



Tanah Merah

COUNTRY CLUB

SEPTEMBER / OCTOBER 2019 • ISSUE 5



Tampines Hole #16

Top Feature

EXCITING
TIMES AHEAD
AT TMCC

Renewal Updates

GARDEN COURSE
REDEVELOPMENT

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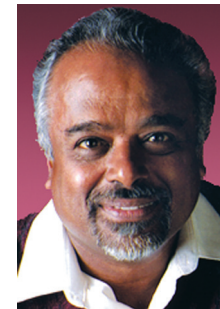
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EDITOR'S NOTE 5

By Godfrey Robert



IT ALL POINTS TO A VERY BRIGHT OUTLOOK FOR TMCC

Great Tampines experience combines with high expectations for Garden to signal exciting times ahead

These are exciting times for Tanah Merah Country Club.

For the premier club is in "expectant" mood, looking ahead to a host of events that should inject into members a high dosage of eagerness and enthusiasm in the coming years ahead.

With the redeveloped Tampines course in maximum usage as members and guests enjoy a layout that is fabulous and fascinating, ironically there is a crunch for revenue-making corporate events with just one 18-hole course.

But not for long. For the Garden course, in its third redevelopment process since its inauguration in 1982, is shaping up well and on time for its scheduled opening by March next year.

And once the Garden is ready, corporate events will flow and members will still get to play as they want for TMCC will be one of the few clubs in Singapore with a 36-hole enjoyment.

Corporations and companies have been lining up to move their events to the prestigious TMCC, for the club is high on status, offering maximum facilities and an organisational ability unmatched.

The club management is also grateful to the members for their patience, understanding and empathy during a period of transition which once overcome will see the club in great light.

The grapevine has it that the Garden is going to be a great complement to Tampines, as the plans exhibited show that the converted par-71 (from par-70) layout is going to be an exciting and challenging course, befitting the very competitive golfers, the low-handicappers and the high-handicappers who enjoy good social outings.

The Tampines course has been receiving rave reports, the maintenance has been good despite the dry weather, no doubt helped by the fact that there are self-sufficient water projects, like widened ponds and piped facilities with drainage for water supply.

The moving of the Driving Range from Garden to Tampines is a forward step, for its upgrading aside, it also creates land for Garden in its redevelopment to aim to regain its former pride as a golfing paradise.

The Tampines experience and the Garden forecast (both featured comprehensively in this issue) have helped the club win the

Order of Zenith in the 2019 Asian Golf Awards.

Also, recently, the beautiful Tampines layout received a spot in the Top 100- Course Award which was revealed at Johor's Forest City.

These accolades have placed TMCC as among the best clubs in Singapore, the region and beyond.

No doubt, accolades and awards have been a regular feature with TMCC, having had great global mileage when it staged major events like the HSBC Women's Champions, Lexus Cup, Johnnie Walker Classic, Tanah Merah Skins and the Singapore Open.

That also placed a premium on the club, for with such great reputation every effort has to be taken to ensure there is no let-up in attempts to keep up the good name.

The TMCC management is aware of this, that is why it makes bold and conscious decisions, always with a consensual and committed approach.

And transparency has always been a positive trait – surely a habit now – with the management, who take pride in what it says and does.

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Bringing the paradise feel to the Garden

TMCC's pioneer course is shaping up well with its third redevelopment

By Ian Geoffrey Roberts



Tanah Merah Country Club's Garden course has always been a sentimental favourite for members and guests.

Mainly for two reasons.

One, it was the first course that the club laid out in 1982 after a helicopter view by Singapore's founding father, then Prime Minister Lee Kuan Yew, and his close friend Sim Kee Boon (later he became club chairman), then a permanent secretary.

The helicopter view is in true sense of the word as the duo flew over the marshland and adjoining wasteland.

There was purpose in that idea for the national airport was to be built and expanded and highrise buildings were not allowed around the vicinity, and a golf course would be ideal.

Two, with the game of golf gaining popularity coincidentally with the playing population growing, and the value of the game seeing tremendous potential as a means of bonding, even among governments and country leaders, a championship course was seen as a necessity.

The Garden became a jewel, a paradise for golfers and its reputation spread far and wide because many major global tournaments were held there over the years.

But, as the years wore on, and with Changi Airport's expansion, much of the land was lost, and Garden underwent two major redevelopments, the second even shortening the course to a par-70 from par-72.

So, now that major focus has been turned to the "sister" course Tampines, with its magnificent redevelopment last year, Garden needed a further upgrade to maintain the status of TMCC as a leading golf club.

The intrusion by Changi Airport expansion was a national priority, but the TMCC management worked round the problem ingeniously with the shifting of the driving range



to Tampines and freeing land so that Garden can be turned into a par-71.

It was a Robert Trent Jones II project, with course designers Mike Gorman and Brice Charlton sorting out the details and making regular onsite visits to see the 15-month project move smoothly.

Targetted to be ready by the first quarter of 2020, the Garden is shaping up well and reactions from members have been positive.

Moving into the final half of the construction phase, holes 1, 2, 3, 13, 14 and 15 are undergoing rough and fine shaping of the base level.

The dry weather spell has aided the progress of the project considerably however some rain is needed to support irrigation of the newly turfed golf holes and newly planted trees.

In a June/July visit Gorman and Charlton assessed the work that was already done and reviewed Hole 1 shaping and the buggy staging area along with both putting and chipping greens near tee 16 and tee 10.

Gorman's next site visit was from Aug 15 to 17 and he reviewed phases 3 and 4 golf holes and the final shaping details of greens 1, 3 and 15.

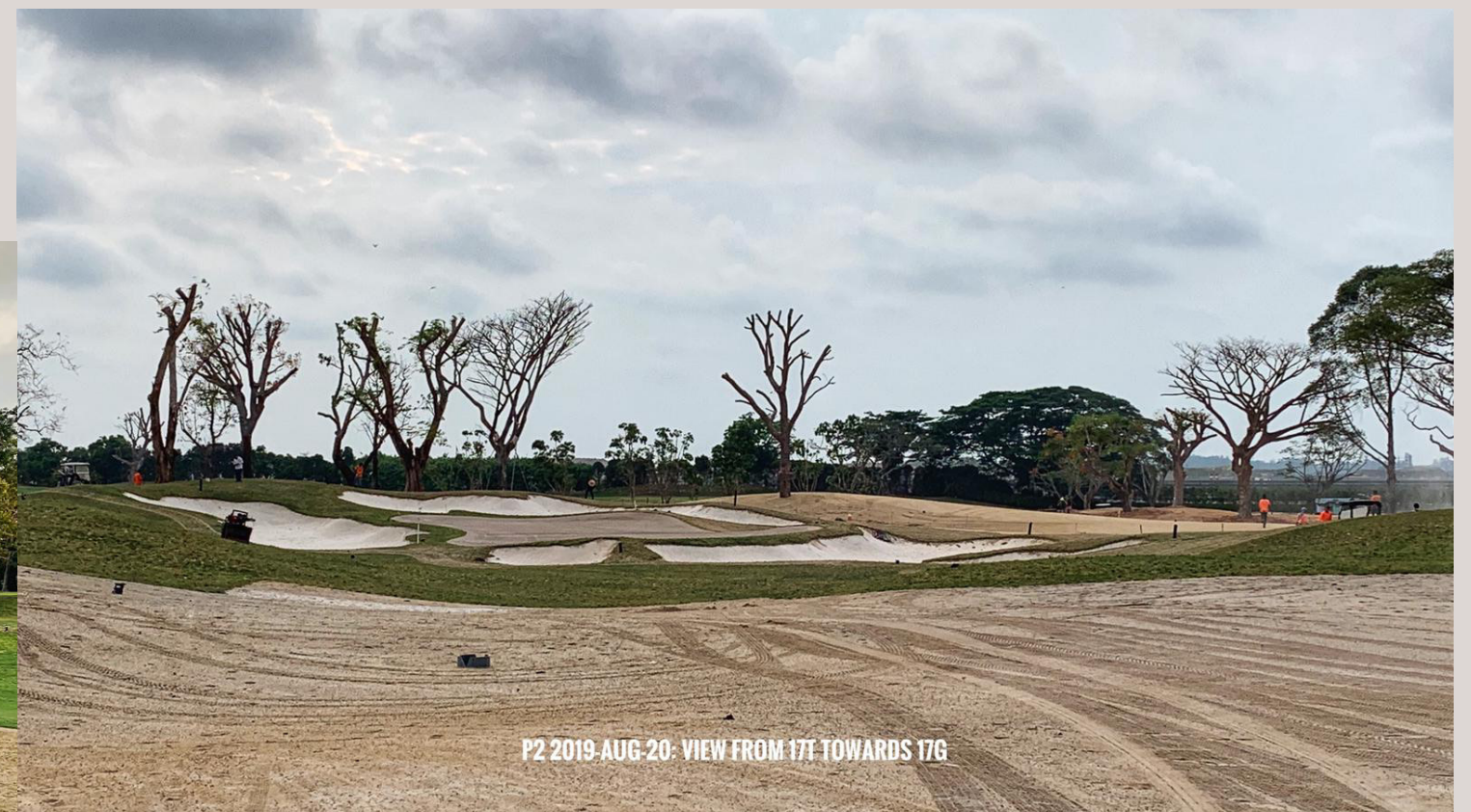
GARDEN DEVELOPMENT UPDATE



P2 2019-AUG-20: 8G SPRIGGING COMPLETED

The progress report so far reads:

Seven holes (4, 5, 6, 7, 8, 9 & 11) have been turfed with Zoysia Matrella
 Hole 12 is expected to be turfed in early August 2019
 Holes 10 & 18 sand capping is near completion
 Holes 16 and 1 fine shaping is completed
 Shaping of holes 3, 13 and 15 is progressing well
 Work on Lake A, the last and biggest lake, has commenced
 Practice Greens have been fine shaped
 The first nine greens (4, 5, 6, 7, 8, 9, 11, 12 & 17) were planted with Paspalum on the Aug 19.



P2 2019-AUG-20: VIEW FROM 17T TOWARDS 17G

Full attention was also being given to tree planning, planting of trees and shrubs to provide adequate shade and create the golf hole corridors.

The principal thought was to provide safety for golfers and replace the trees, which had to be removed during the construction of the new holes, fairways and greens.

The Garden Course Redevelopment Project is set out in four phases:

Phase 1A: Holes 4, 5, 9 & 11:

Construction period: Feb 25 to Aug 24.

Grow-in period: June 6 to Nov 24.

Phase 2A: Holes 6, 7, 8, 10, 12 & 18.

Construction period: March 16 to Sept 24.

Grow-in period: July 9 to Dec 15.

Phase 3A: Holes 1, 15, 16 & 17.

Construction period: April 22 to Oct 24.

Grow-in period: Sept 10 to Jan 24, 2020.

Phase 4A: Holes 2, 14, 13 & 3.

Construction Period: May 28 to Oct 24.

Grow-in period: Sept 15 to Jan 24, 2020.

GARDEN DEVELOPMENT UPDATE



WATERFALL

The main waterfall feature construction process and design is progressing well located at holes 16th & 18th hole near completion. The new design of the waterfall includes landscaping and a much-improved segmented water flow. This will be seen from the club house and viewed by the golfers playing up hole 16 and down the 18th hole to the green. Completion is expected in September.

IRRIGATION / WATERFALL PUMP HOUSES

Construction of both pump houses, located behind the waterfall, is progressing well. The floor slabs, columns and side walls have been completed. The main casting works to the pump house have just commenced. The old irrigation system continues to serve well and shall be replaced in September 2019 by the new pump and pump shed set up.

CLUB HOUSE BUGGY STAGING AREA

The buggy staging area located adjacent to the changing rooms and pro shop will run parallel to Hole 1, which plays from the old Hole 10 tee box towards the GCM maintenance building on the extreme left. Trees and shrubs will line a three metre width space between the Hole 1 buggy path and the buggy staging area to provide safety and greenery. The large Kaya tree, adjacent to the golf marshal office, will remain as an island feature to add shade for the golfers' comfort at the buggy staging area.

The staging area will be able to cater for up to 80 golf buggies at one time to cover the busy periods.

HALFWAY HOUSES A&A WORKS

There will be shelter areas on the golf course located at holes 4, 5, 6 & the 10th tee to have the existing structure to include toilets along with holes 3, 5 and 17, which are strategic for wet weather and lightning stoppages.

LIGHTING HIGH MAST

The footing of the two remaining high masts at the par-5 Hole 18 has been constructed. The high masts will be erected mid-August to provide lighting for the 9th and 18th holes.

BUGGY TRACKS AND CURBING

Buggy tracks and curbing construction are completed at holes 4, 5, 6, 7, 8 and 9. For the back nine holes; 10, 11, 12, 16, 17 & 18 were completed in August.

SLA BOUNDARY

The boundary lines in the vicinity of Greens #4 and Tee #5 has been staked. Area is ready for planting and fence construction. The "temple pillar" trees will be used to support the fencing backdrop as they are a great screening plant.

LANDSCAPING

Unwanted vegetation along the fence lines at Hole 5 and Hole 9 has been cleared and fresh plants to be introduced by end of August.

PRACTICE GREENS

There are 2 practice greens located at the back of the 18th green and adjacent to the 16th tee and behind the 1st tee. They will both be designed to cater for putting and chipping.

NEW MEMBERS' Night

12 July 2019





President Ho Beng Huat presenting tokens to the new members

- 1) Arief Ariyana;
- 2) Ismail Bin Mohamed Taha;
- 3) James Wong Joo Sin;
- 4) Kelvin Chng
- 5) Koh Jun Wei;
- 6) Masato Funada;
- 7) Naresh Narayanan;
- 8) Ng Kim Hung
- 9) Pang Kim Lock;
- 10) Peter Teo Wee Kang;
- 11) Zhao Bingli;
- 12) Ryo Kanda
- 13) Steven Thong Chee Yan;
- 14) Takahiro Teraoka;
- 15) Hiroshi Oura;
- 16) Simon Ong
- 17) Ngho Tai Wee;
- 18) Kentaro Yamane;
- 19) Nico Mo;
- 20) Caleb Chew
- 21) Stanley Ang;
- 22) Hironari Abe;
- 23) Andy Ng



Ho Beng Huat, Jimmy Wong, Felice Wong



Felice Wong, Jimmy Wong, Caleb Chew, Kelvin Chng, David Soh



Peter Teo, Ismail Bin Mohamed Taha, Raymond Seah, Daniel Yeo, Choo Chiau Beng



Hiroshi Oura, Hironari Abe, Eiko Abe, Masato Funada

NEW MEMBERS' Night

LADIES CLUB CHAMPIONSHIP

Handicap Index 13.5 & below

LADIES INTERMEDIATE CHAMPIONSHIP

Handicap Index 13.6 to 24.0



1st Round	:	Saturday, 21 September 2019 (PM)
2nd Round	:	Sunday, 22 September 2019 (PM)
Final Round	:	Monday, 23 September 2019 (PM)
Entry Fee	:	\$26.75
Buggy Fee	:	\$25.68
Venue	:	Tampines Course
Closing Date	:	Monday, 6 September 2019 (PM)

The Ladies Club Championship and Ladies Intermediate Championship is open to Members with handicap index 24.0 & below. Play shall be over 54 holes Strokeplay in 3 rounds of 18 holes each.

Prizes will be awarded to the Champion and Runner-Up based on the lowest aggregate gross scores. In the event of a tie, the Champion shall be decided by a sudden-death play-off. An overall best nett prize will also be awarded. The champion and runner-up are not eligible for the overall best nett prize. The runner-up and best nett for both the Club championship and intermediate Championship will be decided according to the club's countback system.

There will be daily best gross and best nett prizes. The best gross winners are not eligible for the daily best nett prize over the same round. Only players who had completed play of all rounds are eligible for the daily prizes.

- The draw for the first round is based on the handicap of players and for succeeding rounds, based on the cumulative gross scores of the preceding round
- Entry fee is chargeable once the draw list has been finalized.
- In the event of inclement weather, the Championship will be deemed completed with a minimum of 2 rounds played.
- TMCC reserves the right to postpone or cancel the tournament in the event there are fewer than 8 entries for the championship.

To join, please call Tampines Golf Office at 6513 7818 / 6513 7819

All prices are in Singapore Dollars and are inclusive of 7% GST

hole IN ONE ACHIEVERS

ACES SCORED AT TANAH MERAH COUNTRY CLUB

LEE CHAU YONG

Hole #6

Distance

147M

TMCC, Tampines Course

Date Achieved

02 July 2019

AZURE DHILAWALA

MOHAN

Hole #16

Distance

140M

TMCC, Tampines Course

Date Achieved

14 July 2019

ACES SCORED OUTSIDE TANAH MERAH COUNTRY CLUB

LAU KAH KEE

Hole #17

Distance

144M

Sentosa Golf Club,
The New Tanjong Course

Date Achieved

10 May 2019

submitted on 19.07.2019

HAN YONG GUAN

Hole #16

Distance

127M

Keppel Club

Date Achieved

07 July 2019

LOW WEE JIN

Hole #6

Distance

123M

Kelab Golf Danau UKM

Date Achieved

05 July 2019

PHUA ENG KEAT, KEVIN

Hole #6

Distance

167M

National Service Resort &
Country Club

Date Achieved

24 July 2019

New members to the club

By Michael Chuang

TMCC member since 1998 and hobbyist wildlife photographer from 2019

- born 'n bred into the club

Called the masked lapwing (*Vanellus miles* or masked plover, or spur winged plover), its name is derived from the rather prominent, fleshy yellow wattle on its face and 2 yellow spurs on the wing joints.

The local birding society calls it the Durian Bird for obvious reasons.

The population of the Masked Lapwing in Singapore consists of at least 18 birds as at 31 December 2012 (first sighted). Original beginnings are either an escapee from the local zoo or bird park or migrant from their native homeland (Australia, NZ or New Guinea).

The Masked Lapwing is now a confirmed local resident and breeding healthily. It has been featured in the local newspaper (Gardens by the Bay dated 22 July 2019) and several Facebook posts (then Minister Lim Swee Say dated 9 Sep 2017 at Orchid Country Club).

Commonly two birds are seen together, a male and a female which are almost identical in colour, features and size. Many can be seen in groups at times, especially during feeding near watering holes (like golf courses).

The chick reaches full growth after 4 to 5 months and will often stay with the parents for 1 to 2 years resulting in family groups of 3 to 5 birds nesting in one location.

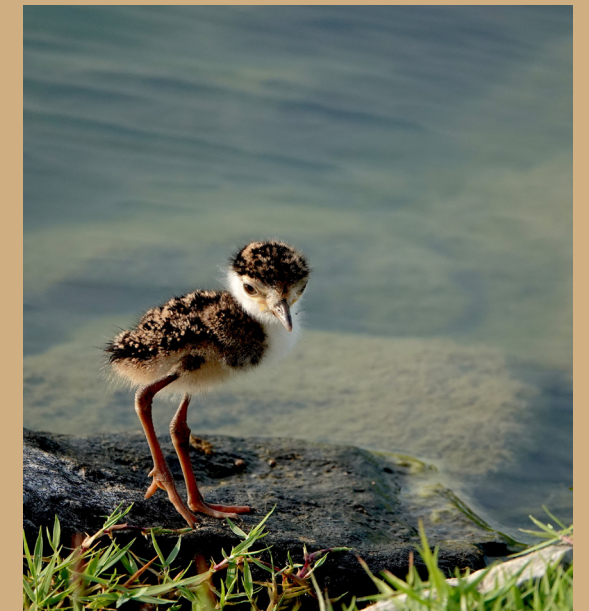
Our Tampines Hole 4 residents consisted of 3 chicks (hatched May 2019).

Word of advice: approach at a safe distance and with caution when photographing nesting as some parents may abandon their nests if they are threatened.



A month old chick (juvenile durian bird, fleshy yellow wattle still developing)

The chicks are able to feed themselves from day one but in their first weeks they are covered with soft down and are unable to fly.



A few days old chick hatched at Tampines Hole 4, May 2019

Baby birds are called precocial; when they hatch they are already covered in soft down feathers, their eyes are open and can walk within the first few hours.



About 6 weeks after hatching, the chicks will have finally grown some proper feathers, including wing feathers. They won't look like spotty balls of fluff on long legs any more. Instead they will take on the appearance of slightly smaller versions of the adults.

Precocial birds are able to feed themselves once hatched, but still rely on their parents for protection and warmth.



In the evenings the family gathers itself into a more sheltered spot to settle down for the night, still within the watchful parents' sights.

The nesting pair defends their territory against all intruders by calling loudly (kekekekek), spreading their wings, and then swooping fast and low, and where necessary striking at interlopers with their feet and attacking animals on the ground with a conspicuous yellow spur on the carpal joint of the wing.

Golfing

COMBINED CAPTAINS' DAY & ANNUAL PRIZE PRESENTATION

Sunday 06 October 2019
Tampines Course
Shotgun Start 1:30pm


The Combined Captains' Day is a social golf competition open to Members (Men and Ladies) with official USGA Golf Handicap. Winners of major Club Competitions are invited to the event.

Format of play: TEXAS SCRAMBLE

Dinner Function at Tampines Banquet Room


- Entry Fee : \$50.00
- Buggy Fee : \$25.68
- Closing Date : 24 September 2019
- Dinner : Tampines Banquet Room

Entry fee will apply for cancellations after the closing date
Prices inclusive of 7%GST

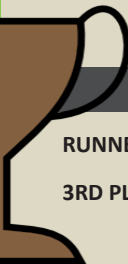


Chairman's Prize 2019 Stableford Play (80% HI)

Sunday, 28 July 2019 @ Tampines Course

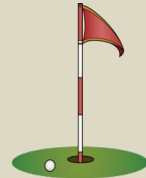


CHAMPIONS				
A Division	:	Tan Swee Seng	CH 13	40 pts
B Division	:	Ho Beng Huat	CH 18	35 pts



"A" DIVISION (H.I 14.7 & Below)				
RUNNER-UP	:	Liu Wei Guo	CH 8	34 pts Ocb
3RD PLACE	:	Tarunjeet Singh	CH 9	34 pts

"B" DIVISION (H.I 14.8 to 36.4)				
RUNNER-UP	:	Ho Seow Kai	CH 14	34 pts
3RD PLACE	:	Loh Chin Hua	CH 14	33 pts



NOVELTY EVENTS				
NEAREST TO PIN		Rudy Johansen (1.3m)	#04	
NEAREST TO PIN		Wendy Lim (2.7m)	#06	
NEAREST TO PIN		David Wong (0.7m)	#14	
NEAREST TO PIN		Loh Chin Wua (1.3m)	#16	

All prices are in Singapore Dollars and are inclusive of 7% GST.
Entry fee is chargeable for cancellations received after the drawlist has been finalized.

WHEN EMMELINE COMES, PAIN GOES



Do you feel sore and achy after a game of golf or workout? If you do, what should you do to relieve the pain?

The answer is with Emmeline Yuen, an entrepreneur, wellness event organiser, enthusiast and consultant who conducted a free session for six members.

The two-hour session on July 17 at the Ixora Room at the Garden site was aptly titled “Sports Pain Relief Management”.

Emmeline, who is also a certified Terra AromaTouch Technique facilitator, showed how to relieve pain by using specific hand techniques also using uplifting essential oil.



Members found the session useful and have requested for an “encore”, especially to learn about the various uses of essential oils.

So trash your harmful painkillers and find out how chemical-free natural remedies can effectively help you without giving you any side effects.





The PERFECT

venue to impress your clients
at your next corporate

GOLF DAY,
banquet or private function ...

*Premier
golf course
with pristine
greens, lush
landscapes
and
excellent
facilities.*



From grand banquet hall to meeting rooms with conference facilities to the al fresco deck with sweeping views of the golf course, it is your creative decision and our commitment to details and service excellence that will guarantee a successful and memorable event.



Tanah Merah Country Club

1 Tanah Merah Coast Road, Singapore 498722

Tel: (65) 6542 3040 (Main line) Fax: (65) 6542 9294 Website: www.tmcc.org.sg

For bookings and enquiries, please contact

Marketing Department (Corporate Golf Events) | Tel: 6592 0305 | Email: marketing@tmcc.org.sg

F&B Department | Tel: 6592 0386 / 6592 0388 | Email: nana@tmcc.org.sg

Tanah Merah

COUNTRY CLUB

44.2%

MDs & GMs, Division
Managers Professionals
(including legal, technical financial,
academic, etc)

4.2%
Others

1.1%
Students

0.5%
Public Servants
(including minister)

1.3%
Diplomatic Corps

1.7%
Supervisors,
Working executives

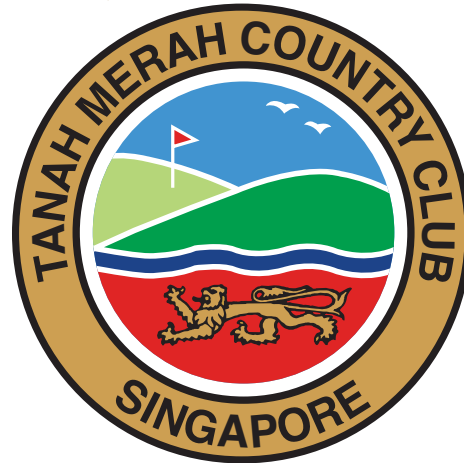
0.2%
Military Personnel

35%

Directors,
Presidents, VPs

11.8%

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Sole Proprietors



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ADVERTISING RATES 2019

Full Page Full Colour (ROP)	\$S\$1,605
Inside Front Cover	\$S\$2,461
Inside Back Cover	\$S\$2,140
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Inserts	\$S\$1,605

Other conditions subject to approval by General Manager / Director Business Developer. All rates are in Singapore Dollars and are already inclusive of 7% GST. A 15% commission is allowed for Accredited Advertising Agencies

To Advertise

Marketing Department

Tanah Merah Country Club

1 Tanah Merah Coast Road, Singapore 498722

Tel: 6592 0303

Email: marketing@tmcc.org.sg

2019

Melaka

HERITAGE TRAIL

SATURDAY AND SUNDAY,
9-10 NOVEMBER 2019



Come spend the weekend soaking up the rich culture & heritage of Melaka!

As a UNESCO World Heritage site, this state boasts an exciting variety of historic attractions such as the salmon-pink Stadhuys & Jonker Street Night Market.

Join us to enjoy their well-known Nyonya cuisine, food culture & shopping!

Room Type	Member	Guest
Single	\$185	\$200
Twin	\$155	\$170
Triple	\$145	\$160
Children (with bed)	\$135	\$150
Children (no bed)	\$115	\$130

Closing Date:
Friday, 18
October 2019

Important Notes

- A minimum pax of 20 is required for event to materialise.
- Passport must have at least six months of validity.
- Fees include return SVIP air-conditioned coach, English speaking tour guide, tipping, group insurance & meals as per itinerary.
- Tanah Merah Country Club reserves the right to provide a revised rate to the participants or cancel this trip should the total number of participants fall below 20 pax.



TO SIGN UP



marketing@tmcc.org.sg



Valerie Ong @ 6592 0303

SEP
2019

1 SUN

LADIES' MEDALS (STROKEPLAY)
Timesheet (PM)

**MEN'S MEDALS /CLUB STROKE-
PLAY CHAMPIONSHIP (R1)**
Timesheet (PM)

**MEN'S INTERMEDIATE
CHAMPIONSHIP /
DUFFERS CUP (R1)**
Timesheet (PM)

BODY CONDITIONING CLASS
4.30pm to 5.30pm; Glass Gym

2 MON

DANCING CLASS
8pm to 9pm; Glass Gym

POWER WORKOUT
11am; Glass Gym

3 TUE

DANCING CLASS
8pm to 9pm; Glass Gym

4 WED

CORPORATE GOLF EVENT
(PM – Timesheet)

POWER WORKOUT
11am; Glass Gym

YOGA-FLOW & STRETCH
9am; Glass Gym

5 THU

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

6 FRI

CORPORATE GOLF EVENT
(PM – Shotgun)

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

7 SAT

**MEN'S INTERMEDIATE
CHAMPIONSHIP /
DUFFERS CUP (R2)**
Timesheet (PM)

**THE CLUB STROKEPLAY
CHAMPIONSHIP (R2/FINAL)**
Tampines (PM)

POWER WORKOUT
11am; Glass Gym

8 SUN

**THE CLUB STROKEPLAY
CHAMPIONSHIP (R3/FINAL)**
Tampines (PM)

TOTAL BODY CONDITIONING CLASS
4.30pm to 5.30pm; Glass Gym

9 MON

DANCING CLASS
8pm to 9pm; Glass Gym

POWER WORKOUT
11am; Glass Gym

10 TUE

DANCING CLASS
8pm to 9pm; Glass Gym

11 WED

POWER WORKOUT
11am; Glass Gym

YOGA-FLOW & STRETCH
9am; Glass Gym

12 THU

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

13 FRI

CORPORATE GOLF EVENT
(PM – Shotgun)

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

14 SAT

POWER WORKOUT
11am; Glass Gym

15 SUN

FAMILY DAY
11am to 7pm; Tampines Clubhouse
& Golf Course

TOTAL BODY CONDITIONING CLASS
4.30pm to 5.30pm; Glass Gym

16 MON

DANCING CLASS
8pm to 9pm; Glass Gym

POWER WORKOUT
11am; Glass Gym

17 TUE

LADIES' MEDAL
Timesheet (PM)

DANCING CLASS
8pm to 9pm; Glass Gym



18 WED

POWER WORKOUT
11am; Glass Gym

YOGA-FLOW & STRETCH
9am; Glass Gym

19 THU

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

TENNIS CLUB NIGHT
6pm to 10pm
Tennis Courts

20 FRI

CORPORATE GOLF EVENT
(PM – Shotgun)

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

21 SAT

**LADIES' CLUB/INTERMEDIATE
CHAMPIONSHIP (R1)**
Timesheet (PM)

**SOCIAL DANCING NIGHT
– WALTZING THRU THE NIGHT**
7pm; Garden Banquet Room



POWER WORKOUT
11am; Glass Gym

22 SUN

**LADIES CLUB/INTERMEDIATE
CHAMPIONSHIP (R2)**
Timesheet (PM)

TOTAL BODY CONDITIONING CLASS
4.30pm to 5.30pm; Glass Gym

23 MON

**LADIES' CLUB/INTERMEDIATE
CHAMPIONSHIP (3RD/FINAL)**
Timesheet (PM)
DANCING CLASS
8pm to 9pm; Glass Gym

POWER WORKOUT
11am; Glass Gym

24 TUE

DANCING CLASS
8pm to 9pm; Glass Gym

25 WED

POWER WORKOUT
11am; Glass Gym

YOGA-FLOW & STRETCH
9am; Glass Gym

26 THU

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

TENNIS CLUB NIGHT
6pm to 10pm
Tennis Courts



27 FRI

CORPORATE GOLF EVENT
(PM – Shotgun)

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

28 SAT

2D1N MELAKA HERITAGE TRIAL

POWER WORKOUT
11am; Glass Gym

29 SUN

2D1N MELAKA HERITAGE TRIAL

TOTAL BODY CONDITIONING CLASS
4.30pm to 5.30pm; Glass Gym

30 MON

DANCING CLASS
8pm to 9pm; Glass Gym

POWER WORKOUT
11am; Glass Gym



OCT

2019

1 TUE

2 WED

3 THU

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

4 FRI

CORPORATE GOLF EVENT
(PM – Shotgun)

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

5 SAT

POWER WORKOUT
11am; Glass Gym

6 SUN

**COMBINED CAPTAINS' DAY &
ANNUAL PRIZE PRESENTATION**
Tampines (PM – Shotgun)

TOTAL BODY CONDITIONING CLASS
4.30pm to 5.30pm; Glass Gym

7 MON

DANCING CLASS
8pm to 9pm; Glass Gym

POWER WORKOUT
11am; Glass Gym



8 TUE

DANCING CLASS
8pm to 9pm; Glass Gym

9 WED

POWER WORKOUT
11am; Glass Gym

YOGA-FLOW & STRETCH
9am; Glass Gym

10 THU

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

11 FRI

CORPORATE GOLF EVENT
(PM – Shotgun)

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

12 SAT

POWER WORKOUT
11am; Glass Gym

OKTOBERFEST

13 SUN

**TOTAL BODY
CONDITIONING CLASS**
4.30pm to 5.30pm; Glass Gym

14 MON

DANCING CLASS
8pm to 9pm; Glass Gym

POWER WORKOUT
11am; Glass Gym

15 TUE

DANCING CLASS
8pm to 9pm; Glass Gym

16 WED

**LADIES' SOCIAL (HALLOWEEN/
PURPLE PARADE)**
Tampines (PM – Timesheet)

POWER WORKOUT
11am; Glass Gym

YOGA-FLOW & STRETCH
9am; Glass Gym

17 THU

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

18 FRI

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

19 SAT

POWER WORKOUT
11am; Glass Gym



20 SUN

CORPORATE GOLF EVENT
(PM – Shotgun)

TOTAL BODY CONDITIONING CLASS
4.30pm to 5.30pm; Glass Gym

21 MON

DANCING CLASS
8pm to 9pm; Glass Gym

POWER WORKOUT
11am; Glass Gym

22 TUE

CORPORATE GOLF EVENT
(PM – Shotgun)

DANCING CLASS
8pm to 9pm; Glass Gym

23 WED

CORPORATE GOLF EVENT
(PM – Shotgun)

POWER WORKOUT
11am; Glass Gym

YOGA-FLOW & STRETCH
9am; Glass Gym



24 THU

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

25 FRI

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

26 SAT

POWER WORKOUT
11am; Glass Gym

27 SUN

DEEPAVALI

28 MON

PUBLIC HOLIDAY

29 TUE

DANCING CLASS
8pm to 9pm; Dancing Class
8pm to 9pm; Glass Gym

30 WED

POWER WORKOUT
11am; Glass Gym

YOGA-FLOW & STRETCH
9am; Glass Gym



31 THU

PILATES CLASS
3.30pm to 4.30pm (Beginners);
4.30pm to 5.30pm (Intermediate);
Glass Gym

DANCING CLASS
7.30pm to 8.30pm; Glass Gym

TENNIS CLUB NIGHT
6pm to 10pm
Tennis Courts





DANCING CLASSES

Yearning to learn how to dance?
Sign up for our social dancing classes to learn the basics of
ChaCha, Rock & Roll, Foxtrot and more!

Beginner Level

Ballroom & Social Dance

Instructor

Mr Jovyn Low

Day & Time

Thursdays: 6.30pm to 7.30pm

Venue

Glass Gym (Extension Room)

Fees (For 8 lessons)

\$149.80 (member) / \$160.50 (guest)

Intermediate Level

Instructor

Ms Michelle Fong Lim

Day & Time

Mondays: 8.00pm to 9.00pm

Venue

Glass Gym (Extension Room)

Fees (For 8 lessons)

\$149.80 (member) / \$160.50 (guest)

Instructor

Mr Sam Fong

Day & Time

Tuesdays: 8.00pm to 9.00pm

Venue

Glass Gym (Extension Room)

Fees (For 8 lessons)

\$149.80 (member) / \$160.50 (guest)

Instructor

Mr Jack Goh

Day & Time

Fridays: 7.30pm to 8.30pm

Venue

Glass Gym (Extension Room)

Fees (For 8 lessons)

\$149.80 (member) / \$160.50 (guest)



For
enquiries



marketing@tmcc.org.sg



Valerie Ong @ 6592 0303

All prices are in Singapore Dollars and are inclusive of 7% GST.

Countdown to

2020!

Spend an evening of glamour and countdown
to The New Year with us at TMCC!

Tampines Banquet Room
Tuesday, 31 December 2019



RESERVE
YOUR SEATS
NOW!

Look out for details!

SIGN UP FOR A DANCING GOOD TIME



marketing@tmcc.org.sg



6592 0306

KITCHEN WORKSHOPS

Looking to jazz up your home cooking? Learn how to cook and bake the yummiest dishes and treats, with a little helping hand from the culinary experts.

PERANAKAN RESTAURANT CUISINE

A **DEMO** WORKSHOP

By Chef Shih

Date Saturday, 5 October 2019
10.00am to 12.30pm
Member's Price \$53.50
Venue Ixora Room
Closing Date Friday, 20 September 2019
Minimum Pax 10 pax

Immerse yourself in Peranakan traditional food, learn the basic techniques and culinary knowledge to serve up Peranakan Cuisine, fare restaurant-style.

- DIY Ayam Buah Keluak
- Chap Cai • Babi Ponteh
- Assam Fish



LET'S GO THAI!

A **DEMO** WORKSHOP

By Chef Shih

Date Saturday, 23 November 2019
10am to 12.30pm
Venue Ixora Room
Member's Price \$53.50
Min. pax 10 pax
Closing Date 8 November 2019

Join Chef Shih and learn how to cook tantalising Thai dishes such as Yellow Curry Prawns, Basil Pork and Red Ruby. The perfect menu to impress your guests for your year end dinner parties!



Terms & Conditions: These workshops are exclusive for Members only. The product images shown are for illustration purposes only and may not be an exact representation of the product. There may be changes to the design decorations due to seasonal and market availability. All prices quoted are in Singapore dollars and are inclusive of 7% GST. A minimum of 10 participants is required for the event to take place. TMCC reserves the right to cancel the event if less than 10 participants have registered 14 days prior to the event. The registration fees will remain payable in full if notice of cancellation is received after the closing date. TMCC reserves the right to make changes without prior notice.

TO JOIN

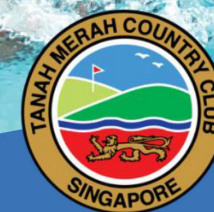


marketing@tmcc.org.sg



6592 0306

Swim & Kick Meet



Swim and Kick Meet

Saturday, 12 October 2019

2.00pm to 6.00pm

Registration Fee: \$16.05

Closing Date for Registration: Monday, 30 September 2019

- Medals for Top 3 Winners in Each Category
- Novelty Prizes
- Special Category for Parents and Child

To join, please call Sports Complex at 6592 0313
or email at sportcomplex@tmcc.org.sg

Price is in Singapore Dollars and is inclusive of 7% GST.

sports & recreation

Think you can be the next champ? Sign up for our sports tournaments and give us your best performance on the courts and in the Gym!

MUAY THAI

- Develop new skills, habits & a healthier lifestyle
- Increase functional strength & gain confidence in yourself
- Increase your fitness & learn self-defense at the same time

WHEN

Every Sunday

WHERE

Glass Gym
(Extension Room)

TIME

10am to 11.30am

FEE

\$21.40 per session



TAEKWONDO

A Traditional Korean martial art as well as a modern international sport. It helps to develop strength, flexibility, stamina and encourage a positive mental attitude.

WHEN

Starting July 2019
(min. 8 pax to start)

WHERE

Glass Gym (Extension Room)

TIME

Every Wednesday
7.30pm to 9.00pm



TENNIS CLUB NIGHT



Held on the last Thursday of every month, enjoy a sporting night of tennis with your guests (maximum to 3 guests) and other participants. Do not miss this popular monthly event as it will leave you wanting more.

WHEN

Thursday, 26 September 2019

WHERE

TMCC Tennis Courts

TIME

6.00pm to 10.00pm

FEE

Free (Early registration appreciated)

YOGA-FLOW AND STRETCH

Yoga with Joelle Chew is a great way to rejuvenate the aches and strains from golf. Joelle promises a full body workout with muscle flexibility exercises designed to help you in golf.

WHEN

Every Wednesday

WHERE

Glass Gym

TIME

9.30am to 10.30am

FEE

\$32.10 Per Session



ONGOING GYMNASIUM ACTIVITIES



POWER WORKOUT

Join us in our afternoon circuit sessions to help you look fit and fabulous!

WHEN

Every Monday, Wednesday & Saturday

WHERE

Glass Gym

TIME

11.00am

WOULD YOU LIKE TO HAVE A GREAT POSTURE, PREVENT INJURIES TO YOUR BODY AND INCREASE JOINT MOBILITY?

WHEN

From April 2019

WHERE

Glass Gym
(Extension Room)

TIME

9.30am to 10.30am
60 mins

FEE

\$42.80 per session



PILATES

Pilates is known to help improve posture, core strength and flexibility. Join now to reap the benefits of the pilates method with the help of our qualified instructress. Our Courses cater to novices and advanced pilates participants.

INSTRUCTOR

Day & Time

MS LAU KIAN LEE

INTERMEDIATE:

THURSDAYS,
4.30pm to 5.30pm

BEGINNERS:

THURSDAYS,
3.30pm to 4.30pm

Venue

Fees(8 lessons)

Glass Gym (Extension Room)

\$239.68 (member); \$265.36 (guest)



TOTAL BODY CONDITIONING

Join this class to improve and enhance your body's overall strength, flexibility and endurance. Total Body Conditioning will tone your upper and lower body regions which will contribute to good posture and total body alignment.

INSTRUCTOR

Day & Time

Venue

Fees

MS CHRIS TAN

SUNDAY, 4.30pm to 5.30pm

Glass Gym (Extension Room)

(8 lessons)

\$96.30 (member); \$107.00 (guest)



Heng ah, this Bee Hoon dish by Chef Shih

**Chinese Restaurant Cuisine Workshop
Saturday, 13 July 2019**

What has Cold Tofu and Steamed Prawns have in common? Nothing it seems, because one is a cold dish and the other hot.

Wrong? They have the hand of chef Shih to bring them together.

The popular chef, a big name at Tanah Merah Country Club, prepared the two dishes at a Chinese Restaurant Cuisine Workshop on July 13 at the Ixora Room.

In addition the highly-qualified instructor also prepared Deep Fried Fermented Bean Curd Pork Belly and the Heng Hwa Bee Hoon.



Ten lucky attendees learnt the tricks of the trade of preparing the dishes when chef Shih went through the procedure with patience.

In fact, some in the group were so intense in concentration that they forgot about the refreshment served: Mee Siam with Coffee and Tea.

At the end of the two-and-a-half-hour session, the 10 attendees left very satisfied that they picked up something useful.

One of the 10, Ms Eileen Yeo, said: "Tonight, I'll cook this Heng Hwa Bee Hoon for my family," after Chef Shih demonstrated how to prepare the last dish for the day.

For the verdict, when you see Ms Yeo next, ask her about it.

She is certain to attend all of Chef Shih's sessions, for her family members and friends are bound to ask her to prepare the dish again.

When the powder form is not what you want



**Chinese Restaurant Cuisine Workshop
Saturday, 27 July 2019**

Use salted egg yolk, that's the common instruction.
Given that generality, you cannot use it in the powder form.

That's the instruction from Chef Shih at the club's Chinese Restaurant Cuisine Workshop.

Eleven ladies attended the workshop at the club's Ixora Room on July 27 and they found out the reason why.

All from a practical experience by Chef Shih, who prepared the Salted Eg Yolk Prawns, and the ladies had more than a taste of it.

Chef Shih also prepared three other dishes: Chinese Spinach Braised with Dried Scallops with Trloo Eggs, Steamed Cod Fish with Spicy Pickled Radish and Crabmeat Fried Rice.



The two-and-a-half hour session went so fast because Chef Shi kept the ladies engaged and interested with whatever he was doing.

For refreshments, the ladies had laksa with coffee and tea.

And if the prawns were delicious, so were the other dishes as the ladies helped themselves to second - and third - helpings.



All fun and dancing Down Memory Lane

By Godfrey Robert

From good to better, then best in music, food and company

**Golden Oldies Night
Saturday, 27 July 2019**

When it is Golden Oldies Night, there must be nostalgia.

There must be look-back memories.

And everyone is sure to take a trip Down Memory Lane.

At the club's Social Dancing Night themed Golden Oldies Night on July 27 at the Garden Banquet Room, the mood was all about the past.

And to emphasise that and set the right tempo, the centre-piece used for the night was a black vinyl record decorated in Golden Oldies theme for the dinner programme.

Members were also pleased to see a photograph of a gramophone decorated on the table number centrepiece.

The organisers also hunted for oldies' snacks like Haw Flakes sweet, Apollo stick wafers, Hudsons & Hacks sweets and the all-time favourite, murukku.



The seven-piece band Locomotion played wide repertoire of music with the beat of Cha Cha, Tango, Rumba, Rock n Roll, Bachata, Quick Waltz, off beat Cha Cha and even line dance.

And with the soothing voice of the dynamic Vivien, the ambience was perfect as her songs apart, the diners made many requests for songs and as the band obliged the attendees looked back in time.





The 40 members and 64 guests had so much fun dancing the whole night away, and the moves and grooves were infectious for even the not-so-good dancers kept pace and rhythm.

One diner, Adeline Soh also took centrestage for a while as she celebrated her birthday.

Food was aplenty and the delicious buffet spread prepared by notable chef William was a big treat for the diners.

The dishes included citrus prawn salad with avocado, corn and cucumber from the Cold Salad Station to a variety of soups, roasted lamb and salmon fillet for the Hot Entree took pains ensuring the food is well prepared to satisfy the hungry diners (see menu below) and desserts like durian custard crème puff and peach and apple crumble with vanilla sauce.

The next Social Dancing Night themed Waltzing Thru The Night with the band Locomotion again in attendance will be held on 16 November.

All fun and dancing Down Memory Lane



Celebrate Precious Moments at TMCC!

Make the most of your event with a package that gives you everything you need to celebrate life. From birthdays, to weddings and anniversaries, we have various rooms equipped to meet your needs.

From cosy gatherings as small as 10 pax to grand gatherings as big as 300 pax, our package comes complete with food and beverages catered from our popular Garden View Chinese Restaurant or Terrace Cafe.



To book



nana@tmcc.org.sg



Ramna Ramli @ **6592 0386**

Weekday Set Menu for 10 Pax

\$480.00 nett

(Valid from Tuesdays to Fridays only)

Classic Sliced Beijing Duck accompanied with Chinese Pancakes

Braised Fish Maw in Yellow Supreme Stock

Steamed Sea Bass, Teochew Style

Coffee Pork Chop

Deep-Fried Prawns with Salted Eggs Yolk

Braised Spinach Tofu with Japanese Mushroom & Black Mushroom

Braised Ee Fu Noodles with Brinjal & Shredded Duck Meat

Chilled Lemon Grass Jelly with Sea Coconut & Aloe Vera



Complimentary
with every set menu

Arenile, Cantina Ripa Teatina,
Montepulciano D'Abruzzo
Italia

For enquiries



Garden View Restaurant @ **6592 0388 / 6545 2891**



gvr@tmcc.org.sg

All prices are in Singapore Dollars, Nett and are inclusive of 7% GST.
Terms and conditions apply.

CHEF'S RECOMMENDATIONS

September & October 2019



金银蒜银丝蒸竹蚌
Steamed Bamboo Clam with Glass
Vermicelli & Minced Garlic
\$10.80 per person

虫草花响螺花胶炖鸡汤
Double Boiled Chicken Soup
with Fish Maw, Sea Whelks &
Caterpillar Fungus Flowers
\$13.80 per person



京烤排骨皇
Braised Spare Ribs
served with 'Mantou'
\$26.80 per order



龙虾尾面卜
Lobster's Tail Mee Pok
\$19.30 per person - min: 2 orders



红焖桂花鱼
Braised Mandarin Fish with
Roasted Pork & Beancurd
Skin served in Claypot
\$51.80 per order



garden
view
restaurant

和味菜园鸡
Simmered Chicken served
with Ginger Dip
(H) \$21.80 (W) \$42.80



Tampines Golfers' Terrace

Weekend Lunch Specials



Tampines Golfers' Lounge

SEPTEMBER 2019

Sat, 7 & Sun, 8 September 19

BRAISED HERBAL BEEF IN CLAYPOT
with carrot & white turnip, served with steamed rice & cabbage soup

IPOH HOR FUN WITH CRISPY PORK CUTLET
with prawn, kai lan & mushroom served with cabbage soup

Sat, 14 & Sun, 15 September 19

LAKSA YONG TAU FU WITH NOODLES
6 treasures yong tau fu & egg

STIR FRIED SESAME CHICKEN IN CLAYPOT
with broccoli, mushroom & fried ginger served with steamed rice



Laksa Yong Tau Fu with Noodles



Sweet & Spicy Pork Chop with Lychee

Sat, 21 & Sun, 22 September 19

SWEET & SPICY PORK CHOP WITH LYCHEE
served with steamed rice & cabbage soup

BEEF NOODLES WITH DOUBLE BOILED THICK GRAVY MEAT BALL, TRIPE, BEAN SPROUT & SALTED MUSTARD

Sat, 28 & Sun, 29 September 19

DUCK KWAY TEOW WITH HERBAL SOUP with duck liver & soya egg

BRAISED PORK BELLY WITH YAM IN CLAYPOT
with broccoli & cauliflower served with steamed rice & chicken soup



Duck Kway Teow with Herbal Soup

OCTOBER 2019



Claypot Bak Kut Teh with pig's maw, tau pok, yu tiao, salted vegetable

Sat, 5 & Sun, 6 October 19

CLAYPOT BAK KUT TEH WITH PIG'S MAW, TAU POK, YU TIAO, SALTED VEGETABLE
served with steamed rice

ROASTED HERBAL CHICKEN WITH NOODLES (DRY)
with kai lan, mushroom & prawn dumpling

Sat, 12 & Sun, 13 October 19

GONGBAO BEEF FILLET IN CLAYPOT
served with steamed rice & cabbage soup



Gongbao Beef Fillet In Claypot

ANG JIU CHICKEN SOUP WITH MEE SUA
served with poached egg, mushroom & sio peh chye

Sat, 19 & Sun, 20 October 19

BLACK PEPPER SLICED PORK IN CLAYPOT
accompanied with bell pepper, onion & sio peh chye
Seafood Mee Pok (dry) with kai lan, bean sprout, prawn, mussel, scallop & mushroom

Sat, 26 & Sun, 27 October 19

THAI BEEF KWAY TEOW SOUP
sliced beef, meat ball, tripe, bean sprout, basil leaf & lime

BRAISED MUI CHOY PORK BELLY IN CLAYPOT
served with with steamed rice



Thai Beef Kway Teow Soup

Operating Hours:

Mondays

11.00am to 8.00pm

Tuesday, Wednesdays & Thursday

7.00am to 8.00pm

Friday to Sunday and Eve of Public Holiday

7.00am to 10.00pm

RECIPROCAL CLUBS

MALAYSIA
Saujana Golf & Country Club
Saujana Resort, Section U2 40150 Shah Alam
Selangor Darul Ehsan
Tel : 603 7846 1466
Fax : 603 7847 5830
golf@saujana.com.my

AUSTRALIA
The Lakes Golf Club
Cnr King Street & Vernon Ave,
Eastlakes, New South Wales
Tel: +61 (02) 9669 1311
Fax: +61 (02) 9669 6206
www.thelakesgolfclub.com.au
info@thelakesgolfclub.com.au

AFFILIATE CLUBS

AUSTRALIA
Moonah Links
55 Peter Thomson Drive
Fingal VIC 3939, Australia
Tel : 61 3 5988 2000
Fax: 61 3 5988 2094
www.moonahlinks.com.au

Terrey Hills Golf & Country Club
116 Booralie Road, Terrey Hills
New South Wales, Australia 2084
Tel : 61 2 9450 0155
Fax: 61 2 9450 0034
www.terreyhillsgolf.com.au

Woodlands Golf Club
109 White Street
Mordialloc, Victoria 3195
Australia
Tel : 61 3 9580 3455
www.woodlandsgolf.com.au
Golf_Manager@woodlands.com.au

Yarra Yarra Golf Club
567 Warrigal Road,
Bentleigh East,
Victoria 3165, Australia
Tel: (61) 9575 0575
Fax: (61) 9575 0585
www.yarrayarra.com.au

CAMBODIA
Angkor Golf Resort
Kasekam Villiage, Sra Nga
National Route 6 (Airport Road)
Siem Reap, Cambodia
Tel: +855 (0) 63 767 688
Fax: +855 (0) 63 761 140
www.angkor-golf.com

CHINA
Imperial Springs International Summit Club
1 Imperial Springs Avenue, Conghua
Guangdong 510970, China
Tel : 86 20 3108 8888
Fax: 86 20 3108 8098
www.imperialsprings.com

Red Flag Valley, Dalian
Cha'an Village Hongqi Town
Ganjingzi District, Dalian 116033, China
Tel : 86 411 8646 6666
Fax: 86 411 8428 0471
www.rfvgolf.com

Sheshan Golf Club
Lane 288 New Lin Yin Avenue
Sheshan National Tourism Resort
Songjiang District,
Shanghai 201602
Tel : 86 21 5779 8008
Fax: 86 21 5779 8006
www.sheshangolf.com

Spring City Golf & Lake Resort
Tangchi Yiliang, Yunnan Province
Peoples Republic of China, 652103
Tel : 86 871 6767 1188 or
86 871 6767 1185
www.springcityresort.com

Suzhou Jinji Lake International Golf Club
No. 2 Guobin Road,
Suzhou Industrial Park,
Jiangsu, 215021, China
Tel : 86 512 6288 6868 or
86 512 6288 3426
www.jinjilakegolf.com

HONG KONG
Clearwater Bay Golf & Country Club
139 Tai Au Mun Road,
Clearwater Bay, New Territories,
Hong Kong
Tel : 852 2335 3882
Fax: 852 2719 4207
www.cwbgolf.org
golf@cwbgolf.org

INDONESIA
Damai Indah Golf Bumi Serpong Damai (BSD) Course
Jln. Bukit Golf I, Sektor VI,Serpong
Tangerang 15310, Indonesia
Tel : 62 21 537 0290
Fax : 62 21 537 0288
www.damaiindahgolf.com

Pantai Indah Kapuk (PIK) Course
Marina Indah, Penjaringan, Kapuk
Jakarta 14470, Indonesia
Tel : 62 21 588 2388
Fax: 62 21 588 2391

Royale Jakarta Golf Club
Jalan Raya Halim Tiga,
Halim Perdanakusuma Jakarta Timur 13610,
Indonesia
Tel : 62 21 80 888 999
Fax: 62 21 80 878 877
www.royalejakarta.com

JAPAN
Ashinoko Country Club
4708 Minamiharasuga, Mishima-shi,
Shizuoka 411-0000, Japan
Tel : 81 55 985 2122
Fax: 81 55 985 2480
www.ashinokocc.com
reserve@ashinokocc.com

KOREA
Sky 72 Golf Club
2029-1, Woonseo- Dong,
Joong- Gu, Incheon, Korea
Tel : 82 327 418 562
Fax: 82 327 439 108
www.sky72.com

Teddy Valley Golf & Country Club
365 Hanchangro, Andeokmyeon,
Seoguipo City, Jeju,
South Korea 699-921
Tel : 82 647 931 201
Fax: 82 647 931 108
www.teddyvalley.com

MALAYSIA
The Mines Resort & Golf Club
Jalan Kelikir, Mines Resort City,
43300 Seri Kembangan
Selangor Darul Ehsan, Malaysia
Tel : 60 3 8943 2288
Fax: 60 3 8943 9212
www.minesgolf.com.my

THAILAND
Alpine Golf Club
99 Moo 9 Bangkhan-Sathaneevithayu Road
Klong 5, Klong Luang
Pathumthani 12120, Thailand
Tel : 66 0 577 3333
Fax: 66 2 577 7100
www.alpinegolfclub.com

Lakewood Country Club Co. Ltd
KM 18 Bangna-Trad Trad
Bangplee Bangchalong
Samuthpraken 10540 Thailand
Tel : 66 2312 6278 86
Fax: 66 2312 6070
www.lakewoodcountryclub.co.th

Loch Palm Golf Club
38 Moo 5 Vichitsongdram Rd
Kathu District, Phuket 83000,
Thailand
Tel : 66 076 321 929 34
Fax: 66 076 321 927 8
www.lochpalm.com

Red Mountain Golf Club
119 Moo 4 Vichitsongkram Rd,
Kathu District, Phuket 83120,
Thailand
Tel : 66 076 322 000 1
Fax: 66 076 322 009
www.mbkkgolf.com/redmountain

Riverdale Golf Club
123/5 Moo1 Tiwanon Road,
Bang Kadi Sub-District,
Muang Pathum Thani District,
Pathum Thani 12000, Thailand
Tel : 66 02501 2789
Fax: 66 02501 1833
www.mbkkgolf.com/riverdale

VIETNAM
The Montgomerie Links
Dien Ngoc Commune,
Dien Ban District,
Quang Nam Province,
Vietnam
Tel : 84 510 3 942 942
www.montgomerielinks.com
reservations@montgomerielinks.com



FAST FACTS

TAMPINES COURSE:

18-hole Buggy Course

- Redesigned by: Phil Jacobs (2017)
- Total Yardage: 6,887metres (Par 72)
- Course Rating: 76.1
- Fairways & Roughs: Zoysia matrella
- Greens: Paspalum platinum TE

Caddie Services (with buggy)	18-Hole	9-Hole
Twin-share (1 caddie to 2 golfers)	\$70.00	\$35.00
Single golfer	\$50.00	\$25.00

*Cash payment required for caddie services
All rates are in Singapore dollars and GST is not applicable.

GOLF OFFICES OPERATING HOURS

TAMPINES COURSE	
Mondays	9.30am till 7.30pm
Other Days	7.00am till 7.30pm

GARDEN COURSE - Closed for redevelopment

PROSHOP OPERATING HOURS

TAMPINES COURSE	
Mondays	11.30am to 7.00pm
Tuesday to Sunday	7.00am to 7.00pm

For enquiries, kindly call:
• Tampines Golf Office 6513 7818 or 6513 7819

COURSE CLOSURE FOR MAINTENANCE

GARDEN COURSE - Closed for redevelopment

TAMPINES COURSE
Mondays (AM)



GARDEN VIEW RESTAURANT (GVR)

Situated in the main clubhouse of Garden Course, it can accommodate 130 persons in a comfortable air-con, elegant setting. With a panoramic view of the golf course, the Garden View Restaurant offers attentive service, and warm ambience.

Operating Hours:

Daily
Lunch : 12.00pm to 3.00pm (Last Order – 2.30pm) • Dinner : 6.30pm to 10.00pm (Last Order – 9.30pm)
Closed on Mondays except on Public Holidays
Tel: 6545 2891 / 6592 0388.

GARDEN BANQUET ROOM (GBR)

Whatever the need, weddings, birthdays, product launches, golf prize-presentation etc, GBR can cater up to 250 diners with its balcony overlooking the serene surroundings of the Garden Course.
Tel: 6592 0386 / 6592 0385

GARDEN LOUNGE (GL)

The lounge is situated adjacent to Garden View Restaurant and members can enjoy the magnificent view of the Garden Course.

Operating Hours:

Sundays to Thursdays 3.00pm to 10.00pm (Last Order – 9.30pm)
Fridays & Saturdays 3.00pm to 12.00am (Last Order – 11.30pm)
Closed on Mondays except on Public Holidays
Tel: 6592 0319

GARDEN EVENTS ROOM (GER)

The Events Room caters up to 100 persons for sit-down dinners and has parquet flooring for dancing. The room is also a popular venue for the club’s social activities.
Tel: 6592 0386 / 6592 0385.

POOLSIDE CAFETERIA

With a prime vantage point overlooking the swimming pool at the Sports Complex, this poolside retreat is the perfect place for refreshing the spirit after a day of fun in the sun. Famous for its local fare served up with a warm smile.

Operating Hours:

Tuesdays to Fridays 12.00pm to 8.00pm (Last Order – 7.30pm)
Saturdays, Sundays & Public Holidays 8.00am to 8.00pm (Last Order – 7.30pm)
Closed on Mondays

POOLSIDE COVERED TERRACE (PCT)

Overlooking the best view of both worlds, a panoramic view of Garden Course and the calm water of mesmerising pool amidst beautiful landscape, the Poolside Covered Terrace is a good venue for barbecue or social gatherings and can hold 30 tables with buffet tables placed on the pool deck.

For bookings of rooms for private functions, please call F&B office at Tel: 6592 0386 / 6592 0385.

TAMPINES GOLFERS LOUNGE & TERRACE

Tampines Golfers’ Lounge (air-conditioned) adjacent to the non-airconditioned Golfers’ Terrace for dining.

Operating Hours:

Mondays 11.00am to 8.00pm
Tuesdays, Wednesdays & Thursdays 7.00am to 8.00pm
Friday to Sunday and Eve of Public Holiday 7.00am to 10.00pm

GARDEN VIEW WING



Heliconia Room

Need to hold board meetings, workshops, seminars etc? Book the Heliconia Room with seating capacity from 30 to 60 persons, offering various set-ups.

Ixora Room

Cooking and baking are such an enjoyment with a stylish kitchen studio. The room can also be used to conduct talks ranging from beauty to personal enrichment up to 40 persons. So look out for the various activities that we have in store for you printed in the bi-monthly newsmagazine.



Lotus Room

Dining in privacy is guaranteed here. To add some sizzle to your events with musical touch, look no further, karaoke is recommended for more fun! Seating capacity – 20 pax is available for booking.

Hibiscus Room

More spacious than the Lotus Room, you may organise your gathering and dine in private here. Seating capacity is 30 to 60 persons. Minimum of four tables booking at menu price of \$535 per table.

Karaoke Lounge

Belt out your best hit songs at the self-operated Karaoke Lounge, with a seating capacity for 20 persons.

Operating Hours:

Sundays to Thursdays 10.00am to 10.00pm
Fridays, Saturdays & Eve of Public Holidays 10.00am to 12.00 midnight
Closed on Mondays

SWIMMING POOLS

(a) Olympic-size Pool
(b) Children's Pool.
Operating Hours
Daily : 7.00am to 9.00pm
Free-of-charge for members

TENNIS COURTS

Four hard courts are available.
Operating Hours
Daily : 7.00am to 10.00pm
Free-of-charge for members

Tennis Club Night

Last Thursday of the month.
6.30pm to 10.00pm

SQUASH COURT

Two courts are available for use.
Operating Hours
Daily : 7.00am to 10.00pm
Free-of-charge for members

JACKPOT LOUNGE

18 jackpot machines Open to members only.
Operating Hours
Daily : 10.00am to 9.30pm

KARAOKE LOUNGE

Sundays to Thursdays
10.00am to 10.00pm
Fridays, Saturdays &
Eve of Public Holidays
10.00am to 12.00midnight
Closed on Mondays

THE GLASS GYM

Ardent gym goers will be greeted by a magnificent view of the pool and golf course from the glass walls. No guest allowed. Personal training available
Operating Hours
Daily : 7.00am to 9.30pm

TABLE TENNIS

Located along the squash gallery, members and guests can enjoy this sport with bats and balls provided. Free-of-charge for members and guests.
Operating Hours
Daily : 7.00am to 10.00pm

BASKETBALL & BADMINTON COURT

For basketball and badminton enthusiasts, both vigorous sports to sweat it out free-of-charge.
Operating Hours
Daily : 7.00am to 10.00pm



ECLIPSE FOR TEENS

A delightful venue created as a space exclusively for children of members between 12 and 21 years of age.

The following are available for use.
- Xbox 360 Kinect - TV room
- Foosball - Pool Table
Operating Hours
Daily : 7.00am to 9.30pm
For enquiries, please call 6592 0312 / 6592 0313.

MAHJONG ROOM

Located at 1st storey of Garden View Wing with a dedicated room called Bougainvillea Room, there are three automated mahjong tables and two mahjong tables with tiles and chips available for bookings at no charge for members. Minimum charge of guests' fee applicable.
Operating Hours
Sundays to Thursday
8.00am to 10.30pm
Fridays, Saturdays & Public Holidays
8.00am to 12.00midnight

READING ROOM

Members can retreat into the Reading Room to enjoy the latest newspapers and magazines in peace and comfort.
Operating Hours
Daily : 7.00am to 9.30pm

CHILDREN'S PLAYROOM

The colourful and cheery room is filled with toys for children's enjoyment.
Operating Hours
Daily : 7.00am to 9.30pm



ON-GOING DANCING CLASSES

DANCING CLASSES

If you've been yearning to learn dancing, pick a date below and enrol now! Get to learn the basics of social Cha Cha, Rock & Roll, Foxtrot and many more which you can groove at parties!

INTERMEDIATE LEVEL

Instructor Ms Michelle Fong-Lim
Day Mondays,
8.00pm to 9.00pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)

Instructor Mr Sam Fong
Day Tuesdays,
8.00pm to 9.00pm
Fees (8 lessons) \$149.50 (member);
\$160.50 (guest)

Instructor Mr Jack Goh
Day Fridays,
7.30pm to 8.30pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)

BEGINNERS' LEVEL

Instructor Mr Jovyn Low
Day Thursdays,
7.30pm to 8.30pm
Fees (8 lessons) \$149.80 (member);
\$160.50 (guest)



Hole #15

*All rates are in Singapore dollar and inclusive of 7% GST.



Hole #10