabbing.

In term of relationships, it's crucial to deepen your bond with your partner or potential romantic interest this time around. Your partner should also be your best friend, so make the effort to improve your relationship on that level as opposed to simply making romantic or sexual gestures.

In terms of health, while no major illness are expected to be concerns for the Monkey this year, it's still recommended to resist the allure of exceedingly tasty, yet extremely unhealthy and oily foods. Stress could also be an added issue this time around, though you can easily alleviate this by making exercise and meditation a prominent part of your routine.

Rooster

1933, 1945, 1957,
1969, 1981, 1993,
2005, 2017



The year 2020 is the time for you to diversify your options for attaining wealth. Do not just stick to what you already know. Research on various methods on how to increase your finances, then seek out professional help to pinpoint the best route toward gradually upping your bank balance.

As for your career, it may not be the most smooth sailing of career journeys, but the Rooster will nonetheless encounter good opportunities, such as the possibility of enrolling in a special career development program or more company trips to improve connections both within and beyond your workplace. Be extra nice and accommodating of the people in your professional circle to keep these opportunities coming.

If you've been reluctant to embrace the idea of online dating sites and casual dating, now is the time to reconsider. The single Rooster sees positive love luck in the year of the Metal Rat, though Mr or Mrs Right will not simply arrive through a fortuitous encounter. Show that you're interested in losing your single status and you'll massively up the chances of reciprocation!

As for your health, you may be surprised at just how much of a difference maintaining a healthy diet and eyeing your eating habits can make. It's also advised for you to embrace nature a little more than usual, since this will help you mentally and emotionally.

Dog

1934, 1946, 1958,
1970, 1982, 1994,
2006, 2018



For the Dog, 2020 will be the year you will want to be ready and prepared for. A solid financial backup plan will be your line of defence against the constant possibility of monetary loss this year. Do not be so quick to invest your money as a means to counter this lacklustre wealth period. Avoid high-risk investments at all costs and focus more on simply saving money.

As for your career, influential people will have your back in the professional space, deterring potential backstabbers and opportunists from fully exploiting you. Be sure to show your appreciation of the people in power who will assist you; by aligning your efforts with those who have greater authority, you stand a fair chance of turning your career prospects around.

In terms of romance, love-struck couples and wedded pairs may be more likely to fall sick, which is why it's a good time for them to show more affection, care and consideration towards each other. The Dog may also easily misunderstand their partner's words and intentions this time around, so it may be wise for them to eye their loved one's body language instead of just what they say – 80% of our communication is said to be non-verbal, after all.

As for your health, you will not have any difficulties finding the best medical assistance should your health deteriorate, though it's far better if you take care of your wellbeing before it comes to that. Minor physical injuries are also more likely this 2020, so avoid extreme activities

Boar

1923, 1935, 1947,
1959, 1971, 1983,
1995, 2007



2020 will be the year Boars will see a positive shift in their Wealth Luck, as more door opens for you to get better part-time jobs, as well as other alternative sources of income. While none of these opportunities are particularly spectacular, effort on your part to harness these changes will be enough to afford you peace of mind.

Thankfully, you will not be needing to struggle in your professional life too much because of the generally positive relationship between you and your colleagues. In fact, you may be primed to elevate yourself to a better corporate position by leveraging on the assistance of the bountiful of helping hands you'll enjoy this year.

In terms of romance and love, there are great news for the single Boar – you will not be alone much longer if you have been searching for a soulmate. That said, it's best if you didn't act on impulse; take your time to get to know your love interest on a deeper level before committing yourself. Remember that time is on your side!

As for your health, do not use your busy schedule as an excuse to omit healthy additions to your lifestyle. There are plenty of quick, cost effective ways to care for your health, nutrition and overall fitness without compromising the progress towards your goals. Find out what works for you health-wise and commit to it!

**JOEY YAP'S
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ASTROLOGY**

LIVE SEMINAR 2020
GET YOUR TICKET
www.joeyyap.com/vivien

It's going to be the year of the Metal Rat. Do you want your 2020 to be a normal, typical year, or one brimming with excitement and accomplishments?

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vivien_chng@hotmail.com

DATE
5 Jan 2020
Sunday

TIME
10am - 5pm
(Registration Start
at 8.30am)

WEBSITE
www.vimacgroup.com

VENUE
Resorts World Sentosa
(Central Ballroom)

**Year of the
Metal Rat**



RECIPROCAL CLUBS

MALAYSIA
Saujana Golf & Country Club
Saujana Resort, Section U2 40150 Shah Alam
Selangor Darul Ehsan
Tel : 603 7846 1466
Fax : 603 7847 5830
golf@saujana.com.my

AUSTRALIA
The Lakes Golf Club
Cnr King Street & Vernon Ave,
Eastlakes, New South Wales
Tel: +61 (02) 9669 1311
Fax: +61 (02) 9669 6206
www.thelakesgolfclub.com.au
info@thelakesgolfclub.com.au

AFFILIATE CLUBS

AUSTRALIA
Moonah Links
55 Peter Thomson Drive
Fingal VIC 3939, Australia
Tel : 61 3 5988 2000
Fax: 61 3 5988 2094
www.moonahlinks.com.au

Terrey Hills Golf & Country Club
116 Booralie Road, Terrey Hills
New South Wales, Australia 2084
Tel : 61 2 9450 0155
Fax: 61 2 9450 0034
www.terreyhillsgolf.com.au

Woodlands Golf Club
109 White Street
Mordialloc, Victoria 3195
Australia
Tel : 61 3 9580 3455
www.woodlandsgolf.com.au
Golf_Manager@woodlands.com.au

Yarra Yarra Golf Club
567 Warrigal Road,
Bentleigh East,
Victoria 3165, Australia
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Fax: (61) 9575 0585
www.yarrayarra.com.au

CAMBODIA
Angkor Golf Resort
Kasekam Villiage, Sra Nga
National Route 6 (Airport Road)
Siem Reap, Cambodia
Tel: +855 (0) 63 767 688
Fax: +855 (0) 63 761 140
www.angkor-golf.com

CHINA
Imperial Springs International Summit Club
1 Imperial Springs Avenue, Conghua
Guangdong 510970, China
Tel : 86 20 3108 8888
Fax: 86 20 3108 8098
www.imperialsprings.com

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Cha'an Village Hongqi Town
Ganjingzi District, Dalian 116033, China
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Fax: 86 411 8428 0471
www.rfvgolf.com

Sheshan Golf Club
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Sheshan National Tourism Resort
Songjiang District,
Shanghai 201602
Tel : 86 21 5779 8008
Fax: 86 21 5779 8006
www.sheshangolf.com

Spring City Golf & Lake Resort
Tangchi Yiliang, Yunnan Province
Peoples Republic of China, 652103
Tel : 86 871 6767 1188 or
86 871 6767 1185
www.springcityresort.com

Suzhou Jinji Lake International Golf Club
No. 2 Guobin Road,
Suzhou Industrial Park,
Jiangsu, 215021, China
Tel : 86 512 6288 6868 or
86 512 6288 3426
www.jinjilakegolf.com

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Clearwater Bay Golf & Country Club
139 Tai Au Mun Road,
Clearwater Bay, New Territories,
Hong Kong
Tel : 852 2335 3882
Fax: 852 2719 4207
www.cwbgolf.org
golf@cwbgolf.org

INDONESIA
Damai Indah Golf
Bumi Serpong
Damai (BSD) Course
Jln. Bukit Golf I, Sektor VI,Serpong
Tangerang 15310, Indonesia
Tel : 62 21 537 0290
Fax : 62 21 537 0288
www.damaiindahgolf.com

Pantai Indah Kapuk (PIK) Course
Marina Indah, Penjarangan, Kapuk
Jakarta 14470, Indonesia
Tel : 62 21 588 2388
Fax: 62 21 588 2391

Royale Jakarta Golf Club
Jalan Raya Halim Tiga,
Halim Perdanakusuma Jakarta Timur 13610,
Indonesia
Tel : 62 21 80 888 999
Fax: 62 21 80 878 877
www.royalejakarta.com

JAPAN
Ashinoko Country Club
4708 Minamiharasuga, Mishima-shi,
Shizuoka 411-0000, Japan
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Fax: 81 55 985 2480
www.ashinokocc.com
reserve@ashinokocc.com

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Sky 72 Golf Club
2029-1, Woonseo- Dong,
Joong- Gu, Incheon, Korea
Tel : 82 327 418 562
Fax: 82 327 439 108
www.sky72.com

Teddy Valley Golf & Country Club
365 Hanchangro, Andeokmyeon,
Seoguipo City, Jeju,
South Korea 699-921
Tel : 82 647 931 201
Fax: 82 647 931 108
www.teddyvalley.com

MALAYSIA
The Mines Resort & Golf Club
Jalan Kelikir, Mines Resort City,
43300 Seri Kembangan
Selangor Darul Ehsan, Malaysia
Tel : 60 3 8943 2288
Fax: 60 3 8943 9212
www.minesgolf.com.my

THAILAND
Alpine Golf Club
99 Moo 9 Bangkhan-Sathaneevithayu Road
Klong 5, Klong Luang
Pathumthani 12120, Thailand
Tel : 66 0 577 3333
Fax: 66 2 577 7100
www.alpinegolfclub.com

Loch Palm Golf Club
38 Moo 5 Vichitsongdram Rd
Kathu District, Phuket 83000,
Thailand
Tel : 66 076 321 929 34
Fax: 66 076 321 927 8
www.lochpalm.com

Red Mountain Golf Club
119 Moo 4 Vichitsongkram Rd,
Kathu District, Phuket 83120,
Thailand
Tel : 66 076 322 000 1
Fax: 66 076 322 009
www.mbkkgolf.com/redmountain

Riverdale Golf Club
123/5 Moo1 Tiwanon Road,
Bang Kadi Sub-District,
Muang Pathum Thani District,
Pathum Thani 12000, Thailand
Tel : 66 02501 2789
Fax: 66 02501 1833
www.mbkkgolf.com/riverdale

VIETNAM
The Montgomerie Links
Dien Ngoc Commune,
Dien Ban District,
Quang Nam Province,
Vietnam
Tel : 84 510 3 942 942
www.montgomerielinks.com
reservations@montgomerielinks.com



FAST FACTS

TAMPINES COURSE:

18-hole Buggy Course

- Redesigned by: Phil Jacobs (2017)
- Total Yardage: 6,887metres (Par 72)
- Course Rating: 76.1
- Fairways & Roughs: Zoysia matrella
- Greens: Paspalum platinum TE

Caddie Services (with buggy)	18-Hole	9-Hole
Twin-share (1 caddie to 2 golfers)	\$70.00	\$35.00
Single golfer	\$50.00	\$25.00

*Cash payment required for caddie services
All rates are in Singapore dollars and GST is not applicable.

GOLF OFFICES OPERATING HOURS

TAMPINES COURSE	
Mondays	9.30am till 7.30pm
Other Days	7.00am till 7.30pm

GARDEN COURSE - Closed for redevelopment

PROSHOP OPERATING HOURS

TAMPINES COURSE	
Mondays	11.30am to 7.00pm
Tuesday to Sunday	7.00am to 7.00pm

For enquiries, kindly call:
• Tampines Golf Office 6513 7818 or 6513 7819

COURSE CLOSURE FOR MAINTENANCE

GARDEN COURSE - Closed for redevelopment

TAMPINES COURSE
Mondays (AM)



GARDEN VIEW RESTAURANT (GVR)

Situated in the main clubhouse of Garden Course, it can accommodate 130 persons in a comfortable air-con, elegant setting. With a panoramic view of the golf course, the Garden View Restaurant offers attentive service, and warm ambience.

Operating Hours:

Daily
Lunch : 12.00pm to 3.00pm (Last Order – 2.30pm) • Dinner : 6.30pm to 10.00pm (Last Order – 9.30pm)
Closed on Mondays except on Public Holidays
Tel: 6545 2891 / 6592 0388.

GARDEN BANQUET ROOM (GBR)

Whatever the need, weddings, birthdays, product launches, golf prize-presentation etc, GBR can cater up to 250 diners with its balcony overlooking the serene surroundings of the Garden Course.
Tel: 6592 0386 / 6592 0385

GARDEN LOUNGE (GL)

The lounge is situated adjacent to Garden View Restaurant and members can enjoy the magnificent view of the Garden Course.

Operating Hours:

Sundays to Thursdays 3.00pm to 10.00pm (Last Order – 9.30pm)
Fridays & Saturdays 3.00pm to 12.00am (Last Order – 11.30pm)
Closed on Mondays except on Public Holidays
Tel: 6592 0319

GARDEN EVENTS ROOM (GER)

The Events Room caters up to 100 persons for sit-down dinners and has parquet flooring for dancing. The room is also a popular venue for the club’s social activities.
Tel: 6592 0386 / 6592 0385.

POOLSIDE CAFETERIA

With a prime vantage point overlooking the swimming pool at the Sports Complex, this poolside retreat is the perfect place for refreshing the spirit after a day of fun in the sun. Famous for its local fare served up with a warm smile.

Operating Hours:

Tuesdays to Fridays 12.00pm to 8.00pm (Last Order – 7.30pm)
Saturdays, Sundays & Public Holidays 8.00am to 8.00pm (Last Order – 7.30pm)
Closed on Mondays

POOLSIDE COVERED TERRACE (PCT)

Overlooking the best view of both worlds, a panoramic view of Garden Course and the calm water of mesmerising pool amidst beautiful landscape, the Poolside Covered Terrace is a good venue for barbecue or social gatherings and can hold 30 tables with buffet tables placed on the pool deck.

For bookings of rooms for private functions, please call F&B office at Tel: 6592 0386 / 6592 0385.

TAMPINES GOLFERS LOUNGE & TERRACE

Tampines Golfers’ Lounge (air-conditioned) adjacent to the non-airconditioned Golfers’ Terrace for dining.

Operating Hours:

Mondays 11.00am to 8.00pm
Tuesdays, Wednesdays & Thursdays 7.00am to 8.00pm
Friday to Sunday and Eve of Public Holiday 7.00am to 10.00pm

GARDEN VIEW WING



Heliconia Room

Need to hold board meetings, workshops, seminars etc? Book the Heliconia Room with seating capacity from 30 to 60 persons, offering various set-ups.

Ixora Room

Cooking and baking are such an enjoyment with a stylish kitchen studio. The room can also be used to conduct talks ranging from beauty to personal enrichment up to 40 persons. So look out for the various activities that we have in store for you printed in the bi-monthly newsmagazine.



Lotus Room

Dining in privacy is guaranteed here. To add some sizzle to your events with musical touch, look no further, karaoke is recommended for more fun! Seating capacity – 20 pax is available for booking.

Hibiscus Room

More spacious than the Lotus Room, you may organise your gathering and dine in private here. Seating capacity is 30 to 60 persons. Lunch - \$500 minimum spending (on food and non-alcoholic beverages); Dinner - \$700 minimum spending (at least minimum \$600 on food)

Karaoke Lounge

Belt out your best hit songs at the self-operated Karaoke Lounge, with a seating capacity for 20 persons.

Operating Hours:

Sundays to Thursdays 10.00am to 10.00pm
Fridays, Saturdays & Eve of Public Holidays 10.00am to 12.00 midnight
Closed on Mondays

SWIMMING POOLS

(a) Olympic-size Pool
(b) Children's Pool.
Operating Hours
Daily : 7.00am to 9.00pm
Free-of-charge for members

TENNIS COURTS

Four hard courts are available.
Operating Hours
Daily : 7.00am to 10.00pm
Free-of-charge for members

Tennis Club Night

Last Thursday of the month.
6.30pm to 10.00pm

SQUASH COURT

Two courts are available for use.
Operating Hours
Daily : 7.00am to 10.00pm
Free-of-charge for members

JACKPOT LOUNGE

16 Jackpot machines.
Open to members only.
Operating Hours
Daily : 10.00am to 9.30pm

W.e.f. 1st November 2019, there will only be 16 Jackpot machines operating in the Jackpot Lounge.

KARAOKE LOUNGE

Sundays to Thursdays
10.00am to 10.00pm
Fridays, Saturdays &
Eve of Public Holidays
10.00am to 12.00midnight
Closed on Mondays

THE GLASS GYM

Ardent gym goers will be greeted by a magnificent view of the pool and golf course from the glass walls. No guest allowed. Personal training available
Operating Hours
Daily : 7.00am to 9.30pm

TABLE TENNIS

Located along the squash gallery, members and guests can enjoy this sport with bats and balls provided. Free-of-charge for members and guests.
Operating Hours
Daily : 7.00am to 10.00pm

BASKETBALL & BADMINTON COURT

For basketball and badminton enthusiasts, both vigorous sports to sweat it out free-of-charge.
Operating Hours
Daily : 7.00am to 10.00pm



ECLIPSE FOR TEENS

A delightful venue created as a space exclusively for children of members between 12 and 21 years of age.

The following are available for use.
- Xbox 360 Kinect - TV room
- Foosball - Pool Table
Operating Hours
Daily : 7.00am to 9.30pm
For enquiries, please call 6592 0312 / 6592 0313.

MAHJONG ROOM

Located at 1st storey of Garden View Wing with a dedicated room called Bougainvillea Room, there are three automated mahjong tables and two mahjong tables with tiles and chips available for bookings at no charge for members. Minimum charge of guests' fee applicable.
Operating Hours
Sundays to Thursday
8.00am to 10.30pm
Fridays, Saturdays & Public Holidays
8.00am to 12.00midnight

READING ROOM

Members can retreat into the Reading Room to enjoy the latest newspapers and magazines in peace and comfort.
Operating Hours
Daily : 7.00am to 9.30pm

CHILDREN'S PLAYROOM

The colourful and cheery room is filled with toys for children's enjoyment.
Operating Hours
Daily : 7.00am to 9.30pm



ON-GOING DANCING CLASSES

DANCING CLASSES

If you've been yearning to learn dancing, pick a date below and enrol now! Get to learn the basics of social Cha Cha, Rock & Roll, Foxtrot and many more which you can groove at parties!

INTERMEDIATE LEVEL

Instructor Ms Michelle Fong-Lim
Day Mondays,
8.00pm to 9.00pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)

Instructor Mr Sam Fong
Day Tuesdays,
8.00pm to 9.00pm
Fees (8 lessons) \$149.50 (member);
\$160.50 (guest)

Instructor Mr Jack Goh
Day Fridays,
7.30pm to 8.30pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)

BEGINNERS' LEVEL

Instructor Mr Jovyn Low
Day Thursdays,
7.30pm to 8.30pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)



*All rates are in Singapore dollar and inclusive of 7% GST.



Hole 7 Tee