

# Tanah Merah

COUNTRY CLUB

NOVEMBER / DECEMBER 2019 • ISSUE 6



Garden Course Hole #7

Top Feature

BRINGING  
GARDEN TO  
WHERE IT ONCE  
BELONGED

Renewal Updates

GARDEN COURSE  
REDEVELOPMENT

Bites & Cheer

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[www.tmcc.org.sg](http://www.tmcc.org.sg)

*\*Terms and Conditions Apply.*

## BRINGING GARDEN TO WHERE IT ONCE BELONGED

*By Godfrey Robert*



Course and club development is moving on steadily while its 'twin' Tampines is gearing up to be the championship course

**I**t needs more than a dose of ingenuity to convert a par-70 golf course into a par-71 layout with reduced land.

That is what renowned American designer Robert Trent Jones II did to what was once Tanah Merah Country Club's (TMCC) No.1 course, most prized and globally-acclaimed Garden layout.

With another eight hectares of land lost to the Changi Airport runway expansion, there was once a lot of concern among the TMCC management and members about the future of the very popular Garden course.

But Trent Jones, with the guidance and help of club president Ho Beng Huat, captain Lee Lian Hong, general manager Kok Min Yee, Ian Roberts, Steven Page and Col. (Ret.) Guru, has shaped the Garden into a fabulous resort-style course.

The pond sizes have been reduced, but concerns of water have also been tackled by making them deeper.

The scenic view of the iconic waterfall at the old 17th-18th holes' fairways remains, and is further enhanced by its "clean-up" and some rearrangement of the rocks.

Trent Jones and his team have a good understanding of what the members want, and will provide them with a great playing experience when the course is ready in February 2020.

In fact, the team has placed priority on the members because the Garden greatly complements the newly-renovated Tampines championship course, which for social golfers, can be a tough course to tackle because of the difficult greens and a couple of long par-fours.

So what the club can do is bring some major events at the Tampines course – as Garden used to do prior to its reconstruction some six years ago – and offer the Garden as an interesting course for the social golfers.

Both Tampines and Garden Courses, being the world-class designer courses they are, will be ideal for hosting a multitude of corporate events. These events will benefit the club and its members in many ways especially since corporate events are a good source of revenue.





Left to Right  
Joey Chang (Convenor, Events & Marketing), Brenda Pek (BMW Asia, Marketing Director), Gillian Sim (Lady Captain), Lee Lian Hong (Captain)  
at the launch of BMW 8 Series Gran Coupe, TMCC

In fact, German car maker BMW Singapore's bigwigs were bowled over by what Tampines can offer when they experienced a great time with the recent staging of the 2019 BMW Golf Cup International Qualifying Series where almost 250 players enjoyed the two-day experience.

On the two days when the elements were in the club's favour, the organisers went home extremely happy for the experience.

Golf buggies zig-zagged constantly because of the huge turnout for the event, food stations at various tee-boxes served a feast including whisky and wine. Pretty belles moved around with ease as they served the players drinks and bites.

At the grand dinners on both days, it was all glitz and glamour at the club's massive ballroom where a BMW 8 Series Gran Coupe revolved

on stage, wide LED screens flashed back on previous tournaments around the world and a host of lucky draw prizes were dished out.

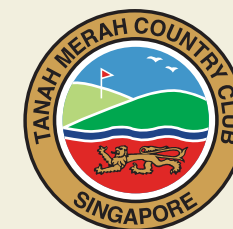
The BMW bigwigs later told me that their fears of having moved the event from another world-renowned club to TMCC were unfounded because the event at Tampines ticked all the boxes.

So as February approaches, bare sand, unwanted trees and shrubs gradually disappear to give way to fresh fairways, prolific greens, turquoise waters in ponds and luscious greenery at the Garden. The excited TMCC family - especially the patient and understanding members who had to put up with just one course for 11 months - are gearing up to welcome yet another milestone in the club's golf history.

All in the name of progress, marked by positive steps ahead.



# THINK GREEN GO GREEN



## TMCC and Sustainability

At TMCC, we are always on the lookout for solutions to support the global and national movement towards sustainability. We have been making small but impactful changes to our practices to provide, not only, a delightful membership experience but a meaningful and environmentally-responsible one as well.

### Our sustainability missions are



REDUCE



REUSE





RECYCLE



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 Tanah Merah Country Club  
 @tanahmerahcountryclub

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TO ADVERTISE, PLEASE CALL MARKETING DEPARTMENT AT 6592 0303 / 6592 0304; EMAIL [MARKETING@TMCC.ORG.SG](mailto:MARKETING@TMCC.ORG.SG)

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# GARDEN DEVELOPMENT UPDATES

## October 2019

### SUMMARY

Now into the final few weeks of finishing, some of the remaining holes will lead to the complete grassing of all 18 holes. These include holes 1, 2, 3, 13, 14 and 15 and once completed will allow for 3 full months of grow-in to prepare for opening in early February 2020. The dry weather spell has continued since mid-June, however, this has had some positives as it has allowed for the major earthworks across the course to be completed on time. Steady rains are now much needed from now till end of January 2020 to aid the turf, trees and shrubs enjoy grow-in period.



The last of the site visits saw Robert Trent Jones II, Designer, and Mike Gorman, coming in on the Oct 24 for three days to finalise and confirm the design works for the last few notes. We can expect a site visit to officially open the course later in 2020 from Trent Jones II and Mr Bruce Charlton, President and Chief Design officer.

### Progress as follows;

Holes; 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 16, 17 & 18 fairways tees and roughs have been turfed with Zoysia Matrella.

The remaining greens; 1, 2, 3, 10, 13, 14, 15, 16 and practice putting greens were sprigged at the end of September with Platinum Paspalum, which now means all greens have been planted and doing well.



Work on Lake A adjacent to holes 1, 2, 3, 13, 14 & 15 is now near completion.

Final planting of trees and shrubs is now being followed up further to improve on some of the tighter holes to provide for improved playing corridors and ensure safe play.

### Garden Course Redevelopment Project is set out in four phases

#### Phase 1: Holes 4, 5, 9 & 11

Construction period is from 25th February - 24th August  
Grow in period if from 6th June - 24th November

#### Phase 2: Holes 6, 7, 8, 12 & 17

Construction period 16th March - 24th September  
Grow-in period is from 9th July - 15th December

#### Phase 3: Holes 1, 15, 16, 10 & 18

Construction period 22nd April - 24th October  
Grow-in period is from 10th September - 24th January 2020

#### Phase 4: Holes 2, 14, 13 & 3

Construction Period 28th May - 24th October  
Grow-in period is from 15th September - 24th January

### WATERFALL

All of the rock works and creation of different falls have been completed. The pumps and the falls underwent a full test at end of October. The planting of shrubs have been done, after observing the Waterfall flow in operation.



### IRRIGATION / WATERFALL PUMP HOUSES

Construction of both pump houses, located behind the waterfall to include floor slabs, columns and side walls and the main casting works to the pump house have been completed. The old irrigation system has been taken out and the pump shed which used to be situated to the side of the new 10th green has been removed. Trees and shrubs will help to camouflage the pump shed from fairways of holes 16 and 18.





#### **CLUB HOUSE BUGGY STAGING AREA**

The buggy staging area will be marked out to accommodate up to 80 golf buggies covering shot-gun events while on most days 40 to 50 spaces will be enough.

A fence within McArthur Palms and trees will be installed at a height of 2.5 metres immediately to the left of hole 1 which will dramatically reduce the chance of golf balls penetrating into the buggy staging area from the 1st tee. The large Kaya tree, adjacent to the golf marshal office will remain as an island feature and added shade will come in the form of three rain trees to provide further relief from the sun.

#### **HALFWAY HOUSES A&A WORKS**

There will be shelter areas on the golf course located at holes 4, 5, 6 & the 10th tee to have the existing structure with toilet facilities along with holes 3, 5 and 17, which are strategic for wet weather and lightning stoppages.

#### **LIGHTING HIGH MAST**

All the high masts have been erected. These will provide lighting for hole 9 and 18<sup>th</sup> green.

#### **BUGGY TRACKS AND CURBING**

Buggy tracks and curbing construction is completed at holes 4 to 12 and 16 to 18. The remaining are under construction and will be completed soon.



#### **ECP BOUNDARY**

The boundary line fencing has been installed in the vicinity of Greens #4 and Tee #5. The recent planting of "temple pillar" trees have been replaced with Pisonia to support the fencing backdrop as they are a great screening plant.

#### **LANDSCAPING**

Unwanted vegetation along the fence lines at Holes 5 and 9 has been cleared and sea hibiscus has been planted which will block out the adjacent runway fence line.

#### **PRACTICE GREENS**

Practice greens located at the back of the 18th green and adjacent to the 16th tee and behind the 1st have been grassed and these will allow for putting and chipping.



# Steven has a Page in Garden's History

By Godfrey Robert

**A look into the great mind behind TMCC Garden Course**

***“Steven’s impeccable work ethic and talent make him an ideal fit for the construction team.”***



**S**teven J Page comes with very impressive credentials.

And you can translate what you see on his CV to what is visible at Tanah Merah Country Club's Garden Course which is just four months away from completing its \$20 million redevelopment.

For as an internationally recognised Lead Shaper, Page, who hails from Gilbert, Arizona, has stamped his indelible mark on the renovated course which is primed to be one of the best layouts in the region.

With 29 years of experience in the specialised job, Page is an expert on the golf construction industry.

His job entails planning, grading, training, overseeing, and on-site design and management of high-profile golf course feature construction.

He is also knowledgeable in design and construction methods involved in working around sensitive, native, protected habitats, having worked hand in hand with many of the industries' top designers.

He is also competent in problem solving and developing on-site creative solutions that work within the space provided and meet the needs of the client and accomplish the vision of the designer.

At the Garden Course, Page worked with a team of individuals who share a common passion and are motivated to produce the highest quality product for the goals and vision of the respective client while preserving the integrity of the surrounding environment.

His CV says: “he can use natural talent and has a keen eye for detail in the art of purposeful, imaginative, yet practical and strategic golf design features to complement the natural landscape and enriching the lives of those who experience

it.” That truism is clearly evident in the Garden Course as underlined by his knowledge of proper equipment and techniques in grading and having worked on 42 projects around the world.

Armed with a bachelor's degree in digital media and animation from the Nashville International Academy of Design and Technology, Page has been responsible for shaping golf course features for architects such as Brian Curley, Jack Nicklaus, Jack Nicklaus II, Tom Weiskopf, Jackson/Kahn, Arnold Palmer and Tom Fazio.

His other achievements include introducing graded features on many top golf courses including renovation work at The Quarry in La Quinta, California, Muirfield Village GC in Dublin, OH (home of the Memorial Tournament) and the Scarlet course renovation at Ohio State University and the Kinloch Golf Club in Lake Taupo, New Zealand.

In all cases, he has utilised knowledge of golf design and ability to visualised the desired result to blend contours and golf course features effortlessly with existing landforms and natural settings to create a more fulfilling experience for golfers and the communities involved.

Page excels in both shaping of new design concepts and also possess a firm grasp on the classic looks of older design philosophies.

In a recommendation letter, well-renowned course designer Curley says: “I have had the pleasure of working with Steven on several courses in China since 2010. He is an extremely talented Lead Shaper and provides the ability to deliver a world-class product under virtually any circumstance.

“He is knowledgeable in all phases of golf course construction and excels in communication, which has always resulted in developing solid working relationships with fellow construction team members.



# EPIC FLASH

New Flash Face  
Designed by A.I.  
Provides Real Ball Speed



## DRIVERS

The new Epic Flash driver employs a new Callaway technology called Flash Face to help golfers get more ball speed for more distance. That great feeling you get when you make a good swing and crush one off the tee? Flash Face makes the ball go faster and farther.

How? Flash Face's unique, internal mapping consists of dozens of subtle ripples flowing from heel to toe. Though the size, height and configuration of the ripples appears random, they in fact work together cohesively to elevate COR in the face's center region. That convention-defying accomplishment results in a significant ball speed boost for a noticeable distance increase when you make solid contact, helping make your longest drives go even longer.

### Features & Benefits

#### New Flash Face Technology for Faster Ball Speed

Callaway engineers used Artificial Intelligence and Machine Learning to create a radically different face design to promote faster ball speed in the center region of the face.

#### Jailbreak Technology for Faster Ball Speed

Internal Jailbreak bars stiffen and stabilize the crown and sole, placing more impact load on the face to promote faster ball speed.

#### New T2C Triaxial Carbon Crown Material for Higher MOI

A new triaxial carbon weave called T2C saves weight that's redistributed within the head to raise MOI.

#### Adjustable Perimeter Weighting for Ball Flight Control

Sliding 16-gram weight gives golfers the power to easily promote draws, fades or a straighter flight. (Perimeter weight 12-gram for Epic Flash Sub Zero Driver and Epic Flash Star Driver models.)



## HYBRIDS

PREMIUM TECHNOLOGIES FOR  
EPIC PERFORMANCE



### Features & Benefits

#### Fast Ball Speeds from Jailbreak Technology and an Ultra-thin Face Cup

Our revolutionary Jailbreak Technology incorporates two internal bars that stiffen the body, placing more impact load on the face to promote fast ball speed and long distance.

#### Enhanced Launch and Trajectory Control from MIM'ed Tungsten Weighting

Precisely shaped MIM'ed tungsten weight optimizes CG for launch and control while an external MIM'ed weight precisely dials in swingweight.

#### Controlled Launch and More Forgiveness from a T2C Triaxial Carbon Crown

New, lighter triaxial carbon fabric has a tighter weave; the weight it saves versus a steel crown is redistributed within the head to lower the CG for a controlled launch, and to raise MOI.

EPIC  
FLASH



## FAIRWAY WOODS

A REVOLUTIONARY BALL  
SPEED PACKAGE WITH FLASH  
FACE TECHNOLOGY

### Features & Benefits

#### New Flash Face Technology for Unprecedented Ball Speed

Callaway used Artificial Intelligence and Machine Learning to create a new fairway wood face design that promotes increased ball speed for longer distance.

#### Forged Carpenter Steel Face Cup For Fast Speed

Forged 455 Carpenter Steel combines with Face Cup to create fast ball speed across the face, for distance on center-and off-center hits.

#### Jailbreak Technology for Fast Ball Speed

Our innovative Jailbreak Technology incorporates two internal bars that stiffen the body, placing more impact load on the face to promote fast ball speed.

#### New OptiFit Hosel for Loft and Lie Adjustability

New, lighter hosel design saves weight while offering a wide range of loft and lie adjustability to dial in easier launch and differing flights. And the saved weight allows us to combine Jailbreak and adjustability for the first time in a fairway wood (for Epic Flash Sub Zero Fairway Wood model).





# White Christmas

Sunday, 15 December 2019



## Golf Yuletide Challenge

Shotgun start at 1.15pm in Tampines Course

Dinner at Tampines Banquet Room

### Fees

#### GOLF AND DINNER

Member	\$65*
Guest	\$395*

FORMAT  
OF PLAY  
SYSTEM  
**36**

#### DINNER ONLY

Adult	Child (3-12yrs)
Member \$65	Member \$35
Guest \$75	Guest \$45

\*Excludes buggy fee of \$25.68 per golfer

### Highlights

- Christmas Door Gifts • Attractive Lucky Draw Prizes
- Lavish Christmas Buffet Spread • Exciting Games • Christmas Carolling

Closing date: Monday, 2 Dec 2019

#### Terms & Conditions

- Registration is based on first-come, first-served basis • Any cancellation after closing date, all fees (except buggy fee) will be charged
- All prices are in Singapore Dollars and inclusive of 7% GST • In the event of inclement weather, all fees are non refundable
- Golfers must have valid Handicap Index

To  
join



Marketing  
@ 6592 0306/6592 0304



Marketing WhatsApp @ 8351 4011

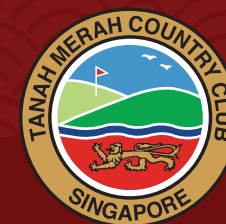


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# Lunar New Year Celebration



@Tampines Course  
Sunday, 2 February 2020



Scurry into the Year of the Rat with an exciting line-up of festive activities including:  
traditional lion and dragon dance performance, singing showcase, lucky draw and more!

Shotgun Start at 1pm in Tampines Course

Dinner at 6.45pm in Tampines Ballroom

### Fees

#### GOLF AND DINNER

Member	\$72*
Guest	\$398*

FORMAT  
OF PLAY  
SYSTEM  
**36**

#### DINNER ONLY

Adult	Child (3-12yrs)
Member \$72	Member \$40
Guest \$82	Guest \$52

\*Excludes buggy fee of \$25.68 per golfer

RSVP by Friday, 17 Jan 2020

#### Terms & Conditions

- Each member can bring up to 3 guests to form a flight and up to 9 guests to fill a table for dinner. Additional guests will be wait-listed.
- Registration is based on first-come, first-served basis • Any cancellation after closing date, all fees (except buggy fee) will be charged
- All prices are in Singapore Dollars and inclusive of 7% GST • In the event of inclement weather, all fees are non refundable
- Golfers must have valid Handicap Index

Join  
us!



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@ 6592 0306/6592 0304



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# MEN'S MEDAL OF MEDALS

## LADIES' MEDAL OF MEDALS

Date : Sunday, 5 January 2020 (PM)  
Venue : Tampines Course  
Entry Fee : \$16.05  
Buggy Fee : \$25.68

The 2020 Medal of Medals is an Individual Nett Stroke Competition open to the 2019 Medals Winners for Men and Ladies Medal Winners in each division. Golf office will be contacting members who are eligible to participate.

Players shall play off their lowest handicap index of the preceding year or current handicap index, whichever is lower.

Prizes will be awarded to the Champion and Runner-up and a best gross winner. The Champion and Runner-up are not eligible for the best gross prize.

## LADIES' MEDALS (STROKEPLAY)

Date : Tuesday, 14 January 2020 (AM)  
Venue : Tampines Course  
Entry Fee : \$10.70 / Ballsweep: \$4.28 (Optional)  
Buggy Fee : \$25.68

Entry Fee is not refundable for withdrawals notified after the drawlist has been finalised.

To  
join



Golf Office @ 6513 7819 / 6513 7818

All prices are in Singapore Dollars and inclusive of 7% GST

# hole

## IN ONE ACHIEVERS

### ACES SCORED AT TANAH MERAH COUNTRY CLUB

MICHELLE HO  
MIAO ZHEN

Hole #16

Distance  
88M

TMCC, Tampines Course  
Date Achieved  
03 October 2019

MELVIN CHOO  
KWOK MING

Hole #6

Distance  
137M

TMCC, Tampines Course  
Date Achieved  
10 October 2019

LAU KAH KEE

Hole #14

Distance  
135M

TMCC, Tampines Course  
Date Achieved  
10 October 2019

SOMCHAI  
KORNKANITNANK

Hole #16

Distance  
112M

TMCC, Tampines Course  
Date Achieved  
20 October 2019

### ACES SCORED OUTSIDE TANAH MERAH COUNTRY CLUB

BRYAN KOH SIOW  
KHAI

Hole #3

Distance  
170M

The Taman Dayu Club  
Date Achieved  
19 October 2019

CORRINA CHIN

Hole #6

Distance  
119Yards

Stone Bay Golf & Resort,  
Stone Bay Course  
Date Achieved  
07 October 2019

ALEX PECK  
CHUAN YONG

Hole #6

Distance  
162M

National Service Resort  
& Country Club  
Date Achieved  
01 October 2019



# Goh Kun Yang

## Golf Professional



📞 8123 0886

✉️ gohkunyang@gmail.com

🌐 gkygolf.net

### Languages

- English
- Mandarin
- Thai

### Experience

#### Golf Professional - 2011 to Present

- Golf Consultant at The Golfing Lab - 2017 to Present
- Singapore National Team Coach - 2018 to 2019
- Level 3 Coach at Phil Brew Golf Academy - 2011 to 2017

#### Former Touring Professional - 2007 to 2015

- Asian Tour, Omega China Tour & Thailand PGA Tour
- Ranked top 10 in the Singapore PGA Order of Merit from 2007 till 2018

### Golf Accreditations

- TPI Certified Level 2 Golf Professional
- BioSwing Dynamics Certified Level 2
- Swing Catalyst Certified Level 2
- Neuro-Learning for Golf Certified
- Action Types Profiling Certified

### Technology

- Trackman 4
- Smart2Move Force Plates
- MySwing 3D System
- CAPTO Putting Technology
- FocusBand

# Daren Lim

## Golf Professional



📞 9622 2845

✉️ darenlimgolf@gmail.com

📷 instagram.com/darenlimgolf

🌐 www.darenlimgolf.com

Daren is able to identify specific areas of your game that needs improvement and has learned and developed systems to help students improve effectively.

He is a very passionate golf coach who teaches out of his home club Tanah Merah Country Club. He actively helps golfers on and off the course as he is one of the rising young golf coaches who has great success in helping his students achieve their goals.

Being an accomplished player during his amateur days, winning multiple TMCC club championships, regional tournaments and the National Championship, Daren knows exactly how to help Juniors and the club golfers lower their scores and enjoy the game to their full potential.

He teaches students of all abilities and ages, whether it is a weekend golfer desiring to lower his handicap, a struggling golfer looking not to embarrass himself in front of his clients/friends or a beginner who wants to be introduced effectively to the game of golf, Daren is dedicated to help his students achieve their goals.

### Technology Used:

Trackman 4  
FocusBand

### Accreditations:

Protour Golf College Mentorship under Lawrie Montague  
Neuro-Learning for Golf  
AimPoint Certified (Putting Line reading and speed control)  
Putting Solutions Certified (Phil Kenyon)



# When Halloween turned out to be a very Happy event

By Godfrey Robert

**H**alloween is basically about remembering the dead, including saints (hallows), martyrs and all the faithful departed. People celebrate the October observation in various ways, but generally it is meant to be sombre.

Halloween activities include tricks or treat, lighting bonfires, playing pranks, telling scary stories, watching horror movies and even lighting candles on the graves of the dead. You can do a variety of things, and the theme being all things grim and grave.

The TMCC ladies golf committee decided on a main twist to remember the annual event and organised a golf competition themed Happy Halloween.

Forty four ladies participated at the Tampines course on Oct 16 in the event with a creative Halloween format designed by Yeoh Su Lynn with the food menu set up by Lynnette Yeo.

Su Lynn let her creative mind wander and she came up with appropriate and interesting names for some holes. For instance, Hole #2 was called Nightmare on Tampines Street where the tee box was "set up" behind a large tree. Hole #10 was called Possess where you have to pass your golf ball to a flight mate who would be playing the hole for you.

Hole # 13 was Friday the 13th, where the ladies had to tee off from the white tee giving them a different perspective of the hole. Hole # 7 was named Depth of Darkness where the ladies had to tee off from the white tee over a ravine. Hole #12 was called Howling where the golfers had to howl throughout their tee shots. Hole #18



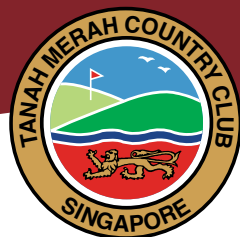
was called Pontianak and the ladies had to tee off on one leg.

And if those weren't enough to make the event interesting, a buggy decoration contest was hotly contested. Many ladies came dressed as witches, decked in cobwebs and there were at least 10 buggies that were decorated.

The evening ended with a hearty meal and everyone went back exhausted but thoroughly happy. For once, there were no official results. But no-one cared for fun was what they came for.







## DECEASED MEMBER ACCOUNTS

The General Committee, at its meeting on 1 November 2017, resolved that the membership accounts of all deceased members are to be transferred (if transferable) within twelve (12) months from the death of the member, failure of which the said membership shall be terminated. Non-transferable memberships must be converted to Ordinary memberships before a transfer can be made.

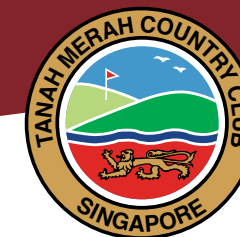
As such, the Club would like to encourage the estates of deceased members to inform the Club upon the death of the member. Kindly note that the Club requires a certified true copy of the Death Certificate and the Grant of Probate or Letters of Administration from the court to effect the transfer of membership.

For further enquiries, please call Membership at 6592-0326 / 6592-0327.

Thank you.

Kind regards

**KOK MIN YEE**  
General Manager



## TMCC JUNIOR GOLF PROGRAMME

Open to Juniors from 7 years of age.

Learn Golf the fun way with TMCC Junior Golf Programme

**ENROLMENT OPEN** for 1<sup>st</sup> Semester 2020

**Training** (Golfing training is from January till May 2020)

DEVELOPMENT LEVEL	INTERMEDIATE LEVEL	ADVANCED LEVEL
(Beginners / Juniors preparing to attend Courtesy Round to obtain Proficiency Certificate to play golf)	(PC Holders and H.I 24.5 & above) For Juniors who have attended Courtesy Round	(Handicap Index 24.4 & below)
Saturday or Sunday	Saturday or Sunday	Saturday
Fee: \$428 incl GST	Fee: \$642 incl GST	Fee: \$856 incl GST
Coaching By Justin Tang	Coaching By Justin Tang	Coaching By Daren Lim
15 sessions (1 hour)	15 sessions (1.5 hours)	15 sessions (2 hours)
Training Module prepared by Daren Lim, TMCC Junior Golf Programme Head Coach		
The 15 Sessions in the Development and Intermediate Levels are divided into 4 Modules:		For the Advanced Level, full Assessment of the Junior current skills to determine individual weaknesses and most important skills. A specially designed programme will be tailored to their needs from their physical and non-physical skills.
Module 1	: 3 sessions of Putting	
Module 2	: 3 sessions of Chipping	
Module 3	: 6 sessions of Pitching	
Module 4	: 3 sessions of Swing (3/4)	
The Games / Play in the development level is designed to teach different aspects of the game of golf.	Drills are designed to help juniors in the Intermediate Level learn Grit and Perseverance.	

Please contact Golf Office at 6513 7818 / 7819 for check on class availability and full details.



# TCM physicians hold hands-on workshop

**H**ealth has always been a major topic for any population. Even in the bygone days when life was simpler and easier, people were concerned about health.

These days, when the stress levels in a fast-moving world have risen sharply, the benefits of health are often talked about.

But talking is one thing, doing something about it is another.

Tanah Merah Country Club delved in both talking and doing through a Traditional Chinese Medicine (TCM) Talk and Workshop session at



the Heliconia Room on October 22nd between 7pm and 9pm. Physicians Leong Weizhen and Lim Jing Yang held the free session while tea and coffee were served to the participants.

As one of the 15 participants who found the session enjoyable and useful had this to say: "It was a very informative session where members got to learn about home exercises that help to alleviate common aches and pains such as backache, shoulder and neck tension.

"It was an interactive session as participants got to practise and pamper their wives by giving them gentle facial massage.

"It was an eye opener to learn more about Lymphatic Drainage and the benefits of the treatment."

The participants were also treated to a free trial of Lymphatic Drainage treatment at the end of the workshop and were each able to take home a packet of fragrant tea.





# Record turnout for club's Family Day



It is a golf club. But Tanah Merah Country Club members are more than just golfers.

This was evident at the Family Day 2019 event that was held on 15 September between 11am and 7pm at the Tampines Function Room and Pre-Function Room. The event saw a record-breaking turnout with close to 400 members and guests coming down to participate in the exciting line-up of activities for the day.

The hazy weather did not affect the mood of the proceedings with food aplenty, both at food stalls and service of street food. Our golfers did not mind when the sport took a backseat at the event marking its presence with a simple, novelty game of Closest To Pin. There was also a deejay to coordinate the event and an exciting magic show by Ninja. A total of 50 lucky winners also managed to bag amazing prizes during the lucky draw.

Other activities were also held to add to the bustling atmosphere at the event; there was a karaoke contest, colouring contest and many carnival games for the whole family to enjoy. The guests also had the pleasure of enjoying an interesting performance of their children dancing with guest performer, Superman Aloysius.



The prizes for our karaoke and colouring contest were presented by our judges Ms Doreen Koh and Mr Lim Kong Wee respectively. Director of Golf, Mr Ian Roberts presented the 50<sup>th</sup> to 40<sup>th</sup> lucky draw prizes with Mr Lim who presented the 40<sup>th</sup> to 20<sup>th</sup> lucky draw prizes, and swimming captain, Ms May Schooling rounded by the lucky draw prize presentations with the 20<sup>th</sup> to 1<sup>st</sup> prizes. Ms. May Schooling also presented swimming certificates to her graduating class of swim students.

TMCC Family Day 2019 was a huge success solidifying the club's position as one that provides enjoyment to the whole family.



## Results:

### COLOURING CONTEST

Winner : Han Min Ah  
 Runner-up : Chiharu Nakano  
 2nd Runner-up : Elena Yeo

### KARAOKE CONTEST

Winner : Steffi Tan  
 Runner-up : Johnathan Ong  
 2nd Runner-up : Gabrielle de Souza



# Hold My Beer... I'm Gonna Do The Chicken Dance



October is the month of excess and debauchery for all ages. For the kids, they will be filling their buckets with a myriad of Halloween candies and treats. For adults, they will be filling up their mugs with a skillfully concocted mixture of barley and yeast – yes, it's OktoberFest!

Familiar oldie tunes rang in the air as mainstay band, Wild Ginger, rocked out against the bustle of beer-crawlers. A crowd of over 120 members and guests were treated to a night of good music, exciting activities, sumptuous German food, and, not least, (arguably) one of the finest beers in the market – Erdinger. Tanah Merah Country Club's OktoberFest took place on October 12 and, for the first time, it was brought indoors to the spacious Tampines Banquet Room. The spicy and rich flavours of the free flow Erdinger beer were complemented with an exquisite buffet line-up of popular German foods such as the juicy pork knuckles, the buttery potato salad and the savoury bratwurst (German sausage).

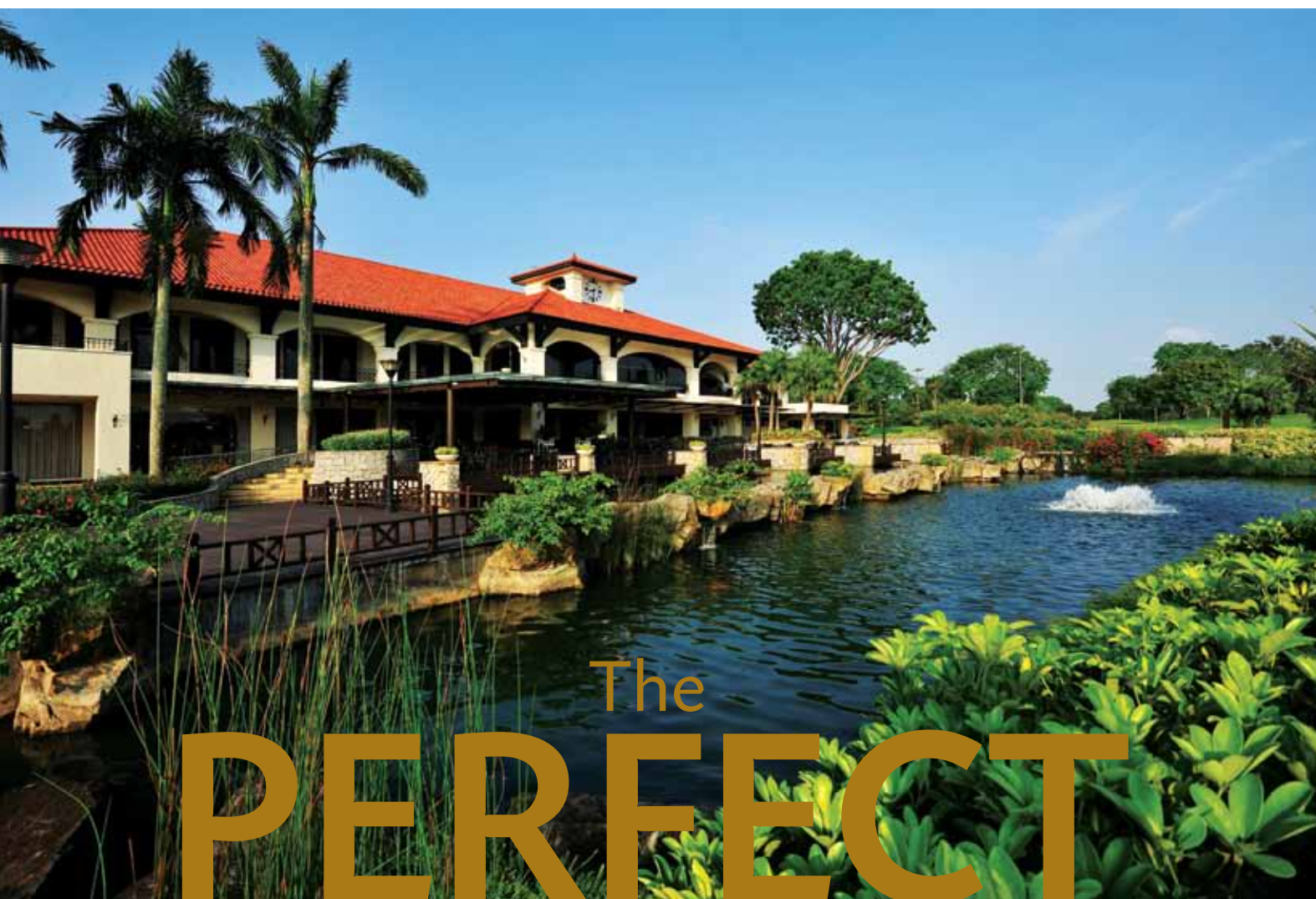


It won't be a proper OktoberFest without any beer-laden games. Everyone's competitive side was brought out during a beer speed drinking game and beer relay. The former came with a twist: Instead of conventionally downing the beers straight from the jug, participants had to speed drink the beers through the straws. A row of men elegantly sipping beer out of a straw left many in stitches. However, that imagery is nothing compared to the mass chicken dance we witnessed when the familiar tune started playing. With a boost from liquid courage, many adults threw their reservation to the wind and joined in on the customary dance.

A beer belly isn't the only thing some of our guests took away from the night. A lucky draw was organised with the top 3 prizes being return plane tickets for 2 to Bangkok! Other prizes included \$100 to \$300 vouchers. Frankie Chua, our TMCC Committee Member, gave away the prizes for the lucky draw.

It was a wonderful night for members and guests alike. The festivities continued all the way through to midnight and spirits were kept high. But alas, with the passing of October, it is time to trade our beers for jugs of eggnog.





*Premier  
golf course  
with pristine  
greens, lush  
landscapes  
and  
excellent  
facilities.*

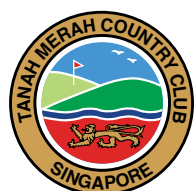


From grand banquet hall to meeting rooms with conference facilities to the al fresco deck with sweeping views of the golf course, it is your creative decision and our commitment to details and service excellence that will guarantee a successful and memorable event.

# The PERFECT

venue to impress your clients  
at your next corporate

**GOLF DAY,**  
banquet or private function ...



**Tanah Merah Country Club**

1 Tanah Merah Coast Road, Singapore 498722

Tel: (65) 6542 3040 (Main line) Fax: (65) 6542 9294 Website: [www.tmcc.org.sg](http://www.tmcc.org.sg)

**For bookings and enquiries, please contact**

Marketing Department (Corporate Golf Events) | Tel: 6592 0305 | Email: [marketing@tmcc.org.sg](mailto:marketing@tmcc.org.sg)

F&B Department | Tel: 6592 0386 / 6592 0388 | Email: [nana@tmcc.org.sg](mailto:nana@tmcc.org.sg)





## Muay Thai expert Ng helps members in cardio build-up

**M**uay Thai or Thai boxing is a combat sport originating from Thailand that is gaining traction around the world.

The sport is characterised by the combined use of fists, elbows, knees and shins. It is engaging, combative and can be brutal. It has a resemblance to styles such as lethwei from Myanmar, pradal serey from Cambodia, muay lao from Laos and tomoi from Malaysia.

Its international growth can be attributed to westernised practitioners from Thailand starting to compete in kickboxing matches, using mixed rules or muay thai rules, around the world.

Now Tanah Merah Country Club is embracing the sport with the help of Eugene Ng, a certified muay thai instructor from the Kru Muay Thai Association in Thailand.



Ng, who has been teaching combat sports such as muay thai, sanda and taekwondo for 10 years, has been working at the club gymnasium since April this year. He represented Singapore at the 9th Asian Wushu Championship in 2016 in the 60kg category and is well-known in the industry.

He is a dedicated instructor working on cardio aspects and empowering his students through the art of muay thai. Ng enjoys training beginners who are keen to progress in martial arts.

You can join in on this sporting trend as well! The Glass Gym has recently acquired a standalone boxing bag and three pairs of boxing gloves for the classes to support the adoption of muay thai and other combat sports at TMCC.



## It's a Birdie, it's a Plane, they're Superheroes!

**B**irdies and planes are a common sight in Tanah Merah Country Club but Superheroes? Not so much. All that changed on September 29 when 19 guests gathered around our Poolside Cafeteria for a super Kid's Carnival event – Superheroes Colouring!

The weather was pleasant and the participants of the superhero colouring contest were treated to the cooling breeze from the pool. Popular heroes like Captain America, Wonder Woman and the Incredible Hulk were given an extreme makeover as the participants reimagined these superheroes with a myriad colours! A new crime-fighter was born with every stroke of the colour pencil.

Of course, everyone has a hero in this competition and that is why all participants bagged a prize for their super work.







If you are a member of Tanah Merah Country Club, aeroplanes are very familiar sight for you for the club is situated next to Changi Airport, and every day – in fact, every minute – you can see and hear planes taking flight.

On September 1st, TMCC had our very own mini ‘Changi Airport’ in the form of a paper plane competition at the Kids Carnival held by the club’s swimming pool. The competition was enjoyed by 18 children who participated because they were on familiar territory.

The format for the competition was exciting and brought out the creative spark in the children. They were competing on several areas included Longest Distance Thrown, Longest Flight Time and Most Creative Plane.

Dean Singh, the club’s sports executive, presented the prizes to the winners who were Jayden Ong for the Furthest Throw at 11.3 metres, Ada Ong for the Longest Hang Time at 3.04 seconds, and Atticus, Jayden, Benjamin and Samuel for the Most Creative planes. The Most Resilient Award was also presented to Marc Ong.



**MOST CREATIVE PLANE WINNERS**  
(from the left)

Samuel, Benjamin, Jayden, Atticus



**FURTHEST THROW WINNER**  
Jayden Ong 11.3 metres



## This Q&A is a lesson for all

The Oxford English Dictionary attests to the use of the verb “quiz” to mean to question or interrogate. The American Heritage Dictionary says it may be from the English dialect verb “quiset”, meaning to question. But the quiz we are talking about is a test the understanding the general knowledge in the light of a wealth of news and views.

So for Kids’ Carnival-Quiz Mania at the Poolside Cafeteria on September 8, 14 children and 7 adults put themselves to the test for two hours.

There were three quizzes and the club’s sports executive, Dean Singh, presented the prizes. The lucky prize winners were Rosy for quiz 1, Lindsey for quiz 2, and Samuel for quiz 3.

As with all quiz events, every participant went home with new and fresh knowledge garnered from the answers of the winners.







## Workout with a peace-of-mind

**A**t TMCC, we hold our members' safety and health as our topmost priority. That is why we have installed a new emergency medical alarm button at The Glass Gym. In the event of an emergency or accident, the button can be triggered by anyone within the vicinity to alert our staff at the Sports Complex and attend to the emergency swiftly.

We are constantly looking out for means to improve your experience at TMCC.

## New Additions at The Glass Gym

**T**he Glass Gym has expanded its range of machines for members to add variety to their routine and achieve greater health and fitness results. Here's what you can expect during your next workout:

### Precor Elliptical Machines

This machine is known for mimicking the motion of running, yet without any stress to the joints. They are simple to use and provide an effective cardiovascular and muscle strengthening workout. Take this machine on a spin and you can burn between 270 and 400 calories in 30 minutes, depending on your body weight. A workout on the elliptical machine can also aid the muscle-building benefiting your legs and glutes.



### Kettlebells weights ranging from 8kg to 28kg

Kettlebells are a versatile, all-in-one fitness tool that offers the most variety of any other equipment. It is suitable for both beginners or an advanced-level fitness enthusiasts to help further their fitness goals. These workouts usually combine strength and cardio and can help improve functional strength by targeting multiple muscle groups.

### A wooden plyometric box

Simple but effective, the plyometric box (also known as the pylo box) caters to a wide range of exercises that targets your whole body and has many benefits. The aim of plyometrics workouts is to generate maximum force over minimum time - high intensity workouts! Each movement on the pylo box is powerful and explosive.



### Boxing bag and new boxing gloves ranging from 12 ounces to 16 ounces

Boxing as a sport requires a high level of athletic prowess: strength, speed, agility, hand-eye coordination, endurance, nerve, and power and more! If you're hoping to get in great shape and improve your health, you just might want to take a few punches at our new boxing bag.





# NOV

## 2019

### 1 FRI

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

### 2 SAT

**POWER WORKOUT**  
11am; Glass Gym

### 3 SUN

**TOTAL BODY CONDITIONING CLASS**  
4.30pm to 5.30pm; Glass Gym

### 4 MON

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**POWER WORKOUT**  
11am; Glass Gym



### 5 TUE

**DANCING CLASS**  
8pm to 9pm; Glass Gym

### 6 WED

**CORPORATE GOLF EVENT**  
(PM – Timesheet)

**POWER WORKOUT**  
11am; Glass Gym

**YOGA-FLOW & STRETCH**  
9am; Glass Gym

### 7 THU

**PILATES CLASS**  
3.30pm to 4.30pm (Beginners);  
4.30pm to 5.30pm (Intermediate);  
Glass Gym

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

### 8 FRI

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

### 9 SAT

**POWER WORKOUT**  
11am; Glass Gym

### 10 SUN

**TOTAL BODY CONDITIONING CLASS**  
4.30pm to 5.30pm; Glass Gym

### 11 MON

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**POWER WORKOUT**  
11am; Glass Gym

### 12 TUE

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**LADIES MEDALS**  
(AM – Timesheet)

### 13 WED

**POWER WORKOUT**  
11am; Glass Gym

**YOGA-FLOW & STRETCH**  
9am; Glass Gym

**DETOX & WEIGHT MANAGEMENT  
WITH ESSENTIAL OILS**  
7pm-9pm, Ixora Room

### 14 THU

**PILATES CLASS**  
3.30pm to 4.30pm (Beginners);  
4.30pm to 5.30pm (Intermediate);  
Glass Gym

### 15 FRI

**CORPORATE GOLF EVENT**  
(PM – Shotgun)

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

### 16 SAT

**POWER WORKOUT**  
11am; Glass Gym

### 17 SUN

**TOTAL BODY CONDITIONING CLASS**  
4.30pm to 5.30pm; Glass Gym

### 18 MON

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**POWER WORKOUT**  
11am; Glass Gym

### 19 TUE

**LADIES' MEDAL**  
Timesheet (PM)

**DANCING CLASS**  
8pm to 9pm; Glass Gym

### 20 WED

**POWER WORKOUT**  
11am; Glass Gym

**YOGA-FLOW & STRETCH**  
9am; Glass Gym

### 21 THU

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

**PILATES CLASS**  
3.30pm to 4.30pm (Beginners);  
4.30pm to 5.30pm (Intermediate);  
Glass Gym

**TENNIS CLUB NIGHT**  
6pm to 10pm  
Tennis Courts



### 22 FRI

**CORPORATE GOLF EVENT**  
(PM – Shotgun)

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

### 23 SAT

**LET'S GO THAI COOKING  
WORKSHOP**  
10am - 12.30pm, Ixora Room

**POWER WORKOUT**  
11am; Glass Gym

### 24 SUN

**TOTAL BODY CONDITIONING CLASS**  
4.30pm to 5.30pm; Glass Gym

### 25 MON

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**POWER WORKOUT**  
11am; Glass Gym

### 26 TUE

**DANCING CLASS**  
8pm to 9pm; Glass Gym

### 27 WED

**POWER WORKOUT**  
11am; Glass Gym

**YOGA-FLOW & STRETCH**  
9am; Glass Gym

### 28 THU

**CORPORATE GOLF EVENT**  
(PM – Shotgun)

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

**PILATES CLASS**  
3.30pm to 4.30pm (Beginners);  
4.30pm to 5.30pm (Intermediate);  
Glass Gym

**TENNIS CLUB NIGHT**  
6pm to 10pm  
Tennis Courts



### 29 FRI

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

### 30 SAT

**POWER WORKOUT**  
11am; Glass Gym





DEC  
2019

1 **SUN**

**TOTAL BODY CONDITIONING CLASS**  
4.30pm to 5.30pm; Glass Gym

2 **MON**

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**POWER WORKOUT**  
11am; Glass Gym

3 **TUE**

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**LADIES SOCIAL**  
(PM – Timesheet)

4 **WED**

5 **THU**

**PILATES CLASS**  
3.30pm to 4.30pm (Beginners);  
4.30pm to 5.30pm (Intermediate);  
Glass Gym

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

6 **FRI**

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

7 **SAT**

**CHRISTMAS SOAP  
MAKING WORKSHOP**  
10am - 12.30pm, Ixora Room

**POWER WORKOUT**  
11am; Glass Gym

8 **SUN**

**TOTAL BODY CONDITIONING CLASS**  
4.30pm to 5.30pm; Glass Gym

9 **MON**

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**POWER WORKOUT**  
11am; Glass Gym

10 **TUE**

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**LADIES SOCIAL**  
(PM – Timesheet)

11 **WED**

**POWER WORKOUT**  
11am; Glass Gym

**YOGA-FLOW & STRETCH**  
9am; Glass Gym

12 **THU**

**PILATES CLASS**  
3.30pm to 4.30pm (Beginners);  
4.30pm to 5.30pm (Intermediate);  
Glass Gym

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym



13 **FRI**

**CORPORATE GOLF EVENT**  
(PM – Shotgun)

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

14 **SAT**

**POWER WORKOUT**  
11am; Glass Gym

15 **SUN**

**YULETIDE GOLF**  
(PM – Shotgun)

**TOTAL BODY CONDITIONING CLASS**  
4.30pm to 5.30pm; Glass Gym

16 **MON**

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**POWER WORKOUT**  
11am; Glass Gym

17 **TUE**

**DANCING CLASS**  
8pm to 9pm; Glass Gym

18 **WED**

**POWER WORKOUT**  
11am; Glass Gym

**YOGA-FLOW & STRETCH**  
9am; Glass Gym

19 **THU**

**PILATES CLASS**  
3.30pm to 4.30pm (Beginners);  
4.30pm to 5.30pm (Intermediate);  
Glass Gym

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

20 **FRI**

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

21 **SAT**

**POWER WORKOUT**  
11am; Glass Gym

22 **SUN**

**TOTAL BODY CONDITIONING CLASS**  
4.30pm to 5.30pm; Glass Gym

**CHILDREN'S CHRISTMAS PARTY**  
6pm to 9pm; Heliconia Room

23 **MON**

**DANCING CLASS**  
8pm to 9pm; Glass Gym

**POWER WORKOUT**  
11am; Glass Gym

24 **TUE**

**DANCING CLASS**  
8pm to 9pm; Glass Gym

25 **WED**

**POWER WORKOUT**  
11am; Glass Gym

**YOGA-FLOW & STRETCH**  
9am; Glass Gym



26 **THU**

**PILATES CLASS**  
3.30pm to 4.30pm (Beginners);  
4.30pm to 5.30pm (Intermediate);  
Glass Gym

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

27 **FRI**

**DANCING CLASS**  
7.30pm to 8.30pm; Glass Gym

28 **SAT**

**POWER WORKOUT**  
11am; Glass Gym



29 **SUN**

30 **MON**

31 **TUE**

**KALEIDOSCOPE  
NEW YEAR'S EVE PARTY**  
7pm – 1am,  
Tampines Banquet Room

**DANCING CLASS**  
8pm to 9pm; Dancing Class  
8pm to 9pm; Glass Gym



# sports & recreation

Think you can be the next champ? Sign up for our sports tournaments and give us your best performance on the courts and in the Gym!

## MUAY THAI

- Develop new skills, habits & a healthier lifestyle
- Increase functional strength & gain confidence in yourself
- Increase your fitness & learn self-defense at the same time

### WHEN

Every Sunday

### WHERE

Glass Gym  
(Extension Room)

### TIME

10am to 11.30am

### FEE

\$21.40 per session



## TAEKWONDO

A Traditional Korean martial art as well as a modern international sport. It helps to develop strength, flexibility, stamina and encourage a positive mental attitude.

### WHEN

Started July 2019  
(min. 8 pax to start)

### WHERE

Glass Gym (Extension Room)

### TIME

Every Wednesday  
7.30pm to 9.00pm



## TENNIS CLUB NIGHT



Held on the last Thursday of every month, enjoy a sporting night of tennis with your guests (maximum to 3 guests) and other participants. Do not miss this popular monthly event as it will leave you wanting more.

### WHEN

Started 26 September 2019

### WHERE

TMCC Tennis Courts

### TIME

6.00pm to 10.00pm

### FEE

Free (Early registration appreciated)

## YOGA-FLOW AND STRETCH

Yoga with Joelle Chew is a great way to rejuvenate the aches and strains from golf. Joelle promises a full body workout with muscle flexibility exercises designed to help you in golf.

### WHEN

Every Wednesday

### WHERE

Glass Gym

### TIME

9.30am to 10.30am

### FEE

\$32.10 Per Session



## ONGOING GYMNASIUM ACTIVITIES



## POWER WORKOUT

Join us in our afternoon circuit sessions to help you look fit and fabulous!

### WHEN

Every Monday, Wednesday & Saturday

### WHERE

Glass Gym

### TIME

11.00am

## WOULD YOU LIKE TO HAVE A GREAT POSTURE, PREVENT INJURIES TO YOUR BODY AND INCREASE JOINT MOBILITY?

### WHEN

From April 2019

### WHERE

Glass Gym  
(Extension Room)

### TIME

9.30am to 10.30am  
60 mins

### FEE

\$42.80 per session



## PILATES

Pilates is known to help improve posture, core strength and flexibility. Join now to reap the benefits of the pilates method with the help of our qualified instructress. Our Courses cater to novices and advanced pilates participants.

### INSTRUCTOR

Day & Time

### MS LAU KIAN LEE

#### INTERMEDIATE:

THURSDAYS,  
4.30pm to 5.30pm

#### BEGINNERS:

THURSDAYS,  
3.30pm to 4.30pm

### Venue

Fees(8 lessons)

Glass Gym (Extension Room)

\$239.68 (member); \$265.36 (guest)



## TOTAL BODY CONDITIONING

Join this class to improve and enhance your body's overall strength, flexibility and endurance. Total Body Conditioning will tone your upper and lower body regions which will contribute to good posture and total body alignment.

### INSTRUCTOR

Day & Time

Venue

Fees

### MS CHRIS TAN

SUNDAY, 4.30pm to 5.30pm

Glass Gym (Extension Room)

(8 lessons)

\$96.30 (member); \$107.00 (guest)





# KALEIDOSCOPE

## New Year's Eve Party



7-piece Versatile & Lively Band Entertainment  
**JIVE TALKING**



### Terms & Conditions

- Members may reserve via phone or email. Thereafter a booking form will be sent as a confirmation to secure your booking.
- You may use your F&B minimum spending for this event
- Full fees will be charged for no-show or any cancellation made upon confirmation of the booking form. No refunds allowed.
- Fees are in Singapore Dollars and inclusive of 7% GST.
- Table allocation will be based on first-come, first-served basis upon receiving of confirmed booking form.
- Booking after closing date is acceptable if there are available seats but cancellation is not allowed.

**Tuesday, 31 Dec 2019**

**7pm - 1am**

**Tampines Banquet Room**

**Closing Date:** Friday, 13 Dec 2019

### Fee

Member: \$128; Guest: \$158

### Dress Code

Colourful

### Highlights

- Cocktails • Delectable Chinese Dinner
- Teochew Porridge Supper • Door Gift • Lucky Draw
- Two Complimentary Bottles of Wine per table



## Children's Christmas Party

**Sunday, 22 December 2019**

**6pm - 9pm @ Heliconia Room**

### Entry Fee

Member: \$27 Guest: \$33

- Games Galore with Attractive Prizes to be Won.
- Attractive Goodie Bags for All Participants.
- Dinner provided for All Participants.

### Closing Date

**Sunday, 8 December 2019**

*Minimum of 10 participants required for the event to take place.*

*All prices are in Singapore Dollars and inclusive of 7% GST.*

**To  
join**



Marketing  
@ 6592 0306/6592 0304



Marketing WhatsApp @ 8351 4011



marketingadmin@tmcc.org.sg

**To  
join**



Sports Complex  
@ 6592 0313 / 65920312



sportcomplex@tmcc.org.sg





## Christmas Soapmaking Workshop

**Date** Saturday, 7 Dec 2019  
**Time** 10.00am to 12.30pm  
**Venue** Ixora Room  
**Fee** \$32 (Member) / \$42 (Guest)  
**Closing Date** 22 Nov 2019

**Only  
20 Seats  
Available!  
Sign Up  
Now!**

**Join us for soapmaking workshop and make that perfect gift for your loved ones this Christmas.**

**You will learn :**

- how to make a range of melt and pour soaps using pre-made soap bases with preferred colours and essential oils
- how to use a variety of techniques to create visual effects in the soap
- how to use natural and food grade colours to get the look you want
- how to add natural ingredients based on your skin type and to give exfoliating effect

**Participants will bring back min 3 DIY soaps (100g each) of your choice.**

**Member can bring up to 2 guests.**

**To  
join**



Marketing @ 6592 0306



Marketing WhatsApp @ 8351 4011



marketingadmin@tmcc.org.sg

**Terms and conditions:** The product images shown are for illustration purposes only and may not be an exact representation of the product. There may be changes to the design decorations due to seasonal and market availability. The price quoted is in Singapore Dollars and inclusive of 7% GST. Minimum of 15 participants required for the event to take place. TMCC shall be free to cancel the event if less than 15 participants have registered 3 days prior to the event. TMCC reserves the right to make changes without prior notice.

## Chef Shih's workshop on local dishes a big draw

Once is not enough for participants of this workshop.



**T**he test of whether an event is successful or not also rests on whether the participants want an encore.

And that was exactly what the participants wanted.

On 31<sup>st</sup> August, 10 members attended a workshop on traditional local delicacies by the popular Chef Shih. It was a cozy and intimate session where members got to mingle and engage with each other and the chef herself.

The session was held at the club's Ixora Room at a fee of \$53.50. Tea, coffee and seafood beehoon goreng was served and the attendees got the chance to learn more about the dishes they would be preparing for the workshop. The dishes included Hakka Yam Abacus Seeds, Kim Kuei Kuih (Steamed Pumpkin Cake) and Stir Fry Glutinous Rice Hong Kong Style.

The participants found the the workshop very informative and thoroughly enjoyed the session, so much so that many have requested for more of such sessions in the future.





# Getting familiar with buah keluak, babi ponteh and assam fish

To understand the very popular Peranakan dishes, you must first comprehend the term 'Peranakan'.



**P**eranakan is the name for an ethnic group descended from Chinese settlers from the southern provinces who came to the Malay Archipelago (Malaya and Singapore) when the two countries were under British rule. They are also referred to as Baba Nyonya, the former word is the term for women and baba for men, as well as Straits Chinese.

Their food is very popular as they contain a mixture of spices and assam.

Recently, Chef Shih, a renowned chef, conducted a session on peranakan food in her workshop 'Peranakan Cuisine'. Thirteen club members had the pleasure of savouring the delicious peranakan food that was prepared and served.

The workshop was held at the club's Ixora Room on October 5, the price of \$53.50 was well worth it as the chef was in her element showing the ropes as coffee, tea and mee goreng were served to the participants.

The participants of the workshop were taught the basics as Chef Shih did a step-by-step demonstration of different Peranakan cuisines such as Ayam Buah Keluak, Chap Cai, Babi Ponteh and Assam Fish.

Cooking Ayam Buah Keluak involved many steps and the ladies were ever so attentive, making sure they did not miss any of the steps. She also shared with the members on where they can get their hands on the ingredients to make the dishes.



At the end of the workshop, they were rewarded with the mouth-watering, tantalising and delicious Peranakan cuisine.





# Match Made in Food Heaven



**F**inding the perfect match is hard. Some spend years finding their perfect match but early last month, members and guests were presented The Perfect Match.

On October 3, 36 lucky members and guests were treated to a unique lesson on alcohol, more specifically, whisky and oyster pairings. Though the Islay Whisky & Oyster Pairing workshop was originally meant to hold an attendance of 30, the promise of alcohol drew a larger than expected crowd.

Shortly before the event started, the members were served a dinner spread at the Hibiscus Room to complement the exciting post-dinner programme.

They were joined by Kwek Yi Xian, ambassador at Bruichladdich, a distillery known for its unique spirits, and Adam Loo, an oyster artisan from The Oyster Cart. For only \$20 (\$30 for guests), the participants were taken on an oyster world tour as the instructors introduced them to the notes and flavours of oysters from Canada, Iceland, France and New Zealand. Our participants were

also able to savour the smoky and rich notes of the whisky as it soaks through the flesh of the oyster. Its strong maltiness presents a perfect balance to the freshness of the oysters allowing the flavours of the sea to shine through.

It is not a lesson if you do not have any takeaways at the end: The participants were able to bring home some fine whisky at a discounted price! Whether it is to test oyster pairings at home or to be consumed in silo, we know one thing is for sure: They can't wait for the next whisky and oyster workshop!



NOVEMBER &amp; DECEMBER 2019



## Banquet special

SET MENU

@\$480.00NETT

### 园景双拼

BBQ HONEY GLAZED SPANISH IBERICO CHAR SIEW WITH SALTED EGG YOLK CRISPY FISH SKIN

### 瑶柱四宝羹

BRAISED DRIED SCALLOP THICK SOUP WITH FOUR TREASURES

### 豆酥蒸金目鲈

STEAMED SEA BASS WITH BEAN CRUMBS

### 脆皮吊烧鸡

ROASTED CRISPY CHICKEN

### 芥末鲜果虾球

DEEP-FRIED PRAWNS WITH FRESH FRUITS IN WASABI MAYO

### 松菇鱼腐浸时蔬

POACHED SEASONAL VEGETABLE WITH FISH PASTE BEAN CURD SKIN &amp; JAPANESE MUSHROOM

### 海鲜炒饭

SEAFOOD FRIED RICE

### 椰汁金瓜芋泥

TEOCHEW STYLE YAM PASTE WITH PUMPKIN

Complimentary  
BOTTLE  
OF WINE





# CHEF'S RECOMMENDATIONS

NOVEMBER & DECEMBER 2019



香煎牛仔骨  
Pan Fried Beef Short Ribs  
(S)\$23.80 (M)\$35.80 (L)\$46.80

梅菜扣肉  
Braised Pork Belly  
with Mui Choy  
(S)\$20.00 (M)\$30.00  
(L)\$40.00



潮洲卤水鹅  
Teochew Style  
Braised Goose  
\$31.80 per order

## garden view restaurant



芦荟酸梅果冻  
Chilled Lemongrass Jelly  
with Aloe Vera & Sour Plum  
\$5.00 per person

红酒香煎西澳带子皇  
Pan Fried Australian  
Scallop with Red Wine  
\$13.80 per person



花胶竹笙鳕鱼骨汤  
Double Boiled Cod's  
Bone Soup with Fish  
Maw & Bamboo Pith  
\$12.80 per person



# Tampines Golfers' Terrace

## W e e k e n d Lunch Specials



Tampines Golfers' Lounge

### NOVEMBER 2019

#### Saturday to Sunday (02/11/2019 to 03/11/2019)

BRAISED KIM CHEE PORK RIBS **\$13.80**  
Served with Rice

BEEF NOODLE IN DOUBLE BOILED THICK GRAVY **\$10.80**  
With meatball, tripe, beansprout & salted mustard



Braised Pork Belly with Mui Choy

Saturday to Sunday  
(09/11/2019 to 10/11/2019)  
BRAISED PORK BELLY WITH MUI CHOY **\$11.80**  
Served with rice and Soup

RED LEG PRAWN MEE SOUP  
WITH PORK RIBS **\$12.80**

#### Saturday to Sunday (16/11/2019 to 17/11/2019)

BRAISED SESAME CHICKEN IN CLAY POT **\$11.80**  
With broccoli, mushroom, fried ginger & served with steamed rice

LOR MEE TOP WITH CRISPY FISH SKIN **\$9.80**  
with Pork Belly, Fish Floss, Egg and Fish Cake

#### Saturday to Sunday (23/11/2019 to 24/11/2019)

PORRIDGE SET **\$11.80**  
with Whitebite Omelette, Braised Pork Belly, Tau Pok, Braised Kiam Chye and Steamed Fish Cake

STIR-FRIED SEAFOOD UDON **\$10.80**



Red Leg Prawn Mee Soup with Pork Ribs

### DECEMBER 2019

#### Saturday to Sunday (30/11/2019 to 01/12/2019)

CLAYPOT CHICKEN RICE SET **\$10.80**  
Served with Double Boiled Soup

SPARE RIB AND PIG MAW MEE SUA  
IN HERBAL SOUP **\$10.80**

#### Saturday to Sunday (07/12/2019 to 08/12/2019)

BRAISED PORK WITH YAM AND PUMPKIN **\$11.80**  
Served with rice and Soup

BRAISED DUCK NOODLE SOUP **\$10.80**  
With Shredded Duck and Steam Fish Cake

#### Saturday to Sunday (14/12/2019 to 15/12/2019)

ORIENTAL PORK CHOP SET **\$11.80**  
Served with rice, Fried Egg and Soup

FRIED FISH BELLY IN DOUBLE BOILED MILK BROTH TOP WITH EGG FLOSS **\$10.80**  
With yam, wolfberries, carrot & served with steamed rice

#### Saturday to Sunday (21/12/2019 to 22/12/2019)

DEEP-FRIED PACIFIC DORY FILLET  
WITH NONYA CHILLI **\$11.80**  
Served with rice and Nonya Mixed Vegetables

BRAISED BEEF BRISKET NOODLE SOUP **\$11.80**  
With Beef Brisket, Tendon and Tripe

#### Saturday to Sunday (28/12/2019 to 29/12/2019)

SALTED EGG PORK CHOP SET **\$13.80**  
Served with rice, Fried Egg and Soup

CURRY CHICKEN NOODLE **\$10.80**  
With Steamed Chicken, Fish Cake, Tau Pok and Potatoes

#### Operating Hours:

**Mondays**

11.00am to 8.00pm

**Tuesday, Wednesdays & Thursday**

7.00am to 8.00pm

**Friday to Sunday and Eve of Public Holiday**

7.00am to 10.00pm







Saturday, 11 January to



Saturday, 8 February 2020

	Unit Price
<b>Black Pepper Sauce</b> Bacon & Roasted Red Skin Potato (at 6kg – 8kg)	\$82.00/kg
<b>Black Pepper Sauce</b> Bacon & Roasted Red Skin Potato (at 2.5kg and above)	\$56.00/kg
<b>Ham Bone-in</b> Bacon & Roasted Red Skin Potato & Cinnamon Scented Pineapple Sauce (at 6kg – 8kg)	\$42.80/kg
<b>Ham Bone-Less</b> Bacon & Roasted Red Skin Potato & Cinnamon Scented Pineapple Sauce	\$39.80/kg
<b>Leg with Chestnut Stuffing, Red Wine Sauce &amp; Cranberries Sauce</b> Bacon & Roasted Red Skin Potato	\$29.80/kg
<b>Chestnut Stuffing, Red Wine Sauce</b>  Bacon & Roasted Red Skin Potato	\$28.80/kg
<b>Leg with Mint Sauce</b>  Bacon & Roasted Red Skin Potato	\$46.00/kg
<b>Leg with BBQ Sauce</b>  Bacon & Roasted Red Skin Potato	\$27.00/kg
 <b>Log Cake</b> (1kg)	\$28.80/kg
 <b>Log Cake</b> (1kg)	\$28.80/kg
 <b>Log Cake</b> (1kg)	\$58.80/log
	\$58.80/log

December 2019.  
at least 5 working days for order confirmation. All prices are in Singapore Dollars and inclusive of 7% GST.

- 嘻哈大笑(沙律明虾片)  
Salad Prawns with Fresh Fruits
- 喜燕东来 (冬茸鸡茸燕窝羹)  
Braised Bird's Nest with  
Minced Chicken & Melon
- 富贵有鱼 (豆酥蒸鳕鱼)  
Steamed Cod Fish with Bean Crumbs
- 心想事成 (天白菇扣海参)  
Braised Sea Cucumber with  
“Tianbai” Mushroom &  
Seasonal Vegetables
- 一团和气 (腊味糯米饭)  
Steamed Glutinous Rice  
with Waxed Meat
- 喜汽洋洋 (杨枝甘露)  
Chilled Cream of Mango with Pomelo

Individual  
SET MENU  
\$83.00  
per person  
Min:  
2 persons 





Saturday, 11 January to

Saturday, 8 February 2020



SET MENU

4 persons  
SET MENU

\$338.00

发财三文鱼生

Prosperity Yu Sheng

福如东来 (鲍鱼带子海参羹)

Braised Abalone with Fresh Scallop  
& Sea Cucumber Thick Soup

金鸡报喜 (脆皮吊烧鸡)

Roasted Crispy Chicken

富贵有鱼 (豆酥蒸鳕鱼)

Steamed Cod Fish with Bean Crumbs

身壮力健 (日式煎西班牙黑豚肉)

Japanese Style Pan Fried Spanish Iberico

龙腾四海 (龙虾尾焖伊面)

Lobster's Tail Ee Fu Noodle

合家团圆 (红豆沙汤丸)

Cream of Red Bean with  
Glutinous Rice Ball



Saturday, 11 January to

Saturday, 8 February 2020



SET MENU

6 persons  
SET MENU

\$358.00

豪门鱼生 (鲍鱼鱼生)

Abalone Yu Sheng

满园喜庆 (黄焖鱼鳔羹)

Braised Fish Maw in  
Yellow Supreme Stock

年年有鱼 (港蒸笋壳鱼)

Steamed Soon Hock Hong Kong Style

锦绣春明 (特酱烧鸭)

Cantonese Style Roasted Duck

发财好市 (蚝豉发菜)

Braised Dried Oyster with  
Roasted Meat & Sea Moss

一团和气 (腊味糯米饭)

Steamed Glutinous Rice with Waxed Meat

喜汽洋洋 (杨枝甘露)

Chilled Cream of Mango with Pomelo





Saturday, 11 January to

Saturday, 8 February 2020



SET MENU

8 persons  
SET MENU A

\$558.00

发财鱼生

Prosperity Yu Sheng

如意大展 (海味四宝羹)

Braised Four Treasures Thick Soup

一帆风顺 (港蒸金目鲈)

Steamed Sea Bass, Hong Kong style

金鸡报喜 (脆皮吊烧鸡)

Roasted Crispy Chicken

代代平安 (XO 酱带子炒豆苗)

Sautéed Fresh Scallop  
with Pea Shoot in XO Sauce

发财好市 (蚝豉发菜)

Braised Dried Oyster with  
Roasted Meat & Sea Moss

长丝亿丰年 (金菇瑶柱焖伊面)

Braised Ee Fu Noodle with  
Golden Mushroom & Dried  
Scallop

招财进宝 (海底椰芦荟果冻)

Chilled Lemongrass Jelly  
with Sea Coconut & Aloe Vera

Saturday, 11 January to

Saturday, 8 February 2020



SET MENU

8 persons  
SET MENU B

\$688.00

发财龙虾鱼生

Lobster Yu Sheng

福如东来 (鲍鱼带子海参羹)

Braised Abalone with Fresh Scallop  
& Sea Cucumber Thick Soup

年年有鱼 (港蒸笋壳鱼)

Steamed Soon Hock,  
Hong Kong Style

身壮力健 (日式煎西班牙黑豚肉)

Japanese Style  
Pan Fried Spanish Iberico

龙精虎猛 (鲜果芥末虾球)

Wasabi Prawns with Fresh Fruits

发财好市 (蚝豉发菜)

Braised Dried Oyster with  
Roasted Meat & Sea Moss

一团和气 (腊味糯米饭)

Steamed Glutinous Rice  
with Waxed Meat

合家团圆 (红豆沙汤丸)

Cream of Red Bean with  
Glutinous Rice Ball



Saturday, 11 January to

Saturday, 8 February 2020



发财鱼生  
Prosperity Yu Sheng

满园喜庆 (黄焖鱼鳔羹)  
Braised Fish Maw in  
Yellow Supreme Stock

一帆风顺 (港蒸老虎斑)  
Steamed Tiger Garoupa,  
Hong Kong Style

金鸡报喜 (脆皮吊烧鸡)  
Roasted Crispy Chicken

龙精虎猛 (鲜果芥末虾球)  
Wasabi Prawns with  
Fresh Fruits

发财好市 (蚝豉发菜)  
Braised Dried Oyster with  
Roasted Meat & Sea Moss

10 persons  
SET MENU A  
\$688.00

长丝亿丰年 (金菇瑶柱焖伊面)  
Braised Ee Fu Noodle with  
Golden Mushroom & Dried  
Scallop

合家团圆 (红豆沙汤丸)  
Cream of Red Bean with  
Glutinous Rice Ball



Saturday, 11 January to

Saturday, 8 February 2020



发财鱼生  
Prosperity Yu Sheng

喜燕东来 (冬茸鸡茸燕窝羹)  
Braised Bird's Nest with  
Minced Chicken & Melon

富贵有鱼 (豆酥蒸鳕鱼)  
Steamed Cod Fish with Bean Crumbs

锦绣春明 (特酱烧鸭)  
Cantonese Style Roasted Duck

子孙昌盛 (松露夏果带子)  
Sautéed Fresh Scallop  
with Truffle & Macadamia Nuts

心想事成 (天白菇扣海参)  
Braised Sea Cucumber with  
"Tianbai" Mushroom &  
Seasonal Vegetables

10 persons  
SET MENU B  
\$788.00

一团和气 (腊味糯米饭)  
Steamed Glutinous Rice  
with Waxed Meat

喜汽洋洋 (杨枝甘露)  
Chilled Cream of Mango  
with Pomelo





Saturday, 11 January to

Saturday, 8 February 2020



豪门鱼生  
Abalone Yu Sheng

发财聚宝盆菜 (鲍鱼盆菜)  
Stewed Eight Treasures  
Abalone, Prawn, Dried Scallop,  
Sea Cucumber, Dried Oyster, Fish Maw,  
Mushroom, Sea Moss, Pork Knuckle,  
Cabbage, Roasted Pork

一帆风顺 (港蒸老虎斑)  
Steamed Tiger Garoupa,  
Hong Kong Style

身壮力健 (日式煎西班牙黑豚肉)  
Japanese Style  
Pan Fried Spanish Iberico

大地回春 (虾球带子煎生面)  
Crispy Egg Noodle  
with Prawn & Fresh Scallop

10 persons  
SET MENU C  
\$888.00

招财进宝 (海底椰芦荟果冻)  
Chilled Lemongrass Jelly  
with Sea Coconut & Aloe Vera



Saturday, 11 January to

Saturday, 8 February 2020



发财龙虾鱼生  
Lobster Yu Sheng

红运当头 (港式全体沙皮乳猪)  
BBQ Suckling Pig

满载而归 (红烧官燕)  
Braised Bird's Nest in Brown Sauce

年年有鱼 (港蒸笋壳鱼)  
Steamed Soon Hock,  
Hong Kong Style

子孙满堂 (XO 酱带子炒芦笋)  
Sautéed Fresh Scallop  
with Asparagus in XO Sauce

四季平安 (椒盐猪壳)  
Fried Pork with Salt & Pepper

春回大地 (蒜茸豆苗)  
Stir Fried Pea Shoot with  
Minced Garlic

10 persons  
SET MENU D  
\$1388.00  
ADVANCE ORDER

延年益寿 (油鸭腿腊味砂煲饭)  
Claypot Rice with  
Waxed Duck & Waxed Meat

黄金满屋 (椰子金瓜芋泥)  
Teochew Style Yam Paste  
with Pumpkin





RECIPROCAL CLUBS

MALAYSIA  
**Saujana Golf & Country Club**  
Saujana Resort, Section U2 40150 Shah Alam  
Selangor Darul Ehsan  
Tel : 603 7846 1466  
Fax : 603 7847 5830  
golf@saujana.com.my

AUSTRALIA  
**The Lakes Golf Club**  
Cnr King Street & Vernon Ave,  
Eastlakes, New South Wales  
Tel: +61 (02) 9669 1311  
Fax: +61 (02) 9669 6206  
www.thelakesgolfclub.com.au  
info@thelakesgolfclub.com.au

AFFILIATE CLUBS

AUSTRALIA  
**Moonah Links**  
55 Peter Thomson Drive  
Fingal VIC 3939, Australia  
Tel : 61 3 5988 2000  
Fax: 61 3 5988 2094  
www.moonahlinks.com.au

**Terrey Hills Golf & Country Club**  
116 Booralie Road, Terrey Hills  
New South Wales, Australia 2084  
Tel : 61 2 9450 0155  
Fax: 61 2 9450 0034  
www.terreyhillsgolf.com.au

**Woodlands Golf Club**  
109 White Street  
Mordialloc, Victoria 3195  
Australia  
Tel : 61 3 9580 3455  
www.woodlandsgolf.com.au  
Golf\_Manager@woodlands.com.au

**Yarra Yarra Golf Club**  
567 Warrigal Road,  
Bentleigh East,  
Victoria 3165, Australia  
Tel: (61) 9575 0575  
Fax: (61) 9575 0585  
www.yarrayarra.com.au

CAMBODIA  
**Angkor Golf Resort**  
Kasekam Villiage, Sra Nga  
National Route 6 (Airport Road)  
Siem Reap, Cambodia  
Tel: +855 (0) 63 767 688  
Fax: +855 (0) 63 761 140  
www.angkor-golf.com

CHINA  
**Imperial Springs International Summit Club**  
1 Imperial Springs Avenue, Conghua  
Guangdong 510970, China  
Tel : 86 20 3108 8888  
Fax: 86 20 3108 8098  
www.imperialsprings.com

**Red Flag Valley, Dalian**  
Cha'an Village Hongqi Town  
Ganjingzi District, Dalian 116033, China  
Tel : 86 411 8646 6666  
Fax: 86 411 8428 0471  
www.rfvgolf.com

**Sheshan Golf Club**  
Lane 288 New Lin Yin Avenue  
Sheshan National Tourism Resort  
Songjiang District,  
Shanghai 201602  
Tel : 86 21 5779 8008  
Fax: 86 21 5779 8006  
www.sheshangolf.com

**Spring City Golf & Lake Resort**  
Tangchi Yiliang, Yunnan Province  
Peoples Republic of China, 652103  
Tel : 86 871 6767 1188 or  
86 871 6767 1185  
www.springcityresort.com

**Suzhou Jinji Lake International Golf Club**  
No. 2 Guobin Road,  
Suzhou Industrial Park,  
Jiangsu, 215021, China  
Tel : 86 512 6288 6868 or  
86 512 6288 3426  
www.jinjilakegolf.com

HONG KONG  
**Clearwater Bay Golf & Country Club**  
139 Tai Au Mun Road,  
Clearwater Bay, New Territories,  
Hong Kong  
Tel : 852 2335 3882  
Fax: 852 2719 4207  
www.cwbgolf.org  
golf@cwbgolf.org

INDONESIA  
**Damai Indah Golf Bumi Serpong Damai (BSD) Course**  
Jln. Bukit Golf I, Sektor VI,Serpong  
Tangerang 15310, Indonesia  
Tel : 62 21 537 0290  
Fax : 62 21 537 0288  
www.damaiindahgolf.com

**Pantai Indah Kapuk (PIK) Course**  
Marina Indah, Penjaringan, Kapuk  
Jakarta 14470, Indonesia  
Tel : 62 21 588 2388  
Fax: 62 21 588 2391

**Royale Jakarta Golf Club**  
Jalan Raya Halim Tiga,  
Halim Perdanakusuma Jakarta Timur 13610,  
Indonesia  
Tel : 62 21 80 888 999  
Fax: 62 21 80 878 877  
www.royalejakarta.com

JAPAN  
**Ashinoko Country Club**  
4708 Minamiharasuga, Mishima-shi,  
Shizuoka 411-0000, Japan  
Tel : 81 55 985 2122  
Fax: 81 55 985 2480  
www.ashinokocc.com  
reserve@ashinokocc.com

KOREA  
**Sky 72 Golf Club**  
2029-1, Woonseo- Dong,  
Joong- Gu, Incheon, Korea  
Tel : 82 327 418 562  
Fax: 82 327 439 108  
www.sky72.com

**Teddy Valley Golf & Country Club**  
365 Hanchangro, Andeokmyeon,  
Seoguipo City, Jeju,  
South Korea 699-921  
Tel : 82 647 931 201  
Fax: 82 647 931 108  
www.teddyvalley.com

MALAYSIA  
**The Mines Resort & Golf Club**  
Jalan Kelikir, Mines Resort City,  
43300 Seri Kembangan  
Selangor Darul Ehsan, Malaysia  
Tel : 60 3 8943 2288  
Fax: 60 3 8943 9212  
www.minesgolf.com.my

THAILAND  
**Alpine Golf Club**  
99 Moo 9 Bangkhan-Sathaneevithayu Road  
Klong 5, Klong Luang  
Pathumthani 12120, Thailand  
Tel : 66 0 577 3333  
Fax: 66 2 577 7100  
www.alpinegolfclub.com

**Loch Palm Golf Club**  
38 Moo 5 Vichitsongdram Rd  
Kathu District, Phuket 83000,  
Thailand  
Tel : 66 076 321 929 34  
Fax: 66 076 321 927 8  
www.lochpalm.com

**Red Mountain Golf Club**  
119 Moo 4 Vichitsongkram Rd,  
Kathu District, Phuket 83120,  
Thailand  
Tel : 66 076 322 000 1  
Fax: 66 076 322 009  
www.mbkkgolf.com/redmountain

**Riverdale Golf Club**  
123/5 Moo1 Tiwanon Road,  
Bang Kadi Sub-District,  
Muang Pathum Thani District,  
Pathum Thani 12000, Thailand  
Tel : 66 02501 2789  
Fax: 66 02501 1833  
www.mbkkgolf.com/riverdale

VIETNAM  
**The Montgomerie Links**  
Dien Ngoc Commune,  
Dien Ban District,  
Quang Nam Province,  
Vietnam  
Tel : 84 510 3 942 942  
www.montgomerielinks.com  
reservations@montgomerielinks.com



FAST FACTS

TAMPINES COURSE:

18-hole Buggy Course

- Redesigned by: Phil Jacobs (2017)
- Total Yardage: 6,887metres (Par 72)
- Course Rating: 76.1
- Fairways & Roughs: Zoysia matrella
- Greens: Paspalum platinum TE

Caddie Services (with buggy)	18-Hole	9-Hole
Twin-share (1 caddie to 2 golfers)	\$70.00	\$35.00
Single golfer	\$50.00	\$25.00

\*Cash payment required for caddie services  
All rates are in Singapore dollars and GST is not applicable.

GOLF OFFICES OPERATING HOURS

TAMPINES COURSE	
Mondays	9.30am till 7.30pm
Other Days	7.00am till 7.30pm

GARDEN COURSE - Closed for redevelopment

PROSHOP OPERATING HOURS

TAMPINES COURSE	
Mondays	11.30am to 7.00pm
Tuesday to Sunday	7.00am to 7.00pm

For enquiries, kindly call:  
• Tampines Golf Office 6513 7818 or 6513 7819

COURSE CLOSURE FOR MAINTENANCE

GARDEN COURSE - Closed for redevelopment

TAMPINES COURSE  
Mondays (AM)





**GARDEN VIEW RESTAURANT (GVR)**

Situated in the main clubhouse of Garden Course, it can accommodate 130 persons in a comfortable air-con, elegant setting. With a panoramic view of the golf course, the Garden View Restaurant offers attentive service, and warm ambience.

**Operating Hours:**

Daily  
Lunch : 12.00pm to 3.00pm (Last Order – 2.30pm) • Dinner : 6.30pm to 10.00pm (Last Order – 9.30pm)  
Closed on Mondays except on Public Holidays  
Tel: 6545 2891 / 6592 0388.

**GARDEN BANQUET ROOM (GBR)**

Whatever the need, weddings, birthdays, product launches, golf prize-presentation etc, GBR can cater up to 250 diners with its balcony overlooking the serene surroundings of the Garden Course.  
Tel: 6592 0386 / 6592 0385

**GARDEN LOUNGE (GL)**

The lounge is situated adjacent to Garden View Restaurant and members can enjoy the magnificent view of the Garden Course.

**Operating Hours:**

Sundays to Thursdays 3.00pm to 10.00pm (Last Order – 9.30pm)  
Fridays & Saturdays 3.00pm to 12.00am (Last Order – 11.30pm)  
Closed on Mondays except on Public Holidays  
Tel: 6592 0319

**GARDEN EVENTS ROOM (GER)**

The Events Room caters up to 100 persons for sit-down dinners and has parquet flooring for dancing. The room is also a popular venue for the club’s social activities.  
Tel: 6592 0386 / 6592 0385.

**POOLSIDE CAFETERIA**

With a prime vantage point overlooking the swimming pool at the Sports Complex, this poolside retreat is the perfect place for refreshing the spirit after a day of fun in the sun. Famous for its local fare served up with a warm smile.

**Operating Hours:**

Tuesdays to Fridays 12.00pm to 8.00pm (Last Order – 7.30pm)  
Saturdays, Sundays & Public Holidays 8.00am to 8.00pm (Last Order – 7.30pm)  
Closed on Mondays

**POOLSIDE COVERED TERRACE (PCT)**

Overlooking the best view of both worlds, a panoramic view of Garden Course and the calm water of mesmerising pool amidst beautiful landscape, the Poolside Covered Terrace is a good venue for barbecue or social gatherings and can hold 30 tables with buffet tables placed on the pool deck.

For bookings of rooms for private functions, please call F&B office at Tel: 6592 0386 / 6592 0385.

**TAMPINES GOLFERS LOUNGE & TERRACE**

Tampines Golfers’ Lounge (air-conditioned) adjacent to the non-airconditioned Golfers’ Terrace for dining.

**Operating Hours:**

Mondays 11.00am to 8.00pm  
Tuesdays, Wednesdays & Thursdays 7.00am to 8.00pm  
Friday to Sunday and Eve of Public Holiday 7.00am to 10.00pm

**GARDEN VIEW WING**



**Heliconia Room**

Need to hold board meetings, workshops, seminars etc? Book the Heliconia Room with seating capacity from 30 to 60 persons, offering various set-ups.

**Ixora Room**

Cooking and baking are such an enjoyment with a stylish kitchen studio. The room can also be used to conduct talks ranging from beauty to personal enrichment up to 40 persons. So look out for the various activities that we have in store for you printed in the bi-monthly newsmagazine.



**Lotus Room**

Dining in privacy is guaranteed here. To add some sizzle to your events with musical touch, look no further, karaoke is recommended for more fun! Seating capacity – 20 pax is available for booking.

**Hibiscus Room**

More spacious than the Lotus Room, you may organise your gathering and dine in private here. Seating capacity is 30 to 60 persons. Minimum of four tables booking at menu price of \$535 per table.

**Karaoke Lounge**

Belt out your best hit songs at the self-operated Karaoke Lounge, with a seating capacity for 20 persons.

**Operating Hours:**

Sundays to Thursdays 10.00am to 10.00pm  
Fridays, Saturdays & Eve of Public Holidays 10.00am to 12.00 midnight  
Closed on Mondays



SWIMMING POOLS

(a) Olympic-size Pool  
(b) Children's Pool.  
**Operating Hours**  
Daily : 7.00am to 9.00pm  
Free-of-charge for members

TENNIS COURTS

Four hard courts are available.  
**Operating Hours**  
Daily : 7.00am to 10.00pm  
Free-of-charge for members

Tennis Club Night

Last Thursday of the month.  
6.30pm to 10.00pm

SQUASH COURT

Two courts are available for use.  
**Operating Hours**  
Daily : 7.00am to 10.00pm  
Free-of-charge for members

JACKPOT LOUNGE

16 Jackpot machines.  
Open to members only.  
**Operating Hours**  
Daily : 10.00am to 9.30pm

W.e.f. 1st November 2019, there will only be 16 Jackpot machines operating in the Jackpot Lounge.

KARAOKE LOUNGE

Sundays to Thursdays  
10.00am to 10.00pm  
Fridays, Saturdays &  
Eve of Public Holidays  
10.00am to 12.00midnight  
Closed on Mondays

THE GLASS GYM

Ardent gym goers will be greeted by a magnificent view of the pool and golf course from the glass walls. No guest allowed. Personal training available  
**Operating Hours**  
Daily : 7.00am to 9.30pm

TABLE TENNIS

Located along the squash gallery, members and guests can enjoy this sport with bats and balls provided. Free-of-charge for members and guests.  
**Operating Hours**  
Daily : 7.00am to 10.00pm

BASKETBALL & BADMINTON COURT

For basketball and badminton enthusiasts, both vigorous sports to sweat it out free-of-charge.  
**Operating Hours**  
Daily : 7.00am to 10.00pm



ECLIPSE FOR TEENS

A delightful venue created as a space exclusively for children of members between 12 and 21 years of age.

The following are available for use.  
- Xbox 360 Kinect - TV room  
- Foosball - Pool Table  
**Operating Hours**  
Daily : 7.00am to 9.30pm  
For enquiries, please call 6592 0312 / 6592 0313.

MAHJONG ROOM

Located at 1<sup>st</sup> storey of Garden View Wing with a dedicated room called Bougainvillea Room, there are three automated mahjong tables and two mahjong tables with tiles and chips available for bookings at no charge for members. Minimum charge of guests' fee applicable.  
**Operating Hours**  
Sundays to Thursday  
8.00am to 10.30pm  
Fridays, Saturdays & Public Holidays  
8.00am to 12.00midnight

READING ROOM

Members can retreat into the Reading Room to enjoy the latest newspapers and magazines in peace and comfort.  
**Operating Hours**  
Daily : 7.00am to 9.30pm

CHILDREN'S PLAYROOM

The colourful and cheery room is filled with toys for children's enjoyment.  
**Operating Hours**  
Daily : 7.00am to 9.30pm



ON-GOING DANCING CLASSES

DANCING CLASSES

If you've been yearning to learn dancing, pick a date below and enrol now! Get to learn the basics of social Cha Cha, Rock & Roll, Foxtrot and many more which you can groove at parties!

INTERMEDIATE LEVEL

Instructor	Ms Michelle Fong-Lim
Day	Mondays, 8.00pm to 9.00pm
Fees (8 lessons)	\$149.80 (member); \$160.50 (guest)

Instructor	Mr Sam Fong
Day	Tuesdays, 8.00pm to 9.00pm
Fees (8 lessons)	\$149.50 (member); \$160.50 (guest)

Instructor	Mr Jack Goh
Day	Fridays, 7.30pm to 8.30pm
Fees (8 lessons)	\$149.80 (member); \$160.50 (guest)

BEGINNERS' LEVEL

Instructor	Mr Jovyn Low
Day	Thursdays, 7.30pm to 8.30pm
Fees (8 lessons)	\$149.80 (member); \$160.50 (guest)

*\*All rates are in Singapore dollar and inclusive of 7% GST.*







Director of Golf, Ian Roberts, and our Editor, Godfrey Robert, discussing Garden Course progress